Integrative Medicine for the Pediatric Primary Care Practice

November 15, 2016

Mauna Lani Bay Hotel & Bungalows, Kohala Coast, Hawaii

Presented by the Department of Pediatrics at the Stanford University School of Medicine and Lucile Packard Children’s Hospital Stanford. Sponsored by the Stanford University School of Medicine.
Overview

Integrative Medicine for the Pediatric Primary Care Practice
November 15, 2016

STATEMENT OF NEED
The goal of this course is to fulfill the need in the practicing pediatric community to increase and improve competence in the field of integrative medicine. Integrative medicine is the combination of complementary/alternative medicine with conventional medicine to treat the whole patient. It has become increasingly popular as integrative medicine focuses on health, wellness and prevention and physicians need to increase their knowledge of the various types of integrative medicine and its applicability in the pediatric practice. This course will present strategies to implement or refer pediatric and adolescent patients who present with asthma, chronic pain or inflammation and will provide information and experience in meditation, mind-body therapies, acupressure and supplements.

TARGET AUDIENCE
This activity is designed for pediatricians, family physicians, primary care practitioners, nurse practitioners, nurses and allied health professionals who care for children and adolescents.

Popular Pediatric Clinical Topics 2016
November 16-18, 2016

STATEMENT OF NEED
The ever-increasing amount of new biomedical information requires pediatric and family primary care practitioners to obtain comprehensive, up-to-date information on a wide range of clinical issues encountered in daily practice. The Popular Pediatric Clinical Topics 2016 course will highlight recent advances in pediatrics presented by a variety of clinical faculty covering such topics as: asthma, hydronephrosis, acne, vascular lesions, risk taking behavior, inflammatory bowel disease, sports injuries and pediatric pain management. This course is presented in a mini-seminar format with cases, Q&A and time for interaction with the faculty.
Integrative Medicine for the Pediatric Primary Care Practice

Tuesday, November 15, 2016

PROGRAM (subject to change)

7:00 - 8:00  Registration & Continental Breakfast
8:00 - 8:10  Welcome
8:10 - 8:35  Integrative Medicine Treatment of Asthma
             John D. Mark, MD
8:35 - 8:55  Cases
8:55 - 9:10  Q&A
9:10 - 9:35  Food to Fight Inflammation
             Ann Ming Yeh, MD
9:35 - 9:55  Cases
9:55 - 10:10 Q&A
10:10 - 10:25 Break
10:25 - 10:50 Integrative Pain Management
              Brenda Golianu, MD
10:50 - 11:10 Cases
11:10 - 11:25 Q&A
11:25 - 11:45 Shaking Meditation
              All Faculty
11:45 - 12:30 Lunch
12:30 - 2:55 Learners Rotate Through Stations
              1. Mind Body Experiential Station
                 John D. Mark, MD
              2. Acupressure Station
                 Brenda Golianu, MD
              3. Herbs and Supplements Station: Taste and Where to Buy
                 Ann Ming Yeh, MD
2:55 - 3:10  Break
3:10 - 3:40  Regroup and Talk on Gratitude
              All Faculty
3:40 - 4:00  Laughing Meditation
              All Faculty
4:00 - 4:15  Evaluation and Adjourn

FACULTY

John D. Mark, MD
Clinical Professor of Pediatrics (Pulmonary Medicine)
Course Director

Brenda Golianu, MD
Associate Professor of Anesthesiology, Perioperative and Pain Medicine (Pediatric)

Ann Ming Yeh, MD
Clinical Assistant Professor of Pediatrics (Gastroenterology)

All faculty members are from the Stanford University School of Medicine and Lucile Packard Children’s Hospital Stanford

Faculty Disclosure: The Stanford University School of Medicine adheres to the Accreditation Council for Continuing Medical Education (ACCME) Essential Areas, Standards and Policies regarding industry support of continuing medical education. Disclosure of faculty and commercial relationships will be made prior to the activity.

