

WELCOME to the Short Stay Unit

What is the Short Stay Unit?

The Short Stay Unit at Lucile Packard Children's Hospital Stanford serves children who require a hospital setting to receive medical treatment or to recover from procedures. Most patients only stay in the unit for a short period of time. We are located on the 1st floor of the hospital.

Important Phone Numbers and Unit hours

Monday-Friday, 24 hours a day

Saturdays, 7:00 am–7:30 pm

Phone: (650) 721-1880 **Fax:** (650) 497-8769

Scheduling phone number: (650) 725-1069 M-F 8:00 am-4:30 pm

Prior to your arrival on the unit please visit the Admitting Department.

You will receive armbands and be checked into our system.

Information for our infusion patients

- When you arrive, your height and weight will be measured, and your temperature, heart rate, respiratory rate and blood pressure will be taken.
- We will let your provider know that you have arrived.
- An intravenous catheter (IV) will be placed
- ***After the IV is placed the medication will be ordered from the pharmacy***
- Pre infusion medications and or hydration will be given

Information for our recovery patients

Recovery patients usually stay one night, but that will be determined by your health care provider. Please ask your nurse if you need more information or updates.

Information for our observation patients

You may be staying in the Short Stay Unit while your medical team determines if you require an inpatient stay or until space becomes available on one of the inpatient units.

Useful information for parents

Parents and Caregivers

If your child is under the age of 18, we ask that one adult that can consent for medical decisions must stay with your child at all times.

Visitors

Family members are welcome to visit but due to limited space in our rooms, only 2-3 persons may visit in a room at a time. If it is necessary for other children to be at the hospital, they must be accompanied by an adult and closely supervised at all times.

What if I want to stay overnight in the hospital?

There are limited amount of sleep spaces available for parents to use overnight. We ask that only one parent or consenting person over the age of 18 sleep at the bedside.

Food and refreshments

Parents, family and friends may use our cafeteria. We provide in room food service for the patient only. Menus are located on the wall. We do have a parent lounge located near the nurses station that has coffee, tea, water, juice and other condiments and refreshments.

Where is the cafeteria?

The Packard Courtyard Café is located on the ground floor of the hospital and is open Monday – Friday from 7:00 am – 7:00 pm, and Saturday and Sunday from 7:00 am – 3:00 pm. The cafeteria is also open Wednesday –Sunday from 9:00pm-3:00am. The Stanford Market Square Café is located down the first floor hallway inside Stanford Hospital. Breastfeeding mothers are eligible for meal vouchers that can be redeemed at the Packard Courtyard Café, or at the Stanford Market Square Café on Saturday and Sunday from 4:30 pm – 8:00 pm when the Packard Café is closed. Please ask for a voucher at the front desk.

Telephones and television

We do not have any telephones in the patient rooms. If you need to use the phone please ask your nurse. Each patient bed has their own television which has movies, music and games. The television is touch screen with an optional keyboard remote. Internet access is available and free login is SURFCENTRAL.

Where are the restrooms?

Each room has their own shared bathroom. Family members are welcome to use these. There are other restrooms located outside of the unit near the front entrance.

Parking Pass

Each family may obtain one parking pass during your child's hospitalization. The pass is valid for 7 or 30 days, as needed and includes in and out privileges. Please ask the staff at the hospitality desk or security on the first floor for more information.

ATM Machine

For your convenience, there is an ATM machine on the ground floor across from the cafeteria.

Child Life Specialists

The child life specialists are available to help your child and family to cope with the challenges of hospitalization, illness, and disability. They are available Monday-Friday. For more information please call recreation Therapy Office (Child Life) at (650)-497-8336.

Forever Young Zone (playroom on the third floor)

The playroom will be available according to patient's physical activity order and isolation precautions. If your child is in isolation precautions siblings and visitors can't visit the playroom.

Playroom Hours

Monday-Friday 2:00 pm-4:00 pm and 6:30-8:00 pm

Saturday 2:00 pm-4:00 pm

Sunday 2:00 pm-4:00 pm

Family Resource Center/Library is located on 3rd floor next to 3 North

Hours: Monday-Friday 10:00 am-4:00 pm

Evening and weekend volunteer service Monday-Sunday 6:00 pm-8:00 pm

Call the family resource library at (650) 497-8102

Help prevent the spread of germs.

Please wash your hands upon entering the unit and before leaving your room/unit. There may be additional requirements if your child is under isolation precautions.

What is important to remember about the environment in the Short Stay Unit

- Please be respectful of others and our shared space and our need for a quiet environment. Please keep your voices down for all conversations.
- We ask that cell phones are not used in the units to make calls. You are welcome to use them in the hospital hallways.
- Please refrain from wearing scented fragrances or lotions in the unit to help others who may have sensitivities or allergies.

Where is the pharmacy located?

The Outpatient Pharmacy is located immediately to the left of the main entrance of the children's hospital next to the gift shop. For more information, please call (650) 497-8289.

Hours are Monday - Friday, 8:00 am – 7:00 pm and Saturday and Sunday from 9:00 am – 4:00 pm. The pharmacy is closed from 12:00 pm -1:00 pm.

We appreciate your feedback!

Patient Relations (650) 498-HUGS 4847 at Lucile Packard Children's Hospital