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## Attachment 1: <br> Secondary Data Indicators, Santa Clara County

| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE |
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| Behavioral Health | Meaningful Participation at School (Low) | Estimated percentage of public school students who have opportunities for meaningful participation at school, by low level of agreement. $7^{\text {th }}$ grade, $9^{\text {th }}$ grade, $11^{\text {th }}$ grade, nontraditional students. | WestEd, California Healthy Kids Survey. California Department of Education. 2013-2015. |
| Behavioral Health | Mental Health-Frequent mental distress | Percentage of adults who report frequent mental distress ( 14 or more mentally unhealthy days) in the past 30 days | Santa Clara County Public Health Department, 2013-14 Behavioral Risk Factor Survey. |
| Behavioral Health | Mental Health-Needing Mental Health Care | Percentage with Poor Mental Health | University of California Center for Health Policy Research, California Health Interview Survey. 2013-14. |
| Behavioral Health | Mental Health-Poor Mental Health Days | Average Number of Mentally Unhealthy Days per Month | Centers for Disease Control and Prevention, Behavioral Risk Factor Surveillance System. Accessed via the Health Indicators Warehouse. 2006-12. |
| Behavioral Health | Mental Health-Suicidality | Percent of youth who seriously considered suicide in the past year | California Healthy Kids Survey, 2013-14. |
| Behavioral Health | Mental Health-Suicide Attempts | Rate of hospitalizations (per 100,000 people) due to suicide attempts and suicide ideation | Office of Statewide Planning and Development, 2007-2014 Patient Discharge Data. |
| Behavioral Health | Mental Health-Suicide <br> Attempts (Youth) | Percent of youth self-reported suicide attempts | California Healthy Kids Survey, 2013-14. |
| Behavioral Health | Mental Health Hospitalization | Number of hospital discharges for mental health issues per 1,000 children and youth ages 5 -14, and youth ages 15-19 | California Office of Statewide Health Planning and Development special tabulation; California Dept. of Finance, Population Estimates by Race/ Ethnicity with Age and Gender Detail 2000 2009; Population Reference Bureau, Population Estimates 2010-2016. |


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| Cancer | Mortality-Lung | Cancer, Age-Adjusted Mortality Rate (per 100,000 Population) | Greater Bay Area Cancer Registry, 2010 - 2014; California Cancer Registry (Oct 2016 Extract). |
| Cancer | Mortality-Prostate | Cancer, Age-Adjusted Mortality Rate (per 100,000 Male Population) | Greater Bay Area Cancer Registry, 2010-2014; California Cancer Registry (Oct 2016 Extract). |
| Cardiovascular Disease/Stroke | Causes of Death | Percentage and ranking of total deaths by cause | Santa Clara Public Health Department, 2016. Selected Santa Clara County Public Health Department data provided via email, January 2018. |
| Cardiovascular Disease/Stroke | High Blood Pressure | Percentage of Asian/Pacific Islander survey respondents who were ever diagnosed with high blood pressure. Available by Asian subpopulation. | Santa Clara County Public Health Department, 2017 Asian/Pacific Islander Health Survey. Retrieved from 2017 Asian Pacific Islander Report. |
| Cardiovascular Disease/Stroke | High Cholesterol | Percentage of Asian/Pacific Islander survey respondents were ever diagnosed with high blood cholesterol. Available by Asian subpopulation. | Santa Clara County Public Health Department, 2017 Asian/Pacific Islander Health Survey. Retrieved from 2017 Asian Pacific Islander Report. |
| Cognitive Decline | Causes of Death | Percentage and ranking of total deaths by cause | Santa Clara Public Health Department, 2016. Selected Santa Clara County Public Health Department data provided via email, January 2018. |
| Communicable Diseases | Flu vaccinations (Adults) | Percent of adults who received flu shot | Santa Clara County Public Health Department, 2013-14 Behavioral Risk Factor Survey. |
| Communicable Diseases | Flu vaccinations (Children) | Percent of children who received flu shot or nasal vaccine | Santa Clara County Public Health Department, 2013-14 Behavioral Risk Factor Survey. |
| Communicable <br> Diseases | Kindergarteners with Required Immunizations | Percentage of public school kindergarten students with all required immunizations | California Dept. of Public Health, Immunization Branch custom tabulation \& School Immunizations in Kindergarten by Academic Year 2017. |


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| Community \& Family Safety | Gang Membership | Estimated percentage of public school students in grades 7, 9, 11, and nontraditional programs who consider themselves gang members | WestEd, California Healthy Kids Survey. California Department of Education. 2013 - 2015. |
| Community \& Family Safety | Homicide Rate | Homicide, Age-Adjusted Mortality Rate (per 100,000 Population) | University of Missouri, Center for Applied Research and Environmental Systems. California Department of Public Health, CDPH-Death Public Use Data. 2010-12. |
| Community \& Family Safety | Juvenile Felony Arrest Rate | Number of juvenile felony arrests per 1,000 youth ages 10-17 | California Dept. of Justice, Arrest Data; California Dept. of Finance, Race/Ethnic Population with Age and Sex Detail, 1990-1999, 2000 - 2010, 2010-2060. 2015. |
| Community \& Family Safety | School Perceived as Very Unsafe | Level of perceived school safety among public school students in grades 7, 9, 11, and nontraditional programs | WestEd, California Healthy Kids Survey. California Department of Education. 2013 - 2015. |
| Community \& Family Safety | Students Cyberbullied | Cyberbullying is defined as the percentage of students who reported that other students spread mean rumors or lies about them on the Internet 1 or more times in the past 12 months. Available by race and gender. | California Healthy Kids Survey, 2013-14. Retrieved from 2016 Status of Children's Health Report. |
| Community \& Family Safety | Students Physically Bullied on School Property | Physical bullying is defined as the percentage of students who reported being pushed, shoved, hit or kicked by someone who wasn't kidding around 1 or more times in the past 12 months. Available by race and gender. | California Healthy Kids Survey, 2013-14. Retrieved from 2016 Status of Children's Health Report. |


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| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE |
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| Demographics | Female Population | Percent Female Population | U.S. Census Bureau, American Community Survey. 2012-16. |
| Demographics | Hispanic Population | Percent Population Hispanic or Latino | U.S. Census Bureau, American Community Survey. 2012-16. |
| Demographics | Households by Income Range | Income in the past 12 months | U.S. Census Bureau, American Community Survey, 5-Year Estimates, 2012 - 16. Table S1901. |
| Demographics | Insurance-Population Receiving Medicaid | Percent of Insured Population Receiving Medicaid | U.S. Census Bureau, American Community Survey. 2012-16. |
| Demographics | Male Population | Percent Male Population | U.S. Census Bureau, American Community Survey. 2012-16. |
| Demographics | Median Age | Median Age | U.S. Census Bureau, American Community Survey. 2012-16. |
| Demographics | Population Age 0-4 | Percent Population Age 0-4 | U.S. Census Bureau, American Community Survey. 2012-16. |
| Demographics | Population Age 18-24 | Percent Population Age 18-24 | U.S. Census Bureau, American Community Survey. 2012-16. |
| Demographics | Population Age 25-34 | Percent Population Age 25-34 | U.S. Census Bureau, American Community Survey. 2012-16. |
| Demographics | Population Age 35-44 | Percent Population Age 35-44 | U.S. Census Bureau, American Community Survey. 2012-16. |
| Demographics | Population Age 45-54 | Percent Population Age 45-54 | U.S. Census Bureau, American Community Survey. 2012-16. |
| Demographics | Population Age 5-17 | Percent Population Age 5 - v17 | U.S. Census Bureau, American Community Survey. 2012-16. |
| Demographics | Population Age 55-64 | Percent Population Age 55-64 | U.S. Census Bureau, American Community Survey. 2012-16. |
| Demographics | Population Age 65+ | Percent Population Age 65+ | U.S. Census Bureau, American Community Survey. 2012-16. |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE |
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| Demographics | Population in Limited English Households | Percent Linguistically Isolated Population | U.S. Census Bureau, American Community Survey. 2012-16. |
| Demographics | Population with Limited English Proficiency | Percent Population Age 5+ with Limited English Proficiency | U.S. Census Bureau, American Community Survey. 2012-16. |
| Demographics | Total Population | Population Density (Per Square Mile) | U.S. Census Bureau, American Community Survey. 2012-16. |
| Diabetes \& Obesity | Adequate Fruit \& Vegetable Consumption, Children Ages 2 - 11 | Estimated percentage of children ages 2-11 who eat five or more servings of fruits and vegetables (excluding juice and fried potatoes) daily | UCLA Center for Health Policy Research, California Health Interview Survey. 2015-2016. |
| Diabetes \& Obesity | Any Breastfeeding | Percentage of newborns fed breast milk during their hospitalization, by type of breastfeeding. Exclusive breastfeeding includes newborns who received breast milk only; any breastfeeding includes newborns who were breastfed exclusively and those who received both breast milk and formula. | California Dept. of Public Health, Center for Family Health, In-Hospital Breastfeeding Initiation Data. 2016. |
| Diabetes \& Obesity | CalFresh, by R/E [SNAP Benefits]-Households with Children | Percentage of households receiving CalFresh benefits, by race/ethnicity of household contact | California Dept. of Social Services, CalFresh Data Files. 2016. |
| Diabetes \& Obesity | Children Living in Food Insecure Households | Estimated percentage of children living in households with limited or uncertain access to adequate food | Gundersen, C., et al. Map the Meal Gap: A Report on County and Congressional District Food Insecurity and County Food Cost in the United States in 2016. Feeding America. 2016. |
| Diabetes \& Obesity | Commute Over 60 Minutes | Percentage of Workers Commuting More than 60 Minutes | U.S. Census Bureau, American Community Survey. 2012-16. |
| Diabetes \& Obesity | Commute to Work-Alone in Car | Percentage of Workers Commuting by Car, Alone | U.S. Census Bureau, American Community Survey. 2012-16. |
| Diabetes \& Obesity | Commute to WorkWalking/Biking | Percentage Walking or Biking to Work | U.S. Census Bureau, American Community Survey. 2012-16. |


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| Economic Stability | Education-High School Graduation Rate | Cohort Graduation Rate | California Department of Education, 2014-15. |
| Economic Stability | Education-Less than High School Diploma (or Equivalent) | Percent Population Age 25+ with No High School Diploma | U.S. Census Bureau, American Community Survey. 2012-16. |
| Economic Stability | Education-Reading <br> Below Proficiency | Percentage of Grade 4 ELA Test Scores Below Standard | California Department of Education, 2015-16. |
| Economic Stability | Education - School Enrollment Age 3 - 4 | Percentage of Population Ages 3 - 4 Enrolled in School | U.S. Census Bureau, American Community Survey. 2012-16. |
| Economic Stability | Food SecurityFood Insecurity Rate | Percentage of Total Population with Food Insecurity | Feeding America, 2014. |
| Economic Stability | Food Security-Population Receiving SNAP | Percent Population Receiving SNAP Benefits | U.S. Census Bureau, Small Area Income \& Poverty Estimates. 2015. |
| Economic Stability | Higher Educational Attainment | Percentage of adults ages 25 years and over with their education attainment. Available by race/ethnicity. | U.S. Census Bureau; 2011 - 2015 American Community Survey 5-Year Estimates, Selected Population Tables, Tables DP02; generated by Baath M.; using American FactFinder; accessed July 14, 2017. Selected Santa Clara County Public Health Department data provided via email, January 2018. |
| Economic Stability | Homelessness | Total number of homeless individuals enumerated during the point-in-time homeless census with trend, Santa Clara County. Percentage of homeless individuals enumerated during the point-in-time homeless census by shelter status and age. | Applied Survey Research. (2017). Santa Clara County Homeless Census and Survey. |
| Economic Stability | Income Inequality | Gini Index Value | U.S. Census Bureau, American Community Survey. 2012-16. |


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| Economic Stability- <br> Education \& Literacy | Cost of Preschool Childcare, Annually, Child Care Center | Estimated annual cost of full-time licensed child care, by age of child and type of facility | California Child Care Resource and Referral Network, California Child Care Centers 2016 Child Care Portfolio (Jun. 2018) |
| Economic Stability- <br> Education \& Literacy | High School Graduates Completing College Prep Courses | Percentage of public school 12th-grade graduates completing courses required for University of California (UC) and/or California State University (CSU) entrance, with a grade of C or better | California Dept. of Education, California Basic Educational Data System (CBEDS). 2015. |
| Economic StabilityEducation \& Literacy | Meeting or Exceeding GradeLevel Standard in English Language Arts, 11th Grade | Percentage of 11th-grade public school students tested who completed the English Language Arts/Literacy (ELA) California Assessment of Student Performance and Progress (CAASPP) test with a score of Standard Met or Above | California Dept. of Education, CAASPP Test Results. Oct. 2016. |
| Economic Stability- <br> Education \& Literacy | Meeting or Exceeding GradeLevel Standard in Mathematics, 11th Grade | Percentage of 11th-grade public school students tested who completed the California Assessment of Student Performance and Progress (CAASPP) mathematics test with a score of Standard Met or Above | California Dept. of Education, CAASPP Test Results. Oct. 2016. |
| Economic Stability- <br> Education \& Literacy | Students Not Completing High School | Percentage of public high school students who do not complete high school, based on the fouryear adjusted cohort dropout rate (e.g., among California students who started high school in 2011, 10.7\% exited before graduating with their class in 2015) | California Dept. of Education, California Longitudinal Pupil Achievement Data System (CALPADS). 2015. |
| Economic StabilityEducation \& Literacy | Students per School Speech/ Language/Hearing Specialist | Number of public school students per full-time equivalent (FTE) pupil support service personnel, by type of personnel (School Speech/Language/ Hearing Specialist) | California Dept. of Education, Staff Assignment and Course Data (Mar. 2018) \& DataQuest. 2017. |


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| Housing \& Homelessness | Percentage of Homeless Children Age 18-24 Who Were Unsheltered | Percentage of unaccompanied young adults (18-24) found to be homeless during the national point-in-time (PIT) count of homeless individuals, by shelter status | U.S. Dept. of Housing and Urban Development, PIT Estimates of Homelessness in the U.S. 2014 \& 2017. 2017. |
| Housing \& Homelessness | Substandard Housing Units | Percent Occupied Housing Units with One or More Substandard Conditions | U.S. Census Bureau, American Community Survey. 2012-16. |
| Housing \& Homelessness | Unsheltered Homeless Children Age 0-17 | Number of unaccompanied children age 0-17 found to be homeless during the national point-in-time (PIT) count of homeless individuals, by shelter status | U.S. Dept. of Housing and Urban Development, PIT Estimates of Homelessness in the U.S. 2014 \& 2017. 2017. |
| Housing \& Homelessness | Unsheltered Homeless Young Adults Age 18-24 | Number of unaccompanied young adults (18-24) found to be homeless during the national point-in-time (PIT) count of homeless individuals, by shelter status | U.S. Dept. of Housing and Urban Development, PIT Estimates of Homelessness in the U.S. 2014 \& 2017. 2017. |
| Housing \& Homelessness | Vacant Housing Units | Vacant Housing Units, Percent | U.S. Census Bureau, American Community Survey. 2012-16. |
| Maternal \& Infant Health | Any Breastfeeding | Percentage of newborns fed breast milk during their hospitalization, by type of breastfeeding. Exclusive breastfeeding includes newborns who received breast milk only; any breastfeeding includes newborns who were breastfed exclusively and those who received both breast milk and formula. | California Dept. of Public Health, Center for Family Health, In-Hospital Breastfeeding Initiation Data. 2016. |
| Maternal \& Infant Health | Breastfeeding (Any) | Percentage of Mothers Breastfeeding (Any) | California Department of Public Health, CDPH-Breastfeeding Statistics. 2012. |
| Maternal \& Infant Health | Breastfeeding (Exclusive) | Percentage of Mothers Breastfeeding (Exclusively) | California Department of Public Health, CDPH-Breastfeeding Statistics. 2012. |
| Maternal \& Infant Health | Cost of Infant Childcare, Annually, Child Care Center | Estimated annual cost of full-time licensed childcare, by infant childcare | California Child Care Resource and Referral Network, California Child Care Portfolio. 2016. |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE |
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| Maternal \& Infant Health | Elevated Blood Lead Levels in Children Age 0-5 | Percentage of children/youth ages 0-5 with blood lead levels at or above 9.5 micrograms per deciliter, among those screened | California Dept. of Public Health, Childhood Lead Poisoning Prevention Branch. 2013. |
| Maternal \& Infant Health | Exclusive Breastfeeding | Percentage of newborns fed breast milk during their hospitalization, by type of breastfeeding (e.g., in 2017, 69.8\% of infants born in a hospital to California women were breastfed exclusively during their hospitalization). Exclusive breastfeeding includes newborns who received breast milk only; any breastfeeding includes newborns who were breastfed exclusively and those who received both breast milk and formula. | California Dept. of Public Health, Center for Family Health, In-Hospital Breastfeeding Initiation Data. 2016. |
| Maternal \& Infant Health | Inadequate Prenatal Care | Percentage of mothers who received inadequate prenatal care. Inadequate prenatal care is defined as receiving less than $50 \%$ of expected prenatal care visits and/or initiating prenatal care after the fourth month of pregnancy. Available by Asian subpopulation. | Santa Clara County Public Health Department, 2015 Birth Statistical Master File. Retrieved from 2017 Asian Pacific Islander Report. |
| Maternal \& Infant Health | Infant Mortality | Infant Mortality Rate (Per 1,000 Births) | U.S. Department of Health \& Human Services, Health Resources and Services Administration, Area Health Resource File. 2006-10. |
| Maternal \& Infant Health | Infant Mortality | Infant Mortality Rate (Per 1,000 Births) | Santa Clara County Public Health Department, VRBIS, 2007 - 2015. Data as of 05/26/2017; Santa Clara County Public Health Department, Birth Statistical Master File, 2007-2015 |
| Maternal \& Infant Health | Infant Outcomes Among Mothers Ages 45+ | Percentage of mothers who are 45 years and over who received prenatal care in their first trimester; percentage of mothers who are 45 years and over who gave birth to preterm babies; percentage of mothers who gave birth to low birthweight babies. | Santa Clara County Public Health Department, 2013 Birth Statistical Master File. Retrieved from 2016 Status of Children's Health Report. |


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| Maternal \& Infant Health | Preterm Births Among Mothers Who Did Receive Prenatal Care | Percentage of preterm births among mothers who did not receive prenatal care | Santa Clara County Public Health Department, 2013 Birth Statistical Master File. Retrieved from 2016 Status of Children's Health Report. |
| Maternal \& Infant Health | Teen Birth Rate (per 1,000) | Number of births per 1,000 young women ages 15 - 19 | California Dept. of Public Health, Center for Health Statistics, Birth Statistical Master Files; Centers for Disease Control and Prevention (CDC), National Center for Health Statistics (NCHS), Division of Vital Statistics, Natality public-use data 2007-2015, on CDC WONDER Database. 2015. |
| Maternal \& Infant Health | Teen Births (API Populations) | Teenage (ages 15 - 19) birth rate per 1,000 females. Available by Asian subpopulation. | Santa Clara County Public Health Department, 2006 - 2015 Birth Statistical Master File; U.S. Census Bureau; 2010 Census. Retrieved from 2017 Asian Pacific Islander Report. |
| Maternal \& Infant Health | Teen Births (Under Age 20) | Teen birth rate is number of births per 1,000 females ages 15 to 19 years | Santa Clara County Public Health Department, Birth Statistical Master File, 2006-2015 |
| Maternal \& Infant Health | Teens Receiving Early Prenatal Care | Percentage of mothers under age 15 who received prenatal care in their first trimester. | Santa Clara County Public Health Department, 2013 Birth Statistical Master File. Retrieved from 2016 Status of Children's Health Report. |
| Natural Environment | Air Quality-Ozone (O3) | Percentage of Days Exceeding Standards, Pop. Adjusted Average | Centers for Disease Control and Prevention, National Environmental Public Health Tracking Network. 2012. |
| Natural Environment | Air Quality-Particulate Matter 2.5 | Percentage of Days Exceeding Standards, Pop. Adjusted Average | Centers for Disease Control and Prevention, National Environmental Public Health Tracking Network. 2012. |
| Natural Environment | Canopy Cover | Population Weighted Percentage of Report Area Covered by Tree Canopy | Multi-Resolution Land Characteristics Consortium, National Land Cover Database 2011. Additional data analysis by CARES. 2011. |
| Natural Environment | Drought Severity | Percentage of Weeks in Drought (Any) | U.S. Drought Monitor, 2012 - 14. |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE |
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| Natural Environment | Exposed to Unsafe Drinking Water | Percentage of Population Potentially Exposed to Unsafe Drinking Water | University of Wisconsin Population Health Institute, County Health Rankings. 2012-13. |
| Natural Environment | Heat Index Days | Percentage of Weather Observations with High Heat Index Values over 103 degrees Fahrenheit | National Oceanic and Atmospheric Administration, North America Land Data Assimilation System (NLDAS). Accessed via CDC WONDER. Additional data analysis by CARES. 2014. |
| Natural Environment | Heat Stress Events | Heat-related Emergency Department Visits, Rate per 100,000 Population | California Department of Public Health, CDPHTracking. 2005-12. |
| Oral Health | Dental Care-Lack of Affordability (Youth) | Percent Population Age 5-17 Unable to Afford Dental Care | University of California Center for Health Policy Research, California Health Interview Survey. 2009. |
| Oral Health | Dental Decay/Gum Disease (Adult) | Dental Decay/Gum Disease (Adults 45 - 64) | Santa Clara County Public Health Department, 2013 - 14 Behavioral Risk Factor Survey |
| Oral Health | Living in Dental Health Professional Shortage Area | Percentage of Population Living in a Dental HPSA | U.S. Department of Health \& Human Services, Health Resources and Services Administration. April 2016. |
| Oral Health | No Recent Dental Exam (Adult) | Percent Adults Without Recent Dental Exam | Centers for Disease Control and Prevention, Behavioral Risk Factor Surveillance System. Additional data analysis by CARES. 2006-10. |
| Oral Health | No Recent Exam (Children) | Percent Youth Without Recent Dental Exam | University of California Center for Health Policy Research, California Health Interview Survey. 2013-14. |
| Oral Health | Poor Dental Health (Adult) | Percent Adults with Poor Dental Health | Centers for Disease Control and Prevention, Behavioral Risk Factor Surveillance System. Additional data analysis by CARES. 2006-10. |


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## Attachment 2: <br> Secondary Data Indicators, San Mateo County

| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
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| Arthritis | Arthritis/Rheumatism | Percentage of survey respondents answering "yes" when asked, "Have you ever suffered from or been diagnosed with any of the following medical conditions: Arthritis or Rheumatism?" | San Mateo County Health, Health and Quality of Life Survey. 2018. <br> Benchmark: Behavioral Risk Factor <br> Surveillance System. 2016. | 2016,2018 |
| Asthma | Asthma Diagnoses, Children | Percentage of children ages 1 - 17 whose parents report that their child has ever been diagnosed with asthma | UCLA Center for Health Policy Research, California Health Interview Survey. 2015-2016. | $\begin{aligned} & 2015- \\ & 2016 \end{aligned}$ |
| Asthma | Asthma Hospitalizations, Children | Rate of asthma hospitalizations per 10,000 children/youth, by age group (0-4, 5-17) | Prepared by California Breathing, <br> Environmental Health Investigations Branch, California Dept. of Public Health using data from the California Office of Statewide Health Planning and Development (OSHPD) Patient Discharge Database, the California Dept. of Finance, and the U.S. Census Bureau. 2016. | 2016 |
| Asthma \& Respiratory Conditions | Ambulance Transport, Respiratory Issues | Percentage of all ambulance transports initiated by a call to 911 in which respiratory issues were the primary impression (main reason for the call) | County of San Mateo Emergency Medical Services. 911 Calls. 2016 - 2017. | $\begin{aligned} & 2016 \text { - } \\ & 2017 \end{aligned}$ |
| Asthma \& Respiratory Conditions | Chronic Lower Respiratory Disease Death Rate | Chronic lower respiratory disease ageadjusted death rate per 100,000 population | California Department of Public Health: 2010-2015 Death Records. | $\begin{aligned} & 2013- \\ & 2015 \end{aligned}$ |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
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| Asthma \& Respiratory Conditions | COPD, Bronchitis, Emphysema | Percentage of survey respondents answering "yes" when asked, "Have you ever suffered from or been diagnosed with any of the following medical conditions: COPD or Chronic Obstructive Pulmonary Disease, Including Bronchitis or Emphysema?" | San Mateo County Health, Health and Quality of Life Survey. 2018. <br> Benchmark: Behavioral Risk Factor <br> Surveillance System. 2016. | 2016, 2018 |
| Asthma \& Respiratory Conditions | ER Visit Rate, Asthma | Average crude Emergency Room visit rate (per 1,000 people) for asthma | San Mateo County Health. 2012-2014. | $\begin{aligned} & 2012 \text { - } \\ & 2014 \end{aligned}$ |
| Asthma \& Respiratory Conditions | ER Visit Rate, COPD | Age-adjusted rate of emergency department visits for COPD per 10,000 population | California Office of Statewide Health Planning and Development, OSHPD Patient Discharge Data. 2013-2015. | $\begin{aligned} & 2013- \\ & 2015 \end{aligned}$ |
| Asthma \& Respiratory Conditions | Taking Prescription Medication for Asthma | Percentage of survey respondents who indicated that they are taking prescription medication for asthma | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
| Asthma \& Respiratory Conditions; Cancer | Smoking in Home | Percentage of survey respondents who answered "yes" when asked "Do you or does another member of your household currently smoke in your home?" | San Mateo County Health, Health and Quality of Life Survey. 2018. <br> Benchmark: Behavioral Risk Factor Surveillance System. 2016. | 2016, 2018 |
| Asthma \& Respiratory <br> Conditions; Cancer; Heart <br> Disease/Stroke; Healthy <br> Lifestyles (Obesity) | Obesity (Adult) | Percentage of survey respondents who are obese (Body Mass Index [BMI] greater than or equal to 30.0, based on self-reported height and weight) | San Mateo County Health, Health and Quality of Life Survey. 2018. <br> Benchmark: Behavioral Risk Factor Surveillance System. 2016. | 2016, 2018 |
| Asthma \& Respiratory Conditions; Cancer; Heart Disease/Stroke; Healthy Lifestyles (Obesity) | Overweight/Obese Adults | Percentage of adults who are overweight or obese (calculated Body Mass Index based on self-reported height and weight) | San Mateo County Health, Health and Quality of Life Survey. 2018. <br> Benchmark: Behavioral Risk Factor Surveillance System. 2016. | 2016, 2018 |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE |
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| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
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| Asthma \& Respiratory Conditions; Mental Health \& Well-Being (Tobacco/ Substance Use) | Used Marijuana or Hashish Recently | Percentage of survey respondents who reported that they had used marijuana or hashish in the past month | San Mateo County Health, Health and Quality of Life Survey. 2018. <br> Benchmark: Behavioral Risk Factor Surveillance System. 2016. | 2016, 2018 |
| Behavioral Health | Adults With Any Adverse Childhood Experiences | Estimated percentage of adults 18 and older exposed to any adverse childhood experiences before age 18, by household type | Rodriguez, D., et al. (2016). Prevalence of adverse childhood experiences by county, California Behavioral Risk Factor Surveillance System 2008, 2009, 2011, and 2013. Public Health Institute, Survey Research Group. | 2016 |
| Behavioral Health | Adults With Four or More Adverse Childhood Experiences | Estimated percentage of adults 18 and older exposed to 4 or more adverse childhood experiences before age 18, by household type | Rodriguez, D., et al. (2016). Prevalence of adverse childhood experiences by county, California Behavioral Risk Factor Surveillance System 2008, 2009, 2011, and 2013. Public Health Institute, Survey Research Group. | 2016 |
| Behavioral Health | Alcohol Use (Lifetime)Students | Estimated percentage of public school students in grades $7,9,11$, and nontraditional programs who have ever consumed 1 or more full drinks of alcohol, by grade level and number of occasions | WestEd, California Healthy Kids Survey. California Department of Education. 2013-2015. | 2015 |
| Behavioral Health | Alcohol Use (Lifetime), 7+ Times; 7th Graders | Estimated percentage of public school students in grade 7 who have ever consumed 1 or more full drinks of alcohol, by grade level and number of occasions | WestEd, California Healthy Kids Survey. California Department of Education. 2013-2015. | 2015 |
| Behavioral Health | Bullied at School | Estimated percentage of public school students in grades $7,9,11$, and nontraditional programs who were bullied or harassed at school for any reason in the previous year | WestEd, California Healthy Kids Survey. California Department of Education. 2013-2015. | 2015 |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
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| Behavioral Health | Caring Adults at School: Low | Estimated percentage of public school students in grades 7, 9, 11, and nontraditional programs who have caring relationships with adults at school, by level of agreement | WestEd, California Healthy Kids Survey. California Department of Education. 2013-2015. | 2015 |
| Behavioral Health | Children with Two or More Adverse Experiences | Estimated percentage of children ages $0-17$ who have experienced 2 or more adverse experiences (parent reported) | Population Reference Bureau, analysis of data from the National Survey of Children's Health and the American Community Survey. 2016. | 2016 |
| Behavioral Health | Cyberbullied Four or More Times | Estimated percentage of public school students in grades $7,9,11$, and nontraditional programs who had mean rumors or lies spread about them on the internet by other students in the previous year, by number of occasions | WestEd, California Healthy Kids Survey. California Department of Education. 2013-2015. | 2015 |
| Behavioral Health | Depression-Related Feelings-Students | Estimated percentage of public school students in grades $7,9,11$, and nontraditional programs who, in the previous year, felt so sad or hopeless almost every day for 2 weeks or more that they stopped doing some usual activities | WestEd, California Healthy Kids Survey. California Department of Education. 2013-2015. | $\begin{aligned} & 2013- \\ & 2015 \end{aligned}$ |
| Behavioral Health | Experienced Dating Violence | Estimated percentage of public school students in grades 7, 9, 11, and nontraditional students reporting that they have been hit, slapped, or intentionally physically hurt by a boyfriend/girlfriend in the past year | WestEd, California Healthy Kids Survey. California Department of Education. 2011-2013. | $\begin{aligned} & 2011 \text { - } \\ & 2013 \end{aligned}$ |
| Behavioral Health | Meaningful Participation at School (Low) | Estimated percentage of public school students who have opportunities for meaningful participation at school, by low level of agreement. 7th Grade, 9th Grade, 11th Grade, Nontraditional students. | WestEd, California Healthy Kids Survey. California Department of Education. 2013-2015. | $\begin{aligned} & 2013- \\ & 2015 \end{aligned}$ |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
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| Behavioral Health | Mental Health Hospitalization | Number of hospital discharges for mental health issues per 1,000 children and youth ages 5 -14, and youth age $15-19$. | California Office of Statewide Health Planning and Development special tabulation; California Dept. of Finance, Population Estimates by Race/Ethnicity with Age and Gender Detail 2000-2009; Population Reference Bureau, Population Estimates 2010-2016. | $\begin{aligned} & 2010- \\ & 2016 \end{aligned}$ |
| Behavioral Health | Recent regular marijuana use | Estimated percentage of public school students in grade 7 have used marijuana $20-30$ days, in the previous 30 days. 7th Grade, 9th Grade, 11th Grade. | WestEd, California Healthy Kids Survey. California Department of Education. 2013-2015. | $\begin{aligned} & 2013- \\ & 2015 \end{aligned}$ |
| Behavioral Health | School Connectedness: Low | Level of school connectedness among public school students in grades 7, 9, 11, and nontraditional programs and by ethnicity | WestEd, California Healthy Kids Survey. California Department of Education. 2013-2015. | $\begin{aligned} & 2013- \\ & 2015 \end{aligned}$ |
| Behavioral Health | Seriously Considered Suicide | Estimated percentage of public school students in grades 9,11 , and nontraditional programs who seriously considered attempting suicide in the previous year, by grade level | WestEd, California Healthy Kids Survey. California Department of Education. 2013-2015. | $\begin{aligned} & 2013- \\ & 2015 \end{aligned}$ |
| Behavioral Health | Some Recent Alcohol/Drug Use in Previous Month | Estimated percentage of public school students in grades $7,9,11$, and nontraditional programs who have used alcohol or drugs (excluding tobacco) in the previous 30 days, by frequency | WestEd, California Healthy Kids Survey. California Department of Education. 2013-2015. | $\begin{aligned} & 2013 \text { - } \\ & 2015 \end{aligned}$ |
| Behavioral Health | Students per School Psychologist | Number of public school students per full-time equivalent (FTE) pupil support service personnel, by type of personnel (School Psychologist) | California Dept. of Education, Staff Assignment and Course Data (Mar. 2018) \& DataQuest (May 2017). | 2017 |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
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| Birth Outcomes | Adequate/Adequate Plus Prenatal Care | Percentage of births for which prenatal care was begun by the fourth month of pregnancy and $80 \%$ or more of recommended visits received | California Department of Public Health: 2009-2014 Birth Cohort-Perinatal Outcome Files. | $\begin{aligned} & 2013- \\ & 2015 \end{aligned}$ |
| Birth Outcomes | First Trimester Prenatal Care | Percentage of mothers who received prenatal care within the first 14 weeks of their pregnancy | California Department of Public Health: 2009-2014 Birth Cohort-Perinatal Outcome Files. | $\begin{aligned} & 2013- \\ & 2015 \end{aligned}$ |
| Birth Outcomes | Inadequate Prenatal Care | Percentage of mothers who, on their child's birth certificate, reported receiving prenatal care only in the third trimester of their pregnancy | San Mateo County Health. 2010-2015. | $\begin{aligned} & 2010- \\ & 2015 \end{aligned}$ |
| Birth Outcomes | Infant Mortality Rate (per 1,000 births) | Number of all infant deaths (within 1 year), per 1,000 live births | CDC WONDER mortality data. 2010-2016. | $\begin{aligned} & 2010- \\ & 2016 \end{aligned}$ |
| Birth Outcomes | Pre-Term Births | Percentage of total births that are pre-term (occurring before 37 weeks of pregnancy) | U.S. Department of Health \& Human Services, Health Resources and Services Administration, Area Health Resource File. 2012-2014. | $\begin{aligned} & 2012 \text { - } \\ & 2014 \end{aligned}$ |
| Birth Outcomes | Teen Births Rate | Number of births per 1,000 female population ages 15 - 19 | National Center for Health Statistics- <br> Natality files. 2010-2016. <br> Trend and data without benchmark: <br> San Mateo County Health, 2015. | $\begin{aligned} & 2010- \\ & 2016,2015 \end{aligned}$ |
|  |  | Number of births per 1,000 female population ages 12 - 14 (trend and data without benchmark) |  |  |
| Birth Outcomes; Healthy Lifestyles (Obesity) | Breastfeeding (Any) | Percentage of mothers breastfeeding (any); total in-hospital births. | California Department of Public Health, California Department of Public HealthBreastfeeding Statistics. 2012. | 2012 |
| Birth Outcomes; Healthy Lifestyles (Obesity) | Breastfeeding (Exclusive) | Percentage of mothers breastfeeding (exclusively); total in-hospital births. | California Department of Public Health, California Department of Public HealthBreastfeeding Statistics. 2012. | 2012 |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
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| Birth Outcomes; Sexually Transmitted Infections | Effective Sex Education | Percentage of teen survey respondents who reported that they feel they are making informed decisions about sex and their sexuality | County of San Mateo, Board of Supervisors. Adolescent Report 2014 - 2015. | $\begin{aligned} & 2014- \\ & 2015 \end{aligned}$ |
| Cancer | Cancer Mortality Rate (All Types) | Age-adjusted rate of death due to malignant neoplasm (cancer) per 100,000 population per year | California Department of Public Health. 2014-2016. <br> Trend: California Department of Public Health: 2010-2015 Death Records. | $\begin{aligned} & 2014 \text { - } \\ & 2016 \end{aligned}$ |
| Cancer | Cancer Prevalence | Percentage of the adult population with cancer | San Mateo County Health, Health and Quality of Life Survey. 2018. <br> Benchmark: Behavioral Risk Factor Surveillance System. 2016. | 2016,2018 |
| Cancer | Cervical Cancer Incidence Rate | Annual cervical cancer incidence rate (per 100,000 population) | State Cancer Profiles. 2009-2013. | $\begin{aligned} & 2009 \\ & 2013 \end{aligned}$ |
| Cancer | Childhood Cancer Diagnoses (rate per 100,000) | Number of new cancer diagnoses per 100,000 children/youth ages 0-19 over a 5 -year period | Surveillance, Epidemiology, and End Results (SEER) Program, Research data, 1969-2016 (Nov. 2017); National Cancer Institute, DCCPS, Surveillance Research Program (Apr. 2018); U.S. Cancer Statistics Working Group, U.S. Cancer Statistics Data Visualizations Tool, 1999-2015 (Nov. 2017); U.S. Department of Health and Human Services, Centers for Disease Control and Prevention and National Cancer Institute. 2011-2015. | 2015 |
| Cancer | Colorectal Cancer <br> Death Rate | Age-adjusted rate of death due to colorectal cancer per 100,000 population per year | California Department of Public Health: 2010-2015 Death Records. | $\begin{aligned} & 2013- \\ & 2015 \end{aligned}$ |
| Cancer | Colorectal Cancer Incidence Rate | Annual colon and rectum cancer incidence rate (per 100,000 population) | State Cancer Profiles. 2010 - 2014. | $\begin{aligned} & 2010 \text { - } \\ & 2014 \end{aligned}$ |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
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| Cancer | Melanoma Incidence Rate in Men | Age-adjusted incidence rate of melanoma among males per 100,000 population per year | California Cancer Registry Fact Sheet, California Department of Public Health, 2008-2012. | $\begin{aligned} & 2008- \\ & 2012 \end{aligned}$ |
| Cancer | Melanoma Incidence Rate in Women | Age-adjusted incidence rate of melanoma among females per 100,000 population per year | California Cancer Registry Fact Sheet, California Department of Public Health, 2008-2012. | $\begin{aligned} & 2008- \\ & 2012 \end{aligned}$ |
| Cancer | Ovarian Cancer <br> Death Rate | Age-adjusted rate of death among females due to ovarian cancer per 100,000 population per year | California Cancer Registry Fact Sheet, California Department of Public Health, 2008-2012. | $\begin{aligned} & 2008 \\ & 2012 \end{aligned}$ |
| Cancer | Pancreatic Cancer Mortality in Men | Age-adjusted rate of death among males due to pancreatic cancer per 100,000 population per year | California Cancer Registry Fact Sheet, California Department of Public Health, 2008-2012. | $\begin{aligned} & 2008- \\ & 2012 \end{aligned}$ |
| Cancer | Pancreatic Cancer Mortality in Women | Age-adjusted rate of death among females due to pancreatic cancer per 100,000 population per year | California Cancer Registry Fact Sheet, California Department of Public Health, 2008-2012. | $\begin{aligned} & 2008- \\ & 2012 \end{aligned}$ |
| Cancer | Prostate Cancer Death Rate | Age-adjusted rate of death among males due to prostate cancer per 100,000 population | California Department of Public Health: 2010-2015 Death Records. | $\begin{aligned} & 2013- \\ & 2015 \end{aligned}$ |
| Cancer | Prostate Cancer Incidence Rate | Annual prostate cancer incidence rate (per 100,000 population) | State Cancer Profiles. 2010-14. | $\begin{aligned} & 2010 \text { - } \\ & 2014 \end{aligned}$ |
| Cancer | Uterine Cancer Incidence Rate | Age-adjusted incidence rate of uterine cancer among females per 100,000 population per year | California Cancer Registry Fact Sheet, California Department of Public Health, 2008-2012. | $\begin{aligned} & 2008- \\ & 2012 \end{aligned}$ |
| Cancer; Healthy Lifestyles <br> (Diabetes; Diet, Fitness, <br> \& Nutrition; Obesity; <br> Diabetes) | Low Fruit/Vegetable Consumption (Adult) | Percentage of adults age 18 and older who self-report consuming less than 5 servings of fruits and vegetables each day | Centers for Disease Control and Prevention, Behavioral Risk Factor Surveillance System. Accessed via the Health Indicators Warehouse. U.S. Department of Health \& Human Services, Health Indicators Warehouse. 2005-2009. | $\begin{aligned} & 2005- \\ & 2009 \end{aligned}$ |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
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| Cancer; Heart Disease/ Stroke; Healthy Lifestyles (Diabetes; Diet, Fitness \& Nutrition; Obesity), Heart Disease/Stroke; Cancer | Engage in Healthy Behaviors | Percentage of survey respondents who reported they engage in "healthy behaviors" (do not smoke cigarettes, are not overweight [based on BMI], exercise at least three times per week for at least 20 minutes each time, eat 5 or more servings of fruit/ vegetables per day) | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
| Cancer; Heart Disease/ Stroke; Healthy Lifestyles (Diabetes; Diet, Fitness \& Nutrition; Obesity) | Physical Inactivity (Adult) | Percentage of adults age 20 and over reporting no leisure-time physical activity | CDC Diabetes Interactive Atlas. 2014. Trend: Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion. 2013. | 2013,2014 |
| Cancer; Heart Disease/ <br> Stroke; Healthy <br> Lifestyles (Obesity) | Overweight (Adult) | Percentage of adults age 18 and older who self-report that they have a Body Mass Index (BMI) between 25.0 and 30.0 (overweight) | Centers for Disease Control and Prevention, Behavioral Risk Factor Surveillance System. Additional data analysis by CARES. 2011-12. | $\begin{aligned} & 2011 \text { - } \\ & 2012 \end{aligned}$ |
| Cancer; Mental Health \& Well-Being (Tobacco/ Substance Use) | Lung Cancer Death Rate | Age-adjusted rate of death due to lung cancer per 100,000 population per year | California Department of Public Health: 2010-2015 Death Records. | $\begin{aligned} & 2013- \\ & 2015 \end{aligned}$ |
| Communicable Diseases | Kindergarteners with Required Immunizations | Percentage of public school kindergarten students with all required immunizations | California Dept. of Public Health, Immunization Branch custom tabulation \& School Immunizations in Kindergarten by Academic Year. 2017. | 2017 |
| Community \& Family Safety | Cyberbullied Four or More Times; 7th, 9th, 11th, NT | Estimated percentage of public school students in grades 7, 9, 11, and nontraditional programs who had mean rumors or lies spread about them on the internet by other students in the previous year, by number of occasions | WestEd, California Healthy Kids Survey. California Department of Education. 2013-2015. | $\begin{aligned} & 2013- \\ & 2015 \end{aligned}$ |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
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| Community \& Family Safety | Domestic Violence Calls for Assistance (rate per 1,000) | Number of domestic violence calls for assistance per 1,000 population | California Dept. of Justice, Criminal Justice Statistics Center, Domestic Violence-Related Calls for Assistance Database (1998-2003), Online Query System (2004-2014), and database sent via email (2015) (Oct. 2016). California Dept. of Finance, Race/Ethnic Population with Age and Sex Detail, 1990-1999, 2000-2010, 2010-2060. 2017. | 2017 |
| Community \& Family Safety | Gang Membership | Estimated percentage of public school students in grades $7,9,11$, and nontraditional programs who consider themselves gang members | WestEd, California Healthy Kids Survey. California Department of Education. 2013-2015. | $\begin{aligned} & 2013 \text { - } \\ & 2015 \end{aligned}$ |
| Community \& Family Safety | Juvenile Felony <br> Arrest Rate | Number of juvenile felony arrests per 1,000 youth ages 10-17 | California Dept. of Justice, Arrest Data; California Dept. of Finance, Race/Ethnic Population with Age and Sex Detail, 1990 1999, 2000-2010, 2010-2060. 2015. | 2015 |
| Community \& Family Safety | School Perceived as Very Unsafe | Level of perceived school safety among public school students in grades $7,9,11$, and nontraditional programs | WestEd, California Healthy Kids Survey. California Department of Education. 2013-2015. | $\begin{aligned} & 2013- \\ & 2015 \end{aligned}$ |
| Community \& Family Safety | Substantiated Child Abuse and Neglect | Number of substantiated cases of abuse and neglect per 1,000 children under age 18 | Webster, D., et al. Child Welfare Services Reports for California, U.C. Berkeley Center for Social Services Research. 2015. | 2015 |
| Community \& Family Safety | Traumatic Injury Hospitalizations, Children | Percentage of hospital discharges among children ages 0-17 for the primary diagnosis of traumatic injury | Special tabulation by California Office of Statewide Health Planning and Development. 2017. | 2017 |
| Dementia \& Cognitive Decline | Alzheimer's Disease <br> (Prevalence) | Percentage of the adult population with Alzheimer's Disease | Centers for Medicaid \& Medicaid Services. 2015. | 2015 |
| Dementia \& Cognitive Decline | Alzheimer's Disease Mortality Rate | Age-adjusted rate of death due to Alzheimer's per 100,000 population per year | California County Health Status Profiles. $2013-2015$ | $\begin{aligned} & 2013- \\ & 2015 \end{aligned}$ |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
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| Dementia \& Cognitive Decline | Median Age | Population median age | U.S. Census Bureau, American Community Survey. 2012-16. | $\begin{aligned} & 2012- \\ & 2016 \end{aligned}$ |
| Diabetes \& Obesity | Adequate Fruit \& Vegetable Consumption, Children Age 2 - 11 | Estimated percentage of children ages $2-11$ who eat 5 or more servings of fruits and vegetables (excluding juice and fried potatoes) daily | UCLA Center for Health Policy Research, California Health Interview Survey. 2015-2016. | 2016 |
| Diabetes \& Obesity | Any Breastfeeding | Percentage of newborns fed breast milk during their hospitalization, by type of breastfeeding. Exclusive breastfeeding includes newborns who received breast milk only; any breastfeeding includes newborns who were breastfed exclusively and those who received both breast milk and formula. | California Dept. of Public Health, Center for Family Health, In-Hospital Breastfeeding Initiation Data. 2016. | 2016 |
| Diabetes \& Obesity | Diabetes Hospitalizations, Children Age 0-17 | Percentage of hospital discharges among children ages $0-17$ for diabetes | Special tabulation by California Office of Statewide Health Planning and Development. 2017. | 2017 |
| Diabetes \& Obesity | Did Not Eat Breakfast; 7th, 9th, 11th, NT | Estimated percentage of public school students in grades 7, 9, 11, and nontraditional programs who did not eat breakfast in the previous day | WestEd, California Healthy Kids Survey. California Department of Education. 2013-2015. | $\begin{aligned} & 2013- \\ & 2015 \end{aligned}$ |
| Diabetes \& Obesity | Exclusive Breastfeeding | Percentage of newborns fed breast milk during their hospitalization, by type of breastfeeding. Exclusive breastfeeding includes newborns who received breast milk only; any breastfeeding includes newborns who were breastfed exclusively and those who received both breast milk and formula. | California Dept. of Public Health, Center for Family Health, In-Hospital Breastfeeding Initiation Data. 2016. | 2016 |
| Diabetes \& Obesity | Students Meeting Fitness Standards; 5th, 7th, and 9th Graders | Percentage of public school students in grades 5,7 , and 9 meeting 6 of 6 fitness standards | California Dept. of Education, Physical Fitness Testing Research Files. 2017. | 2017 |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
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| Economic Security | CalFresh, by R/E [SNAP Benefits]-Households with Children | Percentage of households receiving CalFresh benefits, by race/ethnicity of household contact | California Dept. of Social Services, CalFresh Data Files. 2016. | 2016 |
| Economic Security | Children Living in Crowded Households | Estimated percentage of children under age 18 living in households with more than 1 person per room of the house | Population Reference Bureau, analysis of data from the U.S. Census Bureau's American Community Survey microdata files. 2016. | 2016 |
| Economic Security | Children Living in Food Insecure Households | Estimated percentage of children living in households with limited or uncertain access to adequate food | Gundersen, C., et al. Map the Meal Gap: A Report on County and Congressional District Food Insecurity and County Food Cost in the United States in 2016. Feeding America. 2016. | 2016 |
| Economic Security | Children Without Secure Parental Employment | Estimated percentage of children under age 18 living in families where no resident parent worked at least 35 hours per week, at least 50 weeks in the 12 months prior to the survey | Population Reference Bureau, analysis of data from the U.S. Census Bureau's American Community Survey microdata files. 2016. | 2016 |
| Economic Security | Cost of Infant Childcare, Annually, Child Care Center | Estimated annual cost of full-time licensed childcare, by infant childcare | California Child Care Resource and Referral Network, California Child Care Portfolio. 2016. | 2016 |
| Economic Security | Licensed Childcare Availability for Working Families | Estimated percentage of children ages $0-12$ with parents in the labor force for whom licensed childcare slots are available and unavailable | California Child Care Resource and Referral Network, California Child Care Portfolio. 2017. | 2017 |
| Economic Security | Teen Birth Rate (per 1,000) | Number of births per 1,000 young women ages 15-19 | California Dept. of Public Health, Center for Health Statistics, Birth Statistical Master Files; Centers for Disease Control and Prevention (CDC), National Center for Health Statistics (NCHS), Division of Vital Statistics, Natality public-use data 2007 2015, on CDC WONDER Database. 2015. | 2015 |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
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| Education \& Literacy | College Preparedness, High School Graduates | Percentage of high school graduates who reported taking college preparatory courses in high school | County of San Mateo, Board of Supervisors. Adolescent Report 2014-2015. | $\begin{aligned} & 2014- \\ & 2015 \end{aligned}$ |
| Education \& Literacy | Cost of Preschool <br> Childcare, Annually, Child Care Center | Estimated annual cost of full-time licensed childcare, by age of child and type of facility | California Child Care Resource and Referral Network, California Child Care Centers 2016 Child Care Portfolio (Jun. 2018) | 2018 |
| Education \& Literacy | Head Start Program Facilities Rate (per 10,000 pop. 0-5) | Head start programs rate (per 10,000 children under age 5) | U.S. Department of Health \& Human Services, Administration for Children and Families. 2018. | 2018 |
| Education \& Literacy | High School Graduates Completing College Prep Courses | Percentage of public school 12th-grade graduates completing courses required for University of California (UC) and/or California State University (CSU) entrance, with a grade of C or better | California Dept. of Education, California Basic Educational Data System (CBEDS). 2015. | 2015 |
| Education \& Literacy | High School Graduation Rate (percent of cohort) | On-time high school graduation rate per cohort | National Center for Education Statistics, NCES-CHR EDFacts. 2014 - 2015. <br> Trend: California Department of Education. 2014-2015. | $\begin{aligned} & 2014 \text { - } \\ & 2015 \end{aligned}$ |
| Education \& Literacy | Meeting or Exceeding Grade-Level Standard in English Language Arts, 11th Grade | Percentage of 11th-grade public school students tested who completed the English Language Arts/Literacy (ELA) California Assessment of Student Performance and Progress (CAASPP) test with a score of Standard Met or Above | California Dept. of Education, CAASPP Test Results. Oct. 2016. | 2016 |
| Education \& Literacy | Meeting or Exceeding Grade-Level Standard in Mathematics, 11th Grade | Percentage of 11th-grade public school students tested who completed the California Assessment of Student Performance and Progress (CAASPP) mathematics test with a score of Standard Met or Above | California Dept. of Education, CAASPP Test Results. Oct. 2016. | 2016 |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
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| Education \& Literacy | Reading At or Above Proficiency | Percentage of grade 4 ELA test scores at or above standard | California Department of Education. $2015-2016$ | $\begin{aligned} & 2015- \\ & 2016 \end{aligned}$ |
| Education \& Literacy | School Enrollment Age 3-4 | Percentage of population ages 3-4 enrolled in school | US Census Bureau, American Community Survey. 2012-2016. | $\begin{aligned} & 2012 \text { - } \\ & 2016 \end{aligned}$ |
| Education \& Literacy | Students Not Completing High School | Percentage of public high school students who do not complete high school, based on the 4 -year adjusted cohort dropout rate (e.g., among California students who started high school in 2011, 10.7\% exited before graduating with their class in 2015). | California Dept. of Education, California Longitudinal Pupil Achievement Data System (CALPADS). 2015. | 2016 |
| Education \& Literacy | Students per School Speech/Language/ Hearing Specialist | Number of public school students per fulltime equivalent (FTE) pupil support service personnel, by type of personnel (School Speech/Language/Hearing Specialist) | California Dept. of Education, Staff Assignment and Course Data (Mar. 2018) \& DataQuest. 2017. | 2017 |
| Education \& Literacy; <br>  <br> Delivery; Poverty, Income <br> \& Employment | Population with Limited English Proficiency (age 5+) | Population above the age of 5 who reported speaking English less than "very well," as classified by the U.S. Census Bureau | U.S. Census Bureau, American Community Survey. 2012-2016. | $\begin{aligned} & 2012- \\ & 2016 \end{aligned}$ |
| Education \& Literacy; <br> Neighborhood \& Built <br> Environment (Community \& Family Safety); Social \& Community Context | Expulsions Rate (per 100 students) | Rate of expulsions per 100 enrolled students | California Department of Education. 2016-2017. | $\begin{aligned} & 2016 \text { - } \\ & 2017 \end{aligned}$ |
| Education \& Literacy; Neighborhood \& Built Environment (Community Infrastructure \& Housing Quality); Poverty, Income \& Employment | High Speed Internet | Percentage of population with access to high-speed internet | FCC Fixed Broadband Deployment Data. 2016. | 2016 |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
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| Education \& Literacy; <br> Neighborhood \& Built <br> Environment (Community <br>  <br> Community Context | Suspensions Rate (per 100 students) | Rate of suspensions per 100 enrolled students | California Department of Education. 2016-2017. | $\begin{aligned} & 2016- \\ & 2017 \end{aligned}$ |
| Education \& Literacy; <br>  <br> Employment | Adults with an Associate's Degree or Higher | Percentage of the population aged 25 years and older with an Associate's degree or higher | U.S. Census Bureau, American Community Survey. 2012-2016. | $\begin{aligned} & 2012 \text { - } \\ & 2016 \end{aligned}$ |
| Education \& Literacy; <br>  <br> Employment | Adults with Less than High School Diploma (or Equivalent) | Percentage of the population aged 25 and older without a high school diploma (or equivalency) or higher | U.S. Census Bureau, American Community Survey. 2012-2016. | $\begin{aligned} & 2012 \text { - } \\ & 2016 \end{aligned}$ |
| Education \& Literacy; <br>  <br> Employment | Adults with Some PostSecondary Education | Percentage of adults aged 25 to 44 years with at least some post-secondary education | U.S. Census Bureau, American Community Survey. 2012-2016. | $\begin{aligned} & 2012 \text { - } \\ & 2016 \end{aligned}$ |
| Education \& Literacy; <br>  <br> Employment | Childcare Arrangement Has Made It Easier for Parent to Attend Education/Training | Percentage of survey respondents with at least 1 child under the age of 18 living at home, who reported that their childcare arrangement has made it easier for them to attend education/training | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
| Education \& Literacy; <br>  <br> Employment | Computer in Household | Percentage of survey respondents who answered "yes" when asked, "Do you currently have a computer in your household?" | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2016 |
| Education \& Literacy; Social \& Community Context | Population in Linguistically Isolated Households | Percent of population living in households in which no member 14 years old and over (1) speaks only English or (2) speaks a nonEnglish language and speaks English "very well." In other words, all members 14 years old and over have at least some difficulty with English. | U.S. Census Bureau, American Community Survey. 2012-2016. | $\begin{aligned} & 2012 \text { - } \\ & 2016 \end{aligned}$ |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
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| Food Insecurity | Children in Single-Parent Households | Percentage of children that live in households with only 1 parent present | U.S. Census Bureau, American Community Survey. 2012-2016. | $\begin{aligned} & 2012- \\ & 2016 \end{aligned}$ |
| Food insecurity | Did Not Eat Breakfast | Percentage of students reporting not having eaten breakfast in the past day | County of San Mateo, Board of Supervisors. Adolescent Report 2014-2015. | $\begin{aligned} & 2014- \\ & 2015 \end{aligned}$ |
| Food insecurity | Eligible Students Not Participating in School Breakfast Programs | Percentage of eligible students not participating in school breakfast programs | Get Healthy San Mateo County. Food Insecurity in San Mateo County. End Hunger Workgroup, October 14, 2016. | 2016 |
| Food insecurity | Eligible Students Not Participating in School Lunch Programs | Percentage of eligible students not participating in school lunch programs | Get Healthy San Mateo County. Food Insecurity in San Mateo County. End Hunger Workgroup, October 14, 2016. | 2016 |
| Food insecurity | Food Assistance Program Participation | Percentage of eligible food-insecure individuals participating in food assistance programs, by city | Get Healthy San Mateo County. Food Insecurity in San Mateo County. End Hunger Workgroup, October 14, 2016. | 2016 |
| Food Insecurity | Food Insecure Population Ineligible for Assistance | Estimated percentage of the total population that experienced food insecurity at some point during the report year, but are ineligible for state or federal nutrition assistance | Feeding America. 2014. | 2014 |
| Food Insecurity | Food Insecure Population Ineligible for AssistanceChildren | Estimated percentage of the population under age 18 that experienced food insecurity at some point during the report year, but are ineligible for state or federal nutrition assistance | Feeding America. 2014. | 2014 |
| Food Insecurity; Birth Outcomes; Healthy Lifestyles (Diabetes; Diet, Fitness \& Nutrition; Obesity) | Food Insecurity Rate | Estimated percentage of the population that experienced food insecurity at some point during the year. | San Mateo County Health, Health and Quality of Life Survey. 2018. <br> Benchmark: Feeding America. 2016 | 2016,2018 |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
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| Food Insecurity; Birth Outcomes; Healthy Lifestyles (Diabetes; Diet, Fitness \& Nutrition; Obesity) | Food Insecurity RateChildren under 18 | Estimated percentage of the population under age 18 that experienced food insecurity at some point. | Feeding America. 2014. | 2014 |
| Food Insecurity; Birth Outcomes; Healthy Lifestyles (Diabetes; Diet, Fitness \& Nutrition; Obesity) | Received Informal Food Support | Percentage of survey respondents who indicated that they had gone to a food bank or otherwise received free meals in the past year | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
| Food insecurity; <br>  <br> Delivery; Poverty, Income <br> \& Employment | Receiving Government Assistance | Percentage of respondents who answered "yes" when asked, "Do you currently receive any type of government assistance?" | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
| Food Insecurity; Healthy Lifestyles (Diet, Fitness \& Nutrition; Obesity) | Children Eligible for Free/ Reduced Price Lunch | Percentage of public school students eligible for free or reduced-price lunches | National Center for Education Statistics, <br> NCES-Common Core of Data. 2015-2016. | $\begin{aligned} & 2015 \text { - } \\ & 2016 \end{aligned}$ |
| Food Insecurity; Healthy Lifestyles (Diet, Fitness \& Nutrition; Obesity) | SNAP Benefits (Households) | Estimated percentage of households receiving Supplemental Nutrition Assistance Program (SNAP) benefits | U.S. Census Bureau, American Community Survey. 2012-2016. | $\begin{aligned} & 2012- \\ & 2016 \end{aligned}$ |
| General Health | All Causes of Death Rate | Age-adjusted rate of death due to all causes per 100,000 population per year | California Department of Public Health: 2010-2015 Death Records. | $\begin{aligned} & 2013 \text { - } \\ & 2015 \end{aligned}$ |
| General Health | Ambulance Transport, Neurological Issues | Percentage of all ambulance transports initiated by a call to 911 in which neurological issues were the primary impression (main reason for the call) | County of San Mateo Emergency Medical Services. 911 Calls. 2016-2017. | $\begin{aligned} & 2016 \text { - } \\ & 2017 \end{aligned}$ |
| General Health | Child Mortality Rate | Number of deaths among children under age 18 per 100,000 | CDC WONDER mortality data. 2013-2016. | $\begin{aligned} & 2013 \text { - } \\ & 2016 \end{aligned}$ |