Integrative Medicine for the Pediatric Primary Care Practice Course Objectives

• Develop strategies to incorporate integrative medicine therapies for treatment of:
  – Asthma
  – Gastrointestinal inflammation
• Determine when to refer chronic pain patients to an integrative medicine practitioner
• Formulate an integrative medicine strategy for management and/or referral of the patient with functional physical symptoms such as abdomen pain or headaches
• Counsel patients and parents on the benefits of various integrative medicine therapies including: acupuncture or acupressure, nutritional supplements and mind-body therapies
### PROGRAM (subject to change):

**Wednesday, November 16, 2016**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:00 - 8:00</td>
<td>Registration &amp; Continental Breakfast</td>
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<tr>
<td>8:00 - 8:10</td>
<td>Welcome and Announcements</td>
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<tr>
<td>8:10 - 10:00</td>
<td>Mini-Seminar in Pediatric Gastroenterology</td>
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<tr>
<td>Ann Ming Yeh, MD</td>
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<tr>
<td>8:10 - 8:40</td>
<td>Inflammatory Bowel Disease Updates</td>
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<td>8:40 - 8:50</td>
<td>Q&amp;A</td>
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<td>8:50 - 9:20</td>
<td>Gastrointestinal Bleeding in the Child</td>
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<td>9:20 - 9:30</td>
<td>Q&amp;A</td>
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<td>9:30 - 9:50</td>
<td>Mystery Cases of Diarrhea</td>
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<tr>
<td>9:50 - 10:00</td>
<td>Q&amp;A</td>
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<td>10:00 - 10:15</td>
<td>Break</td>
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<tr>
<td>10:15 - 12:05</td>
<td>Mini-Seminar in Pediatric Pulmonology</td>
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<tr>
<td>John D. Mark, MD</td>
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<tr>
<td>10:15 - 10:45</td>
<td>Is Asthma Over-Diagnosed?</td>
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<td>10:45 - 10:55</td>
<td>Q&amp;A</td>
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<td>10:55 - 11:25</td>
<td>Chronic Cough: Work-up and Treatment</td>
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<td>11:25 - 11:35</td>
<td>Q&amp;A</td>
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<td>11:35 - 11:55</td>
<td>Cases</td>
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<td>11:55 - 12:05</td>
<td>Q&amp;A</td>
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<tr>
<td>12:05 - 12:50</td>
<td>Lunch</td>
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<tr>
<td>12:50 - 2:40</td>
<td>Mini-Seminar in Pediatric Pain</td>
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<td>Brenda Galianu, MD</td>
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<td>12:50 - 1:20</td>
<td>Acupressure in the Pediatric Primary Care</td>
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<td>1:20 - 1:30</td>
<td>Q&amp;A</td>
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<td>1:30 - 2:00</td>
<td>Non-Pharmaceutical Pain Management: Mind-Body Interventions for Pain in Pediatric Primary Care</td>
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<td>2:00 - 2:10</td>
<td>Q&amp;A</td>
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<td>2:10 - 2:30</td>
<td>Cases</td>
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<td>2:30 - 2:40</td>
<td>Q&amp;A</td>
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<td>2:40</td>
<td>Adjourn for Day</td>
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<tr>
<td>4:00 - 5:00</td>
<td>Welcome Reception</td>
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**Thursday, November 17, 2016**

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<tr>
<td>7:00 - 7:30</td>
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<td>7:30 - 7:35</td>
<td>Announcements</td>
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<td>7:35 - 9:25</td>
<td>Mini-Seminar in Pediatric Urology</td>
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<td>William A. Kennedy, II, MD</td>
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<td>7:35 - 8:05</td>
<td>Up, Down, Nowhere to be Found: Undescended Testes</td>
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<td>8:05 - 8:15</td>
<td>Q&amp;A</td>
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<td>8:15 - 8:45</td>
<td>Modified Approach to Prenatal Hydronephrosis</td>
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<td>8:45 - 8:55</td>
<td>Q&amp;A</td>
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<td>8:55 - 9:15</td>
<td>Cases</td>
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<td>9:15 - 9:25</td>
<td>Q&amp;A</td>
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**Friday, November 18, 2016**