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| Health Care Access \& Delivery; Mental Health \& Well-Being (Tobacco/ Substance Use) | Fair/Poor Access to Help for Substance Abuse | Percentage of respondents who rated the ease with which they are able to get help for substance abuse in their community is fair/poor | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
| Health Care Access \& Delivery; Mental Health \& Well-Being (Tobacco/ Substance Use) | Have Ever Sought Professional Help for Drug Related Problem | Percentage of survey respondents who reported they ever sought professional help for a drug-related problem | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
| Health Care Access \& Delivery; Mental Health \& Well-Being (Tobacco/ Substance Use) | Know Where to Access Treatment for a Drug-Related Problem if Needed | Percentage of survey respondents who indicated they knew where to access treatment for a drug-related problem if they or someone in their family needed it | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
| Health Care Access \& Delivery; Neighborhood \& Built Environment (Transportation \& Traffic) | Lack of Transportation Interfered with Access to Health Care | Percentage of respondents who answered "yes" when asked, "Was there a time during the past 12 months when lack of transportation made it difficult or prevented you from seeing a doctor or making a medical appointment?" | San Mateo County Health, Health and Quality of Life Survey. 2018. <br> Benchmark: Behavioral Risk Factor Surveillance System. 2016. | 2016,2018 |
| Health Care Access \& Delivery; Oral/ Dental Health | Access to Dentists Rate | Number of dentists per 100,000 population | Area Health Resource File/National Provider Identification file. 2016. | 2016 |
| Health Care Access \& Delivery; Oral/ Dental Health | Child Had Recent Dental Exam | Percentage of survey respondents with at least one child under the age of 18 living at home, who reported that their child had visited a dentist within the past year | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
| Health Care Access \& Delivery; Oral/ Dental Health | Dental Insurance | Percentage of survey respondents reporting they have dental insurance | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
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| Health Care Access <br> \& Delivery; Oral/ <br> Dental Health | Fair/Poor Access to <br> Dental Care | Percentage of respondents who rated the <br> ease with which they are able to get dental <br> care in their community is fair/poor | San Mateo County Health, Health and <br> Quality of Life Survey. 2018. | 2018 |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
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| Health Care Access \& Delivery; Poverty, Income \& Employment | Lack of Health Care Coverage | Percent of survey respondents answering "no" when asked, "Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, or government plans such as Medicare?" | San Mateo County Health, Health and Quality of Life Survey. 2018. <br> Benchmark: Behavioral Risk Factor Surveillance System. 2016. | 2016, 2018 |
| Health Care Access \& Delivery; Poverty, Income \& Employment | Medication-Could Not Afford | Percentage of survey respondents answering "yes" when asked, "Was there a time during the past 12 months when: You Needed to Purchase Medication, But Could Not Because of the Cost?" | San Mateo County Health, Health and Quality of Life Survey. 2018. <br> Benchmark: Behavioral Risk Factor Surveillance System. 2016. | 2016, 2018 |
| Health Care Access \& Delivery; Poverty, Income \& Employment | Population Receiving Medicaid | Percent of insured population receiving Medicaid | U.S. Census Bureau, American Community Survey. 2012-2016. | $\begin{aligned} & 2012- \\ & 2016 \end{aligned}$ |
| Health Care Access \& Delivery; Poverty, Income \& Employment | Uninsured Children | Percentage of children aged less than 18 years of age without health insurance coverage | U.S. Census Bureau, American Community Survey. 2012-2016. | $\begin{aligned} & 2012 \text { - } \\ & 2016 \end{aligned}$ |
| Health Care Access \& Delivery; Poverty, Income \& Employment | Uninsured Population | Percent uninsured population | U.S. Census Bureau, American Community Survey. 2012-2016. | $\begin{aligned} & 2012 \text { - } \\ & 2016 \end{aligned}$ |
| Health Care Access \& Delivery; Poverty, Income \& Employment | Job Does Not Offer Health Benefits | Percentage of employed respondents who reported that their job offered no health benefits | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
| Health Care Access \& Delivery; Poverty, Income \& Employment | Job Offers Health <br> Benefits for Employee <br> Dependents | Percentage of employed respondents who reported that their job offered health benefits for their dependents | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
| Health Care Access \& Delivery; Social \& Community Context | Fair/Poor Access to Social Services | Percentage of respondents who rated the ease with which they are able to get social services in their community as fair/poor | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
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| Health Care Access \& Delivery; Social \& Community Context | Premature Death, Racial/ Ethnic Disparity Index | Summary measure of disparity (Index of Disparity) in premature death on the basis of race and ethnicity | National Vital Statistics System. 2004-2010. | $\begin{aligned} & 2004 \\ & 2010 \end{aligned}$ |
| Health Care Access <br>  <br> Community Context; <br> General Health | Life Expectancy at Birth (in Years) | Average life expectancy at birth in years | Institute for Health Metrics and Evaluation. 2014. | 2014 |
| Health Care Access \& Delivery; Social \& Community Context; General Health | Mortality-Premature Deaths (Years of Potential Life Lost) | Years of potential life lost, rate per 100,000 population | University of Wisconsin Population Health Institute, County Health Rankings. 2014-2016. | $\begin{aligned} & 2014 \text { - } \\ & 2016 \end{aligned}$ |
| Health Care Access \& Delivery; Social \& Community Context; General Health | Population with Any Disability | Percent population with a disability | U.S. Census Bureau, American Community Survey. 2012-2016. | $\begin{aligned} & 2012 \text { - } \\ & 2016 \end{aligned}$ |
| Healthy Lifestyles (Diabetes) | ER Visit Rate, Diabetes | Average crude Emergency Room visit rate (per 1,000 people) for diabetes | San Mateo County Health. 2012-2014. | $\begin{aligned} & 2012 \text { - } \\ & 2014 \end{aligned}$ |
| Healthy Lifestyles <br> (Diabetes; Diet, Fitness <br> \& Nutrition; Obesity) | Children Walking or Biking to School | Percentage of children who walk, bike or skate to school at least occasionally, according to their parent/guardian | California Health Interview Survey. $2015-2016$ | $\begin{aligned} & 2015- \\ & 2016 \end{aligned}$ |
| Healthy Lifestyles <br> (Diabetes; Diet, Fitness <br> \& Nutrition; Obesity) | Commute to WorkWalking/Biking | Reports the percentage of the population that commutes to work by either walking or riding a bicycle | U.S. Census Bureau, American Community Survey. 2012-2016. | $\begin{aligned} & 2012- \\ & 2016 \end{aligned}$ |
| Healthy Lifestyles (Diabetes; Diet, Fitness \& Nutrition; Obesity; Diabetes) | Low Fruit/Vegetable Consumption (Youth) | Percent population ages $2-13$ with inadequate fruit/vegetable consumption | University of California Center for Health Policy Research, California Health Interview Survey. 2011 - 12. | $\begin{aligned} & 2011 \text { - } \\ & 2012 \end{aligned}$ |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
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| Healthy Lifestyles <br>  <br> Nutrition; Obesity); Oral/ <br> Dental Health | Soft Drink Consumption | Percentage of adults that self-report drinking a soda or sugar-sweetened beverage at least once daily | California Health Interview Survey. 2014. | 2014 |
| Healthy Lifestyles (Diabetes; Obesity) | Diabetes Death Rate | Age-adjusted rate of death due to diabetes per 100,000 population per year | California Department of Public Health: 2010-2015 Death Records. | $\begin{aligned} & 2013- \\ & 2015 \end{aligned}$ |
| Healthy Lifestyles (Diabetes; Obesity) | Diabetes Discharges (\% of Total Discharges), Children/Youth (ages 1 - 19) | Percentage of total patient discharges among children and teens (ages 1 - 19) for diabetes-related complications | California Office of Statewide Health Planning and Development, OSHPD Patient Discharge Data. Additional data analysis by CARES. 2011. | 2011 |
| Healthy Lifestyles (Obesity) | Overweight Adults | Percentage of survey respondents who are overweight (calculated Body Mass Index based on self-reported height and weight) | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
| Healthy Lifestyles (Obesity/Overweight <br> \& Diabetes Related <br> Factors); Cancer; <br> Heart Disease/Stroke | Adequate Fruit/Vegetable Consumption (Adults) | Percentage of survey respondents reporting that they eat the recommended number of daily servings of fruits and vegetables | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
| Healthy Lifestyles <br>  <br> Diabetes Related Factors); <br> Cancer; Heart Disease/ Stroke; Healthy Lifestyles (Diabetes; Diet, Fitness \& Nutrition; Obesity) | Regular Vigorous Physical Activity (Adults) | Percentage of survey respondents who indicated that they engage in vigorous physical activity three or more times per week. | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
| Healthy Lifestyles <br>  <br> Diabetes Related Factors); <br> Oral/Dental Health | Sugar-Sweetened Beverage Consumption (Adults) | Percentage of survey respondents reporting that they consume sugar-sweetened beverages daily | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
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| Healthy Lifestyles (Obesity/Overweight \& Diabetes Related Factors); Oral/Dental Health | Sugar-Sweetened Beverage Consumption (Youth) | Percentage of youth ages 12-17 drinking one or more sugar-sweetened beverages per day | County of San Mateo, Board of Supervisors. Adolescent Report 2014 - 2015. | $\begin{aligned} & 2014- \\ & 2015 \end{aligned}$ |
| Healthy Lifestyles <br>  <br> Diabetes Related Factors); <br> Oral/Dental Health | Teeth Removed Due to Poor Oral Health | Percentage of survey respondents who reported that three or more of their permanent teeth had been removed due to tooth decay or gum disease | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
| Heart Disease/Stroke | Ambulance Transport, Cardiac Issues | Percentage of all ambulance transports initiated by a call to 911 in which cardiac issues were the primary impression (main reason for the call) | County of San Mateo Emergency Medical Services. 911 Calls. 2016 - 2017. | $\begin{aligned} & 2016 \text { - } \\ & 2017 \end{aligned}$ |
| Heart Disease/Stroke | Ambulance Transport, Vascular Issues | Percentage of all ambulance transports initiated by a call to 911 in which vascular issues were the primary impression (main reason for the call) | County of San Mateo Emergency Medical Services. 911 Calls. 2016-2017. | $\begin{aligned} & 2016 \text { - } \\ & 2017 \end{aligned}$ |
| Heart Disease/Stroke | Coronary Heart Disease Death Rate | Age-adjusted rate of death due to coronary heart disease per 100,000 population per year | California Department of Public Health: 2010-2015 Death Records. | $\begin{aligned} & 2010- \\ & 2015 \end{aligned}$ |
| Heart Disease/Stroke | ER Visit Rate, Heart Failure | Average crude Emergency Room visit rate (per 1,000 people) for heart failure | San Mateo County Health. 2012-2014. | $\begin{aligned} & 2012 \text { - } \\ & 2014 \end{aligned}$ |
| Heart Disease/Stroke | ER Visit Rate, Hypertension | Average crude Emergency Room visit rate (per 1,000 people) for hypertension | San Mateo County Health. 2012-2014. | $\begin{aligned} & 2012 \text { - } \\ & 2014 \end{aligned}$ |
| Heart Disease/Stroke | ER Visit Rate, Ischemic Heart Disease | Average crude Emergency Room visit rate (per 1,000 people) for ischemic heart disease | San Mateo County Health. 2012-2014. | $\begin{aligned} & 2012 \text { - } \\ & 2014 \end{aligned}$ |
| Heart Disease/Stroke | ER Visit Rate, Myocardial Infarction | Average crude Emergency Room visit rate (per 1,000 people) for myocardial infarction | San Mateo County Health. 2012-2014. | $\begin{aligned} & 2012- \\ & 2014 \end{aligned}$ |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
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| Heart Disease/Stroke | ER Visit Rate, Stroke | Average crude Emergency Room visit rate (per 1,000 people) for stroke | San Mateo County Health. 2012-2014. | $\begin{aligned} & 2012- \\ & 2014 \end{aligned}$ |
| Heart Disease/Stroke | Heart Disease, Heart Attack-Ever Had/ Diagnosed | Percentage of survey respondents who answered "yes" when asked, "Have you ever suffered from or been diagnosed with any of the following medical conditions: Heart Disease, Such as Congestive Heart Failure, Angina, or a Heart Attack?" | San Mateo County Health, Health and Quality of Life Survey. 2018. <br> Benchmark: Behavioral Risk Factor <br> Surveillance System. 2016. | 2016, 2018 |
| Heart Disease/Stroke | Heart Failure Emergency Room Visit Rate (per 10,000 pop.) | Emergency room visits due to heart failure, age-adjusted, per 10,000 population | California Office of Statewide Health Planning and Development, OSHPD Patient Discharge Data. 2013-2015. | $\begin{aligned} & 2013- \\ & 2015 \end{aligned}$ |
| Heart Disease/Stroke | Heart Failure <br> Hospitalizations Rate (per 10,000 pop.) | Hospitalization rate for heart failure, age-adjusted, per 10,000 population | California Office of Statewide Health Planning and Development, OSHPD Patient Discharge Data. 2013-2015. | $\begin{aligned} & 2013- \\ & 2015 \end{aligned}$ |
| Heart Disease/Stroke | High Blood PressureUnmanaged | Percent adults with high blood pressure not taking medication | Centers for Disease Control and Prevention, Behavioral Risk Factor Surveillance System. Additional data analysis by CARES. 2006-10. | $\begin{aligned} & 2006- \\ & 2010 \end{aligned}$ |
| Heart Disease/Stroke | High Blood Pressure Medication Use | Percentage of survey respondents who reported having hypertension, who indicated that they are currently taking medication to control high blood pressure | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
| Heart Disease/Stroke | High Cholesterol Medication Use | Percentage of survey respondents who reported having high cholesterol, who indicated that they are currently taking medication to lower their blood cholesterol level | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
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| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
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| Housing \& Homelessness | Fair/Poor Access to Affordable Housing | Percentage of respondents who rated the availability of affordable housing in their community as fair or poor | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
| Housing \& Homelessness | Homeless Public School Students | Percentage of public school students recorded as being homeless at any point during a school year | California Dept. of Education, Coordinated School Health and Safety Office custom tabulation \& California Basic Educational Data System. 2016. | 2016 |
| Housing \& Homelessness | Housing Costs | Cost of housing | Get Healthy San Mateo County. <br> San Mateo County. End Hunger Workgroup, October 14, 2016. | 2016 |
| Housing \& Homelessness | Housing Unstable in Past 2 Years | Percentage of survey respondents who reported that they had been homeless at least once in the past two years | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
| Housing \& Homelessness | Lack of Affordable Housing | Percentage of households with "unaffordable housing" | Get Healthy San Mateo County. Food Insecurity in San Mateo County. End Hunger Workgroup, October 14, 2016. | 2016 |
| Housing \& Homelessness <br>  <br> Employment | May Move Due to Cost of Living | Percentage of survey respondents reporting that they had considered leaving the county in the past year due to the cost of living | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
| Housing \& Homelessness | Median Rent, 2 Bedroom (\$) | Median rent, in dollars, for a two-bedroom unit | Zilpy.com, Rental Market Trends. October 2018. | Oct. 18 |
| Housing \& Homelessness | Percentage of Homeless Children Ages 0-17 Who Were Unsheltered | Percentage of unaccompanied children ages $0-17$ found to be homeless during the national point-in-time (PIT) count of homeless individuals, by shelter status | U.S. Dept. of Housing and Urban Development, PIT Estimates of Homelessness in the U.S. 2014 \& 2017. 2017. | 2017 |
| Housing \& Homelessness | Percentage of Homeless Children Ages 18-24 Who Were Unsheltered | Percentage of unaccompanied young adults (18-24) found to be homeless during the national point-in-time (PIT) count of homeless individuals, by shelter status | U.S. Dept. of Housing and Urban Development, PIT Estimates of Homelessness in the U.S. 2014 \& 2017. 2017. | 2017 |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
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| Housing \& Homelessness | Severe Housing Problems | Percentage of households with one or more of the following housing problems: Housing unit lacks complete kitchen facilities; Housing unit lacks complete plumbing facilities; Housing unit is severely overcrowded (> 2 persons per room); or Household is severely cost burdened (all housing costs represent $>50 \%$ of monthly income) | U.S. Census Bureau, American Community Survey. 2011-2015. | $\begin{aligned} & 2011- \\ & 2015 \end{aligned}$ |
| Housing \& Homelessness | Share Housing Costs with Non-Partner for Affordability | Percentage of respondents who reported sharing housing costs with someone other than a spouse or partner in order to limit expenses | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
| Housing \& Homelessness | Unsheltered Homeless Children Ages 0-17 | Number of unaccompanied children ages $0-17$ found to be homeless during the national point-in-time (PIT) count of homeless individuals, by shelter status | U.S. Dept. of Housing and Urban Development, PIT Estimates of Homelessness in the U.S. 2014 \& 2017. 2017. | 2017 |
| Housing \& Homelessness | Unsheltered Homeless Young Adults Ages 18-24 | Number of unaccompanied young adults (18-24) found to be homeless during the national point-in-time (PIT) count of homeless individuals, by shelter status | U.S. Dept. of Housing and Urban Development, PIT Estimates of Homelessness in the U.S. 2014 \& 2017. 2017. | 2017 |
| Housing \& Homelessness | Vacant Housing Units | Vacant housing units, percent | U.S. Census Bureau, American Community Survey. 2012-2016. | $\begin{aligned} & 2012- \\ & 2016 \end{aligned}$ |
| Housing \& Homelessness; <br> Healthy Lifestyles <br> (Diabetes; Diet, Fitness <br> \& Nutrition; Obesity) | Commute $>60 \mathrm{Min}$. | Percentage of workers commuting more than 60 minutes | U.S. Census Bureau, American Community Survey. 2012-2016. | $\begin{aligned} & 2012- \\ & 2016 \end{aligned}$ |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
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| Housing \& Homelessness; <br> Neighborhood \& Built <br> Environment (Community <br>  <br> Housing Quality) | Assisted Housing Units Rate (per 10,000) | HUD-assisted units, rate per 10,000 housing units | U.S. Department, of Housing and Urban Development. 2016. | 2016 |
| Housing \& Homelessness; <br> Neighborhood \& Built <br> Environment (Community <br>  <br> Housing Quality) | Substandard Housing Units | Percent occupied housing units with one or more substandard conditions | U.S. Census Bureau, American Community Survey. 2012-2016. | $\begin{aligned} & 2012 \text { - } \\ & 2016 \end{aligned}$ |
| Housing \& Homelessness; <br>  <br> Built Environment <br> (Natural Environment/ <br>  <br> Respiratory Conditions | Asthma Patient <br> Discharges, Children/ <br> Youth (age 1 - 19) | Patient discharge rate (per 10,000 total population) for asthma and related complications for children/youth ages 1-19. | California Office of Statewide Health Planning and Development, OSHPD Patient Discharge Data. Additional data analysis by CARES. 2011. | 2011 |
| Housing \& Homelessness; <br> Poverty, Income <br> \& Employment | Cost Burden-Renters | Renters Spending 30\% or More of Household Income on Rent | U.S. Census Bureau, American Community Survey. 2012-2016. | $\begin{aligned} & 2012 \text { - } \\ & 2016 \end{aligned}$ |
| Housing \& Homelessness; <br>  <br> Employment | Cost Burdened Households | Percentage of households where housing costs exceed $30 \%$ of income | U.S. Census Bureau, American Community Survey. 2012-2016. | $\begin{aligned} & 2012 \text { - } \\ & 2016 \end{aligned}$ |
| Housing \& Homelessness; <br>  <br> Employment | Home Ownership | Percentage of self-reported homeowners | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
| Housing \& Homelessness; <br>  <br> Employment | Living in OwnerOccupied Housing | Percentage of homeowners | U.S. Census Bureau, American Community Survey. 2012-2016. | $\begin{aligned} & 2012 \text { - } \\ & 2016 \end{aligned}$ |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
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| Infectious Diseases | Acute Hepatitis <br> B Cases Rate | Incidence of acute Hepatitis B cases per 100,000 population | California Department of Public Health Immunization Branch. 2015 | 2015 |
| Infectious Diseases | Diphtheria, Tetanus, and Pertussis Vaccine (\% of All Kinder) | Percentage of kindergarten students who reported receiving the Diphtheria, Tetanus, and Pertussis Vaccine | California Department of Public Health, Kindergarten Immunization Assessment, 2015-2016 \& 2016-2017. | $\begin{aligned} & 2016- \\ & 2017 \end{aligned}$ |
| Infectious Diseases | Hepatitis B Vaccine (\% of All Kinder) | Percentage of kindergarten students who reported receiving the Hepatitis B Vaccine | California Department of Public Health, Kindergarten Immunization Assessment, 2015-2016 \& 2016-2017. | $\begin{aligned} & 2016 \text { - } \\ & 2017 \end{aligned}$ |
| Infectious Diseases | Kindergarteners with All Required Immunizations | Percentage of kindergarten students who reported receiving all required immunizations | California Department of Public Health, Kindergarten Immunization Assessment, 2015-2016 \& 2016-2017. | $\begin{aligned} & 2016 \text { - } \\ & 2017 \end{aligned}$ |
| Infectious Diseases | Kindergarteners with Overdue Immunizations | Percentage of kindergarten students who reported having overdue immunizations | California Department of Public Health, Kindergarten Immunization Assessment, 2015-2016 \& 2016-2017. | $\begin{aligned} & 2016 \text { - } \\ & 2017 \end{aligned}$ |
| Infectious Diseases | Measles, Mumps, and Rubella Vaccine (\% of All Kinder) | Percentage of kindergarten students who reported receiving Measles, Mumps, and Rubella Vaccine | California Department of Public Health, Kindergarten Immunization Assessment, 2015-2016 \& 2016-2017. | $\begin{aligned} & 2016- \\ & 2017 \end{aligned}$ |
| Infectious Diseases | Polio Vaccine (\% of All Kinder) | Percentage of kindergarten students who reported receiving the polio vaccine | California Department of Public Health, Kindergarten Immunization Assessment, 2015-2016 \& 2016-2017. | $\begin{aligned} & 2015 \text { - } \\ & 2016, \\ & 2016 \text { - } \\ & 2017 \end{aligned}$ |
| Infectious Diseases | Varicella Vaccine (\% of All Kinder) | Percentage of kindergarten students who reported receiving the varicella vaccine | California Department of Public Health, Kindergarten Immunization Assessment, 2015-2016 \& 2016-2017. | $\begin{aligned} & 2015 \text { - } \\ & 2016, \\ & 2016 \text { - } \\ & 2017 \end{aligned}$ |
| MAIN: Neighborhood \& Built Environment (Natural Environment/ Climate); Mental Health \& Well-Being (Tobacco/ Substance Use); Heart Disease/Stroke | Heart Disease Death Rate | Age-adjusted rate of death due to heart disease per 100,000 population per year | California Department of Public Health. 2014-2016. | $\begin{aligned} & 2014 \text { - } \\ & 2016 \end{aligned}$ |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE |
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| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
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| Mental Health \& WellBeing (Mental Health/ Emotional Well-Being) | ER Visit Rate: Mental Health Issues | Age-adjusted rate of Emergency Room visits due to mental health issues per 100,000 population | Office of Statewide Health Planning and Development. 2013-2015. | $\begin{aligned} & 2013- \\ & 2015 \end{aligned}$ |
| Mental Health \& WellBeing (Mental Health/ Emotional Well-Being) | Experienced Depressive <br> Symptoms (Average <br> Days/Month) | Average number of days per month that survey respondents reported that they felt sad, blue, or depressed | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
| Mental Health \& WellBeing (Mental Health/ Emotional Well-Being) | Experiencing Difficulty in Fear, Anxiety, or Panic | Percentage of survey respondents indicating they are experiencing difficulty in the area of fear, anxiety, or panic | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
| Mental Health \& WellBeing (Mental Health/ Emotional Well-Being) | Experiencing Difficulty in Getting Along with People Outside the Family | Percentage of survey respondents indicating they are experiencing difficulty in the area of getting along with people outside the family | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
| Mental Health \& WellBeing (Mental Health/ Emotional Well-Being) | Experiencing Difficulty in Isolation or Feelings of Loneliness | Percentage of survey respondents indicating they are experiencing difficulty in the area of isolation or feelings of loneliness | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
| Mental Health \& WellBeing (Mental Health/ Emotional Well-Being) | Experiencing Difficulty in Relationships with Family Members | Percentage of survey respondents indicating they are experiencing difficulty in relationships with family members | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
| Mental Health \& WellBeing (Mental Health/ Emotional Well-Being) | Felt Worried/Tense/ Anxious (Average Days/Month) | Average number of days per month that survey respondents reported feeling worried, tense, or anxious | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
| Mental Health \& WellBeing (Mental Health/ Emotional Well-Being) | Frequent Mental Distress | Percentage of adults reporting 14 or more days of poor mental health per month | Behavioral Risk Factor Surveillance System. 2016. | 2016 |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
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| Mental Health \& WellBeing (Mental Health/ Emotional Well-Being) | Have Ever Felt Depressed for 2 Years or More | Percentage of survey respondents answering "yes" when asked "Have you had two years or more in your life when you felt depressed or sad most days, even if you felt OK sometimes?" | San Mateo County Health, Health and Quality of Life Survey. 2018. <br> Benchmark: Behavioral Risk Factor <br> Surveillance System. 2016. | 2016, 2018 |
| Mental Health \& WellBeing (Mental Health/ Emotional Well-Being) | High Stress on Typical Day | Percentage of survey respondents identifying their stress level as "high" on a "typical" day | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
| Mental Health \& WellBeing (Mental Health/ Emotional Well-Being) | History of Mental Health Issues | Percentage of survey respondents who reported a history of problems with mental/ emotional illness | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
| Mental Health \& WellBeing (Mental Health/ Emotional Well-Being) | Importance of Spirituality | Percentage of survey respondents who answered, "Very important" when asked, "How important is spirituality in your life?" | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
| Mental Health \& WellBeing (Mental Health/ Emotional Well-Being) | Insufficient Sleep | Percentage of adults who report fewer than 7 hours of sleep on average | San Mateo County Health, Health and Quality of Life Survey. 2018. <br> Benchmark: Behavioral Risk Factor Surveillance System. 2016. | 2016, 2018 |
| Mental Health \& WellBeing (Mental Health/ Emotional Well-Being) | Level of Stress | Percentage of survey respondents reporting various levels of stress during their typical day | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
| Mental Health \& WellBeing (Mental Health/ Emotional Well-Being) | Mental Health Emergency <br> Room Visit Rate (per 10,000 pop.) | Emergency room visits due to mental health, age-adjusted, per 10,000 population | California Office of Statewide Health Planning and Development, OSHPD Patient Discharge Data. 2013-2015. | $\begin{aligned} & 2013- \\ & 2015 \end{aligned}$ |
| Mental Health \& WellBeing (Mental Health/ Emotional Well-Being) | Needing Mental Health Care | Percentage of adults who self-report that there was ever a time during the past 12 months when they felt that they might need to see a professional because of problems with their mental health, emotions, nerves, or use of alcohol or drugs. | University of California Center for Health Policy Research, California Health Interview Survey. 2013-2014. | $\begin{aligned} & 2013 \text { - } \\ & 2014 \end{aligned}$ |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
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| Mental Health \& WellBeing (Mental Health/ Emotional Well-Being) | Seriously Considered Suicide | Percentage of adults aged 18 years and older that self-report having seriously thought about committing suicide | California Health Interview Survey. 2015-2016. | $\begin{aligned} & 2015- \\ & 2016 \end{aligned}$ |
| Mental Health \& WellBeing (Mental Health/ Emotional Well-Being) | Suicidal Ideation | Percentage of teen survey respondents who reported having suicidal thoughts | County of San Mateo, Board of Supervisors. Adolescent Report 2014-2015. | $\begin{aligned} & 2014 \text { - } \\ & 2015 \end{aligned}$ |
| Mental Health \& WellBeing (Mental Health/ Emotional Well-Being) | Suicide Death Rate | Age-adjusted rate of death due to intentional self-harm (suicide) per 100,000 population | National Vital Statistics System. 2011-2015. | $\begin{aligned} & 2011- \\ & 2015 \end{aligned}$ |
| Mental Health \& WellBeing (Mental Health/ Emotional Well-Being); General Health | Felt Healthy and Full of Energy (Average Days/Month) | Average number of days per month survey respondents indicated they felt healthy and full of energy | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
| Mental Health \& WellBeing (Mental Health/ Emotional Well-Being); General Health | Pain Interfered with Usual Activities (Average Days/Month) | Average number of days per month survey respondents indicated that pain made it hard for them to engage in their usual activities | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
| Mental Health \& WellBeing (Mental Health/ Emotional Well-Being); General Health | Poor Physical or Mental Health Interfered with Usual Activities (Average Days/Month) | Average number of days per month survey respondents indicated that poor physical or mental health made it hard for them to engage in their usual activities | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
| Mental Health \& Well- <br> Being (Mental Health/ <br> Emotional Well-Being; <br> Tobacco/Substance Use) | Deaths by Suicide, Drug, or Alcohol Poisoning (Rate) | Age-adjusted rate of death due to intentional self-harm (suicide), alcoholrelated disease, and drug overdoses per 100,000 population | National Vital Statistics System. 2011-2015. | $\begin{aligned} & 2011- \\ & 2015 \end{aligned}$ |
| Mental Health \& Well-Being (Tobacco/ Substance Use) | Alcohol-Current Drinker ${ }^{11}$ QoL $+2{ }^{24}$ | Percentage of survey respondents who reported that they have had one or more drinks in the past month. | San Mateo County Health, Health and Quality of Life Survey. 2018. <br> Benchmark: Behavioral Risk Factor Surveillance System. 2016. | 2016,2018 |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
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|  <br> Well-Being (Tobacco/ <br> Substance Use) | Ambulance Transport, Behavioral Health | Percentage of all ambulance transports initiated by a call to 911 in which behavioral health issues were the primary impression (main reason for the call) | County of San Mateo Emergency Medical Services. 911 Calls. 2016-2017. | $\begin{aligned} & 2016- \\ & 2017 \end{aligned}$ |
|  <br> Well-Being (Tobacco/ <br> Substance Use) | Ambulance Transport, Toxicological Issues | Percentage of all ambulance transports initiated by a call to 911 in which toxicological issues (accidental or intentional poisoning by alcohol, drugs, or other toxins) were the primary impression (main reason for the call) | County of San Mateo Emergency Medical Services. 911 Calls. 2016-2017. | $\begin{aligned} & 2016 \text { - } \\ & 2017 \end{aligned}$ |
|  <br> Well-Being (Tobacco/ <br> Substance Use) | Chronic Liver Disease and Cirrhosis Death Rate | Chronic liver disease and cirrhosis ageadjusted death rate per 100,000 population | California Department of Public Health: 2010-2015 Death Records. | $\begin{aligned} & 2013 \text { - } \\ & 2015 \end{aligned}$ |
| Mental Health \& Well-Being (Tobacco/ Substance Use) | Coping and Drug Use, Youth | Percentage of youth who engaged in positive coping strategies, based on selfreported drug use | County of San Mateo, Board of Supervisors. Adolescent Report 2014 - 2015. | $\begin{aligned} & 2014 \text { - } \\ & 2015 \end{aligned}$ |
|  <br> Well-Being (Tobacco) <br> Substance Use) | Effective Drug/Alcohol Prevention, Youth | Percentage of teen survey respondents who reported that their schools provided effective drug and alcohol prevention services | County of San Mateo, Board of Supervisors. Adolescent Report 2014-2015. | $\begin{aligned} & 2014 \text { - } \\ & 2015 \end{aligned}$ |
|  <br> Well-Being (Tobacco/ <br> Substance Use) | Form of Marijuana Use | Percentage of survey respondents who indicated they had used each of various forms of marijuana | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
|  <br> Well-Being (Tobacco/ <br> Substance Use) | Other Drugs | Percentage of survey respondents who reported having used any illicit drugs | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
|  <br> Well-Being (Tobacco/ <br> Substance Use) | Recent Marijuana Use | Percentage of survey respondents who reported that they had used marijuana in the past month | San Mateo County Health, Behavioral Health and Recovery Services. Knowledge, Attitudes, and Behaviors Regarding Marijuana. 2016. | 2016 |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE |
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| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
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| Neighborhood \& Built <br> Environment (Access <br> to Food/Recreation); <br> Healthy Lifestyles <br> (Diabetes; Diet, Fitness <br> \& Nutrition; Obesity) | Lack of Healthy Food Stores | Percentage of the population that do not live in close proximity to a large grocery store or supermarket | U.S. Department of Agriculture. USDA Food Access Research Atlas. 2014. | 2014 |
| Neighborhood \& Built Environment (Access to Food/Recreation); Heart Disease/Stroke; Healthy Lifestyles (Diabetes; Diet, Fitness \& Nutrition; Obesity) | Recreation and Fitness <br> Facilities Rate | Recreation and fitness facilities, rate (per 100,000 population) | U.S. Census Bureau, County Business Patterns. Additional data analysis by CARES. 2016. | 2016 |
| Neighborhood \& Built <br> Environment (Access to Food/Recreation); Healthy Lifestyles (Diabetes; Diet, Fitness \& Nutrition; Obesity) | WIC-Authorized Food Stores Rate | This indicator reports the number of food stores and other retail establishments per 100,000 population that are authorized to accept WIC Program (Special Supplemental Nutrition Program for Women, Infants, and Children) benefits and that carry designated WIC foods and food categories | U.S. Department of Agriculture, Economic Research Service, USDA-Food Environment Atlas. 2011. | 2011 |
| Neighborhood \& Built <br> Environment (Access <br> to Food/Recreation; <br> Community Infrastructure <br> \& Housing Quality); <br> Healthy Lifestyles <br> (Diabetes); Oral/ <br> Dental Health | Drinking Water Violations | Presence or absence of health-based violations in community water systems over a specified time frame | Safe Drinking Water Information System. 2015. | 2015 |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
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| Neighborhood \& Built <br> Environment (Access <br> to Food/Recreation; <br> Community Infrastructure <br> \& Housing Quality; <br> Natural Environment/ <br> Climate; Transportation <br> \& Traffic); Healthy <br> Lifestyles (Diet, Fitness <br> \& Nutrition; Obesity) | Public Transit Stops | Percentage of the population living within 0.5 miles of a transit stop | EPA Smart Location Database. 2013. | 2013 |
| Neighborhood \& Built Environment (Access to Food/Recreation; Transportation \& Traffic); Heart Disease/Stroke; Healthy Lifestyles (Diabetes; Diet, Fitness \& Nutrition; Obesity) | Walkable Destinations | Percentage of the population that live in close proximity to a park, playground, library, museum or other destination of interest | Center for Applied Research and <br> Environmental Systems. 2012-2015. | $\begin{aligned} & 2012- \\ & 2015 \end{aligned}$ |
| Neighborhood \& Built <br> Environment (Community \& Family Safety) | All Violent Crimes Rate | Violent crime rate (per 100,000 population) | Federal Bureau of Investigation, FBI Uniform Crime Reports. Additional analysis by the National Archive of Criminal Justice Data. Accessed via the Inter-university Consortium for Political and Social Research. 2012-2014. | $\begin{aligned} & 2012 \text { - } \\ & 2014 \end{aligned}$ |
| Neighborhood \& Built Environment (Community \& Family Safety) | Assault (Crime) Rate | Assault injuries, rate per 100,000 population | Federal Bureau of Investigation, FBI Uniform Crime Reports. Additional analysis by the National Archive of Criminal Justice Data. Accessed via the Inter-university Consortium for Political and Social Research. 2012-2014. | $\begin{aligned} & 2012- \\ & 2014 \end{aligned}$ |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
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| Neighborhood \& Built Environment (Community \& Family Safety) | Assault (Injury) Rate | Assault Injuries, Rate per 100,000 Population | California Department of Public Health, California EpiCenter. 2013-14. | $\begin{aligned} & 2013- \\ & 2014 \end{aligned}$ |
| Neighborhood \& Built Environment (Community \& Family Safety) | Crime in Neighborhood Is Getting Much/a Little Worse | Percentage of survey respondents indicating that the problem of crime in their neighborhood over the past two years has gotten much/a little worse | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
| Neighborhood \& Built Environment (Community \& Family Safety) | Domestic Violence Hospitalizations Rate | Rate of non-fatal hospitalizations for domestic violence incidents among females aged 10 years and older per 100,000 population | California EpiCenter. 2013-2014. | $\begin{aligned} & 2013 \text { - } \\ & 2014 \end{aligned}$ |
| Neighborhood \& Built Environment (Community \& Family Safety) | Handling Conflict | Percentage of teen respondents who did not know nonviolent ways to deal with conflict | County of San Mateo, Board of Supervisors. Adolescent Report 2014-2015. | $\begin{aligned} & 2014 \text { - } \\ & 2015 \end{aligned}$ |
| Neighborhood \& Built Environment (Community \& Family Safety) | Juvenile Arrest Rate | Arrests of individuals under age 18 per 100,000 | County of San Mateo, Board of Supervisors. Adolescent Report 2014-2015. | $\begin{aligned} & 2014 \text { - } \\ & 2015 \end{aligned}$ |
| Neighborhood \& Built Environment (Community \& Family Safety) | Juvenile Felony Arrests | Percentage of arrests of individuals under age 18 for felonies | County of San Mateo, Board of Supervisors. <br> Adolescent Report 2014-2015. | $\begin{aligned} & 2014 \text { - } \\ & 2015 \end{aligned}$ |
| Neighborhood \& Built Environment (Community \& Family Safety) | Neighborhood Safety Is Fair/Poor | Percentage of survey respondents who rated the safety, security, and crime control in their neighborhood to be fair or poor | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
| Neighborhood \& Built Environment (Community \& Family Safety) | Rape (Crime) Rate | Rape rate (per 100,000 population) | Federal Bureau of Investigation, FBI Uniform Crime Reports. Additional analysis by the National Archive of Criminal Justice Data. Accessed via the Inter-university Consortium for Political and Social Research. 2012 - 2014. | $\begin{aligned} & 2012 \text { - } \\ & 2014 \end{aligned}$ |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
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| Neighborhood \& Built Environment (Community \& Family Safety) | Robbery (Crime) Rate | Robbery rate (per 100,000 population) | Federal Bureau of Investigation, FBI Uniform Crime Reports. Additional analysis by the National Archive of Criminal Justice Data. Accessed via the Inter-university Consortium for Political and Social Research. 2012-2014. | $\begin{aligned} & 2013- \\ & 2014 \end{aligned}$ |
| Neighborhood \& Built <br> Environment (Community <br> \& Family Safety) | Youth Experiencing Bullying, Prevalence | Percentage of public school students in grades $7,9,11$, and nontraditional students reporting whether in the past 12 months they have been harassed or bullied at school for any reason | California Department of Education, California Healthy Kids Survey and California Student Survey (WestEd). 2011-2013. | $\begin{aligned} & 2011- \\ & 2013 \end{aligned}$ |
| Neighborhood \& Built Environment (Community \& Family Safety) | Youth Intentional Injury Rate | Intentional injuries, rate per 100,000 population (youth ages 10-19) | California Department of Public Health, California EpiCenter. 2013-14. | $\begin{aligned} & 2013- \\ & 2014 \end{aligned}$ |
| Neighborhood \& Built <br> Environment (Community <br> \& Family Safety); <br> Education \& Literacy | Truancy | Percentage of students who reported being truant during the school year | County of San Mateo, Board of Supervisors. Adolescent Report 2014-2015. | $\begin{aligned} & 2014 \text { - } \\ & 2015 \end{aligned}$ |
| Neighborhood \& Built <br> Environment (Community <br> \& Family Safety); <br> Mental Health \& Well- <br> Being (Mental Health/ <br> Emotional Well-Being) | Absenteeism Due to Cyberbullying | Percentage of youth who reported being bullied or harassed via the internet, who missed one or more days of school in the past month | County of San Mateo, Board of Supervisors. Adolescent Report 2014-15. | $\begin{aligned} & 2014 \text { - } \\ & 2015 \end{aligned}$ |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
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| Neighborhood \& Built Environment (Community \& Family Safety); Mental Health \& Well-Being (Tobacco/Substance Use); Cancer; Heart Disease/ Stroke; Unintended Injuries/Accidents | Alcohol-Binge Drinker | Percentage of survey respondents who reported that they have had 5 or more drinks on an occasion (men) or 4 or more drinks on an occasion (women) | San Mateo County Health, Health and Quality of Life Survey. 2018. Benchmark: Behavioral Risk Factor Surveillance System. 2016. | 2016, 2018 |
| Neighborhood \& Built Environment (Community \& Family Safety); <br> Mental Health \& Well- <br> Being (Mental Health/ <br> Emotional Well-Being) | Cyberbullying | Percentage of youth who reported being bullied or harassed via the internet | County of San Mateo, Board of Supervisors. Adolescent Report 2014-2015. | $\begin{aligned} & 2014- \\ & 2015 \end{aligned}$ |
| Neighborhood \& Built Environment (Community \& Family Safety); <br> Mental Health \& Well- <br> Being (Mental Health/ <br> Emotional Well-Being) | Domestic Violence Rate | Domestic violence injuries, rate per 100,000 population (females ages $10+$ ) | California Department of Public Health, California EpiCenter. 2013 - 2014. | $\begin{aligned} & 2013- \\ & 2014 \end{aligned}$ |
| Neighborhood \& Built Environment (Community \& Family Safety); <br> Mental Health \& WellBeing (Mental Health/ Emotional Well-Being) | Homicide Rate | Number of deaths due to homicide per 100,000 population | CDC WONDER mortality data. 2010-2016. | $\begin{aligned} & 2010- \\ & 2016 \end{aligned}$ |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
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| Neighborhood \& Built Environment (Community \& Family Safety); Mental Health \& WellBeing (Mental Health/ Emotional Well-Being) | Perception of Safety, Youth | Percentage of teen survey respondents who reported feeling safe in their community | County of San Mateo, Board of Supervisors. Adolescent Report 2014 - 2015. | $\begin{aligned} & 2014 \\ & 2015 \end{aligned}$ |
| Neighborhood \& Built Environment (Community \& Family Safety); Mental Health \& WellBeing (Mental Health/ Emotional Well-Being) | Witnessing Violence at School | Percentage of teen survey respondents who reported seeing violence at their schools | County of San Mateo, Board of Supervisors. Adolescent Report 2014-2015. | $\begin{aligned} & 2014- \\ & 2015 \end{aligned}$ |
| Neighborhood \& Built Environment (Community \& Family Safety); Mental Health \& WellBeing (Mental Health/ Emotional Well-Being) | Witnessing Violence in Community | Percentage of teen survey respondents who reported seeing violence in their community | County of San Mateo, Board of Supervisors. Adolescent Report 2014 - 2015. | $\begin{aligned} & 2014- \\ & 2015 \end{aligned}$ |
| Neighborhood \& Built Environment (Community \& Family Safety); <br> Mental Health \& Well- <br> Being (Mental Health/ <br> Emotional Well-Being) | Youth Intentional Self-Harm-ER Visits (per 10,000 pop.) | Emergency department visit rate per 10,000 for intentional self-harm in youth $\leq 18$ years old | California Office of Statewide Health and Planning (OSPHD). 2014. | 2014 |
| Neighborhood \& Built Environment (Community \& Family Safety); Social \& Community Context; Mental Health \& Well Being (Mental Health/ Emotional Well-Being) | Community <br> Connectedness-Feel <br> Not Very or Not at <br> All Connected | Percentage of survey respondents who reported that they felt not very or not at all connected to their community | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
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| Neighborhood \& Built <br> Environment (Community \& Family Safety); <br> Social \& Community Context; Mental Health \& Well-Being (Mental Health/Emotional WellBeing); Unintended Injuries/Accidents | Disconnected Youth | Percentage of teens and young adults ages $16-24$ who are neither working nor in school | Measure of America. 2010-2014. | $\begin{aligned} & 2010 \text { - } \\ & 2014 \end{aligned}$ |
| Neighborhood \& Built Environment (Community \& Family Safety); Social \& Community Context | Parent/Family Supervises Child After School | Percentage of survey respondents with at least one child under the age of 18 living with them, who reported that a parent or family member supervises their child after school | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
|  <br> Built Environment <br> (Community \& Family <br> Safety); Unintended <br> Injuries/Accidents | Firearm Kept in or Around Home | Percentage of survey respondents answering "yes" when asked, "Do you have a firearm kept in or around the home (including garage, outdoor storage area, truck, or car)?" | San Mateo County Health, Health and Quality of Life Survey. 2018. <br> Benchmark: Behavioral Risk Factor <br> Surveillance System. 2016. | 2016,2018 |
|  <br> Built Environment <br> (Community \& Family <br> Safety); Unintended <br> Injuries/Accidents | Firearm-Related Death Rate | Number of deaths due to firearms per 100,000 population | CDC WONDER mortality data. 2012-2016. | $\begin{aligned} & 2012- \\ & 2016 \end{aligned}$ |
|  <br> Built Environment <br> (Community \& Family <br> Safety); Unintended <br> Injuries/Accidents | Injury Deaths Rate | Number of deaths due to injury per 100,000 population | CDC WONDER mortality data. 2012-2016. | $\begin{aligned} & 2012- \\ & 2016 \end{aligned}$ |


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|  <br> Built Environment <br> (Community \& Family <br>  <br> Traffic); Mental Health <br> \& Well-Being (Tobacco/ <br> Substance Use); | Liquor Store Access Rate | Liquor stores, rate <br> (per 100,000 population) | U.S. Census Bureau, County Business <br> Cancer; Heart Disease/ <br> Stroke; Unintended <br> Injuries/Accidents |  |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
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| Neighborhood \& Built <br> Environment (Natural <br> Environment/Climate) | Climate \& Health-Heat Stress Events | Heat-related Emergency Department Visits, Rate per 100,000 Population | California Department of Public Health, California Department of Public HealthTracking. 2005-2012. | $\begin{aligned} & 2005- \\ & 2012 \end{aligned}$ |
| Neighborhood \& Built <br> Environment (Natural <br> Environment/Climate) | Climate-Related Mortality Impacts | Median estimated economic impacts from changes in all-cause mortality rates, across all age groups, as a percentage of county GDP | Climate Impact Lab. 2016. | 2016 |
| Neighborhood \& Built Environment (Natural Environment/Climate) | Flood Vulnerability | Estimated number of housing units within the special flood hazard area (SFHA) per county | National Flood Hazard Layer. 2011. | 2011 |
|  <br> Built Environment <br> (Natural Environment/ <br>  <br> Respiratory Conditions | Asthma Prevalence, Adults | Percentage of the adult population with asthma | San Mateo County Health, Health and Quality of Life Survey. 2018. <br> Benchmark: Behavioral Risk Factor Surveillance System. 2016. | 2016, 2018 |
|  <br> Built Environment (Natural Environment/ Climate); Asthma \& Respiratory Conditions | Asthma Prevalence, Children/Youth | Percentage of children and teens with asthma | San Mateo County Health, Health and Quality of Life Survey. 2018. <br> Benchmark: Behavioral Risk Factor Surveillance System. 2016. | 2016, 2018 |
|  <br> Built Environment (Natural Environment/ Climate); Asthma \& Respiratory Conditions | Pediatric Asthma Hospitalizations Rate (per 10,000 pop.) | Age-adjusted hospitalization rate (per 10,000 population) due to pediatric asthma | California Office of Statewide Health Planning and Development, OSHPD Patient Discharge Data. 2013-2015. | $\begin{aligned} & 2013- \\ & 2015 \end{aligned}$ |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
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| Neighborhood \& Built Environment (Natural Environment/Climate); Mental Health \& Well-Being (Tobacco/ Substance Use); Heart Disease/Stroke | Heart Disease Prevalence | Percentage of adults aged 18 and older that self-report having been diagnosed with heart disease by a doctor | California Health Interview Survey. 2014. | 2014 |
| Neighborhood \& Built <br> Environment (Natural <br> Environment/Climate); <br> Mental Health \& Well- <br> Being (Tobacco/Substance <br> Use); Birth Outcomes | Low Birth Weight | Percentage of total births that are low birth weight (under 2,500 grams) | National Center for Health Statistics- <br> Natality files. 2010-2016. <br> Data without benchmark: San Mateo County Health, 2010-2015. | $\begin{aligned} & 2010 \text { - } \\ & 2016 \end{aligned}$ |
| Neighborhood \& Built Environment (Natural Environment/Climate; Transportation \& Traffic); Asthma \& Respiratory Conditions | Air Quality-Ozone (O3) | Percentage of days per year with ozone (O3) levels above the National Ambient Air Quality Standard of 75 parts per billion (ppb) | National Environmental Public Health Tracking Network. 2014. | 2014 |
| Neighborhood \& Built <br> Environment (Natural <br> Environment/Climate; <br> Transportation \& Traffic); <br> Asthma \& Respiratory <br> Conditions; Cancer | Air Quality-Particulate Matter 2.5 | Percentage of days per year with fine particulate matter 2.5 (PM2.5) levels above the National Ambient Air Quality Standard of 35 micrograms per cubic meter | National Environmental Public Health Tracking Network. 2014. | 2014 |
| Neighborhood \& Built <br> Environment (Natural <br> Environment/Climate; <br> Transportation \& Traffic); <br> Healthy Lifestyles <br>  <br> Nutrition; Obesity) | Commute to WorkAlone in Car | Percentage of workers commuting by car, alone | U.S. Census Bureau, American Community Survey. 2012-2016. | $\begin{aligned} & 2012 \text { - } \\ & 2016 \end{aligned}$ |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
| :---: | :---: | :---: | :---: | :---: |
| Neighborhood \& Built <br> Environment (Natural <br> Environment/Climate; <br> Transportation \& Traffic); <br> Healthy Lifestyles <br>  <br> Nutrition; Obesity) | Commute to WorkBy Public Transit | Percentage of workers commuting by public transit | U.S. Census Bureau, American Community Survey. 2012-2016. | $\begin{aligned} & 2012- \\ & 2016 \end{aligned}$ |
| Neighborhood \& Built <br> Environment (Natural <br> Environment/Climate; <br> Transportation \& Traffic); <br> Healthy Lifestyles <br>  <br> Nutrition; Obesity) | Driving Alone to Work, Long Distances | Percentage of the civilian noninstitutionalized population with long commutes to work, over 60 minutes each direction | U.S. Census Bureau, American Community Survey. 2012-2016. | $\begin{aligned} & 2012 \text { - } \\ & 2016 \end{aligned}$ |
| Neighborhood \& Built <br> Environment (Natural <br> Environment/Climate; <br>  <br>  <br> Respiratory Conditions | Respiratory Hazard Index (score) | Respiratory Hazard Index, for which scores greater than 1.0 mean respiratory pollutants are likely to increase risk of non-cancer adverse health effects over a lifetime | EPA National Air Toxics Assessment. 2011. | 2011 |
|  <br> Built Environment <br> (Transportation \& Traffic) | Reliability of Public Transit | Percentage of survey respondents reporting they could rely on public transit to get to work, appointments, and shopping | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
|  <br> Built Environment <br> (Transportation \& Traffic); <br> Housing \& Homelessness | Future Cost of Living | Estimated percentage of annual income that households will spend on housing and transportation | Get Healthy San Mateo County. Food Insecurity in San Mateo County. End Hunger Workgroup, October 14, 2016. | 2016 |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
| :---: | :---: | :---: | :---: | :---: |
| Neighborhood \& Built Environment (Transportation \& Traffic); Unintended Injuries/Accidents | Motor Vehicle Accidents | Number of injuries due to motor vehicle collisions | County of San Mateo Emergency Medical Services. 2016-2017. | $\begin{aligned} & 2016- \\ & 2017 \end{aligned}$ |
|  <br> Built Environment (Transportation \& Traffic); Unintended Injuries/Accidents | Motor Vehicle Crash Death Rate | Number of motor vehicle crash deaths per 100,000 population | CDC WONDER mortality data. 2010-2016. <br> Data without benchmark: County of San <br> Mateo Emergency Medical Services. <br> 2016-2017. | $\begin{aligned} & 2010 \text { - } \\ & 2016, \\ & 2016- \\ & 2017 \end{aligned}$ |
| Neighborhood \& Built Environment (Transportation \& Traffic); Unintended Injuries/Accidents | Pedestrian Accident Death Rate | Pedestrian accident, age-adjusted mortality rate (per 100,000 population) | University of Missouri, Center for Applied Research and Environmental Systems. California Department of Public Health, California Department of Public HealthDeath Public Use Data. 2010-2012. | $\begin{aligned} & 2010 \text { - } \\ & 2012 \end{aligned}$ |
| Oral/Dental Health | Have No Dental Insurance Coverage That Pays for Some or All of Routine Dental Care | Percentage of survey respondents answering "no" when asked, "Do you have any kind of dental insurance coverage that pays for some or all of your routine dental care, including dental insurance, prepaid plans such as HMOs , or government plans such as Health Plan of San Mateo/MediCal?" | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
| Oral/Dental Health | Poor Dental Health | Percent adults with poor dental health | Centers for Disease Control and Prevention, Behavioral Risk Factor Surveillance System. Additional data analysis by CARES. 2006-2010. | $\begin{aligned} & 2006- \\ & 2010 \end{aligned}$ |
| Oral/Dental Health; Healthcare Access \& Delivery | Lack of Insurance <br> Prevented Dental Care | Percentage of survey respondents indicating that they or a family member(s) have dental problems they cannot take care of because of a lack of insurance | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
| :---: | :---: | :---: | :---: | :---: |
| Poverty, Income \& Employment | Children Below 100\% FPL | Percent Population Under Age 18 in Poverty | U.S. Census Bureau, American Community Survey. 2012-2016. | $\begin{aligned} & 2012- \\ & 2016 \end{aligned}$ |
| Poverty, Income \& Employment | Households with No Vehicle | Percentage of households with no motor vehicle | U.S. Census Bureau, American Community Survey. 2012-2016. | $\begin{aligned} & 2012- \\ & 2016 \end{aligned}$ |
| Poverty, Income \& Employment | Median Household Income | Median Household Income is the income where half of households in a county earn more and half of households earn less | Small Area Income and Poverty Estimates. 2016. | 2016 |
| Poverty, Income \& Employment | Persons Under 18 in Poverty | Percentage of children under age 18 in poverty | Small Area Income and Poverty Estimates. 2016. | 2016 |
| Poverty, Income \& Employment | Population Below 100\% FPL | Percentage of the population living in households with income below the Federal Poverty Level (FPL) | U.S. Census Bureau, American Community Survey. 2012-2016. | $\begin{aligned} & 2012- \\ & 2016 \end{aligned}$ |
| Poverty, Income \& Employment | Population Below 200\% FPL | Percentage of population with income at or below 200\% FPL | U.S. Census Bureau, American Community Survey. 2012-2016. <br> Trend: San Mateo County Health, Health and Quality of Life Survey. 2018. | $\begin{aligned} & 2012- \\ & 2016,2018 \end{aligned}$ |
| Poverty, Income \& Employment | Unemployment Rate | Percentage of the civilian noninstitutionalized population age 16 and older that is unemployed (non-seasonally adjusted) | U.S. Department of Labor, Bureau of Labor Statistics. 2018-March. | 2018 |
|  <br>  <br> Community Context | Income Inequality (Gini Coefficient) | This indicator reports income inequality using the Gini coefficient. Gini index values range between zero and 1. A value of 1 indicates perfect inequality where only 1 household has any income. A value of zero indicates perfect equality, where all households have equal income. | US Census Bureau, American Community Survey. 2012-2016. | $\begin{aligned} & 2012 \text { - } \\ & 2016 \end{aligned}$ |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
| :---: | :---: | :---: | :---: | :---: |
| Poverty, Income \& Employment; Social \& Community Context | Opportunity Index (score $1-100)$ | Opportunity Index score, a measure of community well-being, for which scores range between O (indicating no opportunity) and 100 (indicating maximum opportunity) | Opportunity Nation. 2017. | 2017 |
| Poverty, Income \& Employment | Childcare Arrangement Has Made It Easier for Parent to Accept a Better Job | Percentage of survey respondents with at least 1 child under the age of 18 living at home, who reported that their childcare arrangement has made it easier for them to accept a better job | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
| Poverty, Income \& Employment | Childcare Arrangement Has Made It Easier for Parent to Accept a Job | Percentage of survey respondents with at least 1 child under the age of 18 living at home, who reported that their childcare arrangement has made it easier for them to accept a job | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
| Poverty, Income \& Employment | Childcare Arrangement Has Made It Easier for Parent to Keep a Job | Percentage of survey respondents with at least 1 child under the age of 18 living at home, who reported that their childcare arrangement has made it easier for them to keep a job | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
| Poverty, Income \& Employment | Family's Financial Situation Is Fair/Poor | Percentage of survey respondents who rated as fair or poor their personal or family's financial situation, in terms of being able to afford adequate food and housing, and to pay the bills they currently have | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
| Poverty, Income \& Employment | Family's Financial Situation Is Somewhat/Much Worse than Prior Year | Percentage of survey respondents who indicated that, compared to a year ago, they and their family are financially somewhat or much worse | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
| Poverty, Income \& Employment | Local Employment Opportunities Are Fair/Poor | Percentage of survey respondents who considered the employment opportunities that exist in this area to be fair or poor | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
| :---: | :---: | :---: | :---: | :---: |
| Poverty, Income, \& Employment | Self-Sufficiency Standard, Single Parent Family | The self-sufficiency standard (dollar amount) for a single parent with 2 children (1 preschool-aged and 1 school-aged) in San Mateo County in 2014 | Insight Center for Community Economic Development, 2014. | 2014 |
| Sexually Transmitted Infections | Chlamydia Cases (Incidence) Rate | Chlamydia cases (incidence) rate per 100,000 population | California Department of Public Health, Sexually Transmitted Diseases Control Branch. 2016. | 2016 |
| Sexually Transmitted Infections | Early Latent Syphilis Cases (Incidence) Rate | Early latent syphilis cases (incidence) rate per 100,000 population | California Department of Public Health, Sexually Transmitted Diseases Control Branch. 2016. | 2016 |
| Sexually Transmitted Infections | Early Syphilis Rates (Men) | Early syphilis rates (primary, secondary, early latent) | Trend: San Mateo County Health. 2016. | 2016 |
| Sexually Transmitted Infections | Gonorrhea Cases (Incidence) Rate | Gonorrhea cases (incidence) rate per 100,000 population | California Department of Public Health, Sexually Transmitted Diseases Control Branch. 2016. | 2016 |
| Sexually Transmitted Infections | HIV Hospitalizations Rate | Age-adjusted discharge rate (per 10,000 population) for HIV | California Office of Statewide Health Planning and Development, OSHPD Patient Discharge Data. Additional data analysis by CARES. 2011. | 2011 |
| Sexually Transmitted Infections | HIV Prevalence | Number of persons ages 13 years and older living with a diagnosis of human immunodeficiency virus (HIV) infection per 100,000 population. | National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention. 2015. | 2015 |
| Sexually Transmitted Infections | HIV/AIDS Deaths Rate | Rate of death due to HIV and AIDS per 100,000 population | National Vital Statistics System. 2008-2014. | $\begin{aligned} & 2008- \\ & 2014 \end{aligned}$ |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
| :---: | :---: | :---: | :---: | :---: |
| Sexually Transmitted Infections | No HIV Screening | Percentage of adults ages 18-70 who selfreport that they have never been screened for HIV | Centers for Disease Control and Prevention, Behavioral Risk Factor Surveillance System. Additional data analysis by CARES. 2011-2012. | 2011-2012 |
| Sexually Transmitted Infections | Primary \& Secondary Syphilis Cases (Incidence) Rate | Primary \& secondary syphilis cases (incidence) rate per 100,000 population | California Department of Public Health, Sexually Transmitted Diseases Control Branch. 2016. | 2016 |
| Social \& Community Context | Community Is Fair/Poor Place to Live | Percentage of survey respondents who rated their community as a fair or poor place to live | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
| Social \& Community Context | Ethnic DiscriminationEmotional Upset | Percentage of survey respondents who answered "yes" when asked, "Within the past 30 days, have you felt emotionally upsetfor example, angry, sad, or frustrated-as a result of how you were treated based on your race?" | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
| Social \& Community Context | Ethnic DiscriminationPhysical Symptoms | Percentage of survey respondents who answered "yes" when asked, "Within the past 30 days, have you experienced any physical symptoms-for example, a headache, an upset stomach, tensing of your muscles, or a pounding heart-as a result of how you were treated based on your race?" | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
| Social \& Community Context | LGBTQ | Percentage of survey respondents who identified as gay, lesbian, or bisexual | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
| :---: | :---: | :---: | :---: | :---: |
| Social \& Community Context | Residential Segregation Index-Black/White (score $0-100)$ | Residential Segregation is the index of dissimilarity where higher values indicate greater residential segregation between black and white county residents. The residential segregation index ranges from 0 (complete integration) to 100 (complete segregation) | U.S. Census Bureau, American Community Survey. 2012-2016. | $\begin{aligned} & 2012- \\ & 2016 \end{aligned}$ |
| Social \& Community Context | Residential Segregation Index-Non-White/White (score 0-100) | Residential segregation is the index of dissimilarity where higher values indicate greater residential segregation between nonwhite and white county residents. <br> The residential segregation index ranges from 0 (complete integration) to 100 (complete segregation) | U.S. Census Bureau, American Community Survey. 2012-2016. | $\begin{aligned} & 2012- \\ & 2016 \end{aligned}$ |
| Social \& Community Context | Trust Local Government Seldom/Never | Percentage of survey respondents who indicated that they seldom or never trusted local government to work for the best interest of their community. | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |
| Social \& Community <br> Context; Mental <br> Health \& Well-Being <br> (Mental Health/ <br> Emotional Well-Being) | Discrimination Due to Mental Health Problems, Youth | Likelihood of youth feeling discriminated against based on 1 or more mental health problems | County of San Mateo, Board of Supervisors. Adolescent Report 2014-2015. | $\begin{aligned} & 2014- \\ & 2015 \end{aligned}$ |
| Social \& Community <br> Context; Mental <br> Health \& Well-Being <br> (Mental Health/ <br> Emotional Well-Being) | Community Tolerance for Racial/Cultural Differences Is Fair/Poor | Percentage of survey respondents who rated their community's tolerance for racial/ cultural differences as fair or poor | San Mateo County Health, Health and Quality of Life Survey. 2018. | 2018 |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE |
| :--- | :--- | :--- | :--- | :--- |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
| :---: | :---: | :---: | :---: | :---: |
| STD | Chlamydia Incidence Amount Youth Age 10-19 (per 100,000) | Number of chlamydia infections per 100,000 youth ages $10-19$ | California Dept. of Public Health, Sexually Transmitted Diseases Data; California Dept. of Finance, Race/Ethnic Population with Age and Sex Detail, 2000-2010, 2010-2060; Centers for Disease Control and Prevention, Sexually Transmitted Diseases Data \& Statistics; U.S. Census Bureau, Population Estimates Program, Estimates of the Resident Population by Sex \& Age for the United States, 2000-2010, 2010-2015. | 2015 |
| STD | Gonorrhea Incidence <br> Amount Youth Age 10-19 <br> (per 100,000) | Number of gonorrhea infections per 100,000 youth ages $10-19$ | California Dept. of Public Health, Sexually Transmitted Diseases Data; California Dept. of Finance, Race/Ethnic Population with Age and Sex Detail, 2000-2010, 2010-2060; Centers for Disease Control and Prevention, Sexually Transmitted Diseases Data \& Statistics; U.S. Census Bureau, Population Estimates Program, Estimates of the Resident Population by Sex \& Age for the United States, 2000-2010, 2010-2015. | 2015 |
| Unintended Injuries/ Accidents | Accidents (Unintentional Injuries) Death Rate | Accidents (unintentional injuries) rate per 100,000 population | California Department of Public Health: 2010-2015 Death Records. | $\begin{aligned} & 2013- \\ & 2015 \end{aligned}$ |


| HEALTH NEED | INDICATOR NAME | INDICATOR DESCRIPTION | DATA SOURCE | YEAR(S) |
| :---: | :---: | :---: | :---: | :---: |
| Unintended Injuries/ Accidents | Ambulance Transport, Trauma (Injury) | Percentage of all ambulance transports initiated by a call to 911 in which trauma (injury) was the primary impression (main reason for the call) | County of San Mateo Emergency Medical Services. 911 Calls. 2016-2017. | $\begin{aligned} & 2016- \\ & 2017 \end{aligned}$ |
| Unintended Injuries/ Accidents | Unintentional Drowning/ Submersion Death Rate | Unintentional deaths due to drownings/ submersions, rate per 100,000 population | California Department of Public Health EpiCenter California injury data online. 2013. | 2013 |
| Unintended Injuries/ Accidents | Unintentional Poisoning Death Rate | Unintentional poisoning deaths, rate per 100,000 population | California Department of Public Health EpiCenter California injury data online. 2013. | 2013 |
| Unintended Injuries/ Accidents; Oral/ Dental Health | Ambulance Transport, Toxicological Issues | Percentage of all ambulance transports initiated by a call to 911 in which toxicological issues (accidental or intentional poisoning by alcohol, drugs, or other toxins) were the primary impression (main reason for the call) | County of San Mateo Emergency Medical Services. 911 Calls. 2016-2017. | $\begin{aligned} & 2016- \\ & 2017 \end{aligned}$ |
| Unintentional Injury | Poisoning Hospitalizations, Children Ages 0-17 | Percentage of hospital discharges among children ages 0-17 for poisoning | Special tabulation by California Office of Statewide Health Planning and Development. 2017. | 2017 |

## Attachment 3: <br> Secondary Data Tables, Santa Clara County

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## Introduction

Although community health needs were determined based on all available data, the subset of data presented in these tables are those which are most related to children and youth. The tables are presented alphabetically, with the exception of "General Health," which is first under Health Conditions.

Health needs data found in the following tables were collected primarily from the publicly available Community Commons data platform. Other Santa Clara County Public Health Department data were reviewed and are noted in the report. Pertinent data points on health needs from these sources are included in the following data tables:

- 2017 Asian Pacific Islander report (API)
- 2016 Status of Children's Health Report (CR)
- 2015-20 Community Health AssessmentCommunity Health Improvement Plan (CHA)
- Status of African/African Ancestry Health: Santa Clara County 2014 Report (AAH)
- Selected public health statistics provided via email, January 2018 (PHD)
- Data from KidsData.org obtained December 2018 (KD)

Statistical data tables compare Santa Clara County data to California state benchmarks or Healthy People 2020 aspirational goals, whichever is more stringent.

## Definitions:

Incidence rate: Rate of new cases within a specific time period
Mortality rate: Rate of deaths from a given condition compared with a specified population
Prevalence: Proportion of a population with the aforementioned condition
Age-adjusted rate: Statistically modified rate that eliminates the effect of different age distributions in the populations

## Conventions:

- Core indicators are separated from drivers by a heavy border.
- Certain indicators are available by ethnicity, which shows disparities in certain populations. Those tables follow each of the overall health need tables if available.
- Rates are per 100,000 unless otherwise noted.
- If available, data are rounded to the nearest tenth-unless the data point is less than 1.0, in which case it is rounded to the nearest hundredth.
- Data in tables that are worse than benchmarks are boldfaced.
- Data that are $5 \%$ worse (not five percentage points, but five percent) than benchmarks are marked with a diamond $(\checkmark)$.
- Data where trends are available are denoted with the dagger $(\boldsymbol{\dagger})$ symbol.
- Indicator details, including the year and original source, may be found in "List of Data Indicators" (provided separately).
- In keeping with the 2015 African/African Ancestry report, we use the term "African/ African Ancestry" or "of African descent" to refer to all African people. Please note that the data sources from which ethnicity data are provided may use the terms "Black" and/or "African-American" in their surveys and studies. The term African/African Ancestry is more inclusive and emphasizes the connectedness of all African people.


## Social Determinants of Health

Health needs in the social determinants of health category are those which impact our health by way of our social and physical environments. The Healthy People 2020 framework organizes its research on social determinants of health in five domains:

1. Economic Stability
2. Education
3. Health and Health Care
4. Neighborhood and Built Environment
5. Social and Community Context

The data tables found in this section all pertain to domains 1 - 4.
Figure 1. Social Determinants of Health Domains


Adapted from HealthyPeople.gov

## Health Care Access and Delivery

Table 1. Statistical Data for Health Care Access and Delivery

| INDICATORS | SCC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :---: | :---: | :---: | :---: |
| Access to Dentists Rate ${ }^{+}$ | 109.0 | 80.2 | $\uparrow$ |
| Access to Mental Health Care Providers Rate | 272.4 | 280.6 | $\uparrow$ |
| Access to Primary Care Rate ${ }^{+}$ | 112.9 | 86.7 | $\uparrow$ |
| Children/Youth with Health Insurance Ages O-17KD | 98.5\% | 97.1\% | $\uparrow$ |
| Lack of Consistent Source of Primary Care | 11.6\% | 14.3\% | $\downarrow$ |
| Uninsured Population (2012-2016) | 7.7\% | 12.6\% | $\downarrow$ |
| Cancer Screening-Pap Test | 78.5\% | 78.3\% | $\uparrow$ |
| Children in Limited English-Speaking Households ${ }^{\text {KD }}$ | -11.3\% | 10.5\% | $\downarrow$ |
| Federally Qualified Health Centers Rate | -1.9 | 2.5 | $\uparrow$ |
| Health Professional Shortage Area-Dental | 0.0\% | 26.1\% | $\downarrow$ |
| Limited English Speaking Households | -10.6\% | 9.2\% | $\downarrow$ |
| Linguistically Isolated Households | -9.9\% | 8.6\% | $\downarrow$ |
| Living in Health Professional Shortage AreaPrimary Care | 0.0\% | 5.1\% | $\downarrow$ |
| Population Receiving Medicaid | 17.5\% | 25.6\% | $\downarrow$ |
| Population with Any Disability | 7.8\% | 10.6\% | $\downarrow$ |
| Population with Limited English Proficiency | -21.1\% | 18.8\% | $\downarrow$ |
| Students per School Nurse ${ }^{\text {KD }}$ | -2954:1 | 2502:1 | $\downarrow$ |
| Students per School Psychologist ${ }^{\text {KD }}$ | -1219:1 | 1124:1 | $\downarrow$ |
| Students per School Speech/Language/ Hearing Specialist ${ }^{\text {KD }}$ | 1177:1 | 1181:1 | $\downarrow$ |

Rates are per 100,000 population unless otherwise noted.

- Rates for access to dentists and access to primary care have both been increasing in the county.

Table 2. Statistical Data for Health Care Access and Delivery by Ethnicity

| INDICATORS | BENCHMARK | WHITE | AFRICAN/ AFRICAN ANCESTRY | ASIAN | $\begin{gathered} \text { PAC } \\ \text { ISL } \end{gathered}$ | OTHER | MULTI <br> RACE | HISPANIC/ <br> LATINO <br> (ANY RACE) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Children/Youth with Health Insurance Ages 0 - 17KD | 97.1\% | 98.8\% | 99.5\% | 98.9\% |  |  | 99.5\% | 97.6\% |
| Lack of Consistent Source of Primary Care | 14.3\% | 8.4\% | -23.5\% |  |  | 11.6\% |  | 14.5\% |
| Uninsured Population (2012-2016) | 12.6\% | 4.5\% | 8.4\% | 5.6\% | 9.1\% | -16.8\% | 6.2\% | *14.8\% |
| Limited English Speaking Households | 9.4\% |  |  |  | 26.5\% |  |  | 17.9\% |

Other key findings related to health care access were found in the Santa Clara County Public Health Department reports. No comparisons were provided for this data.

- Children of African descent were most likely to visit the emergency department.
- Fewer children from East Side San Jose and South County have health insurance compared to children in other sub-county areas.
- The 2014 Santa Clara County Behavioral Health Risk Survey found that while $99 \%$ of children aged $0-5$ had routine annual check-ups, that proportion dropped to $91 \%$ for children ages 6 - 11 . ${ }^{\text {CHA }}$
- The 2013 Status of LGBTQ Health report cited problems with discrimination within health care settings and a shortage of LGBTQ-competent providers, which can lead to suboptimal health outcomes for LGBTQ people. ${ }^{\text {LH }}$
- Four in 10 ( $41 \%$ ) Chinese residents do not speak English very well.API
- More than a third each of Chinese, Korean, and Vietnamese survey respondents reported having a hard time understanding their doctors. AP1
- Costs are a barrier to care for some Asian subpopulations: 35\% of Pacific Islanders surveyed reported not seeing their doctors due to cost, and $17 \%$ of Vietnamese residents do not take medicines as prescribed due to cost. AP|


## Community \& Family Safety

Community \& Family Safety refers to data about neighborhood and family safety including crime, violence, and abuse. See Unintentional Injuries for data regarding accidents.

Table 3. Statistical Data for Community Safety

| INDICATORS | SCC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :---: | :---: | :---: | :---: |
| All Violent Crimes Rate | 253.9 | 425.0 | $\downarrow$ |
| Domestic Violence Injuries Rate (Females) | 3.2 | 4.9 | $\downarrow$ |
| Homicide Rate | 2.8 | 5.2 | $\downarrow$ |
| Juvenile Felony Arrest Rate (per 1,000)kD | 4.8 | 5.3 | $\downarrow$ |
| Rape Rate | -22.8 | 21.0 | $\downarrow$ |
| Robbery Rate | 84.0 | 149.5 | $\downarrow$ |
| Substantiated Child Abuse and Neglect (per 1,000) ${ }^{\text {kD }}$ | 4.1 | 8.2 | $\downarrow$ |
| Violent Assault Crime Rate | 144.5 | 249.4 | $\downarrow$ |
| Violent Assault Injury Rate | 181.4 | 289.4 | $\downarrow$ |
| Youth Intentional Injury (assault and self-harm) | 168.6 | 209.7 | $\downarrow$ |
| Traumatic Injury Hospitalizations, Children Age O-17KD | 2.0\% | 2.3\% | $\downarrow$ |
| Bullied at School; 7th Graders ${ }^{\text {KD }}$ | 38.1\% | 39.2\% | $\downarrow$ |
| Children in Foster Care (per 1,000) ${ }^{\text {KD }}$ | 2.7 | 5.8 | $\downarrow$ |
| Time in Foster Care (Median Months) ${ }^{\text {KD }}$ | 13.5 | 15.6 | $\downarrow$ |
| Cyberbullied Four or More Times; 7th Graders ${ }^{\text {kD }}$ | 4.0\% | 4.7\% | $\downarrow$ |
| Domestic Violence Calls for Assistance (per 1,000) ${ }^{\text {KD }}$ | 4.4 | 6.4 | $\downarrow$ |
| Fear Being Beaten Up at School Four or More Times; 7th Graders ${ }^{\text {KD }}$ | 4.1\% | 4.7\% | $\downarrow$ |
| Gang Membership; 7th Graders ${ }^{\text {KD }}$ | 3.9\% | 5.8\% | $\downarrow$ |
| School Perceived as Very Unsafe; 7th Graders ${ }^{\text {KD }}$ | 2.1\% | 3.8\% | $\downarrow$ |
| School Suspensions Rate (per 100 students) | 4.2 | 6.8 | $\downarrow$ |
| School Expulsions Rate (per 100 students) | 0.07 | 0.09 | $\downarrow$ |
| Alcohol-Excessive Consumption | 14.7\% | 17.2\% | $\downarrow$ |
| Liquor Store Access Rate | 8.9 | 10.6 | $\downarrow$ |

Rates are per 100,000 population unless otherwise noted.

## Other findings from the Children's Report ${ }^{C R}$ :

- One in five ( $19 \%$ ) middle and high school students were physically bullied on school property in the past 12 months, higher than the Healthy People 2020 target of $17.9 \%$. Students of African Ancestry were more likely to be physically bullied.
- $37 \%$ of students were psychologically bullied on school property in the past 12 months.
- $18 \%$ of students reported they experienced cyberbullying in the past 12 months, similar to CA ( $22 \%$ ). Females were psychologically bullied and cyberbullied at higher percentages ( $41 \%$ and $22 \%$, respectively) than males.
- Males (23\%) were physically bullied more than females (15\%).
- The percentage of middle and high school students who were physically bullied on school property in the past 12 months declined from $32 \%$ to $19 \%$ since 2007. The percentage of middle and high school students who were psychologically bullied on school property in the past 12 months declined from $48 \%$ to $37 \%$ since 2007.
- The rate of substantiated child maltreatment was higher among African Ancestry children than other racial/ ethnic groups and higher among children ages 0 to 5 . Research suggests an association between poverty and child maltreatment; African and Latino Ancestry children experienced higher rates of poverty and higher rates of maltreatment nationwide.
- Youth assault and youth taking weapons to school was higher among students of African Ancestry and Latinos.

Table 4. Statistical Data for Community Safety by Ethnicity

| INDICATORS | BENCHMARK | WHITE | AFRICAN/ AFRICAN ANCESTRY | ASIAN | MULTI <br> RACE | HISPANIC/ LATINO (ANY RACE) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Domestic Violence Injuries Rate (Females) | 4.9 | 3.3 |  | 1.6 |  | 5.0 |
| Homicide Rate | 5.2 | 1.6 | -7.2 | 0.0 | 3.4 | 5.1 |
| Juvenile Felony Arrest Rate (per 1,000) ${ }^{\mathrm{KD}}$ | 5.3 | 2.8 | -24.0 |  |  | -8.9 |
| Substantiated Child Abuse and Neglect (per 1,000) ${ }^{\mathrm{KD}}$ | 8.2 | 2.8 | -12.7 | *1.1 |  | 7.8 |
| Violent Assault Injury Rate | 289.4 | 175.1 | -640.4 | 49.3 |  | -330.9 |
| Youth Intentional Injury (assault and self-harm) | 209.7 | -300.4 | -258.4 | 85.2 |  | 163.5 |
| Bullied at School (Middle/High School) ${ }^{\text {KD }}$ |  | 40.3\% | 49.0\% | 39.8\% | 42.0\% | 34.9\% |
| Children in Foster Care (per 1,000) ${ }^{\mathrm{kD}}$ | 5.8 | 1.4 | -14.6 | 0.4 |  | 5.3 |
| Cyberbullied Four or More Times; 7th, 9th, 11th, NTKD |  | 3.7\% | 7.0\% | 2.8\% | 5.8\% | 4.2\% |
| Fear Being Beaten Up at School Four or More Times (Middle/High School) ${ }^{\mathrm{KD}}$ |  | 10.5\% | 2.9\% | 3.8\% | 4.7\% | 3.6\% |


| INDICATORS | BENCHMARK | WHITE | AFRICAN/ <br> AFRICAN ANCESTRY | ASIAN | MULTI RACE | HISPANIC/ LATINO (ANY RACE) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Gang Membership; 7th, 9th, 11th, $\mathrm{NT}^{\mathrm{KD}}$ |  | 3.4\% | 7.4\% | 2.2\% | 4.0\% | 6.6\% |
| School Expulsions Rate (per 100 students) | 0.09 | 0.05 | $\bullet 0.20$ | 0.02 | 0.04 | -0.11 |
| School Perceived as Very Unsafe; 7th, 9th, 11th, $N T^{K D}$ |  | 1.4\% | 5.7\% | 1.8\% | 1.3\% | 2.3\% |
| School Suspensions Rate (per 100 students) | 6.8 | 2.9 | -11.6 | 0.85 | 3.6 | $\bullet 7.1$ |

Rates are per 100,000 population unless otherwise noted. There were no ethnicity data for those of "other" race/ethnicity. *Indicates that the data combined Asian/Pacific Islander.

## Economic Stability

Table 5. Statistical Data for Economic Stability

| INDICATORS | SCC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :---: | :---: | :---: | :---: |
| Children Below 100\% FPL | 10.5\% | 21.9\% | $\downarrow$ |
| Children Living in Food Insecure Households ${ }^{\text {KD }}$ | 13.9\% | 19.0\% | $\downarrow$ |
| Did Not Eat Breakfast; 7th Graders ${ }^{\text {KD }}$ | 25.1\% | 33.0\% | $\downarrow$ |
| Children Living in Crowded Households ${ }^{\text {KD }}$ | 25.4\% | 28.4\% | $\downarrow$ |
| Children Without Secure Parental Employment ${ }^{\text {KD }}$ | 21.4\% | 30.8\% | $\downarrow$ |
| Income Inequality (Gini Coefficient) | 0.47 | 0.49 | $\downarrow$ |
| Population Below 100\% FPL | 9.3\% | 15.8\% | $\downarrow$ |
| Population Below 200\% FPL | 21.7\% | 35.2\% | $\downarrow$ |
| Unemployment Rate | 2.6 | 5.6 | $\downarrow$ |
| Food Insecure Population Ineligible for Assistance | -39\% | 22\% | $\downarrow$ |
| Food Insecure Population Ineligible for Assistance-Children | -46\% | 29\% | $\downarrow$ |
| Annual Cost of Infant Childcare, Annually, Child Care-Center | -\$19,212 | \$16,452 | $\downarrow$ |
| Children Eligible for Free/Reduced Price Lunch | 37.5\% | 58.7\% | $\downarrow$ |
| Children in Limited English-Speaking Households ${ }^{\text {KD }}$ | *11.3\% | 10.5\% | $\downarrow$ |
| Commute Over 60 Minutes | 8.4\% | 10.9\% | $\downarrow$ |
| Food Insecurity Rate | 11.0\% | 13.9\% | $\downarrow$ |
| Food Insecurity Rate-Children Under 18 | 19.3\% | 25.3\% | $\downarrow$ |
| Head Start Program Facilities Rate (per 10,000 children 0 -5) | -2.7 | 6.3 | $\uparrow$ |
| High School Graduates Completing College Prep Courses ${ }^{\text {KD }}$ | 53.6\% | 43.4\% | $\uparrow$ |
| High School Graduation Rate ${ }^{+}$ | 83.6 | H82.4 | $\uparrow$ |
| Households with No Vehicle ${ }^{1}$ | 5.1\% | 7.8\% | $\downarrow$ |
| Less than High School Diploma (or Equivalent) | 12.9\% | 17.9\% | $\downarrow$ |
| Licensed Childcare Availability for Working Families ${ }^{\text {KD }}$ | 29\% | 23\% | $\uparrow$ |
| Meaningful Participation at School: Low; 7th Graders ${ }^{\text {KD }}$ | 27.0\% | 31.3\% | $\downarrow$ |
| Meeting or Exceeding Grade-Level Standard in English Language Arts, 11th Grade ${ }^{\text {KD }}$ | 68\% | 59\% | $\uparrow$ |
| Meeting or Exceeding Grade-Level Standard in Mathematics, 11th Grade ${ }^{\text {KD }}$ | 48\% | 32\% | $\uparrow$ |

[^0]| INDICATORS | SCC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :---: | :---: | :---: | :---: |
| Population Receiving Medicaid | 17.5\% | 25.6\% | $\downarrow$ |
| Population Receiving SNAP ${ }^{+}$ | 5.1\% | 9.4\% | $\downarrow$ |
| Reading Below Proficiency | 42.0\% | ${ }^{+36.3 \%}$ | $\downarrow$ |
| School Connectedness: Low; 7th Graders ${ }^{\text {KD }}$ | 6.2\% | 8.9\% | $\downarrow$ |
| School Enrollment Age 3-4 | 56.9\% | 48.6\% | $\uparrow$ |
| Student Truancy Rate (per 100 students) ${ }^{\text {KD }}$ | 26.1 | 34.1 | $\downarrow$ |
| Students Not Completing High School ${ }^{\text {KD }}$ | -11.1\% | 10.7\% | $\downarrow$ |
| Students per Academic Counselor ${ }^{\text {KD }}$ | -821:1 | 681:1 | $\downarrow$ |
| Teen Births Rate (per 1,000 Under Age 20) ${ }^{\text {PHPD }}$ | 11.1 | 19.0 | $\downarrow$ |
| Uninsured Population (2012-2016) | 7.7\% | 12.6\% | $\downarrow$ |

Rates are per 100,000 population unless otherwise noted.
In addition:

- The 2014 Santa Clara County Behavioral Risk Survey found that 16\% of African/African Ancestry and $25 \%$ of Latinos had received food from a church or food bank/food pantry. ${ }^{\text {BRFS }}$
Please see Table 7 for data on Housing \& Homelessness.
Table 6. Statistical Data for Economic Security by Ethnicity

| INDICATORS | BENCHMARK | WHITE | AFRICAN/ <br> AFRICAN <br> ANCESTRY | ASIAN | OTHER | MULTI <br> RACE | HISPANIC/ LATINO (ANY RACE) | $\begin{gathered} \text { PAC } \\ \text { ISL } \end{gathered}$ | NATIVE AM |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Children Below 100\% FPL (\%) | 21.9 | 10.8 | -24.8 | 16.6 | -38.9 | -40.3 | -40.3 | 7.9 | -32.8 |
| Population <br> Below 100\% <br> FPL (\%) | 15.8 | 6.0 | 16.1 | 7.7 | -17.0 | 8.6 | 15.0 | 7.8 | 14.1 |
| CalFresh, by <br> R/E [SNAP <br> Benefits- <br> Households with Children] ${ }^{\text {KD }}$ |  | 28\% | 6\% | *22\% |  |  | 44\% |  | 1\% |
| Did Not Eat Breakfast; 7th, 9th, 11th, $\mathrm{NT}^{\mathrm{KD}}$ |  | 14.8\% | 31.6\% | 19.9\% | 15.7\% | 27.7\% | 36.6\% | 27.8\% | 16.3\% |
| High School Graduates Completing College Prep Courses ${ }^{\text {KD }}$ | 43.4\% | 63.8\% | -31.3\% | 77.0\% |  | 60.0\% | -29.7\% | -36.0\% |  |


| INDICATORS | BENCH- <br> MARK | WHITE | AFRICAN/ AFRICAN ANCESTRY | ASIAN | OTHER | MULTI <br> RACE | HISPANIC/ LATINO (ANY RACE) | $\begin{gathered} \text { PAC } \\ \text { ISL } \end{gathered}$ | NATIVE AM |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| High School Graduation Rate (percent of cohort) | 82.4 | 92.5 | 78.8 | 95.2 |  | 91.0 | -70.0 |  | -69.8 |
| Less than Percent with High School Diploma or Equivalent (\%) | 17.9 | 3.9 | 8.8 | 10.2 | -39.0 | 9.8 | -33.9 | 12.9 | -22.7 |
| Meaningful <br> Participation at School: <br> Low; 7th, 9th, 11th, $N T^{K D}$ |  | 27.2\% | 24.7\% | 24.3\% | 35.5\% | 29.7\% | 34.1\% | 27.1\% | 14.4\% |
| Meeting or <br> Exceeding <br> Grade-Level <br> Standard <br> in English <br> Language Arts, <br> 11th Grade ${ }^{\text {KD }}$ | 59\% | 76\% | -45\% | 83\% |  | 77\% | -37\% | 44\% | -49\% |
| Meeting or Exceeding Grade-Level Standard in Mathematics, 11th Grade ${ }^{\text {KD }}$ | 32\% | 70\% | 31\% | 83\% |  | 70\% | -26\% | 31\% | -39\% |
| Reading Below Proficiency 4th Grade | 36.3 | 27.0 | -60.0 | 19.0 |  | 24.0 | -67.0 | -61.0 | 58.0 |
| School <br> Connectedness: <br> Low; 7th, 9th, 11th, NTKD |  | 18.3\% | 16.0\% | 3.5\% | 9.2\% | 6.8\% | 9.2\% | 9.0\% | 5.3\% |
| Students Not Completing High School ${ }^{\text {KD }}$ | 10.7\% | 4.5\% | 14.9\% | 3.1\% |  | 6.2\% | 20.8\% |  |  |
| Teen Birth Rate (per 1,000) ${ }^{\mathrm{kD}}$ | 18.7 | 2.1 |  | *1.3 |  |  | 24.7 |  |  |
| Uninsured Population (2012 - 2016) (\%) | 12.6 | 4.5 | 8.4 | 5.6 | -16.8 | 6.2 | -14.8 | 9.1 | 11.2 |

[^1]Additional statistical data about education:

- The county is much more educated than California overall; rates of higher education attainment are higher overall and higher for every ethnic group. ${ }^{\text {PHD }}$
- The high school graduation rate trend is flat.
- Hispanic/Latino residents are far less likely to have a bachelor's degree or higher (15\%) than the county overall (48\%). ${ }^{\text {PHD }}$
- Pacific Islanders are the least likely Asian subgroup to have a bachelor's degree or higher (19\%) among the API population. ${ }^{\text {API }}$
- The population receiving SNAP is higher than California overall since 2006 and has been stable above $5.4 \%$ between 2010 and 2015.

Figure 2. Educational Attainment by Ethnicity (Percent)


Source: U.S. Census Bureau; 2011 - 2015 American Community Survey 5-Year Estimates, Selected Population Tables, Tables DP02; generated by Baath M.; using American FactFinder; Accessed July 14, 2017.

- The proportion of residents 5 years and older who do not speak English very well: API
- $35 \%$ of Asians/Pacific Islanders . $29 \%$ of Latinos
- Asian subgroups: Chinese ( $41 \%$ ), Korean ( $43 \%$ ), . $5 \%$ of African/African Ancestry residents and Vietnamese (57\%)
- $4 \%$ of White residents
- Filipino (43\%) and Vietnamese children (40\%) have the lowest rates of preschool enrollment compared to other Asian/Pacific Islanders.API

Additional statistical data about economic security and poverty:

- Among Asian residents, Pacific Islanders have the highest rate of unemployment ( $16 \%$ ) compared to the county overall (4\%).API
- The 2017 Asian/API report specifies that, among Asian residents surveyed, Pacific Islanders reported having insurance less often (79\%) than API respondents overall (91\%).API


## Housing \& Homelessness

Table 7. Statistical Data for Housing \& Homelessness

| INDICATORS | SCC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :---: | :---: | :---: | :---: |
| Cost Burdened Households | 37.3\% | 43.9\% | $\downarrow$ |
| Homeless Public School Students ${ }^{\text {KD }}$ | 1.6\% | 4.4\% | $\downarrow$ |
| HUD-Assisted Housing Units Rate (per 10,000) | 374.3 | 352.4 | $\uparrow$ |
| Substandard Housing Units | 40.4\% | 46.5\% | $\downarrow$ |
| Children Living in Crowded Households ${ }^{\text {KD }}$ | 25.4\% | 28.4\% | $\downarrow$ |
| Elevated Blood Lead Levels in Children Age $0-5{ }^{\text {KD }}$ | 0.2\% | 0.2\% | $\downarrow$ |
| Elevated Blood Lead Levels in Children/ Youth Age 6-20 ${ }^{\text {KD (2013) }}$ | -0.4\% | 0.3\% | $\downarrow$ |
| Median Rent, 2-Bedroom Unit (2018) | -\$2,930 | \$2,150 | $\downarrow$ |
| Percentage of Homeless Children Age 0-17 Who Were Unsheltered (2017) KD | -98.2\% | 88.0\% | $\downarrow$ |
| Percentage of Homeless Children Age 18-24 Who Were Unsheltered (2017) ${ }^{\text {KD }}$ | -95.8\% | 81.8\% | $\downarrow$ |
| Unsheltered Homeless Children Age 0-17kD | 500 | 1,451 | $\downarrow$ |
| Unsheltered Homeless Young Adults Age 18-24 ${ }^{\text {KD }}$ | 1,936 | 11,298 | $\downarrow$ |
| Vacant Housing Units | 3.9\% | 8.2\% | $\downarrow$ |

Note: Rates above are for 2016 except where noted.

- The Santa Clara County 2017 Point-in-Time Count reported that almost 7,400 people are experiencing homelessness. Nearly three-quarters of them ( $74 \%$ ) are unsheltered. Minors comprise $15 \%$ of the homeless population, young adults ages $18-24$ comprise $28 \%$, and the majority ( $57 \%$ ) are 25 years old and over.
- Housing and homelessness are related to economic security. See Tables 5 and 6 for data on economic security, which includes income, employment, and poverty.


## Natural Environment

Table 8. Statistical Data for Natural Environment

| INDICATORS | SCC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :---: | :---: | :---: | :---: |
| Air Quality-Ozone (O3) | 0.0\% | 2.7\% | $\downarrow$ |
| Air Quality-Particulate Matter 2.5 | 0.00\% | 0.46\% | $\downarrow$ |
| Asthma Hospitalizations Percent of Total Discharges | 0.80\% | 0.88\% | $\downarrow$ |
| Under Age 1 | -0.14\% | 0.13\% | $\downarrow$ |
| Age 1 - 19 | -4.47\% | 4.27\% | $\downarrow$ |
| Asthma Hospitalizations Rate (Age-Adjusted per 10,000) | 6.6 | 8.9 | $\downarrow$ |
| Asthma-Prevalence | 13.5\% | 14.2\% | $\downarrow$ |
| Climate \& Health-Drought Severity | 93.7\% | 92.8\% | $\downarrow$ |
| Climate \& Health-Heat Index Days | 0.00\% | 0.60\% | $\downarrow$ |
| Climate \& Health-Heat Stress Events Rate | 5.8 | 11.1 | $\downarrow$ |
| Exposed to Unsafe Drinking Water | 0.0\% | 2.7\% | $\downarrow$ |
| Average Days/Month with Poor Mental Health | 2.7 | 3.6 | $\downarrow$ |
| Commute to Work-Alone in Car | 75.5\% | 73.4\% | $\downarrow$ |
| Diabetes Discharges (\% of Total Discharges) | 0.69\% | 0.86\% | $\downarrow$ |
| Diabetes Hospitalizations Rate | 7.9 | 10.4 | $\downarrow$ |
| Living Within Half Mile of Public Transit | -4.4\% | 15.5\% | $\uparrow$ |
| Percent of Area with Tree Canopy Cover (population-weighted) | -9.8\% | 15.1\% | $\uparrow$ |
| Road Network Density Rate (Acres) | -5.2 | 2.0 | $\downarrow$ |

[^2]
## Transportation \& Traffic

Table 9. Statistical Data for Traffic \& Transportation

| INDICATORS | SCC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :--- | :---: | :---: | :---: |
| Commute to Work-Alone in Car | $75.5 \%$ | $73.4 \%$ | $\downarrow$ |
| Living Within Half Mile of Public Transit | $\bullet 4.4 \%$ | $15.5 \%$ | $\uparrow$ |
| Percent of Area with Tree Canopy Cover <br> (population-weighted) | $\bullet 9.8 \%$ | $15.1 \%$ | $\uparrow$ |
| Road Network Density (Acres) | $\bullet 5.2$ | 2.0 | $\downarrow$ |

Please also see Table 8, Natural Environment, for conditions and drivers related to clean air.

## Health Conditions

Health conditions are those topics that impact individual health, including health behaviors such as tobacco use, alcohol and drug use, mental health, and diseases or conditions.

## General Health

Figure 3. Santa Clara County Percent of Causes of Death, 2016


Sources: Santa Clara County Public Health Department, VRBIS, 2014-2016. Data as of 05/26/2017; U.S. Census Bureau; 2010 Census, Tables PCT12, PCT12H, PCT12I, PCT12J, PCT12K, PCT12L, PCT12M; generated by Baath M.; using American FactFinder; accessed June 20, 2017; National Center for Health Statistics. Health, United States, 2016: With Chartbook on Longterm Trends in Health. Hyattsville, MD. 2017.

Table 10. Data Related General Health/Mortality

| INDICATORS | SCC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :--- | :---: | :---: | :---: |
| Child/Youth Death Rate (per 100,000) ${ }^{\text {KD }}$ | 22.3 | 30.0 | $\downarrow$ |
| Poor General Health | $13.5 \%$ | $18.4 \%$ | $\downarrow$ |
| Premature Death (Years per 100,000) | 3,622 | 5,308 | $\downarrow$ |
| Life Expectancy at Birth (Years) ${ }^{\text {PHD }}$ | 82.3 | 78.8 | $\uparrow$ |
| Population with Any Disability | $7.8 \%$ | $10.6 \%$ | $\downarrow$ |
| Students per Social Worker ${ }^{\text {KD }}$ | $\boldsymbol{1 0 1 2 : 1}$ | $\mathbf{9 2 7 7 : 1}$ | $\downarrow$ |

In addition, the death rate (due to all causes) has risen steadily from 2007, when it was 519.6 deaths per 100,000 people, to 593.8 in 2016. The death rate for males is 1.5 times as high as it is for women. ${ }^{\text {PHD }}$

Certain indicators are available by ethnicity, which shows disparities in certain populations:

- Residents of African or Native American descent are much more likely to be disabled than their white counterparts ( $89.4 \%$ and $14.9 \%$ respectively compared to $9.5 \%$ ). ${ }^{\text {PHD }}$
- Residents of African descent have a death rate that is 1.7 times as high as the county overall. ${ }^{\text {PHD }}$ (See chart.)
- 2016 life expectancy for people of African descent is 75.7 years, 6.3 years less than their white counterparts (82.0). ${ }^{\text {PHD }}$ Pacific Islanders have the lowest life expectancy among Asian residents at 78.7 years. ${ }^{\text {API }}$
- The Asian Indian age-adjusted death rate is 625.4 , higher than the county overall at 593.8 and the API rate overall (504.9).

Figure 4. Death Rate (All Causes) by Ethnicity


Source: Santa Clara County Public Health Department, VRBIS, 2014 - 2016. Data as of 05/26/2017; U.S. Census Bureau; 2010 Census, Tables PCT12, PCT12H, PCT12I, PCT12J, PCT12K, PCT12L, PCT12M; generated by Baath M.; using American FactFinder; accessed June 20, 2017; National Center for Health Statistics. Health, United States, 2016: With Chartbook on Longterm Trends in Health. Hyattsville, MD. 2017.

## Asthma

Table 11. Statistical Data Related to Asthma

| INDICATORS | SCC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :---: | :---: | :---: | :---: |
| Asthma Diagnoses, Children Age 1 - 17 KD | 10.2\% | 15.2\% | $\downarrow$ |
| Asthma Hospitalizations, Children Age 0-4 (rate per 10,000) KD | 10.6 | 16.9 | $\downarrow$ |
| Asthma Hospitalizations, Children/Youth Age 5-17 (rate per 10,000) ${ }^{\text {KD }}$ | 3.9 | 6.7 | $\downarrow$ |
| Asthma Hospitalization Rate (Age-Adjusted per 10,000) | 6.6 | 8.9 | $\downarrow$ |
| Asthma Hospitalizations (Percent of Total Discharges) (see chart) | 0.80\% | 0.88\% | $\downarrow$ |
| Under Age 1 | -0.14\% | 0.13\% | $\downarrow$ |
| Age 1 - 19 | -4.47\% | 4.27\% | $\downarrow$ |
| Asthma Prevalence | 13.5\% | 14.2\% | $\downarrow$ |
| Air Quality-Ozone (O3) | 0.00\% | 2.65\% | $\downarrow$ |
| Air Quality-Particulate Matter 2.5 | 0.00\% | 0.46\% | $\downarrow$ |
| Tobacco Usage | 10.2\% | 12.8\% | $\downarrow$ |
| Youth Cigarette Use ${ }^{\text {PHD }}$ | 3\% | 16\% | $\downarrow$ |
| Youth E-Cigarette Use ${ }^{\text {PHD }}$ | 6\% | N/A | $\downarrow$ |

Rates are per 100,000 population unless otherwise noted.
Obesity is also a driver of asthma. See Tables 21 - 22 (Diabetes \& Obesity) for those data. Asthma hospital discharge data are available for other age groups; they were not worse than the benchmarks.

Figure 5. Asthma Hospitalizations Rate by Age


[^3]
## Table 12. Statistical Data for Asthma by Ethnicity

| INDICATORS | BENCH- <br> MARK | WHITE | AFRICAN/ <br> AFRICAN <br> ANCESTRY | ASIAN | OTHER | MULTI <br> RACE |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| Asthma Hospitalizations Percent of <br> Total Discharges | $0.88 \%$ | $0.67 \%$ | $\bullet 1.65 \%$ | $0.66 \%$ | $0.87 \%$ | $0.87 \%$ |

Additional data are available in the 2017 Status of Children's Health report (Santa Clara County Public Health Department):

- Asthma trends for children under 18 were stable between 2001 and 2014 and are better than the rates seen in California.
- African/African Ancestry adolescents are more likely to report asthma attacks.
- Among Asian subpopulations, asthma diagnoses are most common for Filipinos (72\%).
- Boys have higher asthma prevalence than girls.
- Adolescent girls are more likely to report having asthma attacks than adolescent boys.
- Emergency department visits for asthma are worst in East Palo Alto and Gilroy zip codes.


## Behavioral Health

Below are statistical data for behavioral health (both mental health and substance use) in SCC.
Table 13. Statistical Data for Behavioral Health

| INDICATORS | SCC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :---: | :---: | :---: | :---: |
| Adults with Four or More Adverse Childhood Experiences ${ }^{\text {KD }}$ | 11.0\% | 15.9\% | $\downarrow$ |
| Adults with Any Adverse Childhood Experiences ${ }^{\text {KD }}$ | 53.4\% | 61.0\% | $\downarrow$ |
| Children with Two or More Adverse Experiences (Parent Reported) ${ }^{\mathrm{KD}}$ | 14.1\% | 16.4\% | $\downarrow$ |
| Alcohol Use (Lifetime), 7+ Times; 7th Graders ${ }^{\text {LD }}$ | 0.9\% | 2.5\% | $\downarrow$ |
| Average Days/Month with Poor Mental Health | 2.7 | 3.6 | $\downarrow$ |
| Bullied at School; 7th Graders ${ }^{\text {KD }}$ | 38.1\% | 39.2\% | $\downarrow$ |
| Considered Suicide (High School Youth) ${ }^{+C R}$ | 20\% | 19\% | $\downarrow$ |
| Cyberbullied Four or More Times; 7th Graders ${ }^{\text {KD }}$ | 4.0\% | 4.7\% | $\downarrow$ |
| Depression-Related Feelings; 7th Graders ${ }^{\text {KD }}$ | 23.2\% | 25.4\% | $\downarrow$ |
| Frequent Mental Distress ${ }^{\text {BRFS }}$ | 9\% | N/A | $\downarrow$ |
| Marijuana Use, 20-30 days in Previous Month; 7th Graders ${ }^{\text {KD }}$ | 0.40\% | 0.80\% | $\downarrow$ |
| Mental Health Hospitalization, Children Age 5-14 (per 1,000) ${ }^{\mathrm{kD}}$ | 1.9 | 2.5 | $\downarrow$ |
| Mental Health Hospitalization, Youth Age 15-19 (per 1,000) ${ }^{\mathrm{kD}}$ | 9.4 | 9.8 | $\downarrow$ |
| PTSD diagnosed ${ }^{\text {BRFS }}$ | 3\% | N/A | $\downarrow$ |
| Some Recent Alcohol/Drug Use in Previous Month; 7th Graders ${ }^{\text {KD }}$ | 6.5\% | 10.4\% | $\downarrow$ |
| Suicide Attempt Hospitalizations Rate ${ }^{\text {PHD }}$ | 27.8 | N/A | $\downarrow$ |
| Suicide Attempts (Self-Report-Youth) ${ }^{\text {CR }}$ | 11\% | N/A | $\downarrow$ |
| Suicide Rate | 8.1 | 10.3 | $\downarrow$ |
| Needing Mental Health Care | 14.1\% | 15.9\% | $\downarrow$ |
| School Connectedness: Low; 7th Graders ${ }^{\text {KD }}$ | 6.2\% | 8.9\% | $\downarrow$ |
| Tobacco Usage (2006-2012) ${ }^{+}$ | 10.2\% | 12.8\% | $\downarrow$ |
| Youth Cigarette Use ${ }^{\text {PHPD }}$ | 3\% | H16\% | $\downarrow$ |
| Youth E-Cigarette Use ${ }^{\text {PHHD }}$ | 6\% | 10\% | $\downarrow$ |
| Alcohol-Excessive Consumption | 14.7\% | 17.2\% | $\downarrow$ |
| Access to Mental Health Providers Rate | 272.4 | 280.6 | $\uparrow$ |


| INDICATORS | SCC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :--- | :---: | :---: | :---: |
| Caring Adults at School: Low; 7th Graders ${ }^{K D}$ | $10.9 \%$ | $14.3 \%$ | $\downarrow$ |
| Lack of Social or Emotional Support | $22.2 \%$ | $24.6 \%$ | $\downarrow$ |
| Liquor Store Access | 8.9 | 10.6 | $\downarrow$ |
| Meaningful Participation at School: Low; 7th Graders ${ }^{\text {KD }}$ | $27.0 \%$ | $31.3 \%$ | $\downarrow$ |
| Students per School Psychologist ${ }^{\text {KD }}$ | $\boldsymbol{1 2 1 9 : 1}$ | $\mathbf{1 1 2 4 : 1}$ | $\downarrow$ |

Rates are per 100,000 population unless otherwise noted.
Table 14. Statistical Data for Behavioral Health by Ethnicity

| INDICATORS | BENCHMARK | WHITE | AFRICAN/ AFRICAN ANCESTRY | ASIAN | OTHER OR MULTI RACE | HISPANIC/ LATINO (ANY RACE) | PACIFIC ISLANDER |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Alcohol Use (Lifetime), 7+ Times; 7th, 9th, 11th, NTKD |  | 2.2\% | 4.8\% | 0.6\% | 1.6\% Other 3.1\% Multi Race | 6.0\% | 4.9\% |
| Attempted Suicide (Self-Report MS/HS) ${ }^{C R}$ | 11\% SCC | 10\%* | 11\% | 7\% |  | -13\% |  |
| Considered Suicide (High School Youth) CR + | $\begin{aligned} & 20 \% \\ & \text { SCC } \end{aligned}$ | 16\% | 19\% | 19\% |  | -22\% |  |
| Depression-Related <br> Feelings; 7th, 9th, 11th, NT ${ }^{\text {KD }}$ |  | 19.6\% | $22.4 \%$ | 19.2\% | 13.8\% Other 30.4\% Multi Race | 30.6\% | 38.0\% |
| Marijuana Use, 20-30 Days in Previous Month; 7th, 9th, 11th, NTKD |  | 0.8\% | 1.9\% | 0.1\% | 0.3\% Other 1.4\% Multi Race | 2.6\% | 1.5\% |
| PTSD diagnosed ${ }^{\text {BRFS }}$ | $3 \%$ SCC | 5\% |  |  |  | 3\% |  |
| Seriously Considered Suicide; 9th, 11th, NT ${ }^{\text {KD }}$ |  | 19.8\% | 10.2\% | 70.5\% | 15.9\% Other 19.4\% Multi Race | 33.3\% | 38.4\% |
| Some Recent Alcohol/ <br> Drug Use in Previous <br> Month; 7th, 9th, 11th, NTKD |  | 20.3\% | 12.8\% | 6.4\% | 3.1\% Other 8.6\% Multi Race | 18.5\% | 9.0\% |
| Suicide Attempt Hospitalizations Rate ${ }^{\text {PHD }}$ | 27.8 | -39.9 | *52.0 | $\begin{array}{r} 15.6 \\ \text { API } \end{array}$ |  | 22.0 |  |
| Suicide Rate (Age-Adjusted) | 10.3 | $\bullet 12.7$ |  | 4.8 |  | 4.7 |  |
| Youth Cigarette Use ${ }^{\text {PH }}$ ( | 16\% | 3\% | 5\% | 1\% |  | 4\% |  |
| Youth E-Cigarette Use ${ }^{\text {PHD }}$ | 6\% SCC | 6\% | -7\% | 4\% |  | -9\% |  |
| Bullied at School; 7th, 9th, 11th, NT ${ }^{\text {KD }}$ |  | 40.3\% | 49.0\% | 39.8\% | 27.1\% Other <br> 42.0\% Multi Race | 34.9\% | 49.8\% |


| INDICATORS | BENCHMARK | WHITE | AFRICAN/ AFRICAN ANCESTRY | ASIAN | OTHER OR MULTI RACE | HISPANIC/ LATINO (ANY RACE) | PACIFIC ISLANDER |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Caring Adults at School: Low; 7th, 9th, 11th, NTKD |  | 14.5\% | 14.0\% | 8.8\% | 7.2\% Other 10.9\% Multi Race | 11.7\% | 12.9\% |
| Cyberbullied Four or More Times; 7th, 9th, 11th, NTKD |  | 3.7\% | 7.0\% | 2.8\% | 7.8\% Other 5.8\% Multi Race | 4.2\% | 10.3\% |
| Frequent Mental Distress ${ }^{\text {BRFS }}$ | 9\% SCC | 10\% | 11\% | 7\% API |  | 11\% |  |
| Meaningful Participation at School: Low; 7th, 9th, 11th, $\mathrm{NT}^{\mathrm{KD}}$ |  | 27.2\% | 24.7\% | $24.3 \%$ | 35.5\% Other 29.7\% Multi Race | 34.1\% | 27.1\% |
| Needing Mental Health Care | 15.9\% | 10.4\% | -32.2\% |  | 9.8\% Other | -22.9\% |  |
| School Connectedness: Low; 7th, 9th, 11th, NTKD |  | 18.3\% | 16.0\% | 3.5\% | 9.2\% Other <br> 6.8\% Multi Race | 9.2\% | 9.0\% |

Rates are per 100,000 population unless otherwise noted.

- Koreans have the highest suicide rate among Asian/Pacific Islander subgroups (8.0).API
. $11 \%$ of Vietnamese reported frequent mental distress. ${ }^{\text {BRFS }}$
- $43 \%$ of Pacific Islander survey respondents reported feeling depressed. API
- Among API subgroups, suicide was the leading cause of injury deaths among Korean (40\%), Chinese (32\%), and Vietnamese (24\%) residents. ${ }^{\text {API }}$

Other key findings related to behavioral health were found in the Santa Clara County Public Health Department. No comparisons were provided for this data unless otherwise noted.

## Tobacco/smoking:

- Cigarette use is declining and is far below HP benchmarks ( $3 \%$ among adults and under $5 \%$ for adolescents). PHD
- E-cigarette use in SCC is at $6 \%$, lower than it was in 2013-15. Higher proportions of 11th graders ( $9 \%$ ) and nontraditional students ( $26 \%$ ) use e-cigarettes. ${ }^{\text {CHA }}$
- Males (adult and youth) in the county are almost two times more likely to be smokers than women. ${ }^{\text {CHACR }}$
- White and multiracial adults are less likely to prohibit smoking in their homes compared to females and their peers. Men are less likely to prohibit smoking in their homes compared to women. ${ }^{\text {CHA }}$
- African/African Ancestry and Latino students in middle school/high school are most likely to smoke. ${ }^{\text {CR }}$


## Drinking:

- Adult drinking is highest among white and multiracial populations. ${ }^{\text {cc }}$
- Latinos and men are more likely to engage in adult binge drinking. ${ }^{\text {CHA }}$
- Latino middle school/high school students are most likely to binge drink. ${ }^{C R}$
- Middle school/high school girls are more likely to binge drink than boys. ${ }^{C R}$
- Among Asian residents, Filipinos have the highest rates of binge drinking.API


## Other substances (from the 2015 CHA report):

- Adult marijuana use was highest among Latino and white residents ( $13 \%$ and $12 \%$ respectively). Data are not available for African/African Ancestry adults.
- Latino misuse of prescription medicine (5\%) is more than twice as high as the county overall (2\%). Data are not available for African/African Ancestry or Asian adults.
- Students of African or Latino Ancestry are most likely to take certain substances compared with their peers of other races/ethnicities:
- Middle school/high school marijuana use (also white students)
- High school misuse of prescription meds
- High school misuse of cold/cough meds
- High school cocaine use
- High school ecstasy use
- High school inhalant use
- Boys are more likely to use other substances than girls except for cold/cough medicines.


## Mental Health

For more bullying data, see the Community Safety data (Table 3) or the Children's Report. ${ }^{\text {CR }}$

- Suicidality among middle school/high school students is at 20\%. Among Asian middle school/high school students, Filipinos reported feeling sad and hopeless most often (34\%), followed by Pacific Islanders (34\%) and Vietnamese students (33\%).
- Latinos report higher levels of stress than in the overall county in all areas (about work, finances, food, health, and rent). ${ }^{\text {CHA }}$
- Asian residents report higher levels of stress about work and health than county residents overall. ${ }^{\text {CHA }}$
- Men are twice as likely as women to report being diagnosed with PTSD ( $4 \%$ compared to $2 \%$ ). BRFS
- Suicide attempt hospitalization rates are higher among women (35.6) than men (20.6) (73\% higher). By age, between 2007 and 2014, those ages 15 to 24 were hospitalized at the highest rate (56.3).
- Latino youth have the highest rates of suicide mortality and suicide attempts compared to youth of other races/ethnicities. ${ }^{C R}$
- The proportion of high school students who have ever seriously considered attempting suicide in the past 12 months increased from $17 \%$ in $2008-10$ to $20 \%$ in $2013-14 .{ }^{\text {CR }}$
- Female students reported higher percentages of suicidal ideation than male students ( $25 \%$ vs. $15 \%$, respectively) ${ }^{\text {CR }}$
- $37 \%$ of middle school/high school students report being psychologically bullied (37\%).
- Nearly half of LGBTQ survey respondents felt they might have needed to see a mental health professional in the previous year.LH
- Nearly one-quarter of LGBTQ survey respondents seriously considered suicide in the past year. ${ }^{\text {LH }}$


## Cancers

Table 15. Statistical Data for Cancers

| INDICATORS | SCC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :---: | :---: | :---: | :---: |
| Cancer Incidence Rate (All Types) ${ }^{\text {PHD }}$ | 426.6 | 409.2 | $\downarrow$ |
| Cancer Mortality Rate (All Types) ${ }^{\text {PHD }}$ | 130.1 | 149.0 | $\downarrow$ |
| Childhood Cancer Diagnoses ${ }^{\text {kD }}$ | -19.3 | 17.9 | $\downarrow$ |
| Cervical Cancer Incidence Rate ${ }^{\text {PHD }}$ | 5.0 | 7.3 | $\downarrow$ |
| Cervical Cancer Mortality Rate ${ }^{+}$ | 2.2 | 0.9 | -- |
| Air Quality-Particulate Matter 2.5 | 0.00\% | 0.46\% | $\downarrow$ |
| Alcohol-Excessive Consumption | 14.7\% | 17.2\% | $\downarrow$ |
| Cancer Screening-Pap Test | 78.5\% | 78.3\% | $\uparrow$ |
| Food Security-Food Desert Population | 8.3\% | 13.4\% | $\downarrow$ |
| Liquor Store Access | 8.9 | 10.6 | $\downarrow$ |
| Low Fruit/Vegetable Consumption (Adult) | 69.2\% | 71.5\% | $\downarrow$ |
| Obesity (Adult) | 19.3\% | 22.4\% | $\downarrow$ |
| Overweight (Adult) | 32.9\% | 35.8\% | $\downarrow$ |
| Physical Inactivity (Adult) | 15.2\% | 17.3\% | $\downarrow$ |
| Tobacco Usage | 10.2\% | 12.8\% | $\downarrow$ |

Rates are per 100,000 population unless otherwise noted.

- Between the periods of 1995-1999 and 2010-2014, mortality rates for all types of cancer listed in the table trended down.

Table 16. Statistical Data for Cancers by Ethnicity

| INDICATORS | BENCHMARK | WHITE | AFRICAN/ <br> AFRICAN ANCESTRY | ASIAN | HISPANIC/ LATINO (ANY RACE) |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Cancer Incidence Rate (All Types) ${ }^{\text {PHD }}$ | 409.2 | -484.1 | -522.3 | 345.4 | 395.9 |
| Cancer Mortality Rate (All Types) ${ }^{\text {PHD }}$ | 149.0 | 154.0 | -201.4 | 120.5 | 139.5 |
| Cervical Cancer Incidence Rate ${ }^{\text {PHD }}$ | 7.3 | 4.6 | -- | 4.7 | -8.0 |
| Cervical Cancer Mortality Rate ${ }^{+}$ | 2.2 | 0.9 | -- | 1.5 | -- |
| Childhood Cancer Diagnoses ${ }^{\text {KD }}$ | 17.9 | -22.3 |  | *20 | 16.4 |

Rates are per 100,000 population unless otherwise noted. Source: Community Commons data platform 2010-2014 except where noted. Note: No data for Pacific Islanders or those of "other" race/ethnicity are available. *Indicates that the data combined Asian/Pacific Islander.

Additional data from the Asian/Pacific Islander Report:

- Filipino cancer incidence (all sites) is 353.3, the highest among Asian subpopulations.
- Korean cancer mortality rate (all sites) is 155.3 , the highest among Asian subpopulations.
- The report contains additional data on incidence and mortality by site and subgroup.


## Cardiovascular Disease/Stroke

Table 17. Statistical Data for Cardiovascular Disease/Stroke

| INDICATORS | SCC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :---: | :---: | :---: | :---: |
| Heart Disease Prevalence | 5.3\% | 6.3\% | $\downarrow$ |
| Heart Disease Mortality | 65.0 | 94.3 | $\downarrow$ |
| Stroke Mortality Rate | 26.1 | 35.4 | $\downarrow$ |
| Alcohol-Excessive Consumption | 14.7\% | 17.2\% | $\downarrow$ |
| Diabetes Hospitalizations Rate (per 10,000) | 7.9 | 10.4 | $\downarrow$ |
| Diabetes Prevalence | 8.2\% | 8.3\% | $\downarrow$ |
| Fast Food Restaurants Rate ${ }^{\dagger}$ | -86.7 | 78.7 | $\downarrow$ |
| High Blood Pressure-Unmanaged | 26.9\% | 30.3\% | $\downarrow$ |
| Liquor Store Access | 8.9 | 10.6 | $\downarrow$ |
| Obesity (Adult) | 20.6\% | 26.5\% | $\downarrow$ |
| Overweight (Adult) | 32.9\% | 35.8\% | $\downarrow$ |
| Park Access | 71.4\% | 58.6\% | $\uparrow$ |
| Physical Inactivity (Adult) | 15.2\% | 17.3\% | $\downarrow$ |
| Recreation and Fitness Facility Access ${ }^{\dagger}$ | 14.7 | 10.2 | $\uparrow$ |
| Tobacco Usage | 10.2\% | 12.8\% | $\downarrow$ |

Rates are per 100,000 population unless otherwise noted.

- Heart diseases are the second leading cause of death in the county ( $21 \%$ ). Cerebrovascular diseases (including stroke) are the third ( $6 \%$ ). ${ }^{\text {PHD }}$
- Access to recreation and fitness opportunities has increased since 2010.

Table 18. Statistical Data for Cardiovascular Disease/Stroke by Ethnicity

| INDICATORS | BENCH- <br> MARK | WHITE | AFRICAN/ <br> AFRICAN <br> ANCESTRY | ASIAN | MULTI <br> RACE | HISPANIC/ <br> LATINO <br> (ANYRACE) | PAC <br> ISL | NATIVE <br> AM |
| :--- | ---: | :---: | ---: | :---: | :---: | :---: | ---: | ---: | ---: |
| Heart Disease Prevalence | $6.3 \%$ | $6.5 \%$ | $4.2 \%$ |  | $5.0 \%$ |  |  |  |
| Heart Disease <br> Mortality Rate | 99.5 | 78.3 | 78 | 43.5 | 63.0 | 40.3 |  |  |
| Stroke Mortality Rate | 35.4 | 25.0 | 33.6 | 25.0 | 29.2 |  |  |  |

Japanese residents have the highest rate of high blood pressure (48\%) and high cholesterol (43\%) among Asian/
Pacific Islander subpopulations. ${ }^{\text {API }}$

## Communicable Diseases

Table 19. Statistical Data for Communicable Diseases

| INDICATORS | SCC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :---: | :---: | :---: | :---: |
| Pertussis Incidence Rate ${ }^{\text {PHD }}$ | *12.1 | 4.7 | $\downarrow$ |
| Stayed Home Due to Flu (Adults) ${ }^{\text {BRFS }}$ | 17\% | N/A | $\downarrow$ |
| Tuberculosis Incidence Rate ${ }^{\text {PHD }}$ | -9.6 | ${ }^{\text {H }} 1.0$ | $\downarrow$ |
| Flu vaccinations (adults) ${ }^{\text {RRFS }}$ | 42\% | N/A | $\uparrow$ |
| Flu vaccinations (children) ${ }^{\text {BRFS }}$ | 60\% | N/A | $\uparrow$ |
| Kindergarten Immunizations ${ }^{\text {CR }}$ | 93\% | н95\% | $\uparrow$ |
| Kindergarteners with Required Immunizations ${ }^{\text {KD }}$ | 97.1\% | 95.6\% | $\uparrow$ |

Rates are per 100,000 population unless otherwise noted.

- $2 \%$ of parents received personal belief exemptions from immunizations, compared to $3 \%$ in the state.
- TB rates have consistently failed HP benchmarks and California rates since 2008 (see chart).

Figure 6. TB Incidence Rates by Year


[^4]Table 20. Statistical Data for Communicable Diseases by Ethnicity

| INDICATORS | BENCHMARK | WHITE | AFRICAN/ AFRICAN ANCESTRY | ASIAN | MULTI <br> RACE | HISPANIC/ <br> LATINO <br> (ANY RACE) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Flu Vaccinations (Adults) ${ }^{\text {BRFS }}$ | 42\% SCC | 47\% | -34\% | 42\% API | 45\% | -37\% |
| Pertussis Rate ${ }^{\text {PHD }}$ | 4.7 | -13.7 | 4.4* | *7.7 |  | -11.7 |
| Stayed Home Due to Flu (Adults) ${ }^{\text {BRFS }}$ | 17\% SCC | 16\% | 17\% | - $21 \%$ |  | 16\% |

Rates are per 100,000 population unless otherwise noted. Note: No data are available for Pacific Islanders specifically or Native Americans or those of "Other" races.
TB rates in Santa Clara County are higher among those born outside of the U.S., as shown in the chart below. All rates shown except U.S. born citizens fail the benchmark by more than $5 \%$.

Figure 7. TB Incidence Rates by Country of Birth


[^5]
## Diabetes \& Obesity

Table 21. Statistical Data for Diabetes \& Obesity

| INDICATORS | SCC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :---: | :---: | :---: | :---: |
| Diabetes Hospitalizations Rate (per 10,000) | 7.9 | 10.4 | $\downarrow$ |
| Diabetes Hospitalizations, Children Age 0-17 ${ }^{\text {kD }}$ | 1.0\% | 1.4\% | $\downarrow$ |
| Diabetes Prevalence ${ }^{\text {+PHD }}$ | -9.8\% | 9.1\% | $\downarrow$ |
| Obese Youth (Grades 5, 7, 9) ${ }^{\text {PHD }}$ | 14\% | H16\% | $\downarrow$ |
| Overweight or Obese Adults ${ }^{\text {PHD }}$ | 55\% | 63\% | $\downarrow$ |
| Overweight or Obese Youth (Grades 5, 7, 9) ${ }^{2}$ | $31 \% \text { - 35\% }$ <br> by grade | $36 \%-40 \%$ <br> by grade | $\downarrow$ |
| Overweight Youth (Grades 5, 7, 9) PHD | 17\% | N/A | $\downarrow$ |
| Adequate Fruit \& Vegetable Consumption, Children Age 2-11 | -30.8\% | 35.4\% | $\uparrow$ |
| Breastfeeding (Any) | 96.5\% | 93.0\% | $\uparrow$ |
| Breastfeeding (Exclusive) | 77.2\% | 64.8\% | $\uparrow$ |
| Children Living in Food Insecure Households ${ }^{\text {KD }}$ | 13.9\% | 19.0\% | $\downarrow$ |
| Commute > 60 Min . | 8.4\% | 10.9\% | $\downarrow$ |
| Commute to Work-Alone in Car | 75.5\% | 73.4\% | $\downarrow$ |
| Commute to Work-Walking/Biking | 3.8\% | 3.8\% | $\uparrow$ |
| Did Not Eat Breakfast; 7th Graders ${ }^{\text {KD }}$ | 25.1\% | 33.0\% | $\downarrow$ |
| Exposed to Unsafe Drinking Water | 0.0\% | 2.7\% | $\downarrow$ |
| Fast Food Restaurants Rate ${ }^{+}$ | -86.7 | 78.7 | $\downarrow$ |
| Food Desert Population | 8.3\% | 13.4\% | $\downarrow$ |
| Food Insecurity Rate | 11.0\% | 13.9\% | $\downarrow$ |
| Grocery Stores Rate | -19.5 | 21.8 | $\uparrow$ |
| Low Fruit/Vegetable Consumption (Adult) | 69.2\% | 71.5\% | $\downarrow$ |
| Low Fruit/Vegetable Consumption (Youth) | -59.8\% | 47.4\% | $\downarrow$ |
| Park Access | 71.4\% | 58.6\% | $\uparrow$ |
| Physical Inactivity (Adult) | 15.2\% | 17.3\% | $\downarrow$ |
| Physical Inactivity (Youth) | 28.1\% | 37.8\% | $\downarrow$ |
| Recreation and Fitness Facility Access | 14.7 | 10.2 | $\uparrow$ |
| Students Meeting Fitness Standards; 5th Graders ${ }^{\text {KD }}$ | 26.2\% | 24.9\% | $\uparrow$ |
| Students Meeting Fitness Standards; 7th Graders ${ }^{\text {KD }}$ | 33.8\% | 31.4\% | $\uparrow$ |
| Students Meeting Fitness Standards; 9th Graders ${ }^{\text {KD }}$ | 39.5\% | 34.8\% | $\uparrow$ |

[^6]| INDICATORS | SCC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :--- | :---: | ---: | :---: |
| Walking/Biking/Skating to School | $48.1 \%$ | $43.0 \%$ | $\uparrow$ |
| WIC-Authorized Food Stores Rate | $\bullet 9.5$ | 15.8 | $\uparrow$ |

Rates are per 100,000 population unless otherwise noted.
As shown in the chart below, the prevalence of diabetes is increasing, a trend that is also seen at the state level according to the UCLA Center for Health Policy Research California Health Information Survey. ${ }^{3}$

Figure 8. Percent Ever Diagnosed with Diabetes by Year


Source: UCLA Center for Health Policy Research, AskCHIS 2007-2016.
Table 22. Statistical Data for Diabetes \& Obesity by Ethnicity

| INDICATORS | BENCHMARK | WHITE | AFRICAN/ <br> AFRICAN <br> ANCESTRY | ASIAN | OTHER | MULTI RACE | HISPANIC/ LATINO <br> (ANY RACE) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Overweight Youth PHD (See chart) | 17\% SCC | 12\% | 22\% | 13\% |  |  | -21\% |
| Obese Youth ${ }^{\text {PHD }}$ <br> (See chart) | 16\% | 11\% | 14\% | 8\% |  |  | -20\% |
| Obese Youth ${ }^{\text {cR }}$ | $11 \%$ SCC | 7\% | -12\% | 7\% |  |  | -19\% |
| Any Breastfeeding ${ }^{\text {KD }}$ | 94.0\% | 97.8\% | 95.7\% | 98.4\% | 97.3\% | 98.1\% | 95.7\% |
| Breastfeeding (Any) | 93.0\% | 97.1\% | 94.3\% | 97.4\% | 97.2\% | 96.6\% | 95.4\% |
| Breastfeeding (Exclusive) | 64.8\% | 86.0\% | 69.5\% | 74.3\% | 76.6\% | 82.6\% | 74.2\% |
| CalFresh, by R/E [SNAP Benefits-Households with Children] ${ }^{k D}$ |  | 28\% | 6\% | *22\% |  |  | 44\% |

[^7]| INDICATORS | BENCHMARK | WHITE | AFRICAN/ AFRICAN ANCESTRY | ASIAN | OTHER | MULTI <br> RACE | HISPANIC/ <br> LATINO <br> (ANY RACE) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Did Not Eat Breakfast; 7th, 9th, 11th, NTKD |  | 14.8\% | 31.6\% | 19.9\% | 15.7\% | 27.7\% | 36.6\% |
| Exclusive Breastfeeding ${ }^{k D}$ | 69.6\% | 88.3\% | 77.2\% | 80.8\% | 81.5\% | 85.3\% | 75.6\% |
| Low Fruit/Vegetable Consumption (Youth) | 47.4\% | -60.6\% | -73.1\% |  | -72.8\% |  | 45.5\% |
| Physical Inactivity (Youth) | 37.8\% | 21.9\% | 33.2\% | 15.6\% |  | 28.5\% | -41.8\% |
| Students Meeting <br> Fitness Standards; 5th Graders ${ }^{\text {KD }}$ | 24.9\% | 35.5\% | -20.1\% | -34.0\% |  | 26.7\% | -15.0\% |
| Students Meeting <br> Fitness Standards; 7th Graders ${ }^{\text {KD }}$ | 31.4\% | 40.5\% | -25.5\% | 42.7\% |  | 33.4\% | -21.7\% |
| Students Meeting <br> Fitness Standards; 9th Graders ${ }^{\text {KD }}$ | 34.8\% | 44.1\% | -32.6\% | 53.1\% |  | 40.5\% | -26.5\% |
| Walking/Biking/Skating to School | 43.0\% | 46.8\% |  |  | 41.1\% |  | 59.1\% |

*Indicates that the data combined Asian/Pacific Is/ander.

- Latinos have the highest rate of overweight or obese adults (72\%) compared to the county overall (54\%).
- Pacific Islanders have high rates of overweight and obesity among adults (77\%) and middle school/high school youth (49\%).

Figure 9. Percent Overweight and Obese Students, 2015-16


Source: California Healthy Kids Survey, 2006-2016.
Other key findings related to obesity were found in the Santa Clara County Public Health Department's Child Health Assessment. No comparisons were provided for this data unless otherwise noted.

- Youth fruit and vegetable consumption is worse in Gilroy and East Side Union High School District compared to consumption by students in other districts.
- Latino children had the highest rates of fast food consumption, both among children under 12 years of age and middle/high school students.
- Males (both adults and middle/high school students) are almost twice as likely to be obese than females.

As shown in the chart below, the rate of fast food restaurants in the county has substantially increased since 2010 (from 69.8 to 86.7), which far outpaces the increase in the state and the U.S.

Figure 10. Fast Food Restaurants Rate per 100,000 People by Year


[^8]
## Maternal/Infant Health

Table 23. Statistical Data for Maternal/Infant Health

| INDICATORS | SCC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :---: | :---: | :---: | :---: |
| Elevated Blood Lead Levels in Children Age 0 - 5 ${ }^{\text {KD }}$ | 0.2\% | 0.2\% | $\downarrow$ |
| Infant Mortality Rate (per 1,000 births) ${ }^{\text {PHD }}$ | 3.1 | 4.6 | $\downarrow$ |
| Infants Born at Very Low Birth Weight ${ }^{\text {KD }}$ | 1.0\% | 1.1\% | $\downarrow$ |
| Infants Whose Mothers Received Prenatal Care in the First TrimesterKD | 85.1\% | 83.2\% | $\uparrow$ |
| Low Birth Weight ${ }^{\text {PHD }}$ | 7.0\% | 6.8\% | $\downarrow$ |
| Teen Births Rate (per 1,000 Under Age 20) ${ }^{\text {P PHD }}$ | 11.1 | 19.0 | $\downarrow$ |
| Any Breastfeeding ${ }^{\text {KD }}$ | 97.3\% | 94.0\% | $\uparrow$ |
| Breastfeeding (Any) | 96.5\% | 93.0\% | $\uparrow$ |
| Breastfeeding (Exclusive) ${ }^{\mathrm{KD}}$ | 80.9\% | 69.6\% | $\uparrow$ |
| Cost of Infant Childcare, Annually, Child Care Center | -\$19,212 | \$16,452 | $\downarrow$ |
| Education-School Enrollment Ages 3-4 | 56.9\% | 48.6\% | $\uparrow$ |
| Food Security-Food Insecurity Rate | 11.0\% | 13.9\% | $\downarrow$ |
| Head Start Program Rate (per 10,000 kids aged 0 - 5) | -2.7 | 6.3 | $\uparrow$ |
| Licensed Childcare Availability for Working Families ${ }^{\text {KD }}$ | 29\% | 23\% | $\uparrow$ |
| WIC-Authorized Food Stores Rate | -9.5 | 15.8 | $\uparrow$ |

Rates are per 100,000 population unless otherwise noted.

The county birth rate has declined slightly since 2006 (as show in the chart below), which is consistent with trends seen in the U.S. overall. In addition to ethnic disparities in low birth weight, low birth weight percentage among mothers who are aged 45 and older (18\%) is three times as high as that for mothers aged $20-24$ (6\%). PHD

Figure 11. Birth Rate per 1,000 People, 2006-2015


[^9]Teen births are trending down since 2006 for all ethnic groups (see chart). Ethnic disparities in teen births are seen in the Latina population ( 25.3 per 1,000) $)^{C R}$ and the Pacific Islander Population ( 20.3 per 1,000, the highest among Asian subpopulations).API

Figure 11.2. Teen Births by Year


Source: Santa Clara County Public Health Department, Birth Stastical Master File, 2006-2015; U.S. Census Bureau; 2010 Census, Tables PCT12, PCT12H, PCT12I, PCT12J, PCT12K, PCT12L, PCT12M (generated by Baath M. using American FactFinder, accessed June 20, 2017); Martin JA, Hamilton BE, Osterman MJK, et al. Births: Final data for 2015; National vital statistics report vol 66, no 1. Hyattsville, MD: National Center for Health Statistics. 2017.

Table 24. Statistical Data for Maternal/Infant Health by Ethnicity

| INDICATORS | BENCH- <br> MARK | WHITE | AFRICAN/ AFRICAN ANCESTRY | ASIAN | OTHER | MULTI RACE | HISPANIC/ <br> LATINO <br> (ANY RACE) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Infant Mortality Rate (per 1,000 births) PHD | 4.6 | 2.8 | -8.7 | 2.1 API | -10.5 PI |  | 3.7 |
| Infants Whose Mothers Received Prenatal Care in the First Trimester ${ }^{K D}$ | 83.2\% | 91.7\% | -73.8\% | *88.3\% |  | 86.6\% | -75.7\% |
| Low Birth Weight ${ }^{\text {PHD }}$ | 6.8\% | 6.3\% | -10.4\% | -7.8\% |  |  | 6.1\% |
| Teen Births (per 1,000 under 20) ${ }^{\text {PHD }}$ | 19.0 | 2.1 | 7.0 | 1.5 |  |  | -25.3 |
| Any Breastfeeding ${ }^{\text {kD }}$ | 94.0\% | 97.8\% | 95.7\% | 98.4\% | 97.3\% | 98.1\% | 95.7\% |
| Breastfeeding (Any) | 93.0\% | 97.1\% | 94.3\% | 97.4\% | 97.2\% | 96.6\% | 95.4\% |
| Breastfeeding (Exclusive) | 64.8\% | 86.0\% | 69.5\% | 74.3\% | 76.6\% | 82.6\% | 74.2\% |
| Exclusive Breastfeeding ${ }^{k D}$ | 69.6\% | 88.3\% | 77.2\% | 80.8\% | 81.5\% | 85.3\% | 75.6\% |

Other findings from Santa Clara County Public Health Reports:

- African/African Ancestry ( $81 \%$ ) and Latina mothers ( $79 \%$ ) are least likely to have prenatal care in their first trimesters. ${ }^{C R}$ Among Asian subpopulations, Pacific Islander mothers have the highest rate of inadequate prenatal care (21\%). API Preterm births are high among those women who did not receive prenatal care (45\%).
- Infant mortality in the pooled years of 2007-2015 for Asian/Pacific Islanders, as a whole, is 2.4 per 1,000 live births, which is the lowest rate for any ethnic group. However, the rate of infant mortality for Pacific Islanders is 10.5 , which misses the HP2020 benchmark of 6.0 by $75 \%$.API
- Only $56 \%$ of expectant mothers under age 15 receive early prenatal care. ${ }^{C R}$ Teen births (under age 20) are highest in East San Jose and Central San Jose.
- Babies who are born preterm (before 37 weeks of gestation) are at increased risk for health problems, which can become long-term. ${ }^{4}$ Preterm births overall are low ( $8 \%$ ) compared to the state ( $9 \%$ ). However, preterm births are high among mothers who have not received prenatal care (45\%). More than one in 10 of African/ African Ancestry mothers ( $11 \%$ ) and Filipina mothers have preterm births (11\%). ${ }^{\text {CR, API }}$
- Although mothers ages 45 and older have high rates of early prenatal care (93\%), when compared to younger mothers, they still have higher rates of preterm births (20\%) and low birth weight babies (18\%).

[^10]
## Oral Health

Table 25. Statistical Data for Oral Health

| INDICATORS | SCC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :---: | :---: | :---: | :---: |
| Dental Decay/Gum Disease (Adult) ${ }^{\text {BRFS }}$ | 45\% | N/A | $\downarrow$ |
| No Recent Dental Exam (Adult) | 18.8\% | 30.5\% | $\downarrow$ |
| No Recent Exam (Children Ages 2 - 11) | -29.8\% | 18.5\% | $\downarrow$ |
| Poor Dental Health (Adult) | 7.8\% | 11.3\% | $\downarrow$ |
| Absence of Dental Insurance (Adult) | 36.0\% | 40.9\% | $\downarrow$ |
| Access to Dentists Rate | 109.0 | 80.1 | $\uparrow$ |
| Dental Care-Lack of Affordability (Ages 5-17) | 4.2\% | 6.3\% | $\downarrow$ |
| Exposed to Unsafe Drinking Water | 0.0\% | 2.7\% | $\downarrow$ |
| Living in Dental Health Professional Shortage Area | 0.0\% | 26.1\% | $\downarrow$ |

Table 26. Statistical Data for Oral Health by Ethnicity

| INDICATORS | BENCHMARK | WHITE | AFRICAN/ <br> AFRICAN ANCESTRY | ASIAN | OTHER | HISPANIC/ LATINO <br> (ANY RACE) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Absence of Dental Insurance (Adult) | 40.9\% | 25.3\% |  | 30.3\% |  | 32.1\% |
| Dental Decay/ <br> Gum Disease (Adult) ${ }^{\text {BRFS }}$ | 45\% SCC | 31\% | *50\% | -61\% |  | -60\% |
| No Recent Dental Exam (Children Ages 2 - 11) | 18.5\% | *31.0\% |  |  | 16.3\% | *51.8\% |

Note: No data are available for African/African Ancestry. No data are available for Pacific Islander or Native American populations.

## Sexually Transmitted Infections

Table 27. Statistical Data for Sexually Transmitted Infections

| INDICATORS | SCC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :---: | :---: | :---: | :---: |
| Chlamydia ${ }^{\text {PHD }}$ | 361.8 | 504.4 | $\downarrow$ |
| Chlamydia Incidence Among Youth Ages 10 - 19 (rate per 100,000) ${ }^{\mathrm{KD}}$ | 498.8 | 709.2 | $\downarrow$ |
| Early Syphilist ${ }^{\text {PHD }}$ | 18.2 | 28.5 | $\downarrow$ |
| Gonorrhea ${ }^{\text {+PHD }}$ | 100.6 | 164.3 | $\downarrow$ |
| Gonorrhea Incidence Among Youth Age 10-19 (rate per 100,000) ${ }^{\mathrm{kD}}$ | 80.9 | 121.2 | $\downarrow$ |
| HIV Hospitalization Discharge Rate per 10,000 (2011) | 0.87 | 1.98 | $\downarrow$ |
| HIV Prevalence ${ }^{\text {PHD }}$ | 6.9 | 12.7 | $\downarrow$ |
| No HIV Screening | -64.0\% | 60.8\% | $\downarrow$ |

Rates are per 100,000 population unless otherwise noted.

- Gonorrhea among female minors has risen $61 \%$ between 2013 and 2014 and is five times as high as that of males. ${ }^{C R}$
- The rate of chlamydia infections among females (450.4) is 1.6 times that of males (273.3). ${ }^{\text {CR }}$
- 2016 STI rates in Santa Clara County are favorable compared with California. However, syphilis, gonorrhea and chlamydia rates are all trending up since 2007 (see chart).

Figure 12. HIV \& Early Syphilis Rates by Year


Figure 13. Gonorrhea and Chlamydia Rates by Year


Sources: Centers for Disease Control and Prevention. Sexually Transmitted Disease Surveillance 2016. Atlanta: U.S. Department of Health and Human Services; 2017; Santa Clara County Public Health Department, Automated Vital Statistics System (AVSS) (2007-2011) \& California Reportable Disease Information Exchange (CaIREDIE) (2011 - 2016), data are provisional as of 5/5/2017; State of California, Department of Finance, Race/Ethnic Population with Age and Sex Detail, 2000 - 2010. Sacramento, California, September 2012; State of California, Department of Finance, State and County Population Projections by Race/Ethnicity and Age, 2010 - 2060, Sacramento, California, February 2017; STD Control Branch, California Department of Public Health, Sexually Transmitted Diseases in California 2016 Executive Summary.

Table 28. Statistical Data for Sexually Transmitted Infections by Ethnicity

| INDICATORS | BENCHMARK | WHITE | AFRICAN/ AFRICAN ANCESTRY | ASIAN | MULTI RACE | HISPANIC/ LATINO <br> (ANY RACE) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Chlamydia Incidence Among Youth Ages 10-19 kD | 709.2 | 376.9 | -1795.3 | *145.7 |  | -758.3 |
| Early Syphilis ${ }^{\text {PHD }}$ | 28.5 | 14.1 | -39.3 | 3.8 |  | 27.7 |
| Gonorrhea Incidence Among Youth Age 10-19 KD | 121.2 | 90.1 | *512.9 | *18.7 |  | 98.4 |
| HIV Prevalence ${ }^{\text {PHD }}$ | 12.7 | 4.5 | -34.9 | 3.8 |  | 11.1 |
| No HIV Screening | 60.8\% | 51.1\% | 37.0\% | -71.4\% | 38.9\% | 47.6\% |

Rates are per 100,000 population unless otherwise noted. *Indicates that the data combined Asian/Pacific Islander.

## Unintentional Injury

Table 29. Statistical Data for Unintentional Injury

| INDICATORS | SCC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :---: | :---: | :---: | :---: |
| Fatal Motor Vehicle Accident Rate | 6.2 | 8.6 | $\downarrow$ |
| Fatal Pedestrian Accident Rate | -1.5 | ${ }^{+} 1.3$ | $\downarrow$ |
| Motor Vehicle Hospitalization Rate ${ }^{\text {PHD }}$ | 49.7 | N/A | $\downarrow$ |
| Poisoning Hospitalizations, Children Age $0-17 \mathrm{KD}$ | 1.0\% | 1.0\% | $\downarrow$ |
| Unintentional Injury Mortality Rate ${ }^{\text {PHD }}$ | 26.9 | 36.4 | $\downarrow$ |
| Alcohol-Excessive Consumption | 14.7\% | 17.2\% | $\downarrow$ |
| Liquor Store Access Rate | 8.9 | 10.6 | $\downarrow$ |

Rates are per 100,000 population unless otherwise noted.
Other findings:

- $5 \%$ of deaths in the county are due to accidents, compared with $4 \%$ in the state.
- Male mortality rates due to unintentional injury are $90 \%$ worse than those of females.
- The unintentional injury mortality rate has increased slightly from 2007.PHD (See chart.)

Figure 14. Unintentional Injury Mortality Rate by Year


[^11]Table 30. Statistical Data for Unintended Injury by Ethnicity

| INDICATORS | BENCH- <br> MARK | WHITE | AFRICAN/ <br> AFRICAN ANCESTRY | ASIAN | MULTI RACE | HISPANIC/ LATINO (ANY RACE) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Fatal Pedestrian Accident Rate | 1.3 | 1.4 | 0 | 0 | 0 | -2.2 |
| Motor Vehicle Fatal Accident Rate | 8.6 | 5.9 | 7.0 | 3.9 |  | 9.4 |
| Motor Vehicle <br> Hospitalization Rate ${ }^{\text {PHD }}$ | $\begin{array}{r} 49.7 \\ \text { (SCC) } \end{array}$ | 52.5 | -61.6 | 28.2 API |  | -60.2 |
| Unintentional Injury Mortality Rate ${ }^{\text {PHD }}$ | 36.4 | 29.4 | -43.0 | 16.0 API |  | 32.8 |

Rates are per 100,000 population unless otherwise noted. Note: No data are available for the population of "other" racelethnicity.

- African/African Ancestry children under 18 are $65 \%$ more likely to suffer an unintentional injury ( 3,554 per 100,000 ) compared with the county overall $(2,150)$. CR


## References and Sources

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API Santa Clara County 2017 Asian and Pacific Islander Health Assessment. (n.d.). Santa Clara County Public Health Department. Retrieved from https://www. sccgov.org/sites/phd/hi/hd/Documents/AsianHealth/aha-report.pdf

BRFS Santa Clara County Behavioral Risk Factor Survey. (2013-14.) Santa Clara County Public Health Department. Retrieved from Santa Clara County Health Status Quick Facts, https://www.sccgov.org/sites/phd/hi/hd/Pages/data-home.aspx.

CC Community Commons CHNA Data Platform, Kaiser Permanente hub. https://www. communitycommons.org/groups/community-health-needs-assessment-chna

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[^12]
# Attachment 4: <br> Secondary Data Tables, San Mateo County 

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## Introduction

Statistical data tables compare San Mateo County data to California state benchmarks or Healthy People 2020 aspirational goals, whichever is more stringent. Although community health needs were determined based on all available data, the subset of data presented in these tables are those which are most related to children and youth. The tables are presented alphabetically, with the exception of "General Health," which is last.

## Definitions:

Incidence rate: Rate of new cases within a specific time period
Mortality rate: Rate of deaths from a given condition compared with a specified population
Prevalence: Proportion of a population with a given condition
Age-adjusted rate: Statistically modified rate that eliminates the effect of different age distributions in the populations

## Conventions:

- Core indicators are separated from drivers by a heavy border.
- Certain indicators are available by ethnicity, which shows disparities in certain populations.

Those tables follow each of the overall health need tables if available.

- Rates are per 100,000 unless otherwise noted.
- Data are rounded to the tenths if available. If the data point is less than 1.0 , then it is presented to the hundredths.
- Data that are worse than benchmarks are in bold type.
- Data that are 5\% (not five percentage points, but five percent) worse than benchmarks are marked with a diamond ( $\boldsymbol{\bullet}$ ).
- Data where trends are available are denoted with the dagger $(\boldsymbol{\dagger})$ symbol.
- Benchmark values represent the California state average except where noted:
- Benchmark values with the ${ }^{(H)}$ superscript indicate that the Healthy People 2020 benchmark is more stringent than the state average.
- Benchmark values with the ${ }^{\left({ }^{\text {S }}\right)}$ ) superscript indicate that figure represents the national (United States) average rather than the state average; this occurs in cases where the state average was not made available.
- Indicator details, including the definition and original source, may be found in "Secondary Data Indicators" list provided separately.
- We use the shorthand "Afr / Afr Anc" for the term "African/African Ancestry" or "of African descent" to refer to all African people. Please note that the data sources from which ethnicity data are provided may use the terms "Black" and/or "African-American" in their surveys and studies. The term African ancestry is more inclusive and emphasizes the connectedness of all African people.
- We use the shorthand "Hisp / Lat (Any Race)" for the term "Hispanic / Latino (Any Race)," "Pac Isl" for the term "Pacific Islander," and "Native Am" for the term "Native American."


## Social Determinants of Health

Health needs in the social determinants of health category are those which impact our health by way of our social and physical environments. The Healthy People 2020 framework organizes its research on social determinants of health in five domains:

1. Economic Stability: Employment, Food Insecurity, Housing Instability, Poverty
2. Education: Early Childhood Education and Development, Enrollment in Higher Education, High School Graduation, Language and Literacy
3. Health and Health Care: Access to Health Care, Access to Primary Care, Health Literacy
4. Neighborhood and Built Environment: Access to Foods that Support Healthy Eating Patterns, Crime and Violence, Environmental Conditions, Quality of Housing
5. Social and Community Context: Social Cohesion, Civic Participation, Discrimination, and Incarceration

The data tables found in this section all pertain to these five domains.
Figure 1. Social Determinants of Health Domains


Adapted from HealthyPeople.gov

## Education \& Literacy

Table 1. Statistical Data for Education \& Literacy

| INDICATORS | YEAR(S) | SMC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :---: | :---: | :---: | :---: | :---: |
| High School Graduation Rate (percent of cohort) ${ }^{1+\& 2}$ | 2014-2015 | 88.1\% | H87.0\% | $\uparrow$ |
| Reading At or Above Proficiency ${ }^{2}$ | 2015-2016 | *56.0\% | ${ }^{+} 63.7 \%$ | $\uparrow$ |
| School Enrollment Ages 3 - 41 | 2012-2016 | 62.5\% | 48.6\% | $\uparrow$ |
| Adults with an Associate's Degree or Higher ${ }^{2}$ | 2012-2016 | 54.5\% | 39.8\% | $\uparrow$ |
| Adults with Less than High School Diploma (or Equivalent) ${ }^{1}$ | 2012-2016 | 11.4\% | 17.9\% | $\downarrow$ |
| Adults with Some Post-Secondary Education² | 2012-2016 | 76.1\% | 63.6\% | $\uparrow$ |
| Children in Limited English-Speaking Households ${ }^{26}$ | 2016 | 9.2\% | 10.5\% | $\downarrow$ |
| Cost of Preschool Childcare, Annually, Child Care Center ${ }^{2}$ | 2016 | -\$14,703 | \$11,202 | $\downarrow$ |
| Expulsions Rate (per 100 students) ${ }^{2}$ | 2016-2017 | 0.06 | 0.08 | $\downarrow$ |
| Head Start Program Facilities Rate (per 10,000 pop. 0 - 5) | 2018 | -2.6 | 5.9 | $\uparrow$ |
| High School Graduates Completing College Prep Courses ${ }^{26}$ | 2015 | 54.3\% | 43.4\% | $\uparrow$ |
| High Speed Internet ${ }^{2}$ | 2016 | 98.9\% | 95.4\% | $\uparrow$ |
| Meeting or Exceeding Grade-Level Standard in English Language Arts, 11th Grade ${ }^{26}$ | 2016 | 65\% | 59\% | $\uparrow$ |
| Meeting or Exceeding Grade-Level Standard in Mathematics, 11th Grade ${ }^{26}$ | 2016 | 44\% | 32\% | $\uparrow$ |
| Population in Linguistically Isolated Households ${ }^{1}$ | 2012-2016 | 8.9\% | 8.9\% | $\downarrow$ |
| Population with Limited English Proficiency (age 5+)1 | 2012-2016 | 18.4\% | 18.6\% | $\downarrow$ |
| Student Truancy Rate (per 100 students) ${ }^{26}$ | 2016 | 25.9 | 34.1 | $\downarrow$ |
| Students Not Completing High School ${ }^{26}$ | 2015 | 6.7\% | 10.7\% | $\downarrow$ |
| Students per Academic Counselor ${ }^{26}$ | 2017 | 614:1 | 681:1 | $\downarrow$ |
| Suspensions Rate (per 100 students) ${ }^{2}$ | 2016-2017 | 4.9 | 5.9 | $\downarrow$ |
| Teen Birth Rate (per 1,000) ${ }^{26}$ | 2015 | 9.4 | 18.7 | $\downarrow$ |

## Trends ( $\dagger$ )

Certain indicators have been measured longitudinally. Below are the trend directions for indicators with trend data available.

- Childcare Arrangement Has Made It Easier for Parent to Attend Education/Training": Decreasing
- Computer in Household"1: Mixed (increasing, but decrease since 2013)
- High School Graduation Rate': Flat since 2012


## Race \& Ethnicity

Certain indicators are available by ethnicity, which shows disparities in certain populations.
Table 2. Statistical Data for Education \& Literacy by Ethnicity

| INDICATORS | BENCHMARK | WHITE | $\begin{array}{r} \text { AFR } \\ \text { / AFR } \\ \text { ANC } \end{array}$ | ASIAN | $\begin{array}{r} \text { PAC } \\ \text { ISL } \end{array}$ | NATIVE AM | OTHER | MULTI <br> RACE | HISP <br> / LAT <br> (ANY <br> RACE) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Adults with Less than High School Diploma or Equivalent ${ }^{1}$ | 17.9\% | 3.6\% | 11.0\% | 8.3\% | 14.1\% | -26.6\% | -36.8\% | 8.0\% | -32.9\% |
| Caring Adults at School: Low; 7th, 9th, 11th, NT ${ }^{26}$ |  | 6.9\% | -9.4\% | -9.6\% | -12.0\% | -18.7\% | -10.9\% | -10.9\% | -12.4\% |
| High School Graduates Completing College Prep Courses ${ }^{26}$ | 43.4\% | 66.9\% | -28.7\% | 75.5\% | -31.3\% |  | +55.4\% | 60.8\% | -37.6\% |
| High School Graduation <br> Rate (percent of cohort) ${ }^{2}$ | +87.0\% | 92.2 | -77.3 | 96.8 |  | -73.3 |  | 94.6 | 80.4 |
| Meaningful Participation <br> at School: Low; 7th, 9th, 11th, NT ${ }^{26}$ |  | 24.1\% | -27.5\% | -26.3\% | -33.1\% | -39.7\% | -29.3\% | *29.5\% | -38.6\% |
| Meeting or Exceeding Grade-Level Standard in English Language Arts, 11th Grade ${ }^{26}$ | 59\% | 77\% | -31\% | 81\% | -34\% | -51\% | +63\% | 75\% | -37\% |
| Meeting or Exceeding Grade-Level Standard in Mathematics, 11th Grade ${ }^{26}$ | 32\% | 69\% | -21\% | 82\% | - $26 \%$ | 43\% | +51\% | 68\% | -26\% |
| Reading At or Above Proficiency ${ }^{2}$ | H63.7 \% | 75\% | -34\% | 79\% | -30\% |  |  | 74\% | -31\% |
| Population with Limited English Proficiency (age 5+) | 18.6\% | 11.0\% | 0.19\% | 14.2\% | 0.54\% | 0.13\% | 7.4\% | 0.51\% | -35.4\% |
| School Connectedness: Low; 7th, 9th, 11th, NT ${ }^{26}$ |  | 5.9\% | -11.2\% | 4.8\% | -8.0\% | -23.4\% | -10.1\% | -7.6\% | -8.3\% |
| Students Not Completing High School ${ }^{26}$ | 10.7\% | 4.8\% | *12.9\% |  |  |  | +3.3\% |  | 10.8\% |
| Teen Birth Rate (per 1,000) ${ }^{26}$ | 18.7 |  |  |  |  |  |  |  | -21.3 |

[^13]Data Without Benchmarks
Certain indicators were available that had no statewide or national comparison. These data are described below.

- Computer in Household: Nearly $90 \%$ of Quality of Life survey respondents countywide ( $\mathrm{N}=1,581$ ) reported that they had a computer at home." This was reported in smaller proportions by respondents with a high school diploma or less (68\%), and individuals earning less than 200\% FPL (69\%)."
- College Preparedness, High School Graduates: "In 2012, [only] 52\% of high school graduates reported taking college preparatory courses in high school. ${ }^{n / 13}$
- Truancy: "In 2012, 63\% of students attending nontraditional schools reported being truant during the school year." ${ }^{13}$


## Food Insecurity

Table 3. Statistical Data for Food Insecurity

| INDICATORS | YEAR(S) | SMC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :---: | :---: | :---: | :---: | :---: |
| Food Insecure Population Ineligible for Assistance ${ }^{1}$ | 2014 | *39\% | 22\% | $\downarrow$ |
| Food Insecure Population Ineligible for Assistance - Children ${ }^{1}$ | 2014 | -46\% | 29\% | $\downarrow$ |
| Food Insecurity Rate ${ }^{11+\& 23}$ | 2016 | -9.1\% | ${ }^{4} 6.0 \%$ | $\downarrow$ |
| Food Insecurity Rate - Children under $18{ }^{1}$ | 2014 | 19.3\% | 25.3\% | $\downarrow$ |
| Children Eligible for Free/Reduced Price Lunch¹+ | 2015-2016 | 32.9\% | 58.9\% | $\downarrow$ |
| Children in Single-Parent Households ${ }^{2}$ | 2012-2016 | 22.0\% | 31.8\% | $\downarrow$ |
| SNAP Benefits (Households) ${ }^{1+}$ \&2 | 2012-2016 | 3.7\% | 9.4\% | $\downarrow$ |

## Trends ( $\dagger$ )

Certain indicators have been measured longitudinally. Below are the trend directions for indicators with trend data available.

- Children Eligible for Free/Reduced Price Lunch': Falling since 2012-13
- Food Insecurity ${ }^{11}$ : More respondents were food-insecure than in any prior survey (1998-2013).
- SNAP Benefits (Households)': Rising since 2008
- Received Informal Food Support ${ }^{111}$ : Increasing
- Receiving Government Assistance ${ }^{11}$ : Increasing


## Race \& Ethnicity

Certain indicators are available by ethnicity, which shows disparities in certain populations.
Table 4. Statistical Data for Food Insecurity by Ethnicity

| INDICATORS | BENCHMARK | WHITE | AFR AFR ANC | ASIAN | $\begin{gathered} \text { PAC } \\ \text { ISL } \end{gathered}$ | NATIVE AM | OTHER | MULTI RACE | $\begin{aligned} & \text { HISP } \\ & \text { / LAT } \\ & \text { (ANY } \\ & \text { RACE) } \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Food Insecurity Rate ${ }^{11824}$ | ${ }^{4} 6.0 \%$ |  | -7.5\% | **.2\% |  |  |  |  |  |

[^14]
## Other Populations

Certain indicators are available by age, income or education level, or geography, and show disparities in certain populations.

Table 5. Statistical Data for Food Insecurity by Age, Income, Education, or Geography

| INDICATORS | BENCHMARK | $\begin{gathered} \text { AGE } \\ 0-5 \end{gathered}$ | $\begin{gathered} \text { AGE } \\ 6-17 \end{gathered}$ | $\begin{array}{r} \text { AGE } \\ 18-64 \end{array}$ | $\begin{gathered} \text { AGE } \\ 65+ \end{gathered}$ | $\begin{array}{r} \text { sHIGH } \\ \text { SCHOOL } \end{array}$ | $\begin{aligned} & \text { SOME } \\ & \text { COLLEGE } \end{aligned}$ | $\begin{gathered} \geq \text { B.A./B.S. } \\ \text { DEGREE } \end{gathered}$ | $\begin{array}{r} \leq 200 \% \\ \text { FPL } \end{array}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Food Insecurity Rate ${ }^{11 \& 24}$ | ${ }^{4} 6.0 \%$ |  |  |  |  |  |  |  | -10.4\% |

Blank cells indicate that data were unavailable.

## Data Without Benchmarks

Certain indicators were available that had no statewide or national comparison. These data are described below.

- Food Access:
- Did Not Eat Breakfast: About " $69 \%$ of nontraditional students reported not having eaten breakfast in the past day." ${ }^{\text {¹ }}$
- Food Assistance Programs:
- Received Informal Food Support: More than 6\% of Quality of Life survey respondents countywide $(N=1,581)$ indicated that they had gone to a food bank or otherwise received free meals in the past year.11 This figure was higher among low-income respondents (17\%) and respondents from the Coastside (12\%)."
- Eligible Students Not Participating in School Lunch Programs: Nearly one-third (31\%) of students eligible to participate in school lunch programs are not participating. ${ }^{14}$
- Eligible Students Not Participating in School Breakfast Programs: Nearly two thirds (64\%) of students eligible to participate in school breakfast programs are not participating. ${ }^{14}$
- Food Assistance Program Participation: "About half of eligible food-insecure individuals participate in food assistance programs."14 "There are significant gaps in participation in cities like Daly City, N[orth] F[air] O[aks], E[ast] P[alo] A[lto], San Mateo [and] Redwood City."14 It appears there is "[m]ore exploration to be done in cities like Millbrae, Foster City, San Bruno, [and] Brisbane.,"14


## Health Care Access \& Delivery

Table 6. Statistical Data for Health Care Access \& Delivery

| INDICATORS | YEAR(S) | SMC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :---: | :---: | :---: | :---: | :---: |
| Access to Dentists Rate ${ }^{1+8 / 2}$ | 2016 | 101.2 | 82.3 | $\uparrow$ |
| Access to Mental Health Care Providers Rate ${ }^{1}$ | 2018 | 300.9 | 280.6 | $\uparrow$ |
| Access to Primary Care Rate ${ }^{1+\& 12}$ | 2015 | 102.9 | 78.0 | $\uparrow$ |
| Access to Other Primary Care Providers Rate ${ }^{12}$ | 2017 | -35.6 | 52.2 | $\uparrow$ |
| Adults Needing and Receiving Behavioral Health Care Services ${ }^{20+}$ | 2015-2016 | 58.4\% | 60.5\% | $\downarrow$ |
| Children/Youth with Health Insurance, Ages O-1726 | 2016 | 98.9\% | 97.1\% | $\uparrow$ |
| Lack of Consistent Source of Primary Care ${ }^{1}$ | 2011-2012 | 10.4\% | 14.3\% | $\downarrow$ |
| Cancer Screening-Pap Test ${ }^{1}$ | 2006-2012 | 82.1\% | 78.3\% | $\uparrow$ |
| Delayed or Had Difficulty Obtaining Care ${ }^{20+}$ | 2013-2014 | 17.3\% | 21.2\% | $\downarrow$ |
| Doctor's Visit-Could Not Afford ${ }^{11+\& 24}$ | 2016 | 5.8\% | 11.4\% | $\downarrow$ |
| Federally Qualified Health Centers Rate ${ }^{1}$ | 2018 | -1.7 | 2.7 | $\uparrow$ |
| Health Professional Shortage Area-Dental ${ }^{2}$ | 2016 | 0.0\% | 13.2\% | $\downarrow$ |
| Lack of Dental Insurance Coverage ${ }^{2}$ | 2015-2016 | 26.0\% | 38.5\% | $\downarrow$ |
| Lack of Health Care Coverage ${ }^{11+\& 24}$ | 2016 | 8.6\% | 12.9\% | $\downarrow$ |
| Lack of Transportation Interfered with Access to Health Care ${ }^{11+\& 24}$ | 2016 | 7.2\% | us8.3\% | $\downarrow$ |
| Life Expectancy at Birth (in Years) ${ }^{2}$ | 2014 | 83.1 | 80.8 | $\downarrow$ |
| Living in Health Professional Shortage AreaPrimary Care ${ }^{1}$ | 2016 | 0.0\% | 5.1\% | $\downarrow$ |
| Medication-Could Not Afford ${ }^{11+} \& 24$ | 2016 | 7.7\% | us14.9\% | $\downarrow$ |
| Mortality-Premature Deaths (Years of Potential Life Lost) ${ }^{1}$ | 2014-2016 | 3,552 | 5,862 | $\downarrow$ |
| No Recent Dental Exam (Youth) ${ }^{1}$ | 2013-2014 | 1.2\% | 18.5\% | $\downarrow$ |
| Poor or Fair Health ${ }^{11+}$ \& 24 | 2016 | 13.3\% | 17.8\% | $\downarrow$ |
| Poor Physical Health (Average Days/Month) ${ }^{1+1+12}$ | 2016 | 2.7 | 3.5 | $\downarrow$ |
| Population Receiving Medicaid ${ }^{1}$ | 2012-2016 | 15.2\% | 26.6\% | $\downarrow$ |
| Population with Any Disability ${ }^{1}$ | 2012-2016 | 8.3\% | 10.6\% | $\downarrow$ |
| Population with Limited English Proficiency (age 5+)1 | 2012-2016 | 18.4\% | 18.6\% | $\downarrow$ |
| Premature Death, Racial/Ethnic Disparity Index ${ }^{2}$ | 2004-2017 | -52.1 | 36.8 | $\downarrow$ |
| Recent Dental Exam ${ }^{11 \& 24}$ | 2016 | 78.9\% | 66.8\% | $\uparrow$ |


| INDICATORS | YEAR(S) | SMC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :---: | :---: | :---: | :---: | :---: |
| Recent Primary Care Visit (at least 1 visit past year) ${ }^{2}$ | 2015-2016 | 70.6\% | 72.4\% | $\uparrow$ |
| Students per School Nurse ${ }^{26}$ | 2017 | -4876:1 | 2502:1 | $\downarrow$ |
| Students per School Psychologist ${ }^{26}$ | 2017 | -1196:1 | 1124:1 | $\downarrow$ |
| Students per School Speech/Language/ Hearing Specialist ${ }^{26}$ | 2017 | 1153:1 | 1181:1 | $\downarrow$ |
| Uninsured Children² | 2012-2016 | 9.6\% | 10.4\% | $\downarrow$ |
| Uninsured Population ${ }^{1+}$ | 2012-2016 | -7.2\% | ${ }^{+} 0.0 \%$ | $\downarrow$ |

## Trends ( $\dagger$ )

Certain indicators have been measured longitudinally. Below are the trend directions for indicators with trend data available.

- Access to Dentists Rate': Rising since 2010
- Access to Primary Care Rate': Mixed, but generally rising since 2010
- Adults Needing and Receiving Behavioral Health Care Services ${ }^{20}$ : No significant change
- Child Had Recent Dental Exam": Increasing
- Child Has Usual Place for Medical Check-ups ${ }^{11}$ : Decreasing since 2013
- Delayed or Had Difficulty Obtaining Care ${ }^{20}$ : Flat compared to prior value
- Difficulty Getting in to See a Doctor ${ }^{11}$ : No clear trend
- Doctor's Visit-Could Not Afford1́:

No significant change

- Fair/Poor Access to Social Services"1:

No significant change

- Fair/Poor Access to Child Health Services ${ }^{11}$ : Increasing since 2008
- Fair/Poor Access to Dental Care ${ }^{111}$ Increasing
- Fair/Poor Access to Help for Substance Abuse ${ }^{11}$ : Increasing
- Fair/Poor Access to Mental Health Services": Increasing
- Fair/Poor Access to Health Care ${ }^{11}$ : No clear trend
- Have Ever Sought Professional Help for Drug Related Problem ${ }^{11}$ : Flat
- Job Does Not Offer Health Benefits ${ }^{11}$ : Increasing
- Job Offers Health Benefits for Employee Dependents ${ }^{11}$ : Slightly increasing
- Know Where to Access Treatment for a Drug-Related Problem if Needed ${ }^{11}$ : Increasing
- Lack of Health Care Coverage ${ }^{11}$ :

Decreasing since 2008

- Lack of Transportation Interfered with Access to Health Care ${ }^{11}$ : No significant change
- Medication-Could Not Afford"11: Decreasing
- Number of Years Since Had Health Coverage ${ }^{11}$ : Decrease from 2013
- Poor or Fair Health11: Increasing since 2008
- Receiving Government Assistance ${ }^{11}$ : Increasing
- Uninsured Population': Decreasing


## Race \& Ethnicity

Certain indicators are available by ethnicity, which shows disparities in certain populations.
Table 7. Statistical Data for Health Care Access \& Delivery by Ethnicity

| INDICATORS | BENCHMARK | WHITE | AFR <br> / AFR <br> ANC | ASIAN | $\begin{gathered} \text { PAC } \\ \text { ISL } \end{gathered}$ | NATIVE <br> AM | OTHER | MULTI <br> RACE | HISP <br> / LAT <br> (ANY <br> RACE) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Lack of Consistent Source of Primary Care ${ }^{1}$ | 14.3\% | 5.8\% | 8.0\% |  |  |  | 10.8\% |  | -17.0\% |
| Children/Youth with Health Insurance Ages O-1726 | 97.1\% | 99.8\% |  | 98.7\% |  |  |  | 99.1\% | 97.9\% |
| Doctor's VisitCould Not Afford ${ }^{11} \& 24$ | 11.4\% |  | 10.4\% |  |  |  |  |  |  |
| Lack of Health Care Coverage ${ }^{11 \& 24}$ | 12.9\% |  |  | **14.5\% |  |  |  |  | -16.5\% |
| Lack of Transportation Interfered with Access to Health Care ${ }^{11 \%} 24$ | us8.3\% |  |  |  |  |  |  |  | -12.0\% |
| Medication\% Could Not Afford"11 24 | US14.9 |  |  |  |  |  |  |  | 13.2 |
| Uninsured Population ${ }^{1}$ | ${ }^{\text {H }} 0.0 \%$ | 3.6\% | -9.9\% | -5.8\% | -11.2\% | -8.8\% | -15.6\% | 4.7\% | -14.6\% |

Blank cells indicate that data were unavailable. *Indicates that survey combined Asian/Pacific Islander.

## Other Populations

Certain indicators are available by age, income or education level, or geography, and show disparities in certain populations.

Table 8. Statistical Data Related to Health Care Access \& Delivery by Age, Income, Education, or Geography

| INDICATORS | BENCHMARK | $\begin{array}{r} \text { AGE } \\ 0-5 \end{array}$ | $\begin{gathered} \text { AGE } \\ \text { 6-17 } \end{gathered}$ | $\begin{array}{r} \text { AGE } \\ 18-64 \end{array}$ | AGE $65+$ | $\begin{aligned} & \leq \mathrm{HIGH} \\ & \mathrm{SCHOOL} \end{aligned}$ | SOME COLLEGE | $\begin{array}{r} \geq \text { B.A./B.S. } \\ \text { DEGREE } \end{array}$ | $\begin{gathered} \leq 200 \% \\ \text { FPL } \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Doctor's VisitCould Not Afford ${ }^{11}$ \& 24 | 11.4\% |  |  |  |  |  |  |  | 10.9\% |
| Lack of Health Care Coverage ${ }^{11 \& 24}$ | 12.9\% |  |  |  |  | -21.5\% |  |  |  |
| Lack of Transportation Interfered with Access to Health Care ${ }^{11 \%}$ : 24 | us8.3\% |  |  |  |  |  |  |  | -15.7\% |
| Medication- <br> \% Could Not Afford" ${ }^{11} 24$ | us14.9 |  |  |  |  |  |  |  | -18.0 |
| Recent Dental Exam ${ }^{11 \% 24}$ | 66.8\% |  |  |  |  |  |  |  | *51.1\% |

[^15]
## Data Without Benchmarks

Certain indicators were available that had no statewide or national comparison. These data are described below.

- Access to Dentists: Almost $82 \%$ of Quality of Life survey respondents countywide ( $N=1,581$ ) reported having a usual source of dental care. ${ }^{11}$ This was the case for a smaller proportion of respondents earning less than 200\% FPL (57\%)."
- Access to Health Services:
- Fair/Poor Access to Health Care: About 10\% of Quality of Life survey respondents countywide $(N=1,581)$ reported that the ease with which they are able to get the health care services they need is fair/poor.1" This was reported in greater proportions by respondents earning less than 200\% FPL (24\%) and Latinx respondents (18\%).11
- Job Does Not Offer Health Benefits: More than one-quarter of Quality of Life survey respondents countywide ( $\mathrm{N}=1,581$ ) who were employed reported that their job offered no health benefits. ${ }^{11}$ This was reported in greater proportions by Latinxs (35\%), south county respondents (36\%), and individuals earning less than 200\% FPL (56\%).
- Child Has Usual Place for Medical Check-ups: Of Quality of Life survey respondents who had at least one child under age 18 living in their household, nearly $94 \%$ reported that they have a regular place they take their child for medical check-ups.1" This was reported in smaller proportions by respondents with a high school diploma or less (87\%), and individuals earning less than 200\% FPL (87\%).
- Access to Physicians:
- Difficulty Getting in to See a Doctor: About $11 \%$ of Quality of Life survey respondents countywide ( $N=1,581$ ) indicated they had difficulty seeing a doctor.11 This affected greater proportions of respondents earning less than $200 \%$ FPL ( $20 \%$ ) and Latinx respondents ( $17 \%$ ).11
- Fair/Poor Access to Social Services: Over $21 \%$ of Quality of Life survey respondents countywide ( $N=1,581$ ) rated the ease with which they are able to get social services in their community as fair or poor.11 Greater proportions of Latinx (29\%), low-income (30\%), and African ancestry (34\%) respondents rated social services access as fair/poor."
- Dental Insurance:
- Dental Insurance: About two thirds of Quality of Life survey respondents countywide ( $\mathrm{N}=1,581$ ) reported having dental insurance. ${ }^{11}$ This was the case for smaller proportions of respondents earning less than 200\% FPL (42\%). ${ }^{11}$
- Lack of Insurance Prevented Dental Care: About 30\% of Quality of Life survey respondents countywide ( $N=1,581$ ) indicated that they or a family member(s) have dental problems they cannot take care of because of a lack of insurance. ${ }^{11}$ This affected greater proportions of Latinx respondents ( $44 \%$ ) and adults age 18 - 39 (45\%)."


## Housing \& Homelessness

Table 9. Statistical Data for Housing \& Homelessness

| INDICATORS | YEAR(S) | SMC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :---: | :---: | :---: | :---: | :---: |
| Assisted Housing Units Rate (per 10,000) ${ }^{1}$ | 2016 | -235.9 | 352.4 | $\downarrow$ |
| Asthma Patient Discharges, Children/Youth (ages 1 - 19) ${ }^{1}$ | 2011 | 3.8\% | 4.3\% | $\downarrow$ |
| Banking Institutions Rate (per 10,000 pop.)2 | 2015 | 3.2 | 2.7 | $\uparrow$ |
| Children Living in Crowded Households ${ }^{26}$ | 2016 | 26.8\% | 28.4\% | $\downarrow$ |
| Commute > $60 \mathrm{Min}^{1}$ | 2012-2016 | 8.9\% | 11.3\% | $\downarrow$ |
| Cost Burdened Households ${ }^{1}$ | 2012-2016 | 39.3\% | 42.8\% | $\downarrow$ |
| Cost Burden-Renters ${ }^{18+}$ | 2012-2016 | 48.2\% | 56.5\% | $\downarrow$ |
| Elevated Blood Lead Levels in Children Age O-526 | 2013 | 0.2\% | 0.2\% | $\downarrow$ |
| Elevated Blood Lead Levels in Children/ Youth Ages 6-2026 | 2013 | 0.2\% | 0.3\% | $\downarrow$ |
| Homeless Public School Students ${ }^{26}$ | 2016 | 2.3\% | 4.4\% | $\downarrow$ |
| Living in Owner-Occupied Housing18 ${ }^{+}$ | 2012-2016 | 56.4\% | 49.8\% | $\uparrow$ |
| Median Rent, 2 Bedroom (\$)19 ${ }^{+}$ | 2018 | -3,495 | 2,150 | $\downarrow$ |
| Severe Housing Problems ${ }^{2}$ | 2011-2015 | 24.1\% | 27.3\% | $\downarrow$ |
| Substandard Housing Units ${ }^{1}$ | 2012-2016 | 41.8\% | 45.6\% | $\downarrow$ |
| Vacant Housing Units ${ }^{1}$ | 2012-2016 | 4.7\% | 7.9\% | $\downarrow$ |
| Unsheltered Homeless Children, Ages 0-1726 | 2017 | 4 | 1,451 | $\downarrow$ |
| Unsheltered Homeless Young Adults, Ages 18-2426 | 2017 | 7 | 11,298 | $\downarrow$ |

## Trends ( $\dagger$ )

Certain indicators have been measured longitudinally. Below are the trend directions for indicators with trend data available.

- Fair/Poor Access to Affordable Housing ${ }^{11}$ : No clear trend
- Cost Burden-Renters ${ }^{18}$ : No change
- Home Ownership (living in owner-occupied housing) ${ }^{18}$ : No significant change
- Housing Unstable in Past 2 Years ${ }^{11}$ : Increasing
- Median Rent, 2 Bedroom ${ }^{19}$ : Increasing
- May Move Due to Cost of Living ${ }^{11}$ : Mixed; increasing since 2013
- Share Housing Costs with Non-Partner for Affordability ${ }^{11}$ : Increasing since 2008


## Data Without Benchmarks

Certain indicators were available that had no statewide or national comparison. These data are described below.

- Affordable Housing:
- Fair/Poor Access to Affordable Housing: Over $80 \%$ of the Quality of Life survey respondents countywide ( $N=1,581$ ) rated the availability of affordable housing in their community as fair or poor." The proportion rating affordable housing availability as fair/poor was $87 \%$ among both whites and African ancestry respondents."
- Lack of Affordable Housing: Fully " $80 \%$ [of] low-income households have unaffordable housing." ${ }^{\prime \prime}{ }^{14}$
- Homelessness: Three percent of the Quality of Life survey respondents countywide ( $\mathrm{N}=1,581$ ) reported that they had been homeless at least once in the past two years. ${ }^{11}$ Respondents most likely to report having been homeless in the past two years are adults ages $18-39(8 \%)$ and Asian/Pacific Islanders (7\%)."
- Home Ownership: Over 60\% of the Quality of Life survey respondents countywide ( $\mathrm{N}=1,581$ ) reported owning a home." Much smaller proportions of Latinx (36\%) and low-income (33\%) respondents reported owning a home."
- Housing Costs:
- Share Housing Costs with Non-Partner for Affordability: Over $21 \%$ of the Quality of Life survey respondents countywide ( $N=1,581$ ) reported sharing housing costs with someone other than a spouse or partner in order to limit expenses. ${ }^{11}$ Respondents most likely to report sharing costs in this way were of African ancestry (31\%), Latinx (36\%), and adults ages 18 - 39 (37\%)."
- Housing Costs: "Housing costs increased nearly $70 \%$ in the past 5 years." ${ }^{14}$
- Future Cost of Living: "In the next 24 years[,] low income households will spend $67 \%$ of income on housing and transportation."14
- Older Dependents: Nearly $12 \%$ of Quality of Life survey respondents countywide ( $\mathrm{N}=1,581$ ) reported that they had older dependents living in their household because these older individuals were unable to live alone. ${ }^{11}$ This was reported in higher proportions by adults ages 18 - 39 (21\%), and Asian/Pacific Islanders (23\%)."


## Neighborhood \& Built Environment

Access to Food/Recreation
Table 10. Statistical Data for Access to Food/Recreation

| INDICATORS | YEAR(S) | SMC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :---: | :---: | :---: | :---: | :---: |
| Drinking Water Violations ${ }^{2}$ | 2015 | -1.0 | 0.8 | $\downarrow$ |
| Exercise Opportunities ${ }^{12}$ | 2016 | 96.2\% | 89.6\% | $\uparrow$ |
| Fast Food Restaurants Rate ${ }^{1+}$ | 2016 | 82.5 | 78.7 | $\downarrow$ |
| Food Desert Population ${ }^{1}$ | 2015 | 9.9\% | 13.4\% | $\downarrow$ |
| Food Environment Index ${ }^{12}$ | 2015 | 8.9 | 8.8 | $\uparrow$ |
| Grocery Stores Rate ${ }^{1+}$ | 2016 | 25.3 | 21.8 | $\uparrow$ |
| Lack of Healthy Food Stores ${ }^{2}$ | 2014 | 9.9\% | 13.4\% | $\uparrow$ |
| Public Transit Stops ${ }^{2}$ | 2013 | -13.4\% | 16.8\% | $\uparrow$ |
| Recreation and Fitness Facilities Rate ${ }^{1+}$ | 2016 | 14.9 | 10.2 | $\uparrow$ |
| Walkable Destinations ${ }^{2}$ | 2012-2015 | 54.8\% | 29.0\% | $\uparrow$ |
| WIC-Authorized Food Stores Rate ${ }^{1}$ | 2011 | -10.5 | 15.8 | $\uparrow$ |

Trends ( $\dagger$ )
Certain indicators have been measured longitudinally. Below are the trend directions for indicators with trend data available.

- Fast Food Restaurants Rate': Rising since 2013
- Grocery Stores Rate: Rising since 2013
- Recreation and Fitness Facilities Rate': Mixed.

Community \& Family Safety
Table 11. Statistical Data for Community \& Family Safety

| INDICATORS | YEAR(S) | SMC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :---: | :---: | :---: | :---: | :---: |
| All Violent Crimes Rate ${ }^{1}$ | 2012-2014 | 227.6 | 403.2 | $\downarrow$ |
| Assault (Crime) Rate ${ }^{1}$ | 2012-2014 | 139.0 | 239.2 | $\downarrow$ |
| Assault (Injury) Rate ${ }^{1}$ | 2013-2014 | 181.6 | 289.4 | $\downarrow$ |
| Domestic Violence Rate ${ }^{1}$ | 2013-2014 | 4.3 | 4.9 | $\downarrow$ |
| Homicide Rate ${ }^{12}$ | 2010-2016 | 2.5 | 5.0 | $\downarrow$ |
| Juvenile Felony Arrest Rate (per 1,000) ${ }^{26}$ | 2015 | 3.9 | 5.3 | $\downarrow$ |
| Rape (Crime) Rate ${ }^{1}$ | 2012-2014 | 20.5 | 21.4 | $\downarrow$ |
| Robbery (Crime) Rate ${ }^{1}$ | 2013-2014 | 66.7 | 137.9 | $\downarrow$ |
| Youth Intentional Injury Rate ${ }^{1}$ | 2013-2014 | 166.2 | 209.7 | $\downarrow$ |
| Alcohol-Binge Drinker ${ }^{11+2} 24$ | 2016 | 16.9\% | 16.3\% | $\downarrow$ |
| Bullied at School; 7th Graders ${ }^{26}$ | 2013-2015 | -41.4\% | 39.2\% | $\downarrow$ |
| Bullied at School; 9th Graders ${ }^{26}$ | 2013-2015 | 35.9\% | 37.2\% | $\downarrow$ |
| Bullied at School; 11th Graders ${ }^{26}$ | 2013-2015 | 28.8\% | 30.0\% | $\downarrow$ |
| Children in Foster Care (rate per 1,000) ${ }^{26}$ | 2015 | 1.8 | 5.8 | $\downarrow$ |
| Cyberbullied; 7th Graders ${ }^{26}$ | 2013-2015 | -5.1\% | 4.7\% | $\downarrow$ |
| Cyberbullied; 9th Graders ${ }^{26}$ | 2013-2015 | 3.9\% | 4.9\% | $\downarrow$ |
| Cyberbullied; 11th Graders² ${ }^{26}$ | 2013-2015 | 3.8\% | 4.6\% | $\downarrow$ |
| Disconnected Youth ${ }^{12}$ | 2010-2014 | 9.9\% | 14.4\% | $\downarrow$ |
| Domestic Violence Calls for Assistance (rate per 1,000)26 | 2017 | 4.1 | 6.4 | $\downarrow$ |
| Domestic Violence Hospitalizations Rate ${ }^{2}$ | 2013-2014 | 4.2 | 4.9 | $\downarrow$ |
| Experienced Dating Violence Recently, of 9th Graders Who Are Dating ${ }^{26}$ | 2011-2013 | 3.3\% | 5.0\% | $\downarrow$ |
| Experienced Dating Violence Recently, of 11th Graders Who Are Dating ${ }^{926}$ | 2011-2013 | 3.7\% | 5.9\% | $\downarrow$ |
| Expulsions Rate (per 100 students) ${ }^{2}$ | 2016-2017 | . 06 | . 08 | $\downarrow$ |
| Fear Being Beaten Up at School; 7th Graders ${ }^{26}$ | 2013-2015 | -4.8\% | 4.7\% | $\downarrow$ |
| Fear Being Beaten Up at School; 9th Graders ${ }^{26}$ | 2013-2015 | 2.2\% | 3.1\% | $\downarrow$ |
| Fear Being Beaten Up at School; 11th Graders ${ }^{26}$ | 2013-2015 | 1.6\% | 2.0\% | $\downarrow$ |
| Firearm Kept in or Around Home ${ }^{11+\& 24}$ | 2016 | 16.8\% | 32.7\% | $\downarrow$ |
| Firearm-Related Death Rate ${ }^{12}$ | 2012-2016 | 4.3 | 7.9 | $\downarrow$ |


| INDICATORS | YEAR(S) | SMC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :---: | :---: | :---: | :---: | :---: |
| Gang Membership; 7th Graders ${ }^{26}$ | 2013-2015 | 4.6\% | 5.8\% | $\downarrow$ |
| Gang Membership; 9th Graders ${ }^{26}$ | 2013-2015 | 4.1\% | 5.7\% | $\downarrow$ |
| Gang Membership; 11th Graders ${ }^{26}$ | 2013-2015 | 5.1\% | 5.4\% | $\downarrow$ |
| Injury Deaths Rate ${ }^{12}$ | 2012-2016 | 35.1 | 47.6 | $\downarrow$ |
| Liquor Store Access Rate ${ }^{1+}$ | 2016 | 6.8 | 10.7 | $\downarrow$ |
| School Perceived as Very Unsafe; 7th Graders ${ }^{26}$ | 2013-2015 | 2.8\% | 3.8\% | $\downarrow$ |
| School Perceived as Very Unsafe; 9th Graders²6 | 2013-2015 | 1.2\% | 2.4\% | $\downarrow$ |
| School Perceived as Very Unsafe; 11th Graders ${ }^{26}$ | 2013-2015 | 1.6\% | 2.0\% | $\downarrow$ |
| Substantiated Child Abuse and Neglect (rate per 1,000) ${ }^{26}$ | 2015 | 2.3 | 8.2 | $\downarrow$ |
| Suspensions Rate (per 100 students) ${ }^{2}$ | 2016-2017 | 4.9 | 5.9 | $\downarrow$ |
| Time in Foster Care (Median Months) | 2013 | 10.9 | 15.6 | $\downarrow$ |
| Traumatic Injury Hospitalizations, Children Age 0-1726 | 2017 | 2.0\% | 2.3\% | $\downarrow$ |
| Youth Experiencing Bullying, Prevalence ${ }^{4}$ | 2011-2013 | 30.8\% | 33.8\% | $\downarrow$ |
| Youth Intentional Self-Harm-ER Visits (per 10,000 pop.) ${ }^{5}$ | 2014 | 7.9 | 10.9 | $\downarrow$ |

## Trends ( $\boldsymbol{\dagger}$ )

Certain indicators have been measured longitudinally. Below are the trend directions for indicators with trend data available.

- Alcohol-Binge Drinker1ํ: Increasing
- Community Connectedness-Feel Not Very or Not at All Connected11: No significant change
- Crime in Neighborhood Is Getting Much/a Little Worse ${ }^{11}$ : Decreased (improved) since 2013
- Firearm Kept in or Around Home ${ }^{11}$ : Flat
- Juvenile Arrest Rate: Declined from 1998 to 2011¹3
- Liquor Store Access Rate': Falling since 2014
- Neighborhood Safety Is Fair/Poor ${ }^{11}$ : No change
- Parent/Family Supervises Child After School¹: Increasing


## Race \& Ethnicity

Certain indicators are available by ethnicity, which shows disparities in certain populations.
Table 12. Statistical Data for Community Safety by Ethnicity

| INDICATORS | BENCHMARK | WHITE | $\begin{array}{r} \text { AFR } \\ \text { / AFR } \\ \text { ANC } \end{array}$ | ASIAN | $\begin{gathered} \text { PAC } \\ \text { ISL } \end{gathered}$ | NATIVE AM | OTHER | MULTI <br> RACE | HISP <br> / LAT <br> (ANY <br> RACE) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Bullied at School; 7th, 9th, 11th, $\mathrm{NT}^{26}$ |  | 36\% | -50.6\% | 36.7\% | 37.1\% | -42.7\% | 32.7\% | 39\% | 33.5\% |
| Children in Foster Care (per 1,000) ${ }^{26}$ | 5.8 | 1.3 | -18.6 | *1.1 |  |  |  |  | 2.3 |
| Cyberbullied Four or More Times; 7th, 9th, 11th, NT ${ }^{26}$ |  | 3.5\% | -6.1\% | 3.1\% | -6.6\% | *5.3\% | *5.1\% | *5.2\% | -4.9\% |
| Experienced Dating <br> Violence Recently; 7th, 9th, 11th, NT Who Are Dating ${ }^{26}$ |  | 2.4\% | -8.7\% | 2.1\% | -4.9\% | -7.4\% | -3.7\% | -3.6\% | -4.4\% |
| Fear Being Beaten Up at School Four or More Times; 7th, 9th, 11th, $\mathrm{NT}^{26}$ |  | 2.6\% | *4.8\% | -3.2\% | -3.1\% | -4.1\% | *5.0\% | -3.2\% | -2.8\% |
| Gang Membership; 7th, 9th, 11th, $\mathrm{NT}^{26}$ |  | 3.5\% | -5.2\% | 2.6\% | -5.0\% | -8.9\% | -5.1\% | -5.4\% | -6.1\% |
| Juvenile Felony Arrest Rate (per 1,000) ${ }^{26}$ | 5.3 | 1.5 | -25.3 |  |  |  | 2.4 |  | -6.3 |
| School Perceived Very Unsafe; 7th, 9th, 11th, NT ${ }^{26}$ |  | 1.4\% | -3.7\% | -1.5\% | -3.3\% | 1.3\% | - $2.1 \%$ | -2.2\% | -2.3\% |
| Substantiated Child Abuse and Neglect (per 1,000) ${ }^{26}$ | 8.2 | 1.1 | -14.3 | *1.5 |  |  |  |  | 3.3 |

Community Infrastructure \& Housing Quality
Table 13. Statistical Data for Community Infrastructure \& Housing Quality

| INDICATORS | YEAR(S) | SMC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :---: | :---: | :---: | :---: | :---: |
| Assisted Housing Units Rate (per 10,000) ${ }^{1}$ | 2016 | *235.9 | 352.4 | $\downarrow$ |
| Drinking Water Violations ${ }^{2}$ | 2015 | -1.0 | 0.8 | $\downarrow$ |
| High Speed Internet ${ }^{2}$ | 2016 | 98.9\% | 95.4\% | $\uparrow$ |
| Public Transit Stops ${ }^{2}$ | 2013 | -13.4\% | 16.8\% | $\uparrow$ |
| Road Network Density (Acres) ${ }^{1}$ | 2011 | *3.7 | 2.0 | $\downarrow$ |
| Substandard Housing Units¹ | 2012-2016 | 41.8\% | 45.6\% | $\downarrow$ |

Trends ( $\boldsymbol{\dagger}$ )
Certain indicators have been measured longitudinally. Below is the trend direction for the indicator with trend data available.

- Physical Environment of Community is Fair/Poor ${ }^{11}$ : Slight increase

Natural Environment/Climate

## Table 14. Statistical Data for Natural Environment/Climate

| INDICATORS | YEAR(S) | SMC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :---: | :---: | :---: | :---: | :---: |
| Air Quality-Ozone (O3) ${ }^{2}$ | 2014 | 29.8\% | 42.0\% | $\downarrow$ |
| Air Quality-Particulate Matter $2.5{ }^{2}$ | 2014 | 8.2\% | 10.7\% | $\downarrow$ |
| Area with Tree Canopy Cover (pop.-weighted) ${ }^{2}$ | 2011 | 17.0\% | 8.3\% | $\uparrow$ |
| Asthma Patient Discharges, Children/Youth (ages 1 - 19) ${ }^{1}$ | 2011 | 3.8\% | 4.3\% | $\downarrow$ |
| Asthma Prevalence, Adults ${ }^{11+\& 24}$ | 2016 | -18.5\% | 12.8\% | $\downarrow$ |
| Asthma Prevalence, Children/Youth ${ }^{11+\& 24}$ | 2016 | -15.5\% | US11.1\% | $\downarrow$ |
| Climate \& Health-Drought Severity ${ }^{1}$ | 2012-2014 | 92.6\% | 92.8\% | $\downarrow$ |
| Climate \& Health-Heat Index Days¹ | 2014 | 0.0 | 2.7 | $\downarrow$ |
| Climate \& Health-Heat Stress Events ${ }^{1}$ | 2005-2012 | 4.1 | 11.1 | $\downarrow$ |
| Climate-Related Mortality Impacts ${ }^{2}$ | 2016 | 0.0\% | 8.4\% | $\downarrow$ |
| Flood Vulnerability ${ }^{2}$ | 2011 | -5.7\% | 3.7\% | $\downarrow$ |
| Respiratory Hazard Index (score) ${ }^{2}$ | 2011 | 1.8 | 2.2 | $\downarrow$ |
| Commute to Work-Alone in Car ${ }^{1}$ | 2012-2016 | 69.4\% | 73.5\% | $\downarrow$ |
| Commute to Work-By Public Transit ${ }^{18+}$ | 2012-2016 | 10.1\% | 5.2\% | $\uparrow$ |
| Driving Alone to Work, Long Distances ${ }^{2}$ | 2012-2016 | 38.1\% | 39.3\% | $\downarrow$ |
| Heart Disease Death Rate ${ }^{22+}$ | 2014-2016 | 55.4 | 89.1 | $\downarrow$ |
| Heart Disease Prevalence ${ }^{2}$ | 2014 | 5.6\% | 7.0\% | $\downarrow$ |
| Low Birth Weight ${ }^{12}$ | 2010-2016 | 6.9\% | 6.8\% | $\downarrow$ |
| Pediatric Asthma Hospitalizations Rate (per 10,000 pop.) ${ }^{5}$ | 2013-2015 | 5.6 | 9.8 | $\downarrow$ |
| Public Transit Stops ${ }^{2}$ | 2013 | -13.4\% | 16.8\% | $\uparrow$ |
| Road Network Density (Acres) ${ }^{1}$ | 2011 | -3.7 | 2.0 | $\downarrow$ |

## Trends ( $\dagger$ )

Certain indicators have been measured longitudinally. Below are the trend directions for indicators with trend data available.

- Asthma Prevalence, Adults ${ }^{11}$ : Increasing
- Asthma Prevalence, Children/Youth ${ }^{11}$ : Increasing
- Commute to Work-By Public Transit ${ }^{18}$ : Increasing
- Heart Disease Death Rate ${ }^{22}$ : Decreasing

Transportation \& Traffic
Table 15. Statistical Data for Transportation \& Traffic

| INDICATORS | YEAR(S) | SMC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :---: | :---: | :---: | :---: | :---: |
| Commute to Work-Alone in Car ${ }^{1}$ | 2012-2016 | 69.4\% | 73.5\% | $\downarrow$ |
| Commute to Work-By Public Transit ${ }^{18+}$ | 2012-2016 | 10.1\% | H5.5\% | $\uparrow$ |
| Driving Alone to Work, Long Distances ${ }^{2}$ | 2012-2016 | 38.1\% | 39.3\% | $\downarrow$ |
| Motor Vehicle Crash Death Rate ${ }^{12}$ | 2010-2016 | 5.3 | 8.5 | $\downarrow$ |
| Pedestrian Accident Death Rate ${ }^{1}$ | 2010-2012 | -1.4 | ${ }^{\mathrm{H}} .3$ | $\downarrow$ |
| Public Transit Stops ${ }^{2}$ | 2013 | -13.4\% | 16.8\% | $\uparrow$ |
| Road Network Density (Acres) ${ }^{1}$ | 2011 | -3.7 | 2.0 | $\downarrow$ |
| Air Quality-Ozone (O3) ${ }^{2}$ | 2014 | 29.8\% | 42.0\% | $\downarrow$ |
| Air Quality-Particulate Matter 2.5² | 2014 | 8.2\% | 10.7\% | $\downarrow$ |
| Lack of Transportation Interfered with Access to Health Care ${ }^{11 \& 24}$ | 2016 | 7.2\% | us8.3\% | $\downarrow$ |
| Liquor Store Access Rate ${ }^{1+}$ | 2016 | 6.8 | 10.7 | $\downarrow$ |
| Respiratory Hazard Index (score) ${ }^{2}$ | 2011 | 1.8 | 2.2 | $\downarrow$ |
| Walkable Destinations ${ }^{2}$ | 2012-2015 | 54.8\% | 29.0\% | $\uparrow$ |

Trends ( $\boldsymbol{\dagger}$ )
Certain indicators have been measured longitudinally. Below are the trend directions for indicators with trend data available.

- Reliability of Public Transit ${ }^{11}$ : No clear trend
- Commute to Work-By Public Transit ${ }^{18}$ : Increasing
- Lack of Transportation Interfered with Access to Health Care ${ }^{11}$ : No significant change
- Liquor Store Access Rate': Falling from 2014


## Race \& Ethnicity

Certain indicators are available by ethnicity, which shows disparities in certain populations.
Table 16. Statistical Data for Neighborhood \& Built Environment by Ethnicity

| INDICATORS | BENCH- <br> MARK | WHITE | $\begin{array}{r} \text { AFR } \\ \text { / AFR } \\ \text { ANC } \end{array}$ | ASIAN | $\begin{gathered} \text { PAC } \\ \text { ISL } \end{gathered}$ | NATIVE AM | OTHER | MULTI <br> RACE | HISP <br> / LAT <br> (ANY <br> RACE) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Assault (Injury) ${ }^{1}$ | 289.4 | 173.7 | *564.9 | 61.0 |  | -551.1 |  |  | 303.5 |
| Domestic Violence ${ }^{1}$ | 4.9 | 4.3 |  |  |  |  |  |  | -7.4 |
| Pedestrian Accident Death Rate ${ }^{1}$ | H1.3 | 1.2 | 0.0 | 0.0 | 0.0 | 1.0 |  | 0.0 | -1.9 |
| Youth Intentional Injury ${ }^{1}$ | 209.7 | -288.7 |  | 41.7 |  |  |  |  | 158.8 |
| Heart Disease Prevalence | 6.3\% | -8.3\% |  |  |  |  | 1.5\% |  | 2.6\% |
| Lack of Transportation Interfered with Access to Health Care ${ }^{11 \text { \& } 24}$ | us8.3\% |  |  |  |  |  |  |  | -12.0\% |
| School Expulsions Rate (per 100 students) ${ }^{1}$ | 0.1 | 0.0 | -0.2 | 0.0 |  | 0.0 |  | 0.1 | -0.2 |
| School Suspensions Rate (per 100 students) ${ }^{1}$ | 6.8 | 2.5 | -17.0 | 1.3 |  | -10.2 |  | 4.5 | 7.1 |
| Youth Experiencing Bullying, Prevalence ${ }^{4}$ | 33.8\% | 28.6\% | 30.6\% | 30.8\% | 32.5\% | 20.7\% | 31.7\% | 26.0\% | 33.9\% |
| Youth Intentional Self-Harm-ER Visits (per 10,000 pop.) ${ }^{5}$ | 10.9 | 9.4 | 3.3 | 5.9* |  | -42.6 | -12.3 |  | 7.1 |

Blank cells indicate that data were unavailable. * Indicates that survey combined Asian/Pacific Islander.

## Other Populations

Certain indicators are available by age, income or education level, or geography, and show disparities in certain populations.

Table 17. Statistical Data for Neighborhood \& Built Environment by Age, Income, Education, or Geography

| INDICATORS | BENCHMARK | $\begin{gathered} \text { AGE } \\ 0-17 \end{gathered}$ | $\begin{array}{r} \text { AGE } \\ 18-39 \end{array}$ | $\begin{array}{r} \text { AGE } \\ 18-64 \end{array}$ | $\begin{gathered} \text { AGE } \\ 65+ \end{gathered}$ | $\begin{gathered} \leq \mathrm{HIGH} \\ \text { SCHOOL } \end{gathered}$ | $\begin{array}{r} \text { SOME } \\ \text { COLLEGE } \end{array}$ | $\begin{aligned} & \geq \text { B.A./B.S. } \\ & \text { DEGREE } \end{aligned}$ | $\begin{array}{r} \leq 200 \% \\ \text { FPL } \end{array}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| AlcohoBinge Drinker ${ }^{11}$ \& 24 | 16.3\% |  | -28.4\% |  |  |  |  |  |  |
| Lack of Transportation Interfered with Access to Health Care ${ }^{11 \& 24}$ | us8.3\% |  |  |  |  |  |  |  | -15.7\% |

Blank cells indicate that data were unavailable.

## Data without Benchmarks

Certain indicators were available that had no statewide or national comparison. These data are described below.

## Access to Food/Recreation

- Food Store Quality/Affordability: "On av[erage,] 20\% - 30\% of [food] stores in low income neighborhoods meet the basic quality and affordability standards" in San Mateo County. ${ }^{14}$


## Community \& Family Safety

- Bullying:
- Cyberbullying: Nearly one in five (19\%) "of [teen] females reported being bullied or harassed via the internet compared to $11 \%$ of [teen] males" $(N=3,284) .1^{13}$
- Absenteeism Due to Cyberbullying: A total of " $11 \%$ of [teen] respondents who reported being bullied or harassed via the internet missed one or more days of school in the past month" ( $N=3,284$ ). ${ }^{13}$
- Community Connectedness:
- Community Connectedness-Feel Not Very or Not at All Connected: About one-third of Quality of Life survey respondents countywide ( $N=1,581$ ) reported that they felt not very or not at all connected to their community. ${ }^{11}$ Higher proportions of men ( $41 \%$ ) and Asian/Pacific Islander ( $40.5 \%$ ) respondents felt this way. ${ }^{11}$
- Handling Conflict: Over one-third (37\%) of teen respondents did not know nonviolent ways to deal with conflict ( $\mathrm{N}=3,284$ ). ${ }^{13}$
- Juvenile Arrests:
- "African Americans have the highest juvenile arrest rate of 48 per 100,000 in 2011 compared with 3.1 per 100,000 for their white counterparts." ${ }^{\text {" }}$ '3
- "Hispanics make up $50 \%$ of juvenile felony arrests. Issues with racial profiling, discrimination, and lack of opportunity may influence these outcomes." ${ }^{\text {" }}$ 3
- Perception of Safety:
- Neighborhood Safety Is Fair/Poor: About $10 \%$ of Quality of Life survey respondents countywide ( $\mathrm{N}=1,581$ ) rated the safety, security, and crime control in their neighborhood to be fair or poor.11 Fair/poor ratings were more likely to be given by respondents with a high school diploma or less ( $21 \%$ ) and low-income respondents (19\%)."
- Perception of Safety, Youth: "Only 53\% of all [teen] respondents reported feeling safe in their community" ( $N=3,284$ ). ${ }^{13}$
- Crime in Neighborhood Is Getting Much/a Little Worse: Close to $16 \%$ of Quality of Life survey respondents countywide ( $\mathrm{N}=1,581$ ) believed the problem of crime in their neighborhood was getting much or a little worse." Coastside respondents were more likely to say crime is getting worse in their neighborhood (21\%)."
. Truancy: "In 2012, ... 63\% of students attending nontraditional schools reported being truant during the school year." ${ }^{13}$
- Witnessing Violence at School: " $28 \%$ of [teen] respondents reported seeing violence at their schools" ( $N=3,284$ ). ${ }^{13}$
- Witnessing Violence in Community: "30\% of [teen] respondents reported seeing violence in their community" $(N=3,284) .{ }^{13}$


## Community Infrastructure \& Housing Quality

- Physical Environment of Community Is Fair/Poor: About 12\% of Quality of Life survey respondents countywide ( $N=1,581$ ) considered the physical environment in their community to be fair or poor..1" Double or greater proportions of south county residents (24\%), Latinxs (25\%), and African ancestry ( $27 \%$ ) respondents felt this way."


## Natural Environment/Climate

- Low Birth Weight: Multiple births (e.g., twins) are more likely to be low birth weight; countywide, 5.1\% of singleton births were low birth weight." ${ }^{11}$


## Transportation \& Traffic

- Commute to Work-By Public Transit: Among the population commuting for work, men and adults age 45-54 are least likely to use public transportation. ${ }^{18}$
- Future Cost of Living: "In the next 24 years[,] low income households will spend $67 \%$ of income on housing and transportation."14
- Motor Vehicle Accidents: The leading mechanism of injury for adults 18 - 65 is motor vehicle collisions. ${ }^{16}$
- Reliability of Public Transit: About $60 \%$ of Quality of Life survey respondents countywide ( $\mathrm{N}=1,581$ ) reported that they could rely on public transportation to get to work, appointments, and shopping. ${ }^{11}$ Only about half that proportion (34\%) of Coastside respondents felt they could rely on public transit for such tasks. ${ }^{11}$


## Poverty, Income \& Employment

Table 18. Statistical Data for Poverty, Income \& Employment

| INDICATORS | YEAR(S) | SMC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :---: | :---: | :---: | :---: | :---: |
| Children Below 100\% FPL ${ }^{1 *}$ | 2012-2016 | 9.7\% | 21.9\% | $\downarrow$ |
| Did Not Eat Breakfast; 7th Graders ${ }^{26}$ | 2013-2015 | 26.3\% | 33.0\% | $\downarrow$ |
| Did Not Eat Breakfast; 9th Graders ${ }^{26}$ | 2013-2015 | 32.7\% | 38.3\% | $\downarrow$ |
| Did Not Eat Breakfast; 11th Graders ${ }^{26}$ | 2013-2015 | 34.5\% | 38.4\% | $\downarrow$ |
| Income Inequality (Gini Coefficient) ${ }^{1}$ | 2012-2016 | 0.5 | 0.5 | $\downarrow$ |
| Median Household Income ${ }^{12}$ | 2016 | \$107,075 | \$67,715 | $\uparrow$ |
| Persons Under 18 in Poverty ${ }^{12}$ | 2016 | 7.7\% | 19.9\% | $\downarrow$ |
| Population Below 100\% FPL ${ }^{1 *}$ | 2012-2016 | 7.7\% | 15.8\% | $\downarrow$ |
| Population Below 200\% FPL ${ }^{1 *}$ \& 11+ | 2012-2016 | 19.8\% | 35.2\% | $\downarrow$ |
| Unemployment Rate ${ }^{1+}$ | 2018 | 2.2 | 4.2 | $\downarrow$ |
| Adults with an Associate's Degree or Higher ${ }^{2}$ | 2012-2016 | 54.5\% | 39.8\% | $\uparrow$ |
| Adults with Less than High School Diploma (or Equivalent) ${ }^{1}$ | 2012-2016 | 11.4\% | 17.9\% | $\downarrow$ |
| Adults with Some Post-Secondary Education ${ }^{2}$ | 2012-2016 | 76.1\% | 63.6\% | $\uparrow$ |
| Children Living in Crowded Households ${ }^{26}$ | 2016 | 26.8\% | 28.4\% | $\downarrow$ |
| Children Living in Food Insecure Households ${ }^{26}$ | 2016 | 13.2\% | 19.0\% | $\downarrow$ |
| Children Without Secure Parental Employment ${ }^{26}$ | 2016 | 20.5\% | 30.8\% | $\downarrow$ |
| Cost Burden-Renters ${ }^{18+}$ | 2012-2016 | 48.2\% | 56.5\% | $\downarrow$ |
| Cost Burdened Households ${ }^{1}$ | 2012-2016 | 39.3\% | 42.8\% | $\downarrow$ |
| Cost of Infant Childcare, Annually, Child Care Center ${ }^{2}$ | 2016 | -\$20,063 | \$16,452 | $\downarrow$ |
| Doctor's Visit-Could Not Afford ${ }^{11+} \& 24$ | 2016 | 5.8\% | 11.4\% | $\downarrow$ |
| High Speed Internet ${ }^{2}$ | 2016 | 98.9\% | 95.4\% | $\uparrow$ |
| Households with No Vehicle ${ }^{1}$ | 2012-2016 | 5.3\% | 7.6\% | $\downarrow$ |
| Licensed Childcare Availability for Working Families ${ }^{26}$ | 2017 | 26\% | 23\% | $\downarrow$ |
| Living in Owner-Occupied Housing ${ }^{18+}$ | 2012-2016 | 56.4\% | 49.8\% | $\uparrow$ |
| Lack of Health Care Coverage ${ }^{11+\& 24}$ | 2016 | 8.6\% | 12.9\% | $\downarrow$ |
| Medication-Could Not Afford ${ }^{11+}$ \& 24 | 2016 | 7.7\% | us14.9\% | $\downarrow$ |
| Opportunity Index (score 1 - 100)2 | 2017 | 64.5 | 51.9 | $\uparrow$ |
| Population Receiving Medicaid ${ }^{1}$ | 2012-2016 | 15.2\% | 26.6\% | $\downarrow$ |
| Population with Limited English Proficiency (age 5+)¹ | 2012-2016 | 18.4\% | 18.6\% | $\downarrow$ |


| INDICATORS | YEAR(S) | SMC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :---: | :---: | :---: | :---: | :---: |
| Uninsured Children² | 2012-2016 | 9.6\% | 10.4\% | $\downarrow$ |
| Uninsured Population ${ }^{1+}$ | 2012-2016 | -7.2\% | ${ }^{\text {-0.0\% }}$ | $\downarrow$ |

* 2014 Federal Poverty Level (FPL) for a family of 4 was $\$ 23,850$ per year. 2014 San Mateo County Self-Sufficiency Standard for a family of 4 was $\$ 89,440$.

Trends ( $\dagger$ )
Certain indicators have been measured longitudinally. Below are the trend directions for indicators with trend data available.

- Childcare Arrangement Has Made It Easier for Parent to Accept a Job ${ }^{11}$ : Decreasing
- Childcare Arrangement Has Made It Easier for Parent to Accept a Better Job ${ }^{11}$ : Decreasing
- Childcare Arrangement Has Made It Easier for Parent to Attend Education/Training ${ }^{11}$ : Decreasing
- Childcare Arrangement Has Made It Easier for Parent to Keep a Job": Decreasing
- Computer in Household": Mixed (increasing, but decreased since 2013)
- Cost Burden-Renters ${ }^{18}$ : No change
- Doctor's Visit-Could Not Afford ${ }^{11}$ : No significant change
- Family's Financial Situation Is Fair/Poor11: No change
- Family's Financial Situation Is Somewhat/Much Worse than Prior Year ${ }^{11}$ : No significant change
- Home Ownership (living in owner-occupied housing) ${ }^{18}$ : No significant change
- Job Does Not Offer Health Benefits ${ }^{11}$ : Increasing
- Job Offers Health Benefits for Employee Dependents ${ }^{11}$ : Slightly increasing
- Lack of Health Care Coverage ${ }^{11}$ : Decreasing since 2008
- Medication-Could Not Afford11: Decreasing
- Local Employment Opportunities Are Fair/Poor ${ }^{11}$ : Decreasing
- Population Below 200\% FPL¹: Increasing
- Receiving Government Assistance ${ }^{11}$ : Increasing
- Unemployment Rate (average annual)': Falling since 2010
- Uninsured Population¹: Decreasing


## Race \& Ethnicity

Certain indicators are available by ethnicity, which shows disparities in certain populations.
Table 19. Statistical Data for Poverty, Income \& Employment by Ethnicity

| INDICATORS | BENCHMARK | WHITE | $\begin{array}{r} \text { AFR } \\ \text { / AFR } \\ \text { ANC } \end{array}$ | ASIAN | $\begin{array}{r} \text { PAC } \\ \text { ISL } \end{array}$ | NATIVE <br> AM | OTHER | MULTI <br> RACE | HISP <br> / LAT <br> (ANY <br> RACE) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Children Below 100\% FPL ${ }^{1 *}$ | 21.9\% | 3.5\% | -24.0\% | 5.4\% | 17.1\% | 21.1\% | 21.6\% | 4.7\% | 18.9\% |
| Population Below $100 \% \mathrm{FPL}^{*}$ | 15.8\% | 6.76\% | -16.7\% | 5.6\% | 10.5\% | -16.8\% | 15.5\% | 7.2\% | 13.6\% |
| Adults with Less than High School Diploma or Equivalent ${ }^{1}$ | 17.9\% | 3.6\% | 11.0\% | 8.3\% | 14.1\% | -26.6\% | -36.8\% | 8.0\% | *32.9\% |
| CalFresh, by R/E [SNAP Benefits-Households with Children] ${ }^{26}$ |  | 2\% | -15\% | **43\% |  | 2\% |  |  | -38\% |
| Did Not Eat Breakfast; 7th, 9th, 11th, NT ${ }^{26}$ |  | 3.4\% | -39.8\% | -26.3\% | -39.2\% | -34.4\% | -35.3\% | -31.4\% | -36.6\% |
| Doctor's VisitCould Not Afford ${ }^{11} \& 24$ | 11.4\% |  | 10.4\% |  |  |  |  |  |  |
| Medication- <br> \% Could Not Afford ${ }^{11} \& 24$ | us14.9 |  |  |  |  |  |  |  | 13.2 |
| Uninsured Population ${ }^{1}$ | ${ }^{\text {H O }} 0.0 \%$ | 3.5\% | -9.9\% | -5.8\% | -11.2\% | -8.8\% | -15.6\% | 4.7\% | -14.6\% |

Blank cells indicate that data were unavailable. *Indicates 2014 Federal Poverty Level (FPL) for a family of 4 was $\$ 23,850$ per year. 2014 San Mateo County Self-Sufficiency Standard for a family of 4 was $\$ 89,440$.

Other Populations
Certain indicators are available by age, income or education level, or geography, and show disparities in certain populations.
Table 20. Statistical Data for Poverty, Income \& Employment by Age, Income, Education, or Geography

| INDICATORS | BENCHMARK | $\begin{array}{r} \text { AGE } \\ 0-5 \end{array}$ | $\begin{gathered} \text { AGE } \\ \text { 6-17 } \end{gathered}$ | $\begin{array}{r} \text { AGE } \\ 18-64 \end{array}$ | $\begin{gathered} \text { AGE } \\ 65+ \end{gathered}$ | $\begin{aligned} & \text { sHIGH } \\ & \text { SCHOOL } \end{aligned}$ | $\begin{array}{r} \text { SOME } \\ \text { COLLEGE } \end{array}$ | $\begin{aligned} & \geq \text { B.A./B.S. } \\ & \text { DEGREE } \end{aligned}$ | $\begin{gathered} \leq 200 \% \\ \text { FPL } \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Doctor's VisitCould Not Afford ${ }^{11}$ \& 24 | 11.4\% |  |  |  |  |  |  |  | 10.9\% |
| Medication\% Could Not Afford ${ }^{11}$ \& 24 | us14.9 |  |  |  |  |  |  |  | -18.0 |

[^16]
## Data Without Benchmarks

Certain indicators were available that had no statewide or national comparison. These data are described below.

- Computer in Household: Nearly $90 \%$ of Quality of Life survey respondents countywide ( $\mathrm{N}=1,581$ ) reported that they had a computer at home. ${ }^{11}$ This was reported in smaller proportions by respondents with a high school diploma or less (68\%), and individuals earning less than 200\% FPL (69\%)."
- Cost of Living:
- Self-Sufficiency Standard, Single Parent Family: The self-sufficiency standard for a single parent with two children (one preschool-aged and one school-aged) in San Mateo County in 2014 was \$80,588. ${ }^{15}$
- May Move Due to Cost of Living: Approximately 38\% of the Quality of Life survey respondents countywide $(N=1,581)$ reported that they had considered leaving the county in the past year due to the cost of living." Respondents most likely to have considered leaving the county due to cost of living were African ancestry (53\%), Latinx (54\%), and adults age 18 - 39 (54\%). ${ }^{11}$
- Employment and Benefits:
- Local Employment Opportunities Are Fair/Poor: About 15\% of the Quality of Life survey respondents countywide ( $N=1,581$ ) considered the employment opportunities that exist in this area to be fair or poor." More than twice the proportion of respondents on the Coastside felt this way (34\%), and $26 \%$ of African ancestry respondents felt this way."
- Job Does Not Offer Health Benefits: More than one-quarter of Quality of Life survey respondents countywide ( $N=1,581$ ) who were employed reported that their job offered no health benefits. ${ }^{11}$ This was reported in greater proportions by Latinxs (35\%), south county respondents (36\%), and individuals earning less than $200 \%$ FPL (56\%)."
- Home Ownership: Over 60\% of the Quality of Life survey respondents countywide ( $\mathrm{N}=1,581$ ) reported owning a home. ${ }^{11}$ Much smaller proportions of Latinx (36\%) and low-income (33\%) respondents reported owning a home."
- Income and Finances:
- Population Below 200\% FPL: About $17 \%$ of the Quality of Life survey respondents countywide ( $\mathrm{N}=1,581$ ) reported earning below 200\% of the Federal Poverty Limit. ${ }^{11}$ This was reported in greater proportions by respondents with a high school diploma or less (51\%) and Latinxs (35\%)."
- Family's Financial Situation Is Fair/Poor: About 19\% of the Quality of Life survey respondents countywide ( $N=1,581$ ) considered their personal or family financial situation to be fair or poor.11 This was reported in greater proportions by Latinx (31\%) and African ancestry respondents (32\%)."


## Social \& Community Context

Table 21. Statistical Data for Social \& Community Context

| INDICATORS | YEAR(S) | SMC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :---: | :---: | :---: | :---: | :---: |
| Disconnected Youth ${ }^{12}$ | 2010-2014 | 9.9\% | 14.4\% | $\downarrow$ |
| Expulsions Rate (per 100 students) ${ }^{2}$ | 2016-2017 | 0.06 | 0.08 | $\downarrow$ |
| Income Inequality (Gini Coefficient) ${ }^{1}$ | 2012-2016 | 0.5 | 0.5 | $\downarrow$ |
| Lack of Social or Emotional Support ${ }^{2}$ | 2006-2012 | 22.3\% | 24.7\% | $\downarrow$ |
| Life Expectancy at Birth (in Years) ${ }^{2}$ | 2014 | 83.1 | 80.8 | $\uparrow$ |
| Mortality-Premature Deaths (Years of Potential Life Lost) ${ }^{1}$ | 2014-2016 | 3,552 | 5,862 | $\downarrow$ |
| Opportunity Index (score 1-100)² | 2017 | 64.5 | 51.9 | $\uparrow$ |
| Population in Linguistically Isolated Households ${ }^{1}$ | 2012-2016 | 8.9\% | 8.9\% | $\downarrow$ |
| Population with Any Disability ${ }^{1}$ | 2012-2016 | 8.3\% | 10.6\% | $\downarrow$ |
| Premature Death, Racial/Ethnic Disparity Index ${ }^{2}$ | 2004-2017 | -52.1 | 36.8 | $\downarrow$ |
| Residential Segregation Index-Black/White (score 0-100) ${ }^{12}$ | 2012-2016 | 56.3 | 55.7 | $\downarrow$ |
| Residential Segregation Index-Non-White/White (score 0-100) ${ }^{12}$ | 2012-2016 | 37.0 | 37.5 | $\downarrow$ |
| Social Associations (per 10,000 pop.) ${ }^{2}$ | 2015 | 6.4 | 6.5 | $\uparrow$ |
| Suspensions Rate (per 100 students) ${ }^{2}$ | 2016-2017 | 4.9 | 5.9 | $\downarrow$ |

## Trends ( $\dagger$ )

Certain indicators have been measured longitudinally. Below are the trend directions for indicators with trend data available.

- Community Connectedness-Feel Not Very or Not at All Connected1ㄹ No significant change
- Community Is Fair/Poor Place to Live ${ }^{11}$ : No significant change
- Community Tolerance for Racial/Cultural Differences Is Fair/Poor ${ }^{11}$ : Decreasing
- Fair/Poor Access to Social Services ${ }^{11}$ : No significant change
- Lack Support¹": Increasing since 2008
- Parent/Family Supervises Child After School1ํ: Increasing
- Trust Local Government Seldom/Neveri1: No significant change


## Data Without Benchmarks

Certain indicators were available that had no statewide or national comparison. These data are described below.

- Fair/Poor Access to Social Services: Over $21 \%$ of Quality of Life survey respondents countywide ( $\mathrm{N}=1,581$ ) rated the ease with which they are able to get social services in their community as fair or poor.11 Greater proportions of Latinx (29\%), low-income (30\%), and African ancestry (34\%) respondents rated their social services access as fair/poor."
- Community Is Fair/Poor Place to Live: Just under $10 \%$ of Quality of Life survey respondents countywide $(N=1,581)$ considered their community as a fair or poor place to live. ${ }^{11}$ Greater proportions of south county residents (17\%), Latinx residents (17\%), and African ancestry residents (20\%) felt this way."
- Community Connectedness:
- Community Connectedness-Feel Not Very or Not at All Connected: About one-third of Quality of Life survey respondents countywide ( $\mathrm{N}=1,581$ ) reported that they felt not very or not at all connected to their community. ${ }^{11}$ Higher proportions of men ( $41 \%$ ) and Asian/Pacific Islander ( $40.5 \%$ ) respondents felt this way. ${ }^{11}$
- Lack of Meaningful Connections to Community (Youth): "Students attending nontraditional schools reported lower rates of meaningful connections in their community" than students attending traditional schools. ${ }^{13}$
- Experiences of Discrimination:
- Ethnic Discrimination-Physical Symptoms: The Quality of Life survey asked respondents whether they had recently experienced any physical symptoms as a result of how they were treated based on their race. Overall, less than $7 \%$ of Quality of Life survey respondents countywide ( $N=1,581$ ) said they had experienced such physical symptoms.1 However, nearly $18 \%$ of African ancestry respondents and over $11 \%$ of Asian/ Pacific Islander respondents reported experiencing such physical symptoms as a result of how they were treated based on their race. ${ }^{11}$
- Ethnic Discrimination-Emotional Upset: Similarly, just over 10\% of Quality of Life survey respondents countywide ( $N=1,581$ ) said they had experienced emotional upset as a result of how they were treated based on their race. ${ }^{11}$ Nearly $25 \%$ of African ancestry respondents, $14 \%$ of Latinx respondents, and $14 \%$ of Asian/Pacific Islander respondents reported experiencing such emotional upset as a result of how they were treated based on their race."
- Discrimination Due to Mental Health Problems, Youth: "Youth who have mental health problems ... are more likely to have felt discriminated against than youth who have no mental health problems" ( $N=3,284$ ). ${ }^{13}$
- Discrimination Due to Physical Disabilities, Youth: "Youth who have ... physical disabilities are more likely to have felt discriminated against than youth who have no ... physical disabilities" $(N=3,284)$. $^{13}$
- Lack Support: About $14 \%$ of Quality of Life survey respondents countywide ( $N=1,581$ ) reported that they had someone they could turn to if they needed or wanted help "little/none of the time."11 These proportions were higher (i.e., worse) for respondents earning less than $200 \%$ FPL ( $32 \%$ ) and respondents with a high school diploma or less (31\%)."
- LGBTQI: About $6 \%$ of Quality of Life survey respondents countywide ( $N=1,417$ ) identified as gay, lesbian, or bisexual. ${ }^{11}$
- Community Tolerance for Racial/Cultural Differences Is Fair/Poor: Just under 10\% of Quality of Life survey respondents countywide ( $N=1,581$ ) considered the level of racial/cultural tolerance in their community to be fair or poor. ${ }^{11}$ Greater proportions of African ancestry residents ( $21 \%$ ), low-income residents (15\%), and Latinx residents (15\%) felt this way."
- Trust Local Government Seldom/Never: Nearly $18 \%$ of Quality of Life survey respondents countywide ( $N=1,581$ ) indicated that they seldom or never trusted local government to work for the best interest of their community. ${ }^{11}$ More than twice as many low-income respondents (39\%) felt this way."


## Health Conditions

Health conditions are those topics that impact individual health, including health behaviors such as alcohol and drug use, mental health, and diseases or conditions.

## Arthritis

Table 22. Statistical Data for Arthritis

| INDICATORS | YEAR(S) | SMC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :--- | ---: | ---: | ---: | ---: |
| Arthritis/Rheumatism ${ }^{11+\& 24}$ | 2016 | $\bullet 22.0 \%$ | $19.0 \%$ | $\downarrow$ |

Trends ( $\dagger$ )
Certain indicators have been measured longitudinally. Below is the trend direction for the indicator with trend data available.

- Arthritis/Rheumatism¹": Increasing

Other Populations
Certain indicators are available by age, income or education level, or geography, and show disparities in certain populations.

Table 23. Statistical Data for Arthritis by Age, Income, Education, or Geography

| INDICATORS | BENCHMARK | AGE 0-5 | AGE 6-17 | AGE 18- 64 | AGE 65+ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Arthritis/Rheumatism ${ }^{11 \& 24}$ | $19.0 \%$ |  | $14.8 \%$ | $\bullet 47.0 \%$ |  |

[^17]
## Asthma \& Respiratory Conditions

Table 24. Statistical Data for Asthma \& Respiratory Conditions

| INDICATORS | YEAR(S) | SMC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :---: | :---: | :---: | :---: | :---: |
| Asthma Diagnoses, Children Ages 1 - 17 ${ }^{26}$ | 2015-2016 | -21.1\% | 15.2\% | $\downarrow$ |
| Asthma Hospitalizations, Children Ages 0-4 (rate per 10,000) ${ }^{26}$ | 2016 | 12.3 | 16.9 | $\downarrow$ |
| Asthma Hospitalizations, Children Ages 5-17 (rate per 10,000) ${ }^{26}$ | 2016 | 2.9 | 6.7 | $\downarrow$ |
| Asthma Patient Discharges, Children/Youth (Ages 1 - 19) ${ }^{1}$ | 2011 | 3.8\% | 4.3\% | $\downarrow$ |
| Asthma Prevalence, Adults ${ }^{11+\& 24}$ | 2016 | -18.5\% | 12.8\% | $\downarrow$ |
| Asthma Prevalence, Children/Youth ${ }^{11+\& 24}$ | 2016 | -15.5\% | US 11.1\% | $\downarrow$ |
| Chronic Lower Respiratory Disease Death Rate ${ }^{7}$ | 2013-2015 | 21.2 | 33.3 | $\downarrow$ |
| COPD, Bronchitis, Emphysema ${ }^{11+\& 24}$ | 2016 | -9.1\% | 4.4\% | $\downarrow$ |
| ER Visit Rate, COPD ${ }^{5}$ | 2013-2015 | 8.8 | 16.4 | $\downarrow$ |
| Influenza/Pneumonia Death Rate ${ }^{22+}$ | 2014-2016 | 10.6 | 14.3 | $\downarrow$ |
| Pediatric Asthma Hospitalizations Rate (per 10,000 pop.) ${ }^{5}$ | 2013-2015 | 5.6 | 9.8 | $\downarrow$ |
| Pertussis Cases Rate ${ }^{8+}$ | 2016 | -13.5 | 4.7 | $\downarrow$ |
| Tuberculosis Cases Rate ${ }^{10+}$ | 2016 | -6.8 | ${ }^{+} 1.0$ | $\downarrow$ |
| Air Quality-Particulate Matter 2.5² | 2014 | 8.2\% | 10.7\% | $\downarrow$ |
| Air Qualit-Ozone (O3) ${ }^{2}$ | 2014 | 29.8\% | 42.0\% | $\downarrow$ |
| Current Smoker ${ }^{11+}$ \& 24 | 2016 | 5.7\% | 11.0\% | $\downarrow$ |
| Current User of E-Cigarettes (Vaping) ${ }^{11}$ \& 24 | 2016 | 3.0\% | 3.2\% | $\downarrow$ |
| Obesity (Adult) ${ }^{11+\& 24}$ | 2016 | 25.4\% | 25.0\% | $\downarrow$ |
| Obesity (Youth) ${ }^{2}$ | 2016-2017 | 14.2\% | 20.1\% | $\downarrow$ |
| Overweight/Obese Adults ${ }^{11+}$ 24 | 2016 | 63.1\% | 61.0\% | $\downarrow$ |
| Respiratory Hazard Index (score) ${ }^{2}$ | 2011 | 1.8 | 2.2 | $\downarrow$ |
| Smoking in Home ${ }^{11+\& 24}$ | 2016 | 7.1\% | 10.0\% | $\downarrow$ |
| Used Marijuana or Hashish Recently ${ }^{11 \& 24}$ | 2017 | -13.3\% | 8.5\% | $\downarrow$ |

## Trends ( $\boldsymbol{\dagger}$ )

Certain indicators have been measured longitudinally. Below are the trend directions for indicators with trend data available.

- Asthma Prevalence, Adults ${ }^{11}$ : Increasing
- Asthma Prevalence, Children/Youth": Increasing
- COPD, Bronchitis, Emphysema¹: Increasing
- Current Smoker11: Decreasing
- Influenza/Pneumonia Death Rate ${ }^{22:}$ : Decreasing
- Obesity (Adult) ${ }^{11}$ : Increasing
- Overweight/Obese Adults ${ }^{11}$ : Increasing
- Pertussis ${ }^{8}$ : Trend is mixed
- Smoking in Home ${ }^{11}$ : Decreasing
- Taking Prescription Medication for Asthma ${ }^{11}$ : Flat
- Tuberculosis Cases Rate ${ }^{10}$ : Trending down from 2014 to 2016


## Race \& Ethnicity

Certain indicators are available by ethnicity, which shows disparities in certain populations.
Table 25. Statistical Data for Asthma \& Respiratory Conditions by Ethnicity

| INDICATORS | BENCHMARK | WHITE | $\begin{array}{r} \text { AFR } \\ \text { / AFR } \\ \text { ANC } \end{array}$ | ASIAN | $\begin{gathered} \text { PAC } \\ \text { ISL } \end{gathered}$ | NATIVE AM | OTHER | MULTI <br> RACE | HISP <br> / LAT <br> (ANY <br> RACE) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Asthma Prevalence, Adults ${ }^{11} \& 24$ | 12.8\% |  | -24.7\% |  |  |  |  |  | -22.3\% |
| Obesity (Adult) ${ }^{11 \%} 24$ | 25.0\% |  | -50.8\% |  |  |  |  |  | -34.0\% |
| Overweight/ <br> Obese Adults ${ }^{11}$ \& 24 | 61.0\% |  | -82.2\% |  |  |  |  |  | -74.6\% |

Blank cells indicate that data were unavailable.

## Other Populations

Certain indicators are available by age, income or education level, or geography, and show disparities in certain populations.

Table 26. Statistical Data for Asthma \& Respiratory Conditions by Age, Income, Education, or Geography

| INDICATORS | BENCHMARK | MALE | $\begin{array}{r} \text { AGE } \\ 18-39 \end{array}$ | $\begin{array}{r} \text { AGE } \\ 18-64 \end{array}$ | $\begin{aligned} & \text { AGE } \\ & 65+ \end{aligned}$ | $\begin{array}{r} \leq 200 \% \\ \text { FPL } \end{array}$ | $\begin{aligned} & \leq \mathrm{HIGH} \\ & \mathrm{SCHOOL} \end{aligned}$ | SOUTHERN COUNTY | COASTSIDE |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Asthma Prevalence, Adults ${ }^{11824}$ | 12.8\% |  | -24.1\% |  |  | -23.8\% |  |  |  |
| COPD, Bronchitis, Emphysema ${ }^{11} 224$ | 4.4\% |  |  | -8.2\% | -12.7\% |  |  |  | -14.3\% |
| Current Smoker ${ }^{11124}$ | 11.0\% |  | 8.1\% |  |  | 6.7\% | 9.5\% |  |  |
| Current User of E-Cigarettes (Vaping) ${ }^{11824}$ | 3.2\% |  | -7.2\% |  |  |  |  |  |  |
| Obesity (Adult) ${ }^{11824}$ | 25.0\% |  |  |  |  | -39.4\% | -35.8\% |  |  |
| Overweight/ Obese Adults ${ }^{1124}$ | 61.0\% | -70.1\% |  |  |  | -71.6\% |  |  |  |
| Smoking in Home ${ }^{11 \& 24}$ | 10.0\% |  | -11.1\% |  |  |  | -12.5\% |  |  |
| Used Marijuana or Hashish Recently ${ }^{112}$ 24 | 8.5\% |  | -26.1\% |  |  |  |  |  | -18.1\% |

Blank cells indicate that data were unavailable.

## Data Without Benchmarks

Certain indicators were available that had no statewide or national comparison. These data are described below.

- Ambulance Transport, Respiratory Issues: Of all ambulance transports initiated by a call to 911, respiratory issues were the primary impression (main reason for the call) in $7.7 \%$ of cases. ${ }^{16}$
- Chronic lower respiratory disease was the \#5 cause of death in the county. ${ }^{7}$
- ER Visit Rate, Asthma: The average crude Emergency Room visit rate (per 1,000 people) for asthma, countywide, was 294.38. Rates are highest for people of African ancestry (2,966.9 per 100,000) and Pacific Islanders (2,764.6 per 100,000).11
- ER Visit Rate, COPD: The average crude Emergency Room visit rate (per 1,000 people) for COPD, countywide, was 35.52. Rates are highest for Pacific Islanders (379.8 per 100,000) and people of African ancestry (282.3 per 100,000)."
- Influenza/pneumonia was tied for the No. 7 cause of death in the county.?


## Birth Outcomes

Table 27. Statistical Data for Birth Outcomes

| INDICATORS | YEAR(S) | SMC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :--- | :--- | :--- | :--- | :--- | :--- |
| Adequate/Adequate Plus Prenatal Care ${ }^{7}$ | $2013-2015$ | $83.0 \%$ | $78.3 \%$ | $\uparrow$ |
| First Trimester Prenatal Care |  |  |  |  |

## Trends ( $\dagger$ )

Certain indicators have been measured longitudinally. Below are the trend directions for indicators with trend data available

- Child Has Usual Place for Medical Check-ups¹1: Decreasing since 2013
- Food Insecurity Rate ${ }^{11}$ : More respondents were food-insecure than in any prior survey (1998-2013).
- Received Informal Food Support ${ }^{11}$ : Increasing
- Teen Births: ${ }^{11}$
- The birth rate among 15-to-17-year-old mothers has been declining since 1997. The trend of the birth rate among 12-to-14-year-old mothers is mixed. While the 2015 rate is only one-third of the 1998 rate and half of the 2006 rate, there has been a rising trend between 2012 (when the rate was zero) and 2015 (when the rate was 0.4).
- Rates of teen motherhood have generally declined among all ethnicities since 1997.


## Race \& Ethnicity

Certain indicators are available by ethnicity, which shows disparities in certain populations.
Table 28. Statistical Data for Birth Outcomes by Ethnicity

| INDICATORS | BENCHMARK | WHITE | $\begin{array}{r} \text { AFR } \\ \text { / AFR } \\ \text { ANC } \end{array}$ | ASIAN | PAC ISL | NATIVE AM | OTHER | MULTI RACE | HISP <br> / LAT <br> (ANY <br> RACE) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Infant Mortality Rate (per 1,000 births) ${ }^{7}+$ | 4.5 | 2.4 | -9.3 | $2.4 *$ |  |  |  |  | 2.8 |
| Breastfeeding (Any) ${ }^{1}$ | 93.0\% | 97.1\% | -87.2\% | 98.3\% |  |  | 92.4\% | 96.1\% | 97.5\% |
| Breastfeeding (Any) ${ }^{26}$ | 94.0\% | 97.6\% | -88.1\% | *98.2\% | -90.0\% |  | 95.2\% | 97.3\% | 97.3\% |
| Breastfeeding (Exclusive) ${ }^{1}$ | 64.8\% | 86.3\% | 67.4\% | 79.8\% | 90.0\% |  | 68.8\% | 81.4\% | 77.2\% |
| Breastfeeding (Exclusive) ${ }^{26}$ | 69.6\% | 86.3\% | -61.9\% | *81\% | 70.0\% |  | 74.5\% | 83.4\% | 76.4\% |
| Food Insecurity Rate ${ }^{11 \text { \& } 24}$ | ${ }^{+6.0 \%}$ |  | -7.5\% | ${ }^{*} 7.2 \%$ |  |  |  |  |  |
| Infants Whose Mothers Received Prenatal Care in First Trimester ${ }^{26}$ | 83.2\% | 93.8\% | 86.4\% | *88\% |  |  |  | 86\% | 87.8\% |
| Teen Birth Rate (per 1,000) ${ }^{26}$ | 18.7 |  |  |  |  |  |  |  | -21.3 |

Blank cells indicate that data were unavailable. *Indicates that survey combined Asian/Pacific Islander. + Using older data from 2012 - 2014 to highlight health disparities by racelethnicity.

Other Populations
Certain indicators are available by age, income or education level, or geography, and show disparities in certain populations.

Table 29. Statistical Data for Birth Outcomes by Age, Income, Education, or Geography

| INDICATORS | BENCH- <br> MARK | $\begin{aligned} & \text { AGE } \\ & 0-5 \end{aligned}$ | $\begin{gathered} \text { AGE } \\ 6-17 \end{gathered}$ | $\begin{array}{r} \text { AGE } \\ 18-64 \end{array}$ | $\begin{gathered} \text { AGE } \\ 65+ \end{gathered}$ | $\begin{gathered} \leq \mathrm{HIGH} \\ \text { SCHOOL } \end{gathered}$ | $\begin{array}{r} \text { SOME } \\ \text { COLLEGE } \end{array}$ | $\begin{aligned} & \geq \text { B.A./B.S. } \\ & \text { DEGREE } \end{aligned}$ | $\begin{array}{r} \leq 200 \% \\ \text { FPL } \end{array}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Food Insecurity <br> Rate ${ }^{11 \& 24}$ | ${ }^{+} 6.0 \%$ |  |  |  |  |  |  |  | -10.4\% |

[^18]
## Data Without Benchmarks

Certain indicators were available that had no statewide or national comparison. These data are described below.

- Child Has Usual Place for Medical Check-ups: Of Quality of Life survey respondents who had at least one child under age 18 living in their household, nearly $94 \%$ reported that they have a regular place they take their child for medical check-ups." This was reported in smaller proportions by respondents with a high school diploma or less ( $87 \%$ ), and individuals earning less than $200 \%$ FPL ( $87 \%$ ).
- Received Informal Food Support: More than $6 \%$ of Quality of Life survey respondents countywide ( $N=1,581$ ) indicated that they had gone to a food bank or otherwise received free meals in the past year." This figure was higher among low-income respondents (17\%) and respondents from the Coastside (12\%).1
- Inadequate Prenatal Care: Countywide, just $1.6 \%$ of births received late (as opposed to adequate) prenatal care. ${ }^{11}$
- Low Birth Weight: Multiple births (e.g., twins) are more likely to be low birth weight; countywide, $5.1 \%$ of singleton births were low birth weight."
- Sex Education: About "74\% of [teen] respondents reported that they feel they are making informed decisions about sex and their sexuality" ( $N=3,284$ ). ${ }^{13}$
- Teen Births: The birth rate among teen mothers ages 12 - 14 is 0.4 per 1,000 and among teen mothers ages $15-17$ is 4.3 per $1,000 .{ }^{11}$


## Cancer

Table 30. Statistical Data for Cancer

| INDICATORS | YEAR(S) | SMC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :---: | :---: | :---: | :---: | :---: |
| Cancer Mortality Rate (All Types) ${ }^{22}$ | 2014-2016 | 120.3 | 140.2 | $\downarrow$ |
| Cancer Prevalence ${ }^{11 \% 24}$ | 2016 | -8.3\% | 5.6\% | $\downarrow$ |
| Cervical Cancer Incidence Rate ${ }^{1}$ | 2009-2013 | 6.7 | H7.3 | $\downarrow$ |
| Childhood Cancer Diagnoses ${ }^{26}$ | 2011-2015 | -19.3 | 17.9 | $\downarrow$ |
| Melanoma Incidence Rate in Males ${ }^{9}$ | 2008-2012 | -32.0 | 27.9 | $\downarrow$ |
| Melanoma Incidence Rate in Females ${ }^{9}$ | 2008-2012 | -18.9 | 15.6 | $\downarrow$ |
| Air Quality-Particulate Matter 2.5² | 2014 | 8.2\% | 10.7\% | $\downarrow$ |
| Alcohol-Binge Drinker ${ }^{11+\& 24}$ | 2016 | 16.9\% | 16.3\% | $\downarrow$ |
| Cancer Screening-Pap Test¹ | 2006-2012 | 82.1\% | 78.3\% | $\uparrow$ |
| Current Smoker ${ }^{11+}$ \& 24 | 2016 | 5.7\% | 11.0\% | $\downarrow$ |
| Liquor Store Access Rate ${ }^{1+}$ | 2016 | 6.8 | 10.7 | $\downarrow$ |
| Low Fruit/Vegetable Consumption (Adult) ${ }^{1}$ | 2005-2009 | 67.4\% | 71.5\% | $\downarrow$ |
| Obesity (Adult) ${ }^{1+1+24}$ | 2016 | 25.4\% | 25.0\% | $\downarrow$ |
| Overweight (Adult) ${ }^{1}$ | 2011-2012 | 31.4\% | 35.8\% | $\downarrow$ |
| Overweight/Obese Adults ${ }^{11+}$ \& 24 | 2016 | 63.1\% | 61.0\% | $\downarrow$ |
| Physical Inactivity (Adult) ${ }^{1+12}$ | 2013 | 15.5\% | 17.9\% | $\downarrow$ |
| Smoking in Home ${ }^{11+\& 24}$ | 2016 | 7.1\% | 10.0\% | $\downarrow$ |

Trends ( $\boldsymbol{\dagger}$ )
Certain indicators have been measured longitudinally. Below are the trend directions for indicators with trend data available.

- Alcohol-Binge Drinker11: Increasing
- Cancer Mortality ${ }^{11}$ : Falling since 2010
- Current Smoker ${ }^{11}$ : Decreasing
- Engage in Healthy Behaviors ${ }^{11}$ : Decreasing
- Liquor Store Access Rate': Falling since 2014
- Regular Vigorous Physical Activity ${ }^{11}$ :

Decreasing since 2013

- Obesity (Adult) ${ }^{111}$ : Increasing
- Overweight/Obese Adults"1: Increasing
- Physical Inactivity (Adult):

Relatively flat since 2010

- Smoking in Home ${ }^{11}$ : Decreasing
- Use Other Tobacco Products": Decreasing


## Race \& Ethnicity

Certain indicators are available by ethnicity, which shows disparities in certain populations.
Table 31. Statistical Data for Cancer by Ethnicity

| INDICATORS | BENCHMARK | WHITE | $\begin{array}{r} \text { AFR } \\ \text { / AFR } \\ \text { ANC } \end{array}$ | ASIAN | $\begin{array}{r} \text { PAC } \\ \text { ISL } \end{array}$ | NATIVE AM | OTHER | MULTI RACE | HISP <br> / LAT <br> (ANY <br> RACE) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Cancer Prevalence ${ }^{11 \& 24}$ | 5.6\% | *12.1\% | -13.4\% |  |  |  |  |  |  |
| Cervical Cancer Incidence Rate ${ }^{1}$ | н7.3 | 7.5 |  | 6.2 |  |  |  |  | -11.1 |
| Childhood Cancer Diagnoses (per 100,000)26 | 17.9 | -21.1 |  | *16.6 |  |  |  |  | -19.0 |
| Overweight/ <br> Obese Adults ${ }^{11} \& 24$ | 61.0\% |  | -82.2\% |  |  |  |  |  | -74.6\% |
| Obesity (Adult) ${ }^{11} \& 24$ | 25.0\% |  | *50.8\% |  |  |  |  |  | -34.0\% |

Blank cells indicate that data were unavailable. *Indicates that survey combined Asian/Pacific Islander.

Other Populations
Certain indicators are available by age, income or education level, or geography, and show disparities in certain populations.

Table 32. Statistical Data for Cancer by Age, Income, Education, or Geography

| INDICATORS | BENCHMARK | MALE | $\begin{array}{r} \text { AGE } \\ 18-39 \end{array}$ | $\begin{array}{r} \text { AGE } \\ 18-64 \end{array}$ | $\begin{gathered} \text { AGE } \\ 65+ \end{gathered}$ | $\begin{gathered} \text { sHIGH } \\ \text { SCHOOL } \end{gathered}$ | $\begin{array}{r} \text { SOME } \\ \text { COLLEGE } \end{array}$ | $\begin{aligned} & \geq \text { B.A./B.S. } \\ & \text { DEGREE } \end{aligned}$ | $\begin{gathered} \leq 200 \% \\ \text { FPL } \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Cancer Prevalence ${ }^{11 \& 24}$ | 5.6\% |  |  | 4.9\% | -19.8\% |  |  |  |  |
| Alcohol-Binge Drinker ${ }^{11 \& 24}$ | 16.3\% |  | -28.4\% |  |  |  |  |  |  |
| Overweight/Obese Adults ${ }^{11}$ \& 24 | 61.0\% | -70.1\% |  |  |  |  |  |  | -71.6\% |
| Obesity (Adult) ${ }^{11 \%} 24$ | 25.0\% |  |  |  |  | -35.8\% |  |  | -39.4\% |
| Smoking in Home ${ }^{11+\& 24}$ | 10.0\% |  | -11.1\% |  |  | -12.5\% |  |  |  |

[^19]Data Without Benchmarks
Certain indicators were available that had no statewide or national comparison. These data are described below.

- Cancer was the No. 1 cause of death in the county.?
- Regular Vigorous Physical Activity (Adults): More than one-third (38\%) of Quality of Life survey respondents countywide ( $N=1,581$ ) indicated that they engage in vigorous physical activity three or more times per week. ${ }^{11}$ These proportions were smaller among respondents who earn less than 200\% FPL (32\%)."
- Adequate Fruit/Vegetable Consumption (Adults): Only about 15\% of Quality of Life survey respondents countywide ( $N=1,581$ ) reported that they eat the recommended number of daily servings of fruits and vegetables. ${ }^{11}$ These proportions were even smaller among respondents who earned less than 200\% FPL (7.4\%) and respondents with a high school diploma or less (3.8\%)."
- Engage in Healthy Behaviors: Less than $4 \%$ of Quality of Life survey respondents countywide ( $N=1,581$ ) engage in "healthy behaviors" (do not smoke cigarettes, are not overweight [based on BMI], exercise at least three times per week for at least 20 minutes each time, eat five or more servings of fruit/vegetables per day)." These proportions are even smaller among men (1.4\%), respondents who earn less than 200\% FPL (0.7\%), and respondents with a high school diploma or less (0.3\%)."


## Dementia \& Cognitive Decline

Table 33. Statistical Data for Dementia \& Cognitive Decline

| INDICATORS | YEAR(S) | SMC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :--- | ---: | ---: | ---: | :---: |
| Alzheimer's Disease Mortality Rate $^{7+}$ | $2013-2015$ | 29.9 | 32.1 | $\downarrow$ |
| Median Age ${ }^{1818 \dagger}$ | $2012-2016$ | $\bullet 39.5$ | 36.0 | $\downarrow$ |

Trends ( $\boldsymbol{\dagger}$ )
Certain indicators have been measured longitudinally. Below are the trend directions for indicators with trend data available.

- Alzheimer's Disease (Prevalence) ${ }^{11}$ : Generally falling since 2009-11
- Alzheimer's Disease Mortality Rate: Mixed (rose 2005-2011, fluctuated 2012-15)
- Median Age ${ }^{18}$ : Rising since at least 2000

Data Without Benchmarks
Certain indicators were available that had no statewide or national comparison. These data are described below.

- Alzheimer's Disease was the No. 3 cause of death in the county. ${ }^{\text {? }}$


## Heart Disease/Stroke

Table 34. Statistical Data for Heart Disease/Stroke

| INDICATORS | YEAR(S) | SMC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :---: | :---: | :---: | :---: | :---: |
| Coronary Heart Disease Death Rate ${ }^{7}$ | 2010-2015 | 59.6 | 93.2 | $\downarrow$ |
| Heart Disease Death Rate ${ }^{22+}$ | 2014-2016 | 55.4 | 89.1 | $\downarrow$ |
| Heart Disease, Heart AttackEver Had/Diagnosed ${ }^{11+}$ \& 24 | 2016 | 5.3\% | us8.0\% | $\downarrow$ |
| Heart Disease Hospitalizations Rate (per 1,000 pop.) ${ }^{2}$ | 2012-2014 | 6.8 | 10.5 | $\downarrow$ |
| Heart Disease Prevalence ${ }^{2}$ | 2014 | 5.6\% | 7.0\% | $\downarrow$ |
| Heart Failure Emergency Room Visit Rate (per 10,000 pop.) ${ }^{5}$ | 2013-2015 | 6.7 | 9.4 | $\downarrow$ |
| Heart Failure Hospitalizations Rate (per 10,000 pop.) ${ }^{5}$ | 2013-2015 | 21.6 | 29.1 | $\downarrow$ |
| Stroke Death Rate ${ }^{22+}$ | 2014-2016 | 27.1 | н34.8 | $\downarrow$ |
| Stroke Prevalence ${ }^{11 \% 24}$ | 2016 | -3.4\% | 2.4\% | $\downarrow$ |
| Alcohol-Binge Drinker ${ }^{11+\& 24}$ | 2016 | 16.9\% | 16.3\% | $\downarrow$ |
| Current Smoker ${ }^{11+\& 24}$ | 2016 | 5.7\% | 11.0\% | $\downarrow$ |
| Diabetes Discharges (\% of Total Discharges) ${ }^{1}$ | 2011 | 0.6\% | 0.9\% | $\downarrow$ |
| Diabetes Hospitalizations Rate (per 10,000) ${ }^{1}$ | 2011 | 6.1 | 10.4 | $\downarrow$ |
| Diabetes Prevalence, Adults ${ }^{11+\& 24}$ | 2016 | -12.2\% | 10.2\% | $\downarrow$ |
| High Blood Pressure-Unmanaged ${ }^{1}$ | 2006-2010 | 30.7\% | 30.3\% | $\downarrow$ |
| High Cholesterol Prevalence, Adults ${ }^{11+\& 24}$ | 2016 | 32.2\% | us36.2\% | $\downarrow$ |
| Hypertension/High Blood Pressure Prevalence, Adults | 2016 | -31.8\% | ${ }^{\text {us }} \mathbf{2 8 . 7 \%}$ | $\downarrow$ |
| Liquor Store Access Rate ${ }^{1+}$ | 2016 | 6.8 | 10.7 | $\downarrow$ |
| Obesity (Adult) ${ }^{1+1+24}$ | 2016 | 25.4\% | 25.0\% | $\downarrow$ |
| Obesity (Youth) ${ }^{2}$ | 2016-2017 | 14.2\% | 20.1\% | $\downarrow$ |
| Overweight/Obese Adults ${ }^{11+\& 24}$ | 2016 | 63.1\% | 61.0\% | $\downarrow$ |
| Overweight (Adult) ${ }^{1}$ | 2011-2012 | 31.4\% | 35.8\% | $\downarrow$ |
| Overweight (Youth) ${ }^{1}$ | 2013-2014 | 17.7\% | 19.3\% | $\downarrow$ |
| Park Access ${ }^{1}$ | 2010 | 78.6\% | 58.6\% | $\uparrow$ |
| Physical Inactivity (Adult) ${ }^{1+12}$ | 2013 | 15.5\% | 17.9\% | $\downarrow$ |
| Physical Inactivity (Youth) ${ }^{2}$ | 2016-2017 | 27.3\% | 37.8\% | $\downarrow$ |
| Recreation and Fitness Facilities Rate ${ }^{1+}$ | 2016 | 14.9 | 10.8 | $\uparrow$ |
| Walkable Destinations ${ }^{2}$ | 2012-2015 | 54.8\% | 29.0\% | $\uparrow$ |

## Trends ( $\boldsymbol{\dagger}$ )

Certain indicators have been measured longitudinally. Below are the trend directions for indicators with trend data available.

- Alcohol-Binge Drinker1ํ: Increasing
- Current Smoker ${ }^{11}$ : Decreasing
- Diabetes Prevalence, Adults ${ }^{11}$ : Rising
- Engage in Healthy Behaviors ${ }^{11}$ : Decreasing
- Heart Disease Death Rate ${ }^{22}$ : Decreasing
- Heart Disease, Heart Attack-Ever

Had/Diagnosed ${ }^{11}$ : Decreasing

- High Cholesterol Prevalence, Adults": Increasing
- Hypertension/High Blood Pressure Prevalence, Adults"1: Increasing
- Liquor Store Access Rate': Falling from 2014
- Obesity (Adult) ${ }^{111}$ : Increasing
- Overweight/Obese Adults ${ }^{11}$ : Increasing
- Physical Inactivity (Adult):

Relatively flat since 2010

- Recreation and Fitness Facilities Rate': Mixed.
- Regular Vigorous Physical Activity ${ }^{11}$ : Decreasing since 2013
- Stroke Death Rate ${ }^{22}$ : No significant change
- Taking Medication to Control High Blood Pressure ${ }^{11}$ : Increasing
- Taking Medication to Control High Cholesterol ${ }^{11}$ : Increasing
- Use Other Tobacco Products ${ }^{11}$ : Decreasing


## Race \& Ethnicity

Certain indicators are available by ethnicity, which shows disparities in certain populations.
Table 35. Statistical Data for Heart Disease/Stroke by Ethnicity

| INDICATORS | BENCHMARK | WHITE | $\begin{array}{r} \text { AFR } \\ \text { / AFR } \\ \text { ANC } \end{array}$ | ASIAN | $\begin{gathered} \text { PAC } \\ \text { ISL } \end{gathered}$ | NATIVE AM | OTHER | MULTI <br> RACE | HISP <br> / LAT <br> (ANY <br> RACE) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Heart Disease, <br> Heart Attack-Ever <br> Had/Diagnosed ${ }^{11} \& 24$ | us8.0\% |  | -9.8\% |  |  |  |  |  |  |
| Heart Disease Prevalence ${ }^{1}$ | 6.3\% | -8.3\% |  |  |  |  | 1.5\% |  | 2.6\% |
| Mortality Rate-Stroke ${ }^{1}$ | 37.4 | 29.4 | -46.8 | 7.9 | -47.5 | 35.9 |  | 7.8 | 18.6 |
| Diabetes Prevalence, Adults ${ }^{11 \& 24}$ | 12.2\% |  | -21.2\% |  |  |  |  |  |  |
| Hypertension/ <br> High Blood Pressure <br> Prevalence, Adults (\%) ${ }^{11 \& 24}$ | us28.7 |  | -30.3 |  |  |  |  |  |  |
| Obesity (Adult) ${ }^{11}$ \& 24 | 25.0\% |  | -50.8\% |  |  |  |  |  | -34.0\% |
| Overweight/ <br> Obese Adults ${ }^{11 \% 24}$ | 61.0\% |  | -82.2\% |  |  |  |  |  | *74.6\% |
| Overweight (Youth) ${ }^{1}$ | 19.3\% | 14.0\% | 19.6\% | 12.4\% |  |  |  | 16.4\% | -22.1\% |
| Physical Inactivity (Youth) ${ }^{1}$ | 37.8\% | 22.4\% | -45.3\% | 18.7\% |  |  |  | 25.1\% | -44.5\% |

Blank cells indicate that data were unavailable.

## Other Populations

Certain indicators are available by age, income or education level, or geography, and show disparities in certain populations.

Table 36. Statistical Data for Heart Disease/Stroke by Age, Income, Education, or Geography

| INDICATORS | BENCHMARK | MALE | $\begin{array}{r} \text { AGE } \\ \text { 18-39 } \end{array}$ | $\begin{array}{r} \text { AGE } \\ 18-64 \end{array}$ | $\begin{gathered} \text { AGE } \\ 65+ \end{gathered}$ | $\begin{gathered} \text { s HIGH } \\ \text { SCHOOL } \end{gathered}$ | SOME COLLEGE | $\begin{array}{r} \geq \text { B.A./B.S. } \\ \text { DEGREE } \end{array}$ | $\begin{gathered} \leq 200 \% \\ \text { FPL } \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Heart Disease, Heart AttackEver Had/ Diagnosed ${ }^{11 \& 24}$ | us8.0\% |  |  | 3.5\% | -11.8\% |  |  |  |  |
| Stroke Prevalence ${ }^{11 \text { \& } 24}$ | 2.4\% |  |  | 2.4\% | -6.5\% |  |  |  |  |
| AlcoholBinge Drinker ${ }^{11 \%} 24$ | 16.3\% |  | -28.4\% |  |  |  |  |  |  |
| Diabetes <br> Prevalence, <br> Adults ${ }^{11} \& 24$ | 12.2\% |  |  | 10.5\% | -18.6\% |  |  |  | -23.5\% |
| High Cholesterol <br> Prevalence, <br> Adults (\%) ${ }^{11 \% 24}$ | us36.2 |  |  | 25.8\% | -54.8\% |  |  |  |  |
| Hypertension/High <br> Blood Pressure <br> Prevalence, <br> Adults (\%) ${ }^{11 \& 24}$ | Us28.7 |  |  | 24.5\% | -52.7\% |  |  |  |  |
| Obesity (Adult) ${ }^{11}$ \& 24 | 25.0\% |  |  |  |  | -35.8\% |  |  | -39.4\% |
| Overweight/ <br> Obese Adults ${ }^{11}$ \& 24 | 61.0\% | $\bullet 70.1 \%$ |  |  |  |  |  |  | -71.6\% |

Blank cells indicate that data were unavailable.

## Data Without Benchmarks

Certain indicators were available that had no statewide or national comparison. These data are described below.

- Ambulance Transports:
- Cardiac Issues: Of all ambulance transports initiated by a call to 911, cardiac issues were the primary impression (main reason for the call) in $11.5 \%$ of cases. ${ }^{16}$
- Vascular Issues: Of all ambulance transports initiated by a call to 911, vascular issues were the primary impression (main reason for the call) in $9.3 \%$ of cases. ${ }^{16}$
- Coronary heart disease was the No. 2 cause of death in the county.?
- Cardiovascular Disease-Related ER Visits:
- ER Visit Rate, Myocardial Infarction: The average crude Emergency Room visit rate (per 1,000 people) for myocardial infarction, countywide, was 2.43." The rate is highest for people whose ethnicity is "Other/ Unknown" (17.8 per 100,000).11
- ER Visit Rate, Heart Failure: The average crude Emergency Room visit rate (per 1,000 people) for heart failure, countywide, was 99.07.11 Rates are highest for people of African ancestry ( 796.1 per 100,000) and Pacific Islanders ( 741.3 per 100,000).11
- ER Visit Rate, Ischemic Heart Disease: The average crude Emergency Room visit rate (per 1,000 people) for ischemic heart disease, countywide, was 166.39." Rates are highest for Pacific Islanders ( $1,184.8$ per 100,000 ) and whites ( 982.4 per 100,000)."
- Engage in Healthy Behaviors: Less than $4 \%$ of Quality of Life survey respondents countywide ( $N=1,581$ ) engage in "healthy behaviors" (do not smoke cigarettes, are not overweight [based on BMI], exercise at least three times per week for at least 20 minutes each time, eat five or more servings of fruits/vegetables per day)." These proportions are even smaller among men (1.4\%), respondents who earn less than 200\% FPL (0.7\%), and respondents with a high school diploma or less (0.3\%).11
- Hypertension and High Cholesterol:
- Hypertension/High Blood Pressure Prevalence, Adults. Native Hawaiians/Pacific Islanders are overrepresented among individuals with high blood pressure. ${ }^{20}$
- High Blood Pressure Medication Use: Among Quality of Life survey respondents who reported having hypertension, more than three-quarters ( $79 \%$ ) indicated that they are currently taking medication to control high blood pressure. ${ }^{11}$
- High Cholesterol Medication Use: Among Quality of Life survey respondents who reported having high cholesterol, $64 \%$ indicated that they are currently taking medication to lower their blood cholesterol level.11
- Stroke-Related ER Visits:
- ER Visit Rate, Stroke: The average crude Emergency Room visit rate (per 1,000 people) for stroke, countywide, was 13.18.1 Rates are highest for people of African ancestry ( 89.4 per 100,000) and whites (80.6 per 100,000)."
- ER Visit Rate, Hypertension: The average crude Emergency Room visit rate (per 1,000 people) for hypertension, countywide, was 1,031.87.11 Rates are highest for Pacific Islanders ( $8,119.7$ per 100,000) and people of African ancestry ( $7,632.8$ per 100,000). ${ }^{11}$
- Stroke \& CVD Related Factors:
- Regular Vigorous Physical Activity (Adults): More than one-third (38\%) of Quality of Life survey respondents countywide ( $\mathrm{N}=1,581$ ) indicated that they engage in vigorous physical activity three or more times per week." These proportions were smaller among respondents who earn less than 200\% FPL (32\%).
- Adequate Fruit/Vegetable Consumption (Adults): Only 15\% of Quality of Life survey respondents countywide $(N=1,581)$ reported that they eat the recommended number of daily servings of fruits and vegetables. ${ }^{11}$ These proportions were even smaller among respondents who earned less than 200\% FPL (7.4\%) and respondents with a high school diploma or less (3.8\%).11
- Stroke was the No. 4 cause of death in the county. ${ }^{\text {? }}$


## Healthy Lifestyles

## Diabetes

## Table 37. Statistical Data for Diabetes

| INDICATORS | YEAR(S) | SMC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :---: | :---: | :---: | :---: | :---: |
| Diabetes Death Rate ${ }^{7}$ | 2013-2015 | 12.9 | 20.6 | $\downarrow$ |
| Diabetes Discharges (\% of Total Discharges) ${ }^{1}$ | 2011 | 0.6\% | 0.9\% | $\downarrow$ |
| Diabetes Discharges (\% of Total Discharges), Children/Youth (Ages 1 - 19) ${ }^{1}$ | 2011 | 1.2\% | 1.5\% | $\downarrow$ |
| Diabetes Hospitalizations Rate (per 10,000) ${ }^{1}$ | 2011 | 6.1 | 10.4 | $\downarrow$ |
| Diabetes Prevalence, Adults ${ }^{11+\& 24}$ | 2016 | -12.2\% | 10.2\% | $\downarrow$ |
| Children Walking or Biking to School ${ }^{2}$ | 2015-2016 | 38.9\% | 39.3\% | $\uparrow$ |
| Commute > 60 Min . ${ }^{\text { }}$ | 2012-2016 | 8.9\% | 11.3\% | $\downarrow$ |
| Commute to Work-Alone in Car ${ }^{1}$ | 2012-2016 | 69.4\% | 73.5\% | $\downarrow$ |
| Commute to Work-By Public Transit ${ }^{18+}$ | 2012-2016 | 10.1\% | 5.2\% | $\uparrow$ |
| Commute to Work-Walking/Biking ${ }^{1}$ | 2012-2016 | 3.8\% | 3.8\% | $\uparrow$ |
| Current Smoker ${ }^{11+\& 24}$ | 2016 | 5.7\% | 11.0\% | $\downarrow$ |
| Drinking Water Violations ${ }^{2}$ | 2015 | -1.0 | 0.8 | $\downarrow$ |
| Driving Alone to Work, Long Distances ${ }^{2}$ | 2012-2016 | 38.1\% | 39.3\% | $\downarrow$ |
| Exercise Opportunities ${ }^{12}$ | 2016 | 96.2\% | 89.6\% | $\uparrow$ |
| Fast Food Restaurants Rate ${ }^{1+}$ | 2016 | 82.5 | 78.7 | $\downarrow$ |
| Food Desert Population ${ }^{1}$ | 2015 | 9.9\% | 13.4\% | $\downarrow$ |
| Food Environment Index ${ }^{12}$ | 2015 | 8.9 | 8.8 | $\uparrow$ |
| Food Insecurity Rate ${ }^{11+\& 23}$ | 2016 | -9.1\% | ${ }^{+} 6.0 \%$ | $\downarrow$ |
| Food Insecurity Rate-Children under $18{ }^{1}$ | 2014 | 19.3\% | 25.3\% | $\downarrow$ |
| Grocery Stores Rate ${ }^{1+}$ | 2016 | 25.3 | 21.8 | $\uparrow$ |
| Lack of Healthy Food Stores² | 2014 | 9.9\% | 13.4\% | $\uparrow$ |
| Low Fruit/Vegetable Consumption (Adult) ${ }^{1}$ | 2005-2009 | 67.4\% | 71.5\% | $\downarrow$ |
| Low Fruit/Vegetable Consumption (Youth) ${ }^{1}$ | 2011-2012 | -50.0\% | 47.4\% | $\downarrow$ |
| Physical Inactivity (Adult) ${ }^{1+12}$ | 2013 | 15.5\% | 17.9\% | $\downarrow$ |
| Physical Inactivity (Youth) ${ }^{2}$ | 2016-2017 | 27.3\% | 37.8\% | $\downarrow$ |
| Recreation and Fitness Facilities Rate ${ }^{1+}$ | 2016 | 14.9 | 10.2 | $\uparrow$ |
| Soft Drink Consumption² | 2014 | 9.2\% | 18.1\% | $\downarrow$ |
| Walkable Destinations ${ }^{2}$ | 2012-2015 | 54.8\% | 29.0\% | $\uparrow$ |
| WIC-Authorized Food Stores Rate ${ }^{1}$ | 2011 | $\bullet 10.5$ | 15.8 | $\uparrow$ |

## Trends ( $\dagger$ )

Certain indicators have been measured longitudinally. Below are the trend directions for indicators with trend data available.

- Commute to Work-By Public Transit ${ }^{18}$ : Increasing
- Current Smoker ${ }^{11}$ : Decreasing
- Diabetes Prevalence, Adults ${ }^{11}$ : Rising
- Engage in Healthy Behaviors ${ }^{11}$ : Decreasing
- Food Insecurity ${ }^{11}$ : More respondents were food-insecure than in any prior survey (1998-2013).11
- Fast Food Restaurants Rate': Rising since 2013
- Grocery Stores Rate': Rising since 2013
- Physical Inactivity (Adult): Relatively flat since 2010
- Received Informal Food Support ${ }^{11}$ : Increasing
- Recreation and Fitness Facilities Rate ${ }^{1}$ : Mixed
- Regular Vigorous Physical Activity ${ }^{11}$ : Decreasing since 2013

Diet, Fitness \& Nutrition
Table 38. Statistical Data for Diet, Fitness \& Nutrition

| INDICATORS | YEAR(S) | SMC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :---: | :---: | :---: | :---: | :---: |
| Adequate Fruit \& Vegetable Consumption, Children Ages 2 - $11^{26}$ | 2015-2016 | -24.3\% | 35.4\% | $\uparrow$ |
| Any Breastfeeding ${ }^{26}$ | 2016 | 97.5\% | 94.0\% | $\uparrow$ |
| Children Walking or Biking to School ${ }^{2}$ | 2015-2016 | 38.9\% | 39.3\% | $\uparrow$ |
| Commute > 60 Min . ${ }^{\text {² }}$ | 2012-2016 | 8.9\% | 11.3\% | $\downarrow$ |
| Commute to Work-Alone in Car ${ }^{1}$ | 2012-2016 | 69.4\% | 73.5\% | $\downarrow$ |
| Commute to Work-By Public Transit ${ }^{18+}$ | 2012-2016 | 10.1\% | 5.2\% | $\uparrow$ |
| Commute to Work-Walking/Biking ${ }^{1}$ | 2012-2016 | 3.8\% | 3.8\% | $\uparrow$ |
| Diabetes Hospitalizations, Children Ages O-1726 | 2017 | 1.0\% | 1.4\% | $\downarrow$ |
| Did Not Eat Breakfast; 7th Graders ${ }^{26}$ | 2013-2015 | 26.3\% | 33.0\% | $\downarrow$ |
| Did Not Eat Breakfast; 9th Graders ${ }^{26}$ | 2013-2015 | 32.7\% | 38.3\% | $\downarrow$ |
| Did Not Eat Breakfast; 11th Graders ${ }^{26}$ | 2013-2015 | 34.5\% | 38.4\% | $\downarrow$ |
| Driving Alone to Work, Long Distances ${ }^{2}$ | 2012-2016 | 38.1\% | 39.3\% | $\downarrow$ |
| Exclusive Breastfeeding ${ }^{26}$ | 2016 | 81.0\% | 69.6\% | $\uparrow$ |
| Low Fruit/Vegetable Consumption (Adult) ${ }^{1}$ | 2005-2009 | 67.4\% | 71.5\% | $\downarrow$ |
| Low Fruit/Vegetable Consumption (Youth) ${ }^{1}$ | 2011-2012 | -50.0\% | 47.4\% | $\downarrow$ |


| INDICATORS | YEAR(S) | SMC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :--- | ---: | :--- | ---: | :--- |
| Physical Inactivity (Adult) ${ }^{1+\& 12}$ | 2013 | $15.5 \%$ | $17.9 \%$ | $\downarrow$ |
| Physical Inactivity (Youth) |  |  |  |  |
| Soft Drink Consumption² | $2016-2017$ | $27.3 \%$ | $37.8 \%$ | $\downarrow$ |
| Children Eligible for Free/Reduced Price Lunch |  |  |  |  |

## Trends ( $\dagger$ )

Certain indicators have been measured longitudinally. Below are the trend directions for indicators with trend data available.

- Children Eligible for Free/Reduced

Price Lunch': Falling since 2012-13

- Commute to Work-By Public Transit ${ }^{18}$ : Increasing
- Engage in Healthy Behaviors ${ }^{11}$ : Decreasing
- Fast Food Restaurants Rate': Rising since 2013
- Food Insecurity ${ }^{11}$ : More respondents were foodinsecure than in any prior survey (1998-2013).
- Grocery Stores Rate': Rising since 2013
- Physical Inactivity (Adult):

Relatively flat since 2010

- Received Informal Food Support ${ }^{111}$ : Increasing
- Recreation and Fitness Facilities Rate': Mixed
- Regular Vigorous Physical Activity ${ }^{11}$ :

Decreasing since 2013

- SNAP Benefits (Households)': Rising since 2008

Obesity
Table 39. Statistical Data for Obesity

| INDICATORS | YEAR(S) | SMC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :---: | :---: | :---: | :---: | :---: |
| Obesity (Adult) ${ }^{1+2} \& 24$ | 2016 | 25.4\% | 25.0\% | $\downarrow$ |
| Obesity (Youth) ${ }^{2}$ | 2016-2017 | 14.2\% | 20.1\% | $\downarrow$ |
| Overweight/Obese Adults ${ }^{11+\& 24}$ | 2016 | 63.1\% | 61.0\% | $\downarrow$ |
| Overweight (Adult) ${ }^{1}$ | 2011-2012 | 31.4\% | 35.8\% | $\downarrow$ |
| Overweight (Youth) ${ }^{1}$ | 2013-2014 | 17.7\% | 19.3\% | $\downarrow$ |
| Breastfeeding (Any) ${ }^{1}$ | 2012 | 97.3\% | 93.0\% | $\uparrow$ |
| Breastfeeding (Exclusive) ${ }^{1}$ | 2012 | 80.4\% | 64.8\% | $\uparrow$ |
| Children Eligible for Free/Reduced Price Lunch ${ }^{1+}$ | 2015-2016 | 32.9\% | 58.9\% | $\downarrow$ |
| Children Walking or Biking to School ${ }^{2}$ | 2015-2016 | 38.9\% | 39.3\% | $\uparrow$ |
| Commute > 60 Min . ${ }^{\text {² }}$ | 2012-2016 | 8.9\% | 11.3\% | $\downarrow$ |
| Commute to Work-Alone in Car1 | 2012-2016 | 69.4\% | 73.5\% | $\downarrow$ |
| Commute to Work-By Public Transit ${ }^{18+}$ | 2012-2016 | 10.1\% | 5.2\% | $\uparrow$ |
| Commute to Work-Walking/Biking ${ }^{1}$ | 2012-2016 | 3.8\% | 3.8\% | $\uparrow$ |
| Diabetes Death Rate ${ }^{7}$ | 2013-2015 | 12.9 | 20.6 | $\downarrow$ |
| Diabetes Discharges (\% of Total Discharges) ${ }^{1}$ | 2011 | 0.6\% | 0.9\% | $\downarrow$ |
| Diabetes Discharges (\% of Total Discharges), Children/Youth (Ages 1 - 19) ${ }^{1}$ | 2011 | 1.2\% | 1.5\% | $\downarrow$ |
| Diabetes Hospitalizations Rate (per 10,000) ${ }^{1}$ | 2011 | 6.1 | 10.4 | $\downarrow$ |
| Diabetes Prevalence, Adults ${ }^{11+\& 24}$ | 2016 | -12.2\% | 10.2\% | $\downarrow$ |
| Driving Alone to Work, Long Distances ${ }^{2}$ | 2012-2016 | 38.1\% | 39.3\% | $\downarrow$ |
| Exercise Opportunities ${ }^{12}$ | 2016 | 96.2\% | 89.6\% | $\uparrow$ |
| Fast Food Restaurants Rate ${ }^{1+}$ | 2016 | 82.5 | 78.7 | $\downarrow$ |
| Food Desert Population ${ }^{1}$ | 2015 | 9.9\% | 13.4\% | $\downarrow$ |
| Food Environment Index ${ }^{12}$ | 2015 | 8.9 | 8.8 | $\uparrow$ |
| Food Insecurity Rate ${ }^{11+\& 23}$ | 2016 | -9.1\% | ${ }^{+} 6.0 \%$ | $\downarrow$ |
| Food Insecurity Rate-Children under 181 | 2014 | 19.3\% | 25.3\% | $\downarrow$ |
| Grocery Stores Rate ${ }^{1+}$ | 2016 | 25.3 | 21.8 | $\uparrow$ |
| Lack of Healthy Food Stores ${ }^{2}$ | 2014 | 9.9\% | 13.4\% | $\uparrow$ |
| Low Fruit/Vegetable Consumption (Adult) ${ }^{1}$ | 2005-2009 | 67.4\% | 71.5\% | $\downarrow$ |
| Low Fruit/Vegetable Consumption (Youth) ${ }^{1}$ | 2011-2012 | -50.0\% | 47.4\% | $\downarrow$ |
| Physical Inactivity (Adult) ${ }^{1+}$ \& 12 | 2013 | 15.5\% | 17.9\% | $\downarrow$ |


| INDICATORS | YEAR(S) | SMC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :---: | :---: | :---: | :---: | :---: |
| Physical Inactivity (Youth) ${ }^{2}$ | 2016-2017 | 27.3\% | 37.8\% | $\downarrow$ |
| Public Transit Stops ${ }^{2}$ | 2013 | -13.4\% | 16.8\% | $\uparrow$ |
| Recreation and Fitness Facilities Rate ${ }^{1+}$ | 2016 | 14.9 | 10.2 | $\uparrow$ |
| SNAP Benefits (Households) ${ }^{1+\& 2}$ | 2012-2016 | 3.7\% | 9.4\% | $\downarrow$ |
| Soft Drink Consumption ${ }^{2}$ | 2014 | 9.2\% | 18.1\% | $\downarrow$ |
| Walkable Destinations ${ }^{2}$ | 2012-2015 | 54.8\% | 29.0\% | $\uparrow$ |
| WIC-Authorized Food Stores Rate ${ }^{1}$ | 2011 | -10.5 | 15.8 | $\uparrow$ |

Trends ( $\boldsymbol{\dagger}$ )
Certain indicators have been measured longitudinally. Below are the trend directions for indicators with trend data available.

- Children Eligible for Free/Reduced

Price Lunch': Falling since 2012-13

- Commute to Work-By Public Transit ${ }^{18}$ : Increasing
- Diabetes Prevalence, Adults ${ }^{11}$ : Rising
- Engage in Healthy Behaviors ${ }^{11}$ : Decreasing
- Fast Food Restaurants Rate': Rising since 2013
- Grocery Stores Rate1: Rising since 2013
- Food Insecurity ${ }^{11}$ : More respondents were foodinsecure than in any prior survey (1998-2013).
- Obesity (Adult) ${ }^{111}$ : Increasing
- Overweight/Obese Adults"1: Increasing
- Physical Inactivity (Adult)':

Relatively flat since 2010

- Received Informal Food Support ${ }^{111}$ Increasing
- Recreation and Fitness Facilities Rate': Mixed
- Regular Vigorous Physical Activity":

Decreasing since 2013

- SNAP Benefits (Households)': Rising since 2008


## Race \& Ethnicity

Certain indicators are available by ethnicity, which shows disparities in certain populations. Indicators in red are more than $5 \%$ worse for that ethnic group than the benchmark.

Table 40. Statistical Data for Healthy Lifestyles by Ethnicity

| INDICATORS | BENCHMARK | WHITE | $\begin{array}{r} \text { AFR } \\ \text { / AFR } \\ \text { ANC } \end{array}$ | ASIAN | PAC ISL | NATIVE AM | OTHER | MULTI <br> RACE | HISP <br> /LAT <br> (ANY <br> RACE) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Diabetes Prevalence, Adults ${ }^{11}$ \& 24 | 12.2\% |  | -21.2\% |  |  |  |  |  |  |
| Low Fruit/Vegetable Consumption (Youth) ${ }^{1}$ | 47.4\% | 38.2\% |  |  |  |  | -63.5\% |  | -55.9\% |
| Obesity (Adult) ${ }^{11 \%} 24$ | 25.0\% |  | -50.8\% |  |  |  |  |  | -34.0\% |
| Overweight (Youth) ${ }^{1}$ | 19.3\% | 14.0\% | 19.6\% | 12.4\% |  |  |  | 16.4\% | - $22.1 \%$ |
| Overweight/Obese Adults ${ }^{11 \& 24}$ | 61.0\% |  | -82.2\% |  |  |  |  |  | -74.6\% |
| Breastfeeding (Any) ${ }^{1}$ | 93.0\% | 97.1\% | -87.2\% | 98.3\% |  |  | 92.4\% | 96.1\% | 97.5\% |
| Breastfeeding (Any) ${ }^{26}$ | 94.0\% | 97.6\% | -88.1\% | 98.2\% | 90.0\% |  | 95.2 | 97.3\% | 97.3\% |
| Breastfeeding (Exclusive) ${ }^{1}$ | 64.8\% | 86.3\% | 67.4\% | 79.8\% |  |  | 68.8\% | 81.4\% | 77.2\% |
| Breastfeeding (Exclusive) ${ }^{26}$ | 69.6\% | 86.3\% | -61.9\% | 81.0\% | 70.0\% |  | 74.5\% | 83.4\% | 76.4\% |
| CalFresh, by R/E [SNAP Benefits-Households with Children] ${ }^{26}$ |  | 2\% | -15\% | * $43 \%$ |  | 2\% |  |  | -38\% |
| Did Not Eat Breakfast; 7th, 9th, 11th, NT26 |  | 23.4\% | -39.8\% | 26.3\% | 39.2\% | 34.4\% | 35.3\% | 31.4\% | 36.6\% |
| Food Insecurity Rate ${ }^{11 \text { \& } 24}$ | ${ }^{+6.0 \%}$ |  | -7.5\% | * ${ }^{\text {P }}$.2\% |  |  |  |  |  |
| Students Meeting Fitness Standards; 5th Graders ${ }^{26}$ | 24.9\% | 41.7\% | 26.3\% | 44.5\% | -18.3\% |  | +35.1\% | 40.0\% | -16.8\% |
| Students Meeting Fitness Standards; 7th Graders ${ }^{26}$ | 31.4\% | 47.4\% | -25.9\% | 54.6\% | -29.5\% |  | +39.9\% | 45.1\% | - $22.4 \%$ |
| Students Meeting Fitness Standards; 9th Graders ${ }^{26}$ | 34.8\% | 45.8\% | -20.6\% | 51.7\% | -24.1\% |  | +31.7\% | 34.2\% | -24.5\% |

[^20]
## Other Populations

Certain indicators are available by age, income or education level, or geography, and show disparities in certain populations.

Table 41. Statistical Data for Healthy Lifestyles by Age, Income, Education, or Geography

| INDICATORS | BENCHMARK | MALE | FEMALE | $\begin{array}{r} \text { AGE } \\ 18-64 \end{array}$ | AGE 65+ | $\begin{array}{r} \leq 200 \% \\ \text { FPL } \end{array}$ | $\begin{aligned} & \text { } \leq \mathrm{HIGH} \\ & \text { SCHOOL } \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Diabetes Prevalence, Adults ${ }^{11} \& 24$ | 12.2\% |  |  | 10.5\% | -18.6\% | -23.5\% |  |
| Food Insecurity Rate ${ }^{11}$ \& 24 | ${ }^{+} 6.0 \%$ |  |  |  |  | -10.4\% |  |
| Obesity (Adult) ${ }^{11}$ \& 24 | 25.0\% |  |  |  |  | -39.4\% | -35.8\% |
| Overweight/ <br> Obese Adults ${ }^{11}$ \& 24 | 61.0\% | -70.1\% |  |  |  | -71.6\% |  |

Blank cells indicate that data were unavailable.
Data Without Benchmarks
Certain indicators were available that had no statewide or national comparison. These data are described below.

- Diabetes:
- ER Visit Rate, Diabetes: The average crude Emergency Room visit rate (per 1,000 people) for diabetes, countywide, was 471.7.1 Rates are highest for Pacific Islanders ( $4,754.5$ per 100,000) and people of African ancestry ( $3,564.8$ per 100,000).11
- Cause of Death: Diabetes was tied for the No. 7 cause of death in the county.?
- Engage in Healthy Behaviors: Less than $4 \%$ of Quality of Life survey respondents countywide ( $N=1,581$ ) engage in "healthy behaviors" (do not smoke cigarettes, are not overweight [based on BMI], exercise at least three times per week for at least 20 minutes each time, eat five or more servings of fruit/vegetables per day)." These proportions are even smaller among men (1.4\%), respondents who earn less than 200\% FPL (0.7\%), and respondents with a high school diploma or less (0.3\%)."
- Overweight Adults: Over one-third of Quality of Life survey respondents countywide ( $\mathrm{N}=1,581$ ) reported being overweight."
- Obesity/Overweight \& Diabetes Related Factors:
- Regular Vigorous Physical Activity (Adults): More than one-third (38\%) of Quality of Life survey respondents countywide ( $N=1,581$ ) indicated that they engage in vigorous physical activity three or more times per week." These proportions were smaller among respondents who earn less than 200\% FPL (32\%).
. Diet:
- Adequate Fruit/Vegetable Consumption (Adults): Only 15\% of Quality of Life survey respondents countywide $(N=1,581)$ reported that they eat the recommended number of daily servings of fruits and vegetables." These proportions were even smaller among respondents who earned less than $200 \% \mathrm{FPL}$ (7.4\%) and respondents with a high school diploma or less (3.8\%)."
- Sugar-Sweetened Beverages:
- Sugar-Sweetened Beverage Consumption (Adults): About 18\% of Quality of Life survey respondents countywide ( $\mathrm{N}=1,581$ ) reported that they consume sugar-sweetened beverages daily." ${ }^{11}$
- Over $13 \%$ specifically indicated that they consume at least one soda or pop containing sugar per day." The highest proportions of respondents drinking at least one sugar-sweetened soda/pop each day were south county residents (18\%), Latinxs (19\%), and respondents with a high school education or less (26\%)."
- About $10 \%$ specifically indicated that they consume at least one sugar-sweetened fruit drink per day. ${ }^{11}$ The highest proportions of respondents drinking at least one sugar-sweetened fruit drink each day were respondents earning between $200 \%$ and $400 \%$ of FPL (16\%).11
- Sugar-Sweetened Beverage Consumption (Youth): "[C]onsumption by adolescents age 12-17 increased to $56 \%$ drinking one or more sugar-sweetened beverages per day." ${ }^{13}$
- Teeth Removed Due to Poor Oral Health: Over 20\% of Quality of Life survey respondents countywide ( $N=1,581$ ) reported that three or more of their permanent teeth had been removed due to tooth decay or gum disease." This was the case for greater proportions of respondents with a high school education or less (37\%), respondents earning less than 200\% FPL (32\%), and respondents of African ancestry (31\%)."
- Food Store Quality/Affordability: "On av[erage,] 20 - 30\% of [food] stores in low income neighborhoods meet the basic quality and affordability standards" in San Mateo County ${ }^{14}$
- Received Informal Food Support: More than $6 \%$ of Quality of Life survey respondents countywide $(N=1,581)$ indicated that they had gone to a food bank or otherwise received free meals in the past year. ${ }^{11}$ This figure was higher among low-income respondents (17\%) and respondents from the Coastside (12\%)."


## Infectious Diseases

For data on sexually transmitted infections, see separate health need.
Table 42. Statistical Data for Infectious Diseases

| INDICATORS | YEAR(S) | SMC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :---: | :---: | :---: | :---: | :---: |
| Acute Hepatitis B CasesRate ${ }^{8}$ | 2015 | $\bullet 0.7$ | 0.4 | $\downarrow$ |
| Influenza/Pneumonia Death Rate ${ }^{22+}$ | 2014-2016 | 10.6 | 14.3 | $\downarrow$ |
| Pertussis CasesRate ${ }^{8+}$ | 2016 | -13.5 | 4.7 | $\downarrow$ |
| Tuberculosis Cases Rate ${ }^{10+}$ | 2016 | -6.8 | ${ }^{\mathrm{H}} 1.0$ | $\downarrow$ |
| Diphtheria, Tetanus, and Pertussis Vaccine (\% of All Kinder) ${ }^{8}$ | 2016-2017 | 97.8\% | 96.9\% | $\uparrow$ |
| Kindergarteners with Required Immunizations ${ }^{26}$ | 2017 | 96.5\% | 95.6\% | $\uparrow$ |
| Hepatitis B Vaccine (\% of All Kinder) ${ }^{8}$ | 2016-2017 | 98.6\% | 97.8\% | $\uparrow$ |
| Kindergarteners with All Required Immunizations ${ }^{8}$ | 2016-2017 | 96.5\% | 95.6\% | $\uparrow$ |
| Kindergarteners with Overdue Immunizations ${ }^{8}$ | 2016-2017 | -1.1\% | 1.0\% | $\downarrow$ |
| Measles, Mumps, and Rubella Vaccine (\% of All Kinder) ${ }^{8}$ | 2016-2017 | 98.1\% | 97.3\% | $\uparrow$ |
| Polio Vaccine (\% of All Kinder) ${ }^{8}$ | 2016-2017 | 98.3\% | 97.3\% | $\uparrow$ |
| Varicella Vaccine (\% of All Kinder) ${ }^{8}$ | 2016-2017 | 99.4\% | 98.5\% | $\uparrow$ |

## Trends ( $\boldsymbol{\dagger}$ )

Certain indicators have been measured longitudinally. Below are the trend directions for indicators with trend data available.

- Influenza/Pneumonia Death Rate ${ }^{22}$ : Decreasing
- Pertussis ${ }^{8}$ : Trend is mixed
- Tuberculosis Cases Rate ${ }^{10}$ : Trending down from 2014 to 2016


## Data Without Benchmarks

Certain indicators were available that had no statewide or national comparison. These data are described below.

- Influenza/pneumonia was tied for the No. 7 cause of death in the county.?


## Behavioral Health

## Mental Health/Emotional Well-Being

## Table 43. Statistical Data for Mental Health/Emotional Well-Being

| INDICATORS | YEAR(S) | SMC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :---: | :---: | :---: | :---: | :---: |
| Access to Mental Health Care Providers Rate ${ }^{1}$ | 2018 | 300.9 | 280.6 | $\uparrow$ |
| Adults Needing and Receiving Behavioral Health Care Services ${ }^{20+}$ | 2015-2016 | 58.4\% | 60.5\% | $\downarrow$ |
| Adults with Any Adverse Childhood Experiences ${ }^{26}$ | 2008-2013 | 53.9\% | 61.0\% | $\downarrow$ |
| Adults with Four or More Adverse Childhood Experiences ${ }^{26}$ | 2008-2013 | 12.0\% | 15.9\% | $\downarrow$ |
| Alcohol Use (Lifetime); 7th Graders ${ }^{26}$ | 2013-2015 | 1.4\% | 2.5\% | $\downarrow$ |
| Alcohol Use (Lifetime); 9th Graders ${ }^{26}$ | 2013-2015 | 7.8\% | 10.3\% | $\downarrow$ |
| Alcohol Use (Lifetime); 11th Graders ${ }^{26}$ | 2013-2015 | -28.9\% | 25.3\% | $\downarrow$ |
| Bullied at School; 7th Graders ${ }^{26}$ | 2013-2015 | -41.4\% | 39.2\% | $\downarrow$ |
| Bullied at School; 9th Graders ${ }^{26}$ | 2013-2015 | 35.9\% | 37.2\% | $\downarrow$ |
| Bullied at School; 11th Graders ${ }^{26}$ | 2013-2015 | 28.8\% | 30.0\% | $\downarrow$ |
| Caring Adults at School; Low; 7th Graders ${ }^{26}$ | 2013-2015 | 11.4\% | 14.3\% | $\downarrow$ |
| Caring Adults at School; Low; 9th Graders ${ }^{26}$ | 2013-2015 | 10.1\% | 17.8\% | $\downarrow$ |
| Caring Adults at School; Low; 11th Graders ${ }^{26}$ | 2013-2015 | 9.0\% | 13.0\% | $\downarrow$ |
| Children with Two or More Adverse Experiences (Parent Reported) ${ }^{26}$ | 2016 | 14.0\% | 16.4\% | $\downarrow$ |
| Cyberbullied; 7th Graders ${ }^{26}$ | 2013-2015 | *5.1\% | 4.7\% | $\downarrow$ |
| Cyberbullied; 9th Graders ${ }^{26}$ | 2013-2015 | 3.9\% | 4.9\% | $\downarrow$ |
| Cyberbullied; 11th Graders ${ }^{26}$ | 2013-2015 | 3.8\% | 4.6\% | $\downarrow$ |
| Deaths by Suicide, Drug, or Alcohol Poisoning (Rate) ${ }^{2}$ | 2011-2015 | 25.2 | 34.2 | $\downarrow$ |
| Depression-Related Feelings; 7th Graders ${ }^{26}$ | 2013-2015 | 22.8\% | 25.4\% | $\downarrow$ |
| Depression-Related Feelings; 9th Graders ${ }^{26}$ | 2013-2015 | 27.9\% | 31.5\% | $\downarrow$ |
| Depression-Related Feelings; 11th Graders ${ }^{26}$ | 2013-2015 | 29.5\% | 33.4\% | $\downarrow$ |
| Experienced Dating Violence Recently, of 9th Graders Who are Dating ${ }^{26}$ | 2011-2013 | 3.3\% | 5.0\% | $\downarrow$ |
| Experienced Dating Violence Recently, of 11th Graders Who are Dating ${ }^{26}$ | 2011-2013 | 3.7\% | 5.9\% | $\downarrow$ |
| Frequent Mental Distress ${ }^{12}$ | 2016 | 8.8\% | 10.6\% | $\downarrow$ |
| Have Ever Felt Depressed for 2 Years or More ${ }^{11+}$ \& 24 | 2016 | 26.1\% | 31.4\% | $\downarrow$ |


| INDICATORS | YEAR(S) | SMC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :---: | :---: | :---: | :---: | :---: |
| Meaningful Participation at School; Low; 7th Graders ${ }^{26}$ | 2013-2015 | 28.2\% | 31.3\% | $\downarrow$ |
| Meaningful Participation at School; Low; 9th Graders ${ }^{26}$ | 2013-2015 | 30.4\% | 37.9\% | $\downarrow$ |
| Meaningful Participation at School; Low; 11th Graders ${ }^{26}$ | 2013-2015 | 35.3\% | 36.9\% | $\downarrow$ |
| Mental Health Emergency Room Visit Rate (per 10,000 pop.) ${ }^{5}$ | 2013-2015 | 61.9 | 93.4 | $\downarrow$ |
| Mental Health Hospitalization, Children Ages 5-14 (rate per 1,000) ${ }^{2}$ | 2016 | -2.8 | 2.5 | $\downarrow$ |
| Mental Health Hospitalization, Youth Ages 15-19 (rate per 1,000) ${ }^{2}$ | 2016 | -13.1 | 9.8 | $\downarrow$ |
| Needing Mental Health Care ${ }^{1}$ | 2013-2014 | 10.7\% | 15.9\% | $\downarrow$ |
| Poor Mental Health Days (per Month) ${ }^{11 Q o l+~ \& ~} 12$ | 2016 | 3.0 | 3.7 | $\downarrow$ |
| Recent Alcohol/Drug Use; 7th Graders ${ }^{26}$ | 2013-2015 | 7.10\% | 10.4\% | $\downarrow$ |
| Recent Alcohol/Drug; 9th Graders ${ }^{26}$ | 2013-2015 | 20.0\% | 23.2\% | $\downarrow$ |
| Recent Alcohol/Drug Use; 11th Graders ${ }^{26}$ | 2013-2015 | -36.9\% | 33.4\% | $\downarrow$ |
| Recent Regular Marijuana Use; 7th Graders ${ }^{26}$ | 2013-2015 | 0.40\% | 0.80\% | $\downarrow$ |
| Recent Regular Marijuana Use; 9th Graders ${ }^{26}$ | 2013-2015 | 1.60\% | 2.30\% | $\downarrow$ |
| Recent Regular Marijuana Use; 11th Graders ${ }^{26}$ | 2013-2015 | -5.00\% | 3.9\% | $\downarrow$ |
| School Connectedness; Low; 7th Graders ${ }^{26}$ | 2013-2015 | 7.2\% | 8.9\% | $\downarrow$ |
| School Connectedness; Low; 9th Graders ${ }^{26}$ | 2013-2015 | 6.0\% | 10.5\% | $\downarrow$ |
| School Connectedness; Low; 11th Graders ${ }^{26}$ | 2013-2015 | 7.9\% | 11.5\% | $\downarrow$ |
| Seriously Considered Suicide ${ }^{2}$ | 2015-2016 | 7.6\% | 10.0\% | $\downarrow$ |
| Seriously Considered Suicide, 9th Graders ${ }^{26}$ | 2013-2015 | 15.7\% | 19.0\% | $\downarrow$ |
| Seriously Considered Suicide, 11th Graders ${ }^{26}$ | 2013v2015 | 16.3\% | 18.1\% | $\downarrow$ |
| Students per School Psychologist ${ }^{26}$ | 2017 | -1196:1 | 1124:1 | $\downarrow$ |
| Suicide Death Rate ${ }^{2}$ | 2011-2015 | 7.6 | ${ }^{\mathrm{H}} 10.2$ | $\downarrow$ |
| Youth Intentional Self-Harm-ER Visits (per 10,000 pop.) ${ }^{5}$ | 2014 | 7.9 | 10.9 | $\downarrow$ |
| Disconnected Youth ${ }^{12}$ | 2010-2014 | 9.9\% | 14.4\% | $\downarrow$ |
| Domestic Violence Rate ${ }^{1}$ | 2013-2014 | 4.3 | 4.9 | $\downarrow$ |
| Homicide Rate ${ }^{12}$ | 2010-2016 | 2.5 | 5.0 | $\downarrow$ |
| Insufficient Sleep ${ }^{11 Q o l+~ \& ~} 12$ | 2016 | 30.4\% | 34.5\% | $\downarrow$ |
| Lack of Social or Emotional Support ${ }^{2}$ | 2006-2012 | 22.3\% | 24.7\% | $\downarrow$ |
| Social Associations (per 10,000 pop.) ${ }^{2}$ | 2015 | 6.4 | 6.5 | $\uparrow$ |

## Trends ( $\dagger$ )

Certain indicators have been measured longitudinally. Below are the trend directions for indicators with trend data available.

- Adults Needing and Receiving Behavioral Health Care Services ${ }^{20}$ : No significant change
- Community Connectedness-Feel Not Very or Not at All Connected ${ }^{11}$ : No significant change
- Community Tolerance for Racial/Cultural Differences Is Fair/Poor ${ }^{11}$ : Decreasing
- Experienced Depressive Symptoms (Average Days per Month) ${ }^{11}$ : Flat
- Experiencing Difficulty in Fear, Anxiety, or Panic ${ }^{11}$ : Increasing
- Experiencing Difficulty in Getting Along with People Outside the Family": Increasing
- Experiencing Difficulty in Isolation or Feelings of Loneliness ${ }^{11}$ : Increasing
- Experiencing Difficulty in Relationships with Family Members ${ }^{11}$ : Increasing
- Fair/Poor Access to Mental Health Services ${ }^{11}$ : Increasing
- Felt Healthy and Full of Energy (Average Days/Month) ${ }^{11}$ : Decreasing
- Felt Worried/Tense/Anxious (Average Days/Month) ${ }^{11}$ : Flat
- Have Ever Felt Depressed for 2

Years or More ${ }^{11}$ : Increasing

- Have Ever Sought Professional Help for Mental/Emotional Problem ${ }^{11}$ : Increasing
- High Stress on Typical Day¹: Decreasing
- History of Mental/Emotional Problems ${ }^{11}$ : Increasing
- Insufficient Sleep ${ }^{11}$ : Increasing
- Lack Support¹: Increasing since 2008
- Pain Interfered with Usual Activities (Average Days/Month $)^{11}$ : Increasing since 2013
- Poor Mental Health (Average Days/Month) ${ }^{11}$ : Increasing
- Poor Physical or Mental Health Interfered with Usual Activities (Average Days/ Month) ${ }^{11}$ : Increasing since 2004
- Spirituality Is Very Important ${ }^{11}$ : Decreasing

Tobacco/Substance Use
Table 44. Statistical Data for Tobacco/Substance Use

| INDICATORS | YEAR(S) | SMC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :---: | :---: | :---: | :---: | :---: |
| Adults Needing and Receiving Behavioral Health Care Services ${ }^{20+}$ | 2015-2016 | 58.4\% | 60.5\% | $\downarrow$ |
| Alcohol-Binge Drinker ${ }^{11+\& 24}$ | 2016 | 16.9\% | 16.3\% | $\downarrow$ |
| Alcohol-Current Drinker ${ }^{11+\& 24}$ | 2016 | -60.2\% | 53.7\% | $\downarrow$ |
| Chronic Liver Disease and Cirrhosis Death Rate ${ }^{7}$ | 2013-2015 | 8.5 | ${ }^{+8.2}$ | $\downarrow$ |
| Alcohol Use (Lifetime); 7th Graders ${ }^{26}$ | 2013-2015 | 1.4\% | 2.5\% | $\downarrow$ |
| Alcohol Use (Lifetime) 9th Graders ${ }^{26}$ | 2013-2015 | 7.8\% | 10.3\% | $\downarrow$ |
| Alcohol Use (Lifetime); 11th Graders ${ }^{26}$ | 2013-2015 | -28.9\% | 25.3\% | $\downarrow$ |
| Current Smoker ${ }^{11+\& 24}$ | 2016 | 5.7\% | 11.0\% | $\downarrow$ |
| Current User of E-Cigarettes (Vaping) ${ }^{11 \& 24}$ | 2016 | 3.0\% | 3.2\% | $\downarrow$ |


| INDICATORS | YEAR(S) | SMC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :---: | :---: | :---: | :---: | :---: |
| Deaths by Suicide, Drug or Alcohol Poisoning (Rate) ${ }^{2}$ | 2011-2015 | 25.2 | 34.2 | $\downarrow$ |
| Drug-Related Death Rate ${ }^{11+\& 12}$ | 2014-2016 | 8.2 | H11.3 | $\downarrow$ |
| Recent Alcohol/Drug Use; 7th Graders ${ }^{26}$ | 2013-2015 | 7.1\% | 10.4\% | $\downarrow$ |
| Recent Alcohol/Drug Use; 9th Graders ${ }^{26}$ | 2013-2015 | 20.0\% | 23.2\% | $\downarrow$ |
| Recent Alcohol/Drug Use; 11th Graders ${ }^{26}$ | 2013-2015 | -36.9\% | 33.4\% | $\downarrow$ |
| Recent Regular Marijuana Use; 7th Graders ${ }^{26}$ | 2013-2015 | 0.40\% | 0.80\% | $\downarrow$ |
| Recent Regular Marijuana Use; 9th Graders ${ }^{26}$ | 2013-2015 | 1.6\% | 2.3\% | $\downarrow$ |
| Recent Regular Marijuana Use; 11th Graders ${ }^{26}$ | 2013-2015 | -5.0\% | 3.9\% | $\downarrow$ |
| Substance-Related Emergency Department Visits Rate ${ }^{6}$ | 2014 | 442.5 | 455.2 | $\downarrow$ |
| Used Marijuana or Hashish Recently ${ }^{11 \% 24}$ | 2017 | *13.3\% | 8.5\% | $\downarrow$ |
| Alcohol-Impaired Driving Deaths ${ }^{12}$ | 2012-2016 | 26.3\% | 29.4\% | $\downarrow$ |
| Heart Disease Death Rate ${ }^{22+}$ | 2014-2016 | 55.4 | 89.1 | $\downarrow$ |
| Heart Disease Prevalence ${ }^{2}$ | 2014 | 5.6\% | 7.0\% | $\downarrow$ |
| Liquor Store Access Rate ${ }^{1+}$ | 2016 | 6.8 | 10.7 | $\downarrow$ |
| Low Birth Weight ${ }^{12}$ | 2010-2016 | 6.9\% | 6.8\% | $\downarrow$ |

## Trends ( $\boldsymbol{\dagger}$ )

Certain indicators have been measured longitudinally. Below are the trend directions for indicators with trend data available.

- Adults Needing and Receiving Behavioral Health Care Services ${ }^{20}$ : No significant change
- Alcohol-Binge Drinker11: Increasing
- Alcohol-Current Drinker ${ }^{11}$ : Decreasing
- Current Smoker ${ }^{11}$ : Decreasing
- Deaths by Drug Poisoning (Rate) ${ }^{111}$ Increasing
- Ever Sought Professional Help for Drug Related Problem ${ }^{11}$ : Flat
- Fair/Poor Access to Help for Substance Abuse ${ }^{11}$ : Increasing
- Heart Disease Death Rate ${ }^{22}$ : Decreasing
- Know Where to Access Treatment for a DrugRelated Problem if Needed ${ }^{11}$ : Increasing
- Liquor Store Access Rate': Falling since 2014
- Substance-Related ED Visits ${ }^{11}$ : Rising since 2010
- Substance-Related ED Visits (Youth)11: Generally falling since 2012-13
- Substance-Related ED Visits (Adults ages 20-64) ${ }^{11}$ : Generally rising since 2010-11
- Use Other Tobacco Products": Decreasing


## Race \& Ethnicity

Certain indicators are available by ethnicity, which shows disparities in certain populations.
Table 45. Statistical Data for Behavioral Health by Ethnicity

| INDICATORS | BENCHMARK | WHITE | $\begin{array}{r} \text { AFR } \\ \text { / AFR } \\ \text { ANC } \end{array}$ | ASIAN | $\begin{array}{r} \text { PAC } \\ \text { ISL } \end{array}$ | NATIVE AM | OTHER | MULTI <br> RACE | HISP <br> / LAT <br> (ANY <br> RACE) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| AlcoholCurrent Drinker ${ }^{11} \& 24$ | 53.7\% | -68.6\% |  |  |  |  |  |  |  |
| Alcohol Use; 7th, 9th, 11th, $\mathrm{NT}^{26}$ | n/a | 14.4\% | 12.4\% | 7.0\% | -20.0\% | 7.0\% | 8.4\% | 10.0\% | 13.3\% |
| Bullied at School; 7th, 9th, 11th, NT ${ }^{26}$ | n/a | 36.0\% | -50.6\% | 36.7\% | 37.1\% | -42.7\% | 32.7\% | 39.0\% | 33.5\% |
| Caring Adults at School: Low; 7th, 9th, 11th, NT ${ }^{26}$ | n/a | 6.9\% | -9.4\% | -9.6\% | -12.0\% | -18.7\% | -10.9\% | -10.9\% | -12.4\% |
| Cyberbullied; 7th, 9th, 11th, NT ${ }^{26}$ | n/a | 3.5\% | 6.1\% | 3.1\% | -6.6\% | *5.3\% | -5.1\% | -5.2\% | -4.9\% |
| Depression-Related Feelings; 7th, 9th, 11th, NT ${ }^{26}$ | n/a | 21.5\% | -30.5\% | -23.9\% | -29.6\% | -33.4\% | 21.6\% | -27.3\% | -30.7\% |
| Experienced Dating <br> Violence Recently; 7th, 9th, 11th, NT Who Are Dating ${ }^{26}$ | n/a | 2.4\% | -8.7\% | 2.1\% | -4.9\% | -7.4\% | -3.7\% | -3.6\% | -4.4\% |
| Have Ever Felt Depressed for 2 Years or More (\%) ${ }^{11}$ \& 24 | Us31.4 |  | -37.3 |  |  |  |  |  | -33.6 |
| Meaningful Participation at School: Low; 7th, 9th, 11th, NT ${ }^{26}$ | n/a | 24.1\% | -27.5\% | -26.3\% | -33.1\% | -39.7\% | *29.3\% | -29.5\% | -38.6\% |
| Needing Mental Health Care ${ }^{1}$ | 15.9\% | 15.6\% |  |  |  |  | 0.5\% |  | 14.7\% |
| School Connectedness: Low; 7th, 9th, 11th, NT ${ }^{26}$ | n/a | 5.9\% | -11.2\% | 4.8\% | -8.0\% | -23.4\% | -10.1\% | -7.6\% | -8.3\% |
| Seriously Considered Suicide; 9th, 11th, NT ${ }^{26}$ | n/a | 13.5\% | -19.5\% | 14.0\% | -16.4\% | -28.5\% | *26.5\% | -20.4\% | -17.3\% |
| Used Alcohol/Drugs Recently; 7th, 9th, 11th, $\mathrm{NT}^{26}$ | n/a | 21.2\% | -25.0\% | 10.5\% | -24.5\% | 15.9\% | 19.7\% | -22.6 | -24.5\% |
| Used Marijuana or Hashish Recently ${ }^{11 \& 24}$ | 8.5\% |  |  | -18.1\%* |  |  |  |  |  |
| Used Marijuana Recently; 7th, 9th, 11th, NT ${ }^{26}$ | n/a | 1.7\% | -5.0\% | 0.8\% | -4.5\% | - $2.6 \%$ | - $2.7 \%$ | -3.1\% | 2.8\% |
| Youth Intentional Self-Harm-ER Visits (per 10,000 pop.) ${ }^{5}$ | 10.9 | 9.4 | 3.3 | 5.9* |  | -42.6 | $\bullet 12.3$ |  | 7.1 |

## Other Populations

Certain indicators are available by age, income or education level, or geography, and show disparities in certain populations.

Table 46. Statistical Data for Behavioral Health by Age, Income, Education, or Geography

| INDICATORS | BENCHMARK | $\begin{gathered} \text { AGE } \\ 0-17 \end{gathered}$ | $\begin{array}{r} \text { AGE } \\ 18-39 \end{array}$ | $\begin{array}{r} \text { AGE } \\ 18-64 \end{array}$ | $\begin{gathered} \text { AGE } \\ 65+ \end{gathered}$ | $\begin{array}{r} \leq 200 \% \\ \text { FPL } \end{array}$ | $>400 \%$ FPL | $\begin{gathered} \leq \mathrm{HIGH} \\ \text { SCHOOL } \end{gathered}$ | COASTSIDE |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Alcohol-Binge <br> Drinker ${ }^{11} \& 24$ | 16.3\% |  | -28.4\% |  |  |  |  |  |  |
| Alcohol-Current Drinker ${ }^{11} \& 24$ | 53.7\% |  |  |  |  |  | -70.2\% | -63.4\% | -69.4\% |
| Current Smoker ${ }^{11}$ \& 24 | 11.0\% |  | 8.1\% |  |  | 6.7\% |  | 9.5\% |  |
| Current User of E-Cigarettes (Vaping) ${ }^{11}$ \& 24 | 3.2\% |  | -7.2\% |  |  |  |  |  |  |
| Have Ever Felt Depressed for 2 Years or More (\%) ${ }^{11 \& 24}$ | us31.4 |  |  |  |  | 32.2 |  | 32.1 | -33.0 |
| Used Marijuana or Hashish Recently ${ }^{11 \& 24}$ | 8.5\% |  | -26.1\% |  |  |  |  |  | -18.1\% |

Blank cells indicate that data were unavailable.

## Data Without Benchmarks

Certain indicators were available that had no statewide or national comparison. These data are described below.

## Mental Health/Emotional Well-Being

- Felt Worried/Tense/Anxious (Average Days/Month): On average, Quality of Life survey respondents countywide ( $N=1,581$ ) indicated that they felt worried, tense, or anxious on four out of the past 30 days. ${ }^{11}$
- Bullying:
- Cyberbullying: Nearly one in five (19\%) "of [teen] females reported being bullied or harassed via the internet compared to $11 \%$ of [teen] males" $(\mathrm{N}=3,284)$. ${ }^{13}$
- Absenteeism Due to Cyberbullying: A total of " $11 \%$ of [teen] respondents who reported being bullied or harassed via the internet missed one or more days of school in the past month" $(\mathrm{N}=3,284)$. ${ }^{13}$


## - Community Connectedness:

- Community Connectedness-Feel Not Very or Not at All Connected: About one-third of Quality of Life survey respondents countywide ( $N=1,581$ ) reported that they felt not very or not at all connected to their community. ${ }^{11}$ Higher proportions of men (41\%) and Asian/Pacific Islander (40.5\%) respondents felt this way."
- Lack of Meaningful Connections to Community (Youth): "Students attending nontraditional schools reported lower rates of meaningful connections in their community" than students attending traditional schools ${ }^{13}$
- Experienced Depressive Symptoms (Average Days/Month): On average, Quality of Life survey respondents countywide ( $N=1,581$ ) indicated that they felt sad, blue, or depressed on 2.5 out of the past 30 days." Respondents earning less than $200 \%$ FPL reported feeling that way on 4.3 out of the past 30 days."
- Discrimination Due to Mental Health Problems, Youth: "Youth who have mental health problems ... are more likely to have felt discriminated against than youth who have no mental health problems" ( $N=3,284$ ). ${ }^{13}$
- History of Mental Health Issues: About $10 \%$ of Quality of Life survey respondents countywide ( $\mathrm{N}=1,581$ ) reported a history of problems with mental/emotional illness." The proportions who reported such a history were higher among adult respondents ages $18-39$ (over 17\%) and Latinx respondents (15\%)."
- Lack Support: About 14\% of Quality of Life survey respondents countywide ( $N=1,581$ ) reported that they had someone they could turn to if they needed or wanted help "little/none of the time."11 These proportions were higher (i.e., worse) for respondents earning less than 200\% FPL (32\%) and respondents with a high school diploma or less (31\%).11
- Pain:
- Ambulance Transport, Pain: Of all ambulance transports initiated by a call to 911, pain was the primary impression (main reason for the call) in $12.1 \%$ of cases. ${ }^{16}$
- Pain Interfered with Usual Activities (Average Days/Month): On average, Quality of Life survey respondents countywide ( $N=1,581$ ) indicated that pain made it hard to do their usual activities on 3.5 out of the past 30 days. ${ }^{11}$ Respondents of African ancestry experienced this interference more often ( 4.2 of the past 30 days), as did respondents earning less than $200 \%$ FPL ( 5.2 of the past 30 days)."
- Perception of Safety, Youth: "Only $53 \%$ of all [teen] respondents reported feeling safe in their community" ( $\mathrm{N}=3,284$ ). ${ }^{13}$
- Poor Physical or Mental Health Interfered with Usual Activities (Average Days/Month): On average, Quality of Life survey respondents countywide ( $N=1,581$ ) indicated that their physical/mental health had prevented their usual activities three out of the past 30 days. ${ }^{11}$ The average for respondents earning less than $200 \%$ FPL was 4.3 days, and for African ancestry respondents was 3.5 days."
- Poor Mental Health:
- Poor Mental Health (Average Days/Month): On average, Quality of Life survey respondents countywide $(N=1,581)$ indicated that their mental health was not good on two out of the past 30 days."
- ER Visit Rate: Mental Health Issues: Young adults (ages 18 - 24 and $25-34$ ) and adults age $85+$ are the most likely among the population of all ages to visit the emergency room for mental health issues. ${ }^{5}$
- Poor Sleep (Average Days/Month): On average, Quality of Life survey respondents countywide ( $\mathrm{N}=1,581$ ) said that they felt they didn't get enough sleep on 7.6 out of the past 30 days. ${ }^{11}$ Among the populations of respondents who reported more days of poor sleep were African ancestry respondents ( 9 days), respondents earning less than 200\% FPL ( 8.6 days), and adults ages 18 - 39 ( 8.6 days)."
- Have Ever Sought Professional Help for Mental/Emotional Problem: Nearly one-third of Quality of Life survey respondents countywide ( $N=1,581$ ) reported that they had ever sought help from a professional for a mental/emotional problem. ${ }^{11}$ Among the populations of respondents less likely to report they had ever sought professional help were men (26\%), Asian/Pacific Islanders (20.5\%), and respondents with a high school diploma or less (18\%)."
- High Stress on Typical Day: More than half of the Quality of Life survey respondents countywide ( $\mathrm{N}=1,581$ ) reported that their typical day contained a low level of stress, while $39 \%$ reported a moderate level of stress and $6 \%$ reported a high level of stress. ${ }^{11}$ A greater proportion of respondents from the Coastside (11\%) reported a high level of stress."
- Suicidal Ideation: A total of "38\% of [teen] female and $23 \%$ of [teen] male respondents reported having suicidal thoughts" $(N=3,284)$. ${ }^{13}$
- Suicide:
- The age-adjusted, countywide suicide mortality rate was 9.5 per 100,000 people. ${ }^{11}$
- Nearly three-quarters of the suicides in San Mateo County between 2010 and 2015 were male. ${ }^{11}$
- The crude countywide suicide rate per 100,000 was highest for middle-aged adults (ages 45 - 64, 7.2 per 100,000). ${ }^{11}$ Note, there were no suicide deaths in individuals under the age of 20 in 2016 in San Mateo County."
- Suicide mortality rates for Latinxs and Asian/Pacific Islanders rose from 2014 to 2015, as did suicide mortality rates for age groups $20-24$ and $25-44 .{ }^{11}$ Whites had the highest crude rate of suicide in the county between 2010 and 2015 (13.7 per 100,000), followed by people of African ancestry (10.5 per 100,000).11
- The crude rate of suicide deaths between 2010 and 2015 was highest in the mid-county area (54.3 per 100,000); this was followed by the coast ( 52.9 per 100,000), the south county area ( 46.3 per 100,000), and the north county area ( 43.9 per 100,000).1
- Suicide was the No. 11 cause of death in the county.?
- Witnessing Violence at School: "28\% of [teen] respondents reported seeing violence at their schools and 30\% reported seeing violence in their community" ( $\mathrm{N}=3,284$ ). ${ }^{13}$
- Witnessing Violence in Community: "28\% of [teen] respondents reported seeing violence at their schools and $30 \%$ reported seeing violence in their community" $(N=3,284)$. ${ }^{13}$


## Tobacco/Substance Use

- Chronic liver disease/cirrhosis was the No. 9 cause of death in the county. ${ }^{7}$
- Marijuana:
- Recent Marijuana Use: Fully 20\% of San Mateo County Behavioral Health and Recovery Services survey respondents countywide $(N=3,981)$ reported that they had used marijuana in the past month. ${ }^{17}$
- Used Marijuana or Hashish Recently: In contrast, about $13 \%$ of Quality of Life survey respondents countywide ( $N=1,581$ ) indicated they had used marijuana or hashish at least once in the past 30 days."
- Form of Marijuana Use: The most popular form of marijuana use among Quality of Life survey respondents ( $N=179$ ) was smoking ( $62 \%$ ); approximately one-third had also used it in vaporized form (35\%) or in edible form (32\%).11
- Used Marijuana or Hashish Recently: Among Quality of Life survey respondents who had used marijuana or hashish in the past 30 days ( $\mathrm{N}=179$ ), most ( $57 \%$ ) had only used it once in a day, and most of the rest $(20 \%)$ had used it twice in a day."
- Other Drugs: About 4\% of Quality of Life survey respondents countywide ( $\mathrm{N}=1,581$ ) reported having used any illicit drugs. ${ }^{1}$
- Coping and Drug Use, Youth: Youth who reported using drugs engaged in positive coping strategies (e.g., talking to a friend, having an artistic outlet) in much lower proportions ( $13 \%-26 \%$ ) than youth who reported not using drugs ( $74 \%-87 \%$ ) ( $\mathrm{N}=3,284$ ). ${ }^{13}$
- Drug/Alcohol Education:
- Effective Drug/Alcohol Prevention, Youth: "Only 55\% of [teen] respondents reported that their schools provided effective drug and alcohol prevention services" ( $N=3,284$ ). ${ }^{13}$
- Know Where to Access Treatment for a Drug-Related Problem if Needed: Nearly half (47\%) of Quality of Life survey respondents countywide ( $N=1,581$ ) indicated they knew where to access treatment for a drug-related problem if they or someone in their family needed it. ${ }^{.1}$ Only about $40 \%$ of respondents on the Coastside knew where to access such treatment if needed.11
- Drug-Related Deaths:
- The age-adjusted, countywide drug overdose mortality rate (from all drugs) was 6.78 per 100,000 people. ${ }^{11}$ This rate includes both ICD 10 codes and coroner case review. The rate when counting only ICD 10 codes was 4.57 per 100,000.1
- The crude rates per 100,000 are highest for adults in late middle-age (ages $55-64,25.5$ per 100,000 ICD 10 and coroner, 14.7 per 100,000 ICD 10 only)."
- Drug-induced death was the No. 10 cause of death in the county.?
- Emergencies:
- Ambulance Transport, Behavioral Health: Of all ambulance transports initiated by a call to 911, behavioral health was the primary impression (main reason for the call) in $4.4 \%$ of cases. ${ }^{16}$
- Ambulance Transport, Toxicological Issues: Of all ambulance transports initiated by a call to 911, toxicological issues (accidental or intentional poisoning by alcohol, drugs, or other toxins) were the primary impression (main reason for the call) in $5 \%$ of cases. ${ }^{16}$


## Oral/Dental Health

Table 47. Statistical Data for Oral/Dental Health

| INDICATORS | YEAR(S) | SMC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :---: | :---: | :---: | :---: | :---: |
| Access to Dentists Rate ${ }^{1+\& 12}$ | 2016 | 101.2 | 82.3 | $\uparrow$ |
| Health Professional Shortage Area-Dental ${ }^{2}$ | 2016 | 0.0\% | 13.2\% | $\downarrow$ |
| Lack of Dental Insurance Coverage ${ }^{2}$ | 2015-2016 | 26.0\% | 38.5\% | $\downarrow$ |
| No Recent Dental Exam (Youth) ${ }^{1}$ | 2013-2014 | 1.2\% | 18.5\% | $\downarrow$ |
| Poor Dental Health ${ }^{1}$ | 2006-2010 | 11.2\% | 11.3\% | $\downarrow$ |
| Recent Dental Exam ${ }^{11}$ \& 24 | 2016 | 78.9\% | 66.8\% | $\uparrow$ |
| Current Smoker ${ }^{11+\& 24}$ | 2016 | 5.7\% | 11.0\% | $\downarrow$ |
| Drinking Water Violations ${ }^{2}$ | 2015 | -1.0 | 0.8 | $\downarrow$ |
| Soft Drink Consumption² | 2014 | 9.2\% | 18.1\% | $\downarrow$ |

Trends ( $\boldsymbol{\dagger}$ )
Certain indicators have been measured longitudinally. Below are the trend directions for indicators with trend data available.

- Access to Dentists Rate': Rising since 2010
- Child Had Recent Dental Exam¹: Increasing
- Current Smoker ${ }^{11}$ : Decreasing
- Lack of Insurance Prevented Dental Care ${ }^{11}$ : No clear trend
- Have No Dental Insurance Coverage That Pays for Some or All of Routine Dental Care¹: Increasing since 2008
- Use Other Tobacco Products¹: Decreasing

Other Populations
Certain indicators are available by age, income or education level, or geography, and show disparities in certain populations.

Table 48. Statistical Data for Oral/Dental Health by Age, Income, Education, or Geography

| INDICATORS | BENCHMARK | $\begin{array}{r} \text { AGE } \\ 0-5 \end{array}$ | $\begin{gathered} \text { AGE } \\ 6-17 \end{gathered}$ | $\begin{array}{r} \text { AGE } \\ 18-64 \end{array}$ | $\begin{aligned} & \text { AGE } \\ & 65+ \end{aligned}$ | $\begin{gathered} \text { sHIGH } \\ \text { SCHOOL } \end{gathered}$ | $\begin{array}{r} \text { SOME } \\ \text { COLLEGE } \end{array}$ | $\begin{aligned} & \text { B.A./B.S. } \\ & \text { DEGREE } \end{aligned}$ | $\begin{gathered} \leq 200 \% \\ \text { FPL } \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Recent Dental Exam ${ }^{11} \& 24$ | 66.8\% |  |  |  |  |  |  |  | -51.1\% |

[^21]
## Data Without Benchmarks

Certain indicators were available that had no statewide or national comparison. These data are described below.

- Usual Source of Dental Care: Almost $82 \%$ of Quality of Life survey respondents countywide ( $\mathrm{N}=1,581$ ) reported having a usual source of dental care. ${ }^{11}$ This was the case for a smaller proportion of respondents earning less than 200\% FPL (57\%)."
- Insurance:
- Dental Insurance: About two-thirds of Quality of Life survey respondents countywide ( $\mathrm{N}=1,581$ ) reported having dental insurance." This was the case for smaller proportions of respondents earning less than 200\% FPL (42\%)."
- Lack of Insurance Prevented Dental Care: About 30\% of Quality of Life survey respondents countywide $(N=1,581)$ indicated that they or a family member(s) have dental problems they cannot take care of because of a lack of insurance. ${ }^{11}$ This affected greater proportions of Latinx respondents ( $44 \%$ ) and adults ages 18 - 39 (45\%). ${ }^{11}$
- Sugar-Sweetened Beverages:
- Sugar-Sweetened Beverage Consumption (Adults): About 18\% of Quality of Life survey respondents countywide ( $N=1,581$ ) reported that they consume sugar-sweetened beverages daily."
- Over $13 \%$ specifically indicated that they consume at least one soda or pop containing sugar per day." The highest proportions of respondents drinking at least one sugar-sweetened soda/pop each day were south county residents (18\%), Latinxs (19\%), and respondents with a high school education or less (26\%)."
- About $10 \%$ specifically indicated that they consume at least one sugar-sweetened fruit drink per day." The highest proportions of respondents drinking at least one sugar-sweetened fruit drink each day were respondents earning between $200 \%$ and $400 \%$ of FPL (16\%)."
- Sugar-Sweetened Beverage Consumption (Youth): "[C]onsumption by adolescents age 12 - 17 increased to $56 \%$ drinking one or more sugar-sweetened beverages per day."13
- Teeth Removed Due to Poor Oral Health: Over 20\% of Quality of Life survey respondents countywide $(N=1,581)$ reported that three or more of their permanent teeth had been removed due to tooth decay or gum disease." This was the case for greater proportions of respondents with a high school education or less (37\%), respondents earning less than $200 \%$ FPL (32\%), and respondents of African ancestry (31\%)."


## Sexually Transmitted Infections

Table 49. Statistical Data for Sexually Transmitted Infections

| INDICATORS | YEAR(S) | SMC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :---: | :---: | :---: | :---: | :---: |
| Chlamydia Cases (Incidence) Rate ${ }^{21}$ | 2016 | 336.1 | 504.4 | $\downarrow$ |
| Chlamydia Incidence Amount Youth Ages 10-19 (per 100,000) ${ }^{26}$ | 2015 | 405.5 | 709.2 | $\downarrow$ |
| Early Latent Syphilis Cases (Incidence) Rate ${ }^{21}$ | 2016 | 6.9 | 13.5 | $\downarrow$ |
| Gonorrhea Cases (Incidence) Rate ${ }^{21}$ | 2016 | 80.2 | 164.3 | $\downarrow$ |
| Gonorrhea Incidence Amount Youth Ages 10-19 (per 100,000) ${ }^{26}$ | 2015 | 34.3 | 121.2 | $\downarrow$ |
| HIV Hospitalizations Rate ${ }^{1}$ | 2011 | 1.3 | 2.0 | $\downarrow$ |
| HIV Prevalence ${ }^{12}$ | 2015 | 228.6 | 376.4 | $\downarrow$ |
| HIV/AIDS Deaths Rate ${ }^{2}$ | 2008-2014 | 74.0 | 323.9 | $\downarrow$ |
| Primary \& Secondary Syphilis Cases (Incidence) Rate ${ }^{21}$ | 2016 | 7.8 | 15.0 | $\downarrow$ |
| No HIV Screening ${ }^{1}$ | 2011-2012 | 62.5\% | 60.8\% | $\downarrow$ |

Trends ( $\boldsymbol{\dagger}$ )
Certain indicators have been measured longitudinally. Below is the trend direction for the indicator with trend data available.

- Early Syphilis Rates (Men) ${ }^{11}$ : Generally rising since 2000

Race \& Ethnicity
Certain indicators are available by ethnicity, which shows disparities in certain populations.

Table 50. Statistical Data for Sexually Transmitted Infections by Ethnicity

| INDICATORS | BENCHMARK | WHITE | $\begin{array}{r} \text { AFR } \\ \text { / AFR } \\ \text { ANC } \end{array}$ | ASIAN | $\begin{array}{r} \text { PAC } \\ \text { ISL } \end{array}$ | NATIVE AM | OTHER | MULTI RACE | HISP <br> / LAT <br> (ANY <br> RACE) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| HIV Prevalence ${ }^{1+}$ | 376.2 | 248.3 | -1046.6 |  |  |  |  |  | 266.6 |
| No HIV Screening ${ }^{1}$ | 60.8\% | 47.9\% |  | 58.1\% |  |  |  |  | 47.7\% |
| Chlamydia Incidence <br> Among Youth Ages 10-19 (per 100,000) ${ }^{26}$ | 709.2 | 330.8 | -2139.3 | *164.8 |  |  |  |  | 552.5 |
| Gonorrhea Incidence <br> Among Youth Ages 10-19 (per 100,000) ${ }^{26}$ | 121.2 | 26.5 | -658.3 | *4.8 |  |  |  |  | 16.4 |

Blank cells indicate that data were unavailable. +Using older data from 2012-2014 to highlight health disparities by race/ethnicity. *Indicates that the data combined Asian/Pacific Islander.
Data Without Benchmarks
Certain indicators were available that had no statewide or national comparison. These data are described below.

- Effective Sex Education: About " $74 \%$ of [teen] respondents reported that they feel they are making informed decisions about sex and their sexuality" ( $N=3,284$ ). ${ }^{13}$


## Unintended Injuries/Accidents

Table 51. Statistical Data for Unintended Injuries/Accidents

| INDICATORS | YEAR(S) | SMC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :---: | :---: | :---: | :---: | :---: |
| Accidents (Unintentional Injuries) Death Rate ${ }^{7}$ | 2013-2015 | 20.8 | 29.1 | $\downarrow$ |
| Drug-Related Death Rate ${ }^{12}$ | 2014-2016 | 8.2 | H11.3 | $\downarrow$ |
| Firearm-Related Death Rate ${ }^{12}$ | 2012-2016 | 4.3 | 7.9 | $\downarrow$ |
| Injury Deaths Rate ${ }^{12}$ | 2012-2016 | 35.1 | 47.6 | $\downarrow$ |
| Motor Vehicle Crash Death Rate ${ }^{12}$ | 2010-2016 | 5.3 | 8.5 | $\downarrow$ |
| Pedestrian Accident Death Rate ${ }^{1}$ | 2010-2012 | -1.4 | ${ }^{+} 1.3$ | $\downarrow$ |
| Poisoning Hospitalizations, Children Ages O-1726 | 2017 | 1.0\% | 1.0\% | $\downarrow$ |
| Unintentional Drowning/Submersion Death Rate ${ }^{6}$ | 2013 | -1.1 | 1.0 | $\downarrow$ |
| Unintentional Poisoning Death Rate ${ }^{6}$ | 2013 | 7.7 | 10.1 | $\downarrow$ |
| Alcohol-Binge Drinker ${ }^{11+\& 24}$ | 2016 | 16.9\% | 16.3\% | $\downarrow$ |
| Alcohol-Impaired Driving Deaths ${ }^{12}$ | 2012-2016 | 26.3\% | 29.4\% | $\downarrow$ |
| Firearm Kept in or Around Home ${ }^{1+1}$ \& 24 | 2016 | 16.8\% | 32.7\% | $\downarrow$ |
| Liquor Store Access Rate ${ }^{1+}$ | 2016 | 6.8 | 10.7 | $\downarrow$ |

## Trends ( $\boldsymbol{\dagger}$ )

Certain indicators have been measured longitudinally. Below are the trend directions for indicators with trend data available.

- Alcohol-Binge Drinker¹: Increasing
- Drowning Deaths ${ }^{11}$ : Mixed
- Firearm Kept in or Around Home ${ }^{11}$ : Flat
- Liquor Store Access Rate': Falling since 2014
- Poisoning Deaths Rate ${ }^{11}$ : Mixed


## Race \& Ethnicity

Certain indicators are available by ethnicity, which shows disparities in certain populations.
Table 52, Statistical Data for Unintended Injuries/Accidents by Ethnicity

| INDICATORS | BENCH- <br> MARK | WHITE | $\begin{array}{r} \text { AFR } \\ / \text { AFR } \\ \text { ANC } \end{array}$ | ASIAN | $\begin{array}{r} \text { PAC } \\ \text { ISL } \end{array}$ | NATIVE AM | OTHER | MULTI RACE | HISP <br> / LAT <br> (ANY <br> RACE) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Pedestrian Accident Death Rate ${ }^{1}$ | ${ }^{+} .3$ | 1.2 | 0.0 | 0.0 | 0.0 | 1.0 |  | 0.0 | . 1.9 |

Blank cells indicate that data were unavailable.
Data Without Benchmarks
Certain indicators were available that had no statewide or national comparison. These data are described below.

- Accidents/unintended injuries were the No. 6 cause of death in the county. ${ }^{7}$
- Ambulance Transport, Trauma (Injury): Of all ambulance transports initiated by a call to 911, trauma (injury) was the primary impression (main reason for the call) in $7.6 \%$ of cases. ${ }^{16}$
- Motor Vehicle Accidents: The leading mechanism of injury for adults 18 - 65 is motor vehicle collisions. ${ }^{16}$
- Ambulance Transport, Toxicological Issues: Of all ambulance transports initiated by a call to 911, toxicological issues (accidental or intentional poisoning by alcohol, drugs, or other toxins) were the primary impression (main reason for the call) in 5\% of cases. ${ }^{16}$


## General Health

Table 53. Statistical Data Related General Health

| INDICATORS | YEAR(S) | SMC | BENCHMARK | DESIRED $\uparrow \downarrow$ |
| :---: | :---: | :---: | :---: | :---: |
| All Causes of Death Rate ${ }^{7}$ | 2013-2015 | 493.2 | 616.2 | $\downarrow$ |
| Child Mortality Rate ${ }^{12}$ | 2013-2016 | 26.1 | 38.5 | $\downarrow$ |
| Child/Youth Death Rate (per 100,000)26 | 2013-2015 | 20.8 | 30.0 | $\downarrow$ |
| Frequent Physical Distress ${ }^{12}$ | 2016 | 8.0\% | 10.9\% | $\downarrow$ |
| Life Expectancy at Birth (in Years) ${ }^{2}$ | 2014 | 83.1 | 80.8 | $\uparrow$ |
| Mortality-Premature Deaths (Years of Potential Life Lost) ${ }^{1}$ | 2014-2016 | 3,552 | 5,862 | $\downarrow$ |
| Poor or Fair Health ${ }^{11+\& 24}$ | 2016 | 13.3\% | 17.8\% | $\downarrow$ |
| Poor Physical Health (Average Days/Month) ${ }^{1+1+12}$ | 2016 | 2.7 | 3.5 | $\downarrow$ |
| Population with Any Disability ${ }^{1}$ | 2012-2016 | 8.3\% | 10.6\% | $\downarrow$ |

## Trends ( $\boldsymbol{\dagger}$ )

Certain indicators have been measured longitudinally. Below are the trend directions for indicators with trend data available.

- Felt Healthy and Full of Energy (Average Days/Month) ${ }^{11}$ : Decreasing
- Older Dependents in Home Who Cannot Live Alone ${ }^{11}$ : Increasing
- Pain Interfered with Usual Activities (Average Days/Month)11: Increasing since 2013
- Poor or Fair Health": Increasing since 2008
- Poor Physical Health (Average Days/Month) ${ }^{111}$ Increasing since 2004
- Poor Physical or Mental Health Interfered with Usual Activities (Average Days/Month)11: Increasing since 2004


## Race \& Ethnicity

Certain indicators are available by ethnicity, which shows disparities in certain populations.
Table 54. Statistical Data for General Health by Ethnicity

| INDICATORS | BENCHMARK | WHITE | $\begin{array}{r} \text { AFR } \\ / \text { AFR } \\ \text { ANC } \end{array}$ | ASIAN | $\begin{gathered} \text { PAC } \\ \text { ISL } \end{gathered}$ | NATIVE AM | OTHER | MULTI <br> RACE | HISP <br> / LAT <br> (ANY <br> RACE) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Child/Youth Death Rate (per 100,000) ${ }^{26}$ | 30.0 | 14.8 |  | *17.2 |  |  |  |  | 26.6 |
| Poor or Fair Health ${ }^{11} 24$ | 17.8\% |  | -19.5\% |  |  |  |  |  | -21.3\% |
| Population with Any Disability ${ }^{1}$ | 10.6\% | 9.7\% | -18.1\% | 6.2\% | 6.8\% | 10.5\% | 5.1\% | 5.9\% | 6.6\% |

Blank cells indicate that data were unavailable.

## Other Populations

Certain indicators are available by age, income or education level, or geography, and show disparities in certain populations.
Table 55. Statistical Data for General Health by Age, Income, Education, or Geography

| INDICATORS | BENCHMARK | AGE 0-5 | AGE 6-17 | AGE 18-64 |
| :---: | :---: | :---: | :---: | :---: |$\quad$ AGE 65+

[^22]
## Data Without Benchmarks

Certain indicators were available that had no statewide or national comparison. These data are described below.

- Discrimination Due to Physical Disabilities, Youth: "Youth who have ... physical disabilities are more likely to have felt discriminated against than youth who have no ... physical disabilities" $(N=3,284)$. $^{13}$
- General Health:
- Felt Healthy and Full of Energy (Average Days/Month): On average, Quality of Life survey respondents countywide ( $N=1,581$ ) reported that they felt healthy and full of energy on 18 out of the past 30 days."
- Poor Physical Health (Average Days/Month): On average, Quality of Life survey respondents countywide ( $N=1,581$ ) indicated that their physical health was not good on four out of the past 30 days. ${ }^{11}$ The average for respondents earning less than $200 \%$ FPL was 6.7 days, and for African ancestry respondents was 5.9 days."
- Poor Physical or Mental Health Interfered with Usual Activities (Average Days/Month): On average, Quality of Life survey respondents countywide ( $N=1,581$ ) indicated that their physical/mental health had prevented their usual activities three out of the past 30 days." The average for respondents earning less than 200\% FPL was 4.3 days, and for African ancestry respondents was 3.5 days."
- Ambulance Transport, Neurological Issues: Of all ambulance transports initiated by a call to 911, neurological issues were the primary impression (main reason for the call) in $10.1 \%$ of cases. ${ }^{16}$
- Older Dependents in Home Who Cannot Live Alone: Nearly $12 \%$ of Quality of Life survey respondents countywide $(N=1,581)$ reported that they had older dependents living in their household because these older individuals were unable to live alone. ${ }^{11}$ This was reported in higher proportions by adults ages $18-39(21 \%)$, and Asian/Pacific Islanders (23\%)."


## Summary List of Sources

Health needs data found in this document were collected primarily from the publicly available Community Commons data platform (https://www.communitycommons.org/maps-data/) and a related data platform (http://www.CHNA.org). Other data were reviewed and provided by San Mateo County Health's Division of Public Health, Policy, and Planning and are noted in the report. Pertinent data points on health needs from these sources are included in data tables with superscript notation:
${ }^{1}$ Community Commons Data Platform
${ }^{2}$ CHNA.org Data Platform
${ }^{3}$ Centers for Disease Control and Prevention State Profiles
${ }^{4}$ California Department of Education
${ }^{5}$ Office of Statewide Health Planning and Development
${ }^{6}$ California Department of Public Health, EpiCenter California Injury Data
${ }^{7}$ California Department of Public Health, County Health Status Profiles
${ }^{8}$ California Department of Public Health, Immunization Branch
${ }^{9}$ California Department of Public Health, California Cancer Registry (CCR) Fact Sheet
${ }^{10}$ California Department of Public Health Tuberculosis Branch
${ }^{11}$ San Mateo County Health
${ }^{12}$ County Health Rankings \& Roadmaps, Robert Wood Johnson Foundation
${ }^{13}$ County of San Mateo, Board of Supervisors, Adolescent Report 2014-15
${ }^{14}$ Get Healthy San Mateo County
${ }^{15}$ Insight Center for Community Economic Development
${ }^{16}$ County of San Mateo Emergency Medical Services
${ }^{17}$ San Mateo County Behavioral Health and Recovery Services
${ }^{18}$ U.S. Census Bureau
${ }^{19}$ Zilpy.com Rental Estimates
${ }^{20}$ California Health Interview Survey
${ }^{21}$ California Department of Public Health, Sexually Transmitted Diseases Control Branch
${ }^{22}$ California Department of Public Health
${ }^{23}$ Feeding America
${ }^{24}$ Centers for Disease Control and Prevention, Behavioral Risk Factor Surveillance System
${ }^{25}$ The Dartmouth Atlas of Health Care
${ }^{26}$ KidsData.org

For an index that lists full original sources and years as well as indicator descriptions, see Attachment 2: Secondary Data Indicators, San Mateo County.

## Attachment 5:

## Qualitative Research Protocols, Santa Clara County

Prior to key informant interviews, professionals were provided with the 2016 CHNA health needs list to consider.
Table 1. 2016 Health Needs List

| 2016 PRIORITY HEALTH NEED | EXAMPLES |
| :---: | :---: |
| Alzheimer's Disease \& Dementia |  |
| Behavioral Health | Anxiety, depression, drug/alcohol addiction, stress |
| Mental Health |  |
| Substance Abuse |  |
| Birth Outcomes | Premature births, infant mortality |
| Cancers | Breast cancer, leukemia |
| Cerebrovascular Diseases | Heart attack, stroke |
| Climate Change | Global warming, drought |
| Communicable Diseases | TB, hepatitis, flu, pertussis (separate from STIs) |
| Community \& Family Safety | Domestic violence, crime, child abuse |
| Diabetes |  |
| Diet/Fitness/Nutrition | Nutritious food, safe places to exercise |
| Economic Security | Education, employment, poverty, cost of living |
| Health Care Access \& Delivery | Health insurance, costs of medicine, availability of providers, getting appointments, patients being treated with respect |
| Housing \& Homelessness |  |
| Obesity |  |
| Oral/Dental Health |  |
| Respiratory Conditions | Asthma, COPD |
| Sexual Health | Sexually transmitted infections, teen births |
| Tobacco Use | Smoking, vaping, chewing tobacco |
| Transportation \& Traffic | Public transportation, safe roads |
| Unintentional Injuries | Car accidents, falls, drownings |

## Key Informant Protocol - Professionals

## Introduction-5 mins

- Welcome and thanks
- What the project is about:
- Identifying health needs in our community (called the Community Health Needs Assessment or CHNA).
- Required of all nonprofit hospitals in the U.S. every three years.
- Here in Santa Clara County, the Community Benefit Hospital Coalition is working together to meet this requirement.
- Will inform the investments that hospitals make to address community needs.
- Scheduled for one hour-does that still work for you?
- Today's questions:
- Most pressing health needs in Santa Clara County.
- Your perspective on [expertise area].
- How access to care and mental health play a part in those needs.
- Which populations may have different or worse needs or experiences.
- Your suggestions for improvement.
- What we'll do with the information you tell us today:
- Notes will go to hospitals.
- Would like to record so that we can get the most accurate record possible.
- Will not share the audit itself.
- Can keep anything confidential-even the whole interview. Let me know at any time.
- Permission to record?
- Any questions before I begin? [If interviewer does not have the answer, commit to finding it and sending later via email.]

Health Needs Prioritization-6-10 mins
Part of our task today is to find out which health needs you think are most important. You may want to take a look at the list we sent you of the most common needs from the 2016 CHNAs. You can see that some of them are health conditions, and others reflect the social determinants of health Chousing, education, cost of living, environment, etc.).

Thinking specifically about Santa Clara County...

1. Are there any needs that should be added to the list?

## Expertise Area-20 mins

You are here to share your expertise/experience about [e.g., senior health].
2. Which three needs do you believe are the most important to address here in the next few years for the population you serve? [See table above.]

I am going to take you through a few questions about each of these needs.
3. When you think about [health need No. 1]...

- What are people struggling with?
- What barriers exist to seeing better health in this area?

4. Are some people better or worse off?

Prompts: Differences by age, education level, disability status, income (affecting housing and transportation), etc.
[Repeat 3 - 4 for each health need they prioritized.]
5. Lastly, are you seeing any trends related to these needs in the last three years?

## Access to Care -5 mins

We know that access to care impacts all aspects of health.
6. Would you say that health access [related to your specific expertise] is sufficient or not?
7. Do you see differences among any particular groups in your work?

Prompts: Differences by age, education level, disability status, language, those experiencing homelessness

## Mental Health -5 mins

In recent assessments, mental health arose as a top health need. (By mental health, we mean everything ranging from anxiety to mental illness.)
8. Do you agree? In your opinion, what are the specific mental health needs in our community?
(Conditions like depression/outcomes like suicide)
9. In what ways are people struggling with mental health issues doing worse than others when it comes to health? (Drivers)

## Suggestions/Improvements/Solutions-5 - 10 mins

In addition to what we have already talked about...
10. Do you have any opinions on what should be in place in our community to address these needs?
a. What types of services would you like to see in the community that aren't already in place?

Prompt: Preventive care? Deep-end services? Workforce changes?
b. Are there new/revised policies or other public health approaches that are needed?

Prompt: program models.

## [Time permitting] Additional Comments

We thank you so much for answering our questions. In the few minutes we have left, is there anything else you would like us to add regarding community health needs?

## Closing

OK, if anything occurs to you later that you would like to add to this interview, please just let us know. Thank you for contributing your expertise and experience to the CHNA. You can look for the hospital CHNAs to be made publicly available in 2019.

## Focus Group Protocols

During focus groups, facilitators presented the 2016 CHNA List (Table 1 of this attachment). Questions found in these protocols refer to that list.

## Focus Groups with Professional or Community Representatives

Introduction-6 mins

- Welcome and thanks
- What the project is about:
- Santa Clara County Community Health Needs Assessment
- Identifying unmet health needs in our community
- Ultimately, to plan on how to address health needs now and in future
- Today's questions (refer to agenda flipchart page):
- Introductions (name and organization)
- Confidentiality:
- When we are finished with all of the focus groups, we will look at all of the transcripts and summarize the things we learn.
- Would like to record so that we can be sure to get your words right.
- Now that we have introduced ourselves, we will only use first names here to preserve your anonymity. However, if you want to keep a comment anonymous, you may not want to name your organization.
- We also will pull out some quotes so that the hospitals can hear your own words. We will not use your name when we give them those quotes.
- Transcripts will go to hospitals if that is OK with you.
- Permission to record?
- What we'll do with the information you tell us today:
- Hospitals will report the assessment to the IRS.
- Hospitals will use information for planning future investments.
- Logistics:
- We will end at $\qquad$
- It is my job to move us along to stay on time. I may interrupt you; I don't mean any disrespect, but it is important to get to all of the questions and get you out in time.
- Cell phones: On vibrate; please take calls outside.
- Bathroom location.
- Guidelines: Be respectful; it's OK to disagree. We want to hear from everyone.


## Health Needs Prioritization-10 mins

You are here to share your experience as a professional serving [e.g, seniors, persons experiencing homelessness, young adults, etc.].

Part of our task today is to find out which health needs you think are most important for the population you serve. This poster has a list of the health needs that the community came up with when we did the Community Health Needs Assessment for Santa Clara County in 2016. Many of these we have already talked about.
[Read aloud from flipchart and define (e.g, "Access and Delivery" means insurance, having a primary care physician, prevention care instead of ED, being treated with dignity and respect, wait times, etc.).]

1. Are there any that should be added to the list?
2. Please think about the three from the list that you believe are the most important to address here in the next three to four years.
a. What we would like you to do is to take the three sticky dots you have there and use them to vote for three health needs that you think are the most important to address in the next few years. There may be some needs that are very dire-like ones that cause death. But you are voting on the things that you think may not be well-addressed now. In other words, some health needs may have a lot of people working on them, and plenty of treatments and medicines to address them. Others we may not understand as well, or there may not be enough doctors or facilities out there to help people. Then we will discuss the results of your votes.
3. Summarize voting results. Explain that we will spend the rest of our time reflecting on these top priorities.

## Expertise Area-20 mins

You are here to share your expertise/experience about [e.g, substance abuse, senior health, or homelessness].
4. When you think about this health need...

- What are people struggling with?
- What barriers exist to seeing better health in this area?

5. Which groups, if any, are better or worse off than others?

Prompts: Differences by age, education level, disability status, income (affecting housing and transportation), etc.
6. What trends, if any, have you seen in the last three years?

## Access to Care -5 mins

We know that access to care impacts all aspects of health.
7. Would you say that health access [related to the specific population you serve] is sufficient? Why or why not?
8. What differences do you see, if any, among various groups in your work?

Prompts: Differences by age, education level, disability status, language, those experiencing homelessness, immigration status, sexual orientation (i.e., LGBTQ).

## Mental health- 5 mins

In recent assessments, mental health arose as a top health need. (By mental health, we mean everything ranging from stress to mental illness.)
9. Do you agree? In your opinion, what are the specific mental health needs in our community?
(Conditions like depression/outcomes like suicide)
10. In what ways might people who are struggling with mental health issues be doing worse than others when it comes to health? (Drivers)

## Suggestions/Improvements/Solutions-5-10 mins

In addition to what we have already talked about...
11. What opinions, if any, do you have on what should be in place in our community to address these needs?
a. What types of services would you like to see in the community that aren't already in place?

Prompts:

- Preventive care? Deep-end services?
- Workforce changes?
- Are there any quick wins or low-hanging fruit?
b. What new/revised policies or other public health approaches are needed, if any?

IF TIME ALLOWS:

## Cultural Competency-5 mins

12. To what extent do you think health care providers are culturally competent for the diverse population of Santa Clara County? By "cultural competence" we mean that people who are providing health care know how to provide health care in a respectful way to everyone.

## Closing-5 mins

- Thank you.
- Repeat-What we will do with the information.
- Look for CHNA reports to be publicly available in 2019.


## Focus Groups with Santa Clara County Residents

## Introduction-6 mins

- Welcome and thanks
- Conducting a Community Health Needs Assessment
- Nonprofit hospitals in Santa Clara County hired us.
- Identify unmet health needs in our community.
- Helps those hospitals to plan on how to invest their resources to address community health needs.
- Today's questions are ... [refer to agenda flipchart page]
- We would like to record:
- Important to get your words right.
- We will only use first names here to preserve your anonymity.
- Transcripts will go to hospitals if that is OK with you.
- When we are finished with all of the focus groups, we will look at all of the transcripts and summarize the things we learn. We also will pull out some quotes so that the hospitals can hear your own words. We will not use your name when we give them those quotes.
- Logistics
- We will end at $\qquad$
- Cell phones: On vibrate; please take calls outside.
- Bathroom location.
- Incentives - please sign the sheet.
- Guidelines: Be respectful; it's OK to disagree. We want to hear from everyone.
- Speaking of that ... it is my job to move us along to stay on time. I may interrupt you; I don't mean any disrespect, but it is important to get to all of the questions and get you out in time.


## Health Needs Prioritization-10 mins

You are here to share your experience as a [e.g., young adult].
Part of our task today is to find out which health needs you think are most important. This poster has a list of the health needs that the community came up with when we did the Community Health Needs Assessment for Santa Clara County in 2016.
[Read aloud from flipchart and define (e.g., "Access and Delivery" means insurance, having a primary care physician, prevention care instead of ED, being treated with dignity and respect, wait times, etc.).]

1. Are there any that should be added to the list?
2. Please think about the three from the list that you believe are the most important to address here in the next few years.
a. What we would like you to do is to take the three sticky dots you have there and use them to vote for three health needs that you think are the most important to address in the next three to four years. There may be some needs that are very dire-like ones that cause death. But you are voting on the things that you think may not be well-addressed now. In other words, some health needs may have a lot of people working on them, and plenty of treatments and medicines to address them. Others we may not understand as well, or there may not be enough doctors or facilities out there to help people. Then we will discuss the results of your votes.
3. Summarize voting results. Explain that we will spend the rest of our time reflecting on these top priorities.

## Understanding the Needs- 15 mins

4. When you think about this health need...

- What are people struggling with?
- What barriers exist to people getting healthy or staying healthy?


## 5. What about health care access?

- Is everyone able to get health insurance for their needs?
- Is everyone able to afford to pay for health services and medication?
- Is everyone able to get to the doctors they need when they need to?

6. What about mental health? Mental health was one of the top health needs last time.
(By mental health, we mean everything ranging from stress to mental illness.)
a. In your opinion, what are the specific mental health needs in our community?
(Conditions like depression/outcomes like suicide)
b. Do you think that people who are struggling with mental health issues are doing worse than others when it comes to these other health issues we have listed? If so, how? (Drivers)

## 7. Do you think that things have been getting better, or worse, in the last three years or so? How?

Equity \& Cultural Competency-15 mins
8. Do you think that everyone in our community is getting the same health care, and has the same access to care? If not, what are the barriers for them? Think about all of the people in our community ... some have different ethnicities, languages, sexual orientations, and religions. They may be disabled or be low-income or be experiencing homelessness.

## OPTIONAL IF TIME:

We also want to know about cultural competency. That means that people who are providing health care know how to provide health care in a respectful way to everyone.
9. To what extent do you think health care providers have this knowledge?

Suggestions/Improvements/Solutions-5 - 10 mins
In addition to what we have already talked about...
10. What types of services, if any, does the community need more of?

Prompt: Preventive care? Deep-end services? Workforce changes?
11. What kinds of changes could those in charge here in Santa Clara County make to help all of us stay healthy?

## Closing-5 mins

- Thank you.
- Repeat-What we will do with the information.
- Incentives-after you turn in the survey.


## Attachment 6:

## Qualitative Research Protocols, San Mateo County

Prior to key informant interviews, professionals were provided with the 2016 CHNA health needs list to consider.
Table 1. 2016 Health Needs List

| 2016 PRIORITY HEALTH NEED |  |
| :--- | :--- |
| Alzheimer's Disease \& Dementia |  |
| Arthritis | Depression, suicide, drug/alcohol addiction |
| Behavioral Health | Premature births, infant mortality |
| Birth Outcomes | Breast cancer, leukemia |
| Cancer |  |
| Childhood Obesity | Global warming, drought |
| Climate Change | TB, flu, salmonella (separate from STIs) |
| Communicable Diseases | Stress, worry, subclinical anxiety |
| Diabetes | Nutritious food, safe places to exercise |
| Emotional Well-Being | Health insurance, costs of medicine, availability of providers, |
| Fitness/Diet/Nutrition | getting appointments, patients being treated with respect |
| Health Care Access \& Delivery |  |
| Heart Disease \& Stroke | Public transportation, safe roads |
| Housing \& Homelessness | Car accidents, falls, drownings |
| Income \& Employment | Child abuse, violent crime, human trafficking |
| Oral/Dental Health | Asthma, COPD |
| Respiratory Conditions |  |
| SexallyTransmitted Infections |  |
| Unintended Injuries |  |
| Violence \& Abuse |  |

## Key Informant Protocol - Professionals

## Introduction-5 mins

- Welcome and thanks
- What the project is about:
- Identifying health needs in our community (called the Community Health Needs Assessment or CHNA).
- Required of all nonprofit hospitals in the U.S. every three years.
- The hospitals (Seton, Kaiser SSF and Redwood City, Peninsula, Sequoia, Stanford, and LPCH) who serve San Mateo County residents are working together to meet this requirement.
- Will inform the investments that hospitals make to address community needs.
- Scheduled for one hour-does that still work for you?
- Today's questions:
- Most pressing health needs in San Mateo County
- Your perspective on [expertise area]
- How access to care and mental health play a part in those needs
- Which populations may have different or worse needs or experiences
- Your suggestions for improvement
- What we'll do with the information you tell us today:
- Notes will go to hospitals.
- Would like to record so that we can get the most accurate record possible
- Will not share the audio itself.
- Can keep anything confidential - even the whole interview. Let me know at any time.
- Permission to record?
- Any questions before I begin? [If interviewer does not have the answer, commit to finding it and sending later via email.]

Health Needs Prioritization-6-10 min.
Part of our task today is to find out which health needs you think are most important. You may want to take a look at the list we sent you of the most common needs from the 2016 CHNA. You can see that some of them are health conditions, and others reflect the social determinants of health (housing, education, cost of living, environment, etc.).

Thinking specifically about San Mateo County...

1. Are there any needs that should be added to the list?

## Expertise Area-20 mins

You are here to share your expertise/experience about [e.g., senior health].
2. Which three needs ( 2016 and others added) do you believe are the most important to address here in the next few years for the population you serve? [See table above.]

I am going to take you through a few questions about each of these needs.
3. When you think about [health need No. 1]...

- What are people struggling with?
- What barriers exist to seeing better health in this area?

4. Are some people better or worse off?

Prompts: Differences by age, education level, disability status, income (affecting housing and transportation), etc.
[Repeat 3 - 4 for each health need they prioritized.]

## 5. Lastly, are you seeing any trends related to these needs in the last three years?

## Access to Care -5 mins

We know that access to care impacts all aspects of health. (Access includes not only having insurance and being able to afford co-pays/premiums, but also having a primary care physician versus using urgent care or the ER, and being able to get timely appointments with various providers.)
6. Would you say that health access [related to your specific expertise] is sufficient or not?
7. Do you see differences among any particular groups in your work?

Prompts: Differences by age, education level, disability status, language, those experiencing homelessness.

## Mental health-5 mins

In recent assessments, mental health arose as a top health need. (By mental health, we mean everything ranging from subclinical issues like stress, substance use disorder through issues like anxiety or depression, all the way up to severe mental illness.)
8. Do you agree? In your opinion, what are the specific mental health needs in our community? Prompt: Conditions like stress or depression, outcomes like suicide, concerns about stigma.
9. a. In what ways might people who are struggling with mental health issues be doing worse than others when it comes to health?
Prompt: Mental health issues driving other health needs?
b. In particular, how might stress be contributing to people's specific health issues?

Suggestions/Improvements/Solutions-5-10 mins
In addition to what we have already talked about...
10. What opinions, if any, do you have on what should be in place in our community to address these needs?
a. What types of services would you like to see in the community that aren't already in place?

Prompt: Preventive care? Deep-end services? Workforce changes? Are there any quick wins or low-hanging fruit?
b. What new/revised policies or other public health approaches are needed, if any?

Prompt: Program models?
[Time permitting] Additional comments
We thank you so much for answering our questions. In the few minutes we have left, is there anything else you would like us to add regarding community health needs?

## Closing

OK, if anything occurs to you later that you would like to add to this interview, please just let us know. Thank you for contributing your expertise and experience to the CHNA. You can look for the hospital CHNAs to be made publicly available in 2019.

## Focus Group Protocols

During focus groups, facilitators presented the 2016 CHNA List (Table 1 of this attachment). Questions found in these protocols refer to that list.

## Focus Groups with Professional or Community Representatives

Introduction-6 mins

- Welcome and thanks
- What the project is about:
- San Mateo County Community Health Needs Assessment
- Identifying unmet health needs in our community
- Ultimately, to plan on how to address health needs now and in future
- Today's questions (refer to agenda flipchart page)
- Introductions (name and organization)
- Confidentiality:
- When we are finished with all of the focus groups, we will look at all of the transcripts and summarize the things we learn.
- Would like to record so that we can be sure to get your words right.
- Now that we have introduced ourselves, we will only use first names here to preserve your anonymity. However, if you want to keep a comment anonymous, you may not want to name your organization.
- We also will pull out some quotes so that the hospitals can hear your own words. We will not use your name when we give them those quotes.
- Transcripts will go to hospitals if that is OK with you.
- Permission to record?
- What we'll do with the information you tell us today:
- Hospitals will report the assessment to the IRS.
- Hospitals will use information for planning future investments.
- Logistics
- We will end at $\qquad$
- It is my job to move us along to stay on time. I may interrupt you; I don't mean any disrespect, but it is important to get to all of the questions and get you out in time.
- Cell phones: On vibrate; please take calls outside.
- Bathroom location.
- Guidelines: It's OK to disagree, but be respectful. We want to hear from everyone.


## Health Needs Prioritization-10 mins

You are here to share your experience as a professional serving [e.g., seniors, persons experiencing homelessness, young adults, etc.].

Part of our task today is to find out which health needs you think are most important for the population you serve. This poster has a list of the health needs that the community came up with when we did the Community Health Needs Assessment for San Mateo County in 2016. Many of these we have already talked about.
[Read aloud from flipchart and define (e.g., "Access and Delivery" means insurance, having a primary care physician, preventive care instead of ED, being treated with dignity and respect, wait times, etc.).]

1. Are there any that should be added to the list?
2. Please think about the three from the list you believe are the most important to address here in the next three to four years.
a. What we would like you to do is to take the three sticky dots you have there and use them to vote for three health needs that you think are the most important to address in the next few years. There may be some needs that are very dire-like ones that cause death. But you are voting on the things that you think may not be well-addressed now. In other words, some health needs may have a lot of people working on them, and plenty of treatments or medicines to address them. Others we may not understand as well, or there may not be enough doctors or facilities out there to help people. Then we will discuss the results of your votes.
3. Summarize voting results. Explain that we will spend the rest of our time reflecting on these top priorities.

Health Needs Discussion, Including Expertise Area-20 mins
4. When you think about this health need...

- What are people struggling with?
- What barriers exist to seeing better health in this area?

5. Which groups, if any, are better or worse off than others?

Prompts: Differences by age, education level, disability status, income (affecting housing and transportation), etc.
6. What trends, if any, have you seen in the last three years?

Repeat questions 4-6 for each of the top health needs prioritized by the group.
7. [If their expertise was not related to one or more of the needs chosen:] You are here to share your expertise/ experience about [e.g., senior health]. Let's talk a little about that; how does it relate to the community's health needs?

## Access to Care-5 mins

We know that access to care impacts all aspects of health. (Access includes not only having insurance and being able to afford co-pays/premiums, but also having a primary care physician versus using urgent care or the ER, and being able to get timely appointments with various providers.)
8. Would you say that health care access [related to the specific population you serve] is sufficient? Why or why not?
9. What differences do you see, if any, among various groups in your work?

Prompts: Differences by age, education level, disability status, language, those experiencing homelessness, immigration status, sexual orientation (i.e., LGBTQ).

## Mental health-5 mins

In recent assessments, mental health arose as a top health need. (By mental health, we mean everything ranging from stress to mental illness.)
10. Do you agree? In your opinion, what are the specific mental health needs in our community?

Prompt: Conditions like stress or depression, outcomes like suicide, concerns about stigma
a. In what ways might people who are struggling with mental health issues be doing worse than others when it comes to health?
Prompt: Mental health issues driving other health needs?
b. In particular, how might stress be contributing to people's specific health issues?

Suggestions/Improvements/Solutions-5-10 mins
In addition to what we have already talked about...
11. What opinions, if any, do you have on what should be in place in our community to address these needs?
a. What types of services would you like to see in the community that aren't already in place?

Prompts:

- Preventive care? Deep-end services?
- Workforce changes?
- Are there any quick wins or low-hanging fruit?
b. What new/revised policies or other public health approaches are needed, if any?


## Closing-5 mins

- Thank you.
- Repeat - What we will do with the information.
- Look for CHNA reports to be publicly available in 2019.


## Focus Groups with San Mateo County Residents

## Introduction-6 mins

- Welcome and thanks
- What the project is about:
- San Mateo County Community Health Needs Assessment
- Identifying unmet health needs in our community
- Ultimately, to plan on how to address health needs now and in future
- Today's questions (refer to agenda flipchart page)
- Confidentiality:
- Would like to record so that we can be sure to get your words right.
- We will only use first names here to preserve your anonymity.
- Transcripts will go to hospitals if that is OK with you.
- When we are finished with all of the focus groups, we will look at all of the transcripts and summarize the things we learn. We also will pull out some quotes so that the hospitals can hear your own words. We will not use your name when we give them those quotes.
- What we'll do with the information you tell us today:
- Hospitals will report the assessment to the IRS.
- Hospitals will use information for planning future investments.
- Logistics
- We will end at $\qquad$
- It is my job to move us along to stay on time. I may interrupt you; I don't mean any disrespect, but it is important to get to all of the questions and get you out in time.
- Cell phones: On vibrate; please take calls outside.
- Bathroom location
- Incentives-please sign the sheet.
- Guidelines: It's OK to disagree, but be respectful. We want to hear from everyone.


## Health Needs Prioritization-10 mins

You are here to share your experience as a [e.g., young adult].
Part of our task today is to find out which health needs you think are most important. This poster has a list of the health needs that the community came up with when we did the Community Health Needs Assessment for San Mateo County in 2016. Many of these we have already talked about.
[Read aloud from flipchart and define (e.g. "Access and Delivery" means insurance, having a primary care physician, preventive care instead of ED, being treated with dignity and respect, wait times, etc.).]

1. Are there any that should be added to the list?

## 2. Please think about the three from the list you believe are the most important to address here in the next few years.

a. What we would like you to do is to take the three sticky dots you have there and use them to vote for three health needs that you think are the most important to address in the next three to four years. There may be some needs that are very dire-like ones that cause death. But you are voting on the things that you think may not be well-addressed now. In other words, some health needs may have a lot of people working on them, and plenty of treatments and medicines to address them. Others we may not understand as well, or there may not be enough doctors or facilities out there to help people. Then we will discuss the results of your votes.
3. Summarize voting results. Explain that we will spend the rest of our time reflecting on these top priorities.

## Understanding the Needs-15 mins

## 4. When you think about [health need No. 1]...

- What are people struggling with?
- What barriers exist to people getting healthy or staying healthy?
[Repeat question 4 for each top health need.]

5. What about health care access?

- Is everyone able to get health insurance for their needs?
- Is everyone able to afford to pay for health services and medication?
- Is everyone able to get to the doctors they need when they need to?
- Do people mostly have a primary care doctor, or do they mostly use urgent care or the ER instead? [If the latter: Why?]

6. What about mental health? Mental health was one of the top health needs last time.
(By mental health, we mean everything ranging from stress to substance use disorder to mental illness.)
a. In your opinion, what are the specific mental health needs in our community?

Prompt: Conditions like stress or depression, outcomes like suicide, concerns about stigma.
b. Do you think that people who are struggling with mental health issues are doing worse than others when it comes to these other health issues we have listed? If so, how? (Drivers)
7. Do you think that things have been getting better, stayed the same, or gotten worse in the last three years or so? [If things have changed: How?]

## Equity \& Cultural Competency-15 mins

8. Do you think that everyone in our community is getting the same health care and has the same access to care? If not, what are the barriers for them?
Prompt: Think about all of the people in our community... some have different ethnicities, languages, sexual orientations, and religions. They may be disabled or be low-income or be experiencing homelessness.

Suggestions/Improvements/Solutions-5-10 mins
In addition to what we have already talked about...
9. What types of services, if any, does the community need more of?

Prompt: Preventive care? Deep-end services? Workforce changes?
10. What kinds of changes could those in charge here in San Mateo County make to help all of us stay healthy?

## Closing-5 mins

- Thank you.
- Repeat-What we will do with the information.
- Incentives-after you turn in the demographic survey.


## Attachment 7:

 Community Leaders, Representatives, and Members Consulted, Santa Clara CountyThe list below contains the names of leaders, representatives, and members who were consulted for their expertise in the community. Leaders were identified based on their professional expertise and knowledge of target groups including lowincome populations, minorities, and the medically underserved. The group included leaders from the Santa Clara County Health \& Hospital System, nonprofit hospital representatives, local government employees, and nonprofit organizations.

| ID \# | DATA COLLECTION METHOD | NAME, TITLE, AGENCY | TOPIC | $\begin{aligned} & \text { \# OF } \\ & \text { PEOPLE } \end{aligned}$ | TARGET GROUP(S) REPRESENTED | ROLE IN TARGET GROUP | DATE INPUT WAS GATHERED |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | Interview | Dr. Sara Cody, Public Health Officer, Santa Clara County Public Health Department | Youth health | 1 | Health department representative | Leader | 1/30/18 |
| 2 | Interview | Laura Brunetto, Maternal Health Director, Santa Clara County Public Health Department | Oral health | 1 | Health department representative | Leader | 1/30/18 |
| 3 | Interview | Candace Roney, Executive Director, Santa Clara County Dental Society | Public health | 1 | Medically underserved | Leader | 2/1/18 |
| 4 | Interview | Anne Ehresman, Executive Director, Project Cornerstone | Community safety and mental health | 1 | Medically underserved | Leader | 2/6/18 |
| 5 | Interview | Erin O'Brien, President/CEO, Community Solutions | Community safety and mental health | 1 | Medically underserved | Leader | 4/16/18 |
| 6 | Interview | Bruno Pillet, VP of Programs \& Services, Second Harvest Food Bank of Santa Clara and San Mateo Counties | Food insecurity/ hunger | 1 | Low income | Leader | 5/7/18 |
| 7 | Interview | Camille Llanes-Fontanilla, Executive Director, Somos Mayfair | Immigrant population | 1 | Minority, low income | Leader | 2/27/18 |


| ID \# | DATA COLLECTION METHOD | NAME, TITLE, AGENCY | TOPIC | $\begin{aligned} & \text { \# OF } \\ & \text { PEOPLE } \end{aligned}$ | TARGET GROUP(S) REPRESENTED | ROLE IN TARGET GROUP | DATE <br> INPUT WAS GATHERED |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 8 | Interview | Dr. Peter Coehlo, Private practice | South County | 1 | Low income | Leader | 3/26/18 |
| 1 | Focus Group | Host: Community Health Partnership | Safety net health services | 8 | Low income | Leader | 3/28/18 |
|  |  | Kent Imai, Medical Director, Community Health Partnership |  |  | Low income | Leader |  |
|  |  | Lynn Liu, Associate Medical Director, Northeast Medical Services |  |  | Low income | Leader |  |
|  |  | Wangping Zhao, Physician-in-Charge, AACI Health Center |  |  | Low income | Leader |  |
|  |  | Anu Balabruan, CMU, Indian Health center |  |  | Low income | Leader |  |
|  |  | Claude Roge, Medical Director, School Health Clinic of SCC |  |  | Low income | Leader |  |
|  |  | Laura Dalton, CMO, PPMM |  |  | Low income | Leader |  |
|  |  | Ranjani Chandramouli, MD, Medical Director, Gardner Family Health |  |  | Low income | Leader |  |
|  |  | Ravenswood Family Health Center |  |  | Low income | Leader |  |
| 2 | Focus Group | Host: Medical Respite Program | Homeless population | 10 | Low income | Leader | 3/7/18 |
|  |  | Amber Frymier, Healthcare Program, Valley Homeless Clinic |  |  | Low income | Leader |  |
|  |  | Emma Vidal, Valley Homeless Clinic |  |  | Low income | Leader |  |
|  |  | Lorna Lindo, Valley Homeless Clinic |  |  | Low income | Leader |  |


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| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Marisela Villarreal, Valley Homeless Clinic |  |  | Low income | Leader |  |
|  |  | Sara Jeevanjee, Medical Director, Medical Respite Program |  |  | Low income | Leader |  |
|  |  | Vanessa Beretta, Development Officer, City of San Jose, Homeless Response Team |  |  | Low income | Leader |  |
|  |  | Malinda Mitchell, Hospital Council, Medical Respite Program |  |  | Low income | Leader |  |
|  |  | Aleksandra Ceprnic, Psychology, Medical Respite |  |  | Low income | Leader |  |
|  |  | Dana Schuster, Outreach Specialist, Home First |  |  | Low income | Leader |  |
|  |  | Linda Jones, Home First |  |  | Low income | Leader |  |
| 3 | Focus Group | Host: POSSO | Senior health | 11 | Minority, medically underserved | Members | 3/22/18 |
| 4 | Focus Group | Host: Caminar | Substance use | 7 | Medically underserved | Leaders | 4/10/18 |
|  |  | Cheryl Blankenship, Quality Improvement Coordinator, Santa Clara County Behavioral Health |  |  | Medically underserved | Leader |  |
|  |  | Michael Hutchinson, MFT, Executive Director, Family and Children Services, a Division of Caminar |  |  | Medically underserved | Leader |  |
|  |  | Neidy Lozada, Associate Director of Programs, Pathways Society |  |  | Medically underserved | Leader |  |



| ID \# | DATA COLLECTION METHOD | NAME, TITLE, AGENCY | TOPIC | $\begin{aligned} & \text { \# OF } \\ & \text { PEOPLE } \end{aligned}$ | TARGET GROUP(S) REPRESENTED | ROLE IN TARGET GROUP | DATE <br> INPUT WAS <br> GATHERED |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Robert Mevicocci, Director, Santa Clara County Social Services Agency |  |  | Low income | Leader |  |
| 6 | Focus Group | Host: Santa Clara County PEACE partnership |  | 10 | Minority | Leaders | 4/26/18 |
|  |  | Kelsey Pennington, Program Officer, FIRST 5 |  |  | Minority |  |  |
|  |  | Laura Buzo, Deputy Chief, FIRST 5 |  |  | Minority |  |  |
|  |  | Lidia Doniz, Santa Clara County Violence Prevention |  |  | Minority |  |  |
|  |  | Malaya Arevalo, Wellness Services Manager, AACI Health \& Wellness |  |  | Minority |  |  |
|  |  | Mariana Jimenez-Alvarez, Santa Clara County |  |  | Minority |  |  |
|  |  | Neil Kozuma, Public Affairs Director, Foothill Community Health Center |  |  | Minority |  |  |
|  |  | Vanessa Bolton, Health Education Specialist, Santa Clara County Public Health Department |  |  | Minority |  |  |
|  |  | Mario Maciel, City of San Jose, Mayor's Gang Prevention Task Force |  |  | Minority |  |  |
|  |  | Neil Rufino, City of San Jose, PRNS |  |  | Minority |  |  |
|  |  | René Santiago, Santa Clara County Executive's Office |  |  | Minority |  |  |


| ID \# | DATA COLLECTION METHOD | NAME, TITLE, AGENCY | TOPIC | $\begin{aligned} & \text { \# OF } \\ & \text { PEOPLE } \end{aligned}$ | TARGET GROUP(S) REPRESENTED | ROLE IN TARGET GROUP | DATE <br> INPUT WAS <br> GATHERED |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 7 | Focus Group | Host: Community Health Awareness Council (CHAC) | Youth mental health | 8 | Medically underserved | Leaders | 4/25/18 |
|  |  | Kathleen King, CEO, Healthier Kids Foundation |  |  | Medically underserved | Leader |  |
|  |  | Katy Carter, Executive Director, Almaden Valley Counseling |  |  | Medically underserved | Leader |  |
|  |  | Tasha Dean, Assistant Superintendent, Sunnyvale |  |  | Medically underserved | Leader |  |
|  |  | Barbara Avery, Director of Community Benefit, El Camino Hospital |  |  | Medically underserved | Leader |  |
|  |  | Lauren Olaiz, Community Mental Health Relations, El Camino Hospital |  |  | Medically underserved | Leader |  |
|  |  | Marsha Deslauriers, Executive Director, CHAC |  |  | Medically underserved | Leader |  |
|  |  | Susan Flatmo, Clinical Servicess Coordinator, Mountain View/Los Altos School District |  |  | Medically underserved | Leader |  |
|  |  | Chris Barley, Licensed Alcohol \& Drug Counselor, Family and Children Services, a Division of Caminar |  |  | Medically underserved | Leader |  |
|  |  | Attendees: RESIDENT FOCUS GROUPS (Attendee names not collected.) |  |  |  |  |  |
| 8 | Focus Group | Host: Avenidas | Senior health | 9 | Medically underserved | Members | 4/16/18 |

## Attachment 8:

## Community Leaders, Representatives, and Members Consulted, San Mateo County

The list below contains the names of leaders, representatives, and members who were consulted for their expertise in the community. Leaders were identified based on their professional expertise and knowledge of target groups including lowincome populations, minorities, and the medically underserved. The group included leaders from the San Mateo County
Health System, nonprofit hospital representatives, local government employees, and nonprofit organizations.

| ID \# | DATA COLLECTION METHOD | NAME, TITLE, AGENCY | TOPIC | $\begin{aligned} & \text { \# OF } \\ & \text { PEOPLE } \end{aligned}$ | TARGET GROUP(S) REPRESENTED | ROLE IN TARGET GROUP | DATE INPUT WAS GATHERED |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Organizations |  |  |  |  |  |  |  |
| 1 | Interview | Dr. David Young, Director, San Mateo County Behavioral Health and Recovery Services | Behavioral health | 1 | Medically underserved | Leader | 4/16/18 |
| 2 | Interview | Bruno Pillet, Vice President of Programs \& Services, Second Harvest Food Bank of Santa Clara and San Mateo Counties | Food insecurity | 1 | Low-income | Leader | 4/16/18 |
| 3 | Interview | Judith Guerrero, Executive Director, Boys \& Girls Club of the Coastside | Youth health, coastside | 1 | Low-income, minority | Leader | 4/16/18 |
| 4 | Interview | Evan Jones, Executive Director, Mid-Peninsula Boys \& Girls Club | Youth health, mid-county | 1 | Low-income, minority | Leader | 4/17/18 |
| 5 | Interview | Dr. Philippe Rey, Executive Director, Adolescent Counseling Services | Adolescent mental health | 1 | Medically underserved | Leader | 4/18/18 |
| 6 | Interview | Emily Roberts, Chair, San Mateo County Oral Health Coalition | Oral health | 1 | Medically underserved | Leader | 4/18/18 |
| 7 | Interview | Dr. Karen Li, Wellness Coordinator, Sequoia Union High School District | Youth health, south county | 1 | Medically underserved | Leader | 4/23/18 |


| ID \# | DATA COLLECTION METHOD | NAME, TITLE, AGENCY | TOPIC | $\begin{aligned} & \text { \# OF } \\ & \text { PEOPLE } \end{aligned}$ | TARGET GROUP(S) REPRESENTED | ROLE IN TARGET GROUP | DATE <br> INPUT WAS GATHERED |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 8 | Interview | Gloria Brown, Co-founder and Member, African American Community Health Advisory Committee | African <br> American health | 1 | Medically underserved, minority | Leader, representative | 4/26/18 |
| 9 | Interview | Maya Altman, Chief Executive Officer, Health Plan of San Mateo | Health care access | 1 | Medically underserved | Leader | 4/27/18 |
| 10 | Interview | Dr. Anand Chabra, Medical Director at Family Health Services Division, San Mateo County Health System | Maternal-child health | 1 | Health department representative, medically underserved | Leader | 4/27/18 |
| 11 | Interview | Rita Mancera, Executive Director, and Madeline Kane, Community Health Manager, Puente de la Costa Sur | South coast health | 2 | Low-income, medically underserved, minority | Leader | 5/3/18 |
| 12 | Interview | Kitty Lopez, Executive Director, First 5 San Mateo County | Children ages zero to 5 | 1 | Low-income | Leader | 5/8/18 |
| 13 | Interview | Dr. Janet Chaikind, Supervising Physician, Daly City Youth Health Center | Youth health, north county | 1 | Medically underserved | Leader | 5/8/18 |
| 14 | Interview | Pia Walker, Vice President of Resident Services, MidPen Housing | Housing | 1 | Low-income | Leader | 5/14/18 |
| 15 | Interview | Thomas N. Robinson, MD, MPH, Irving Schulman, MD Endowed Professor in Child Health, Professor of Pediatrics and of Medicine and, by courtesy, of Health Research and Policy, and Director of the Center for Healthy Weight, Stanford University and Lucile Packard Children's Hospital Stanford | Diabetes and obesity | 1 | Medically underserved | Leader | 5/15/18 |
| 16 | Interview | Dr. Helen Wong, Physician, North East Medical Services | North coast health | 1 | Medically underserved | Leader | 5/21/18 |


| ID \# | DATA COLLECTION METHOD | NAME, TITLE, AGENCY | TOPIC | $\begin{aligned} & \text { \# OF } \\ & \text { PEOPLE } \end{aligned}$ | TARGET GROUP(S) REPRESENTED | ROLE IN TARGET GROUP | DATE INPUT WAS GATHERED |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 17 | Interview | Jeneé Litrell, Associate Superintendent, San Mateo County Office of Education | K - 12 student health | 1 | Medically underserved | Leader | 5/31/18 |
| 18 | Interview | Srija Srinivasan, Deputy Chief, San Mateo County Health System | Public health | 1 | Health department representative | Leader | 6/11/18 |
| 19 | Focus Group | Host: San Mateo County Human Services Agency | Social determinants of health | 18 | Low-income, medically underserved | (see below) | 4/27/18 |
|  |  | Attendees: |  |  |  |  |  |
|  |  | Becky Luong, Program Manager, Abode Services | Social determinants of health |  |  | Leader |  |
|  |  | Brian Eggers, Management Analyst, Center on Homelessness, San Mateo County Human Services Agency | Social determinants of health |  |  | Leader |  |
|  |  | Chelsea Tercero, Program Director, Redwood Family House \& Family Crossroads, LifeMoves | Social determinants of health |  |  | Leader |  |
|  |  | Christiana Weidanz, Program Manager, Samaritan House | Social determinants of health |  |  | Leader |  |
|  |  | Donna Miller, Associate Program Director, LifeMoves | Social determinants of health |  |  | Leader |  |
|  |  | Fatima Soares, Executive Director, Coastside Hope | Social determinants of health |  |  | Leader |  |



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| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Sylvia Dorsey, Human Services <br> Specialist, Fair Oaks Community Center, City of Redwood City | Social determinants of health |  |  | Leader |  |
|  |  | Thuy Le, Medical Partnership Coordinator, Second Harvest Food Bank of San Mateo and Santa Clara Counties | Social determinants of health |  |  | Leader |  |
|  |  | Whitney Genevro, Partnership Manager, Second Harvest Food Bank of Santa Clara and San Mateo Counties | Social determinants of health |  |  | Leader |  |
| 20 | Focus Group | Host: Before Our Very Eyes/Bay Area Anti-Trafficking Coalition | Community \& family safety | 9 | Low-income, medically underserved | (see below) | 5/8/18 |
|  |  | Attendees: |  |  |  |  |  |
|  |  | Amanda LeBlanc Freeman, Program Director, Rape Trauma Services | Community \& family safety |  |  | Leader |  |
|  |  | Anthony Perkins, Detective, San Bruno Police Department | Community \& family safety |  |  | Leader |  |
|  |  | Elisa Kuhl, Program Manager, Victim Services Division, San Mateo County DA's Office | Community \& family safety |  |  | Leader |  |
|  |  | Janel Guinane, First Chance \& DUI Services, StarVista | Community \& family safety |  |  | Leader |  |
|  |  | Jerry Lindner, Program Manager, Children \& Family Services, San Mateo County | Community \& family safety |  |  | Leader |  |
|  |  | John Vanek, Human Trafficking Program Coordinator, San Mateo County | Community \& family safety |  |  | Leader |  |



| ID \# | DATA <br> COLLECTION <br> METHOD | NAME, TITLE, AGENCY | TOPIC | $\begin{aligned} & \text { \# OF } \\ & \text { PEOPLE } \end{aligned}$ | TARGET GROUP(S) REPRESENTED | ROLE IN TARGET GROUP | DATE <br> INPUT WAS <br> GATHERED |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Susan Houston, Vice President of Older Adult Services, Peninsula Family Services | Older adults |  |  | Leader |  |
|  |  | Suyin Nichols, Resident Services Coordinator, HIP Housing | Older adults |  |  | Leader |  |
|  |  | Terri Neill, Principal, Director of Client Relations, Senior Assist of the Peninsula | Older adults |  |  | Leader |  |
|  |  | Tricia Halimah, Manager of Community Health, Health \& Wellness Center, Sequoia Hospital | Older adults |  |  | Leader |  |
| 22 | Focus Group | Host: LifeMoves | Homelessness | 7 | Low-income, medically underserved | (see below) | 5/24/18 |
| Attendees: |  |  |  |  |  |  |  |
|  |  | Catilin Esparza, Educational Initiatives Manager, LifeMoves | Homelessness |  |  | Leader |  |
|  |  | Corena Rosa, Veterans Care Manager, LifeMoves | Homelessness |  |  | Leader |  |
|  |  | Eileen Donovan, Case Manager, LifeMoves | Homelessness |  |  | Leader |  |
|  |  | Evelyn Reyes, Case Manager, LifeMoves | Homelessness |  |  | Leader |  |
|  |  | Johanna Mora, Case Manager, LifeMoves | Homelessness |  |  | Leader |  |
|  |  | Vitani Taamu, Housing Specialist, LifeMoves | Homelessness |  |  | Leader |  |
|  |  | William Gomez, Associate Program Director, First Step, LifeMoves | Homelessness |  |  | Leader |  |


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| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Community Residents |  |  |  |  |  |  |  |
| 23 | Focus Group | Host: The Villages of San Mateo County | Older adults | 8 | Low-income | Members | 4/18/18 |
| 24 | Focus Group | Host: Peninsula Family Services Agency, North Fair Oaks Senior Center | Spanishspeaking older adults | 12 | Low-income, medically underserved, minority | Members | 5/16/18 |
| 25 | Focus Group | Host: Pride Center | LGBTQ