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<tr>
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<td>7:30 – 7:35</td>
<td>Announcements</td>
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<tr>
<td>7:35 – 9:25</td>
<td>Mini-Seminar in Pediatric Dermatology</td>
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<tr>
<td>Jennifer Sorrell, MD, FAAP, FAAD</td>
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<td>7:35 – 8:05</td>
<td>Creating a Logical Toolbox for Acne Treatment</td>
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<td>8:05 – 8:15</td>
<td>Q&amp;A</td>
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<td>8:15 – 8:45</td>
<td>Getting a Grip on Hemangiomas: Pearls for Diagnosing, Managing and Treating</td>
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<td>8:45 – 8:55</td>
<td>Q&amp;A</td>
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<td>8:55 – 9:15</td>
<td>Cases</td>
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<td>9:15 – 9:25</td>
<td>Q&amp;A</td>
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<tr>
<td>9:25 – 9:40</td>
<td>Break</td>
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<td>9:40 – 11:30</td>
<td>Mini-Seminar in Pediatric Sports Medicine</td>
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<td>Charles M. Chan, MD</td>
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<td>9:40 – 10:10</td>
<td>Early Sport Specialization: Avoiding Burnout for the Young Athlete</td>
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<td>10:10 – 10:20</td>
<td>Q&amp;A</td>
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<tr>
<td>10:20 – 10:50</td>
<td>Non-Operative Sports Injuries: How to Treat, When to Refer</td>
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<td>Q&amp;A</td>
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<tr>
<td>11:30</td>
<td>Adjourn for Day</td>
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FACULTY

William A. Kennedy, II, MD, FAAP
Professor of Urology
Chief, Division of Pediatric Urology
Associate Chief Medical Officer
Course Director

Seth D. Ammerman, MD
Clinical Professor of Pediatrics (Adolescent Medicine)

Charles M. Chan, MD
Clinical Assistant Professor, Orthopaedic Surgery

Brenda Golianu, MD
Associate Professor of Anesthesiology, Perioperative and Pain Medicine (Pediatric)

John D. Mark, MD
Clinical Professor of Pediatrics (Pulmonary Medicine)

Jennifer Sorrell, MD, FAAP, FAAD
Clinical Assistant Professor, Pediatrics (Dermatology)

Ann Ming Yeh, MD
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About Lucile Packard Children's Hospital Stanford
Lucile Packard Children's Hospital Stanford is devoted entirely to the care of children and expectant mothers. Providing pediatric and obstetric medical and surgical services and associated with the Stanford University School of Medicine, Packard Children's offers patients locally, regionally and nationally a full range of health care programs and services – from preventive and routine care – to the diagnosis and treatment of serious illness and injury.

Popular Pediatric Clinical Topics 2016 Course Objectives
- Utilize current evidence-based assessment, diagnosis and management or referral strategies for pediatric and adolescent patients presenting with:
  - Asthma
  - Chronic cough
  - Undescended testes
  - Acne and vascular skin lesions
  - Inflammatory bowel disease or gastrointestinal bleeding
- Evaluate the young athlete for overuse injuries and/or burnout and determine appropriate treatment strategies
- Screen, counsel, treat or refer the adolescent patient exhibiting risk taking behaviors
- Formulate a counseling technique to employ with patients who are at risk for, or are confirmed substance abusers
Additional Information

**Accreditation and Designation of Credits**

**Integrative Medicine for the Pediatric Primary Care Practice**
The Stanford University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The Stanford University School of Medicine designates this live activity for a maximum of 6.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: The California Board of Registered Nursing recognizes that Continuing Medical Education (CME) is acceptable for meeting RN continuing education requirements, as long as the course is certified for AMA PRA Category 1 Credits™ (rn.ca.gov). Nurses will receive a Certificate of Participation following this activity that may be used for license renewal.

**Accreditation and Designation of Credits**

**Popular Pediatric Clinical Topics 2016**
The Stanford University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (AC-CME) to provide continuing medical education for physicians. The Stanford University School of Medicine designates this live activity for a maximum of 12.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: The California Board of Registered Nursing recognizes that Continuing Medical Education (CME) is acceptable for meeting RN continuing education requirements, as long as the course is certified for AMA PRA Category 1 Credits™ (rn.ca.gov). Nurses will receive a Certificate of Participation following this activity that may be used for license renewal.

**Conference Location**
Mauna Lani Bay Hotel & Bungalows
68-1400 Mauna Lani Drive
Kohala Coast, Island of Hawaii, 96743
1-808-885-6622 – telephone
1-800-367-2323 – toll free group reservations

**Accommodations**

**Hotel Information:** A limited block of rooms is being held for conference participants at the Mauna Lani Bay Hotel & Bungalows located on the Kohala Coast, Big Island of Hawaii. Reservations should be made directly with the hotel by calling 1-800-367-2323 and asking for Group Reservations. Be sure to indicate that you are with the Lucile Packard Children’s Hospital group. For detailed hotel information, visit [www.maunalani.com](http://www.maunalani.com).

**Mauna Lani Bay Hotel Guest Room Rates:**
- Standard/Garden View: $199.00 per night
- Ocean View: $220.00 per night
- Deluxe Ocean View: $249.00 per night
- Ocean Front: $320.00 per night
- Deluxe Ocean Front: $349.00 per night

These rates are valid for single or double occupancy and subject to the prevailing Hawaii State General Excise and Room Occupancy taxes, currently at 13.4166% (subject to change). There is a charge of $75 per night, per person plus applicable taxes, for the third and fourth adult (eighteen years or older) in a guestroom. The maximum occupancy allowed in a guestroom is four (4) guests. If the room type you select is not available, your reservation will be confirmed in the next higher rated category. Bedding requests are subject to availability and will not be confirmed until your arrival.

All reservation requests must be received by October 15, 2016 accompanied by a two (2) night deposit, plus tax (13.4166% - subject to change). Reservations received after this date will be subject to space availability and published rates. Deposits will be refunded if cancellation notice is received fourteen (14) days prior to arrival. Cancellations received within 14 days of arrival are subject to a fee equivalent to a maximum of two nights. A $12 plus 4.166% tax, roundtrip per person porterage charge will be applied to your account.

**Conference Materials**
The syllabus will be transmitted electronically prior to the course. Access to the materials will be emailed to all registrants two weeks before the conference for downloading or printing.

**Cancellation and Refund Policy**
Registration fees, less a $50 administrative charge, are refundable if written cancellation is received prior to October 24, 2016. No refunds will be given for cancellations received after this date or for conference non-attendance. We reserve the right to cancel or postpone any program if necessary. In such case, full refund of registration fees will be given. We are not responsible for other costs incurred such as non-refundable airline tickets or hotel penalties.

**Special Needs**
Lucile Packard Children’s Hospital is committed to making its activities accessible to all individuals. If you have needs that require special accommodations, including dietary concerns, please call the CME office at (650) 498-6757 before October 24, 2016.
Registration

Integrative Medicine for the Pediatric Primary Care Practice
November 15, 2016

Popular Pediatric Clinical Topics 2016
November 16-18, 2016

Please register by completing this enrollment application or register online at www.cme.stanfordchildrens.org. Registration applications must be completed online, faxed or postmarked by October 24, 2016.

Registration may re-open onsite on the day of the conference if space is available. A $100 onsite registration fee will be added to all onsite conference registrations.

All registrations are confirmed in writing. If you do not receive written confirmation, call (650) 498-6757 or email lpchcme@stanfordchildrens.org. Please note that until you have received written confirmation, you are not officially registered for the conference.

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REGISTRATION FEE:
Fees include tuition, continental breakfast and box lunch on Tuesday and/or Wednesday, November 15-16, and continental breakfast Thursday-Friday, November 17-18.

☐ Integrative Medicine for the Pediatric Primary Care Practice – November 15, 2016
Registration Received by: 9/26/16 9/27/16 – 10/24/16
Physician □ $200 □ $275
NP/Nurse/Allied Health Professional □ $150 □ $225

☐ Popular Pediatric Clinical Topics 2016 – November 16-18, 2016
Registration Received by: 9/26/16 9/27/16 – 10/24/16
Physician □ $500 □ $600
NP/Nurse/Allied Health Professional □ $450 □ $525

☐ Register for Both Conferences and Save!
Registration Received by: 9/26/16 9/27/16 – 10/24/16
Physician □ $650 □ $750
NP/Nurse/Allied Health Professional □ $500 □ $600

PAYMENT OPTIONS:
Credit Card (Visa, MasterCard, & AMEX) – Register online at www.cme.stanfordchildrens.org
Check made payable to Stanford Children’s Health CME

Please register and pay by credit card online OR complete this form and mail with a check to:
Stanford Children’s Health CME
725 Welch Rd, MC 5517, Palo Alto, CA 94304
Tel: (650) 498-6757 • Fax: (650) 497-5738 • Email: lpchcme@stanfordchildrens.org
Contact: Marifin Besona

Tell a colleague. To register online go to www.cme.stanfordchildrens.org
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Popular Pediatric Clinical Topics 2016

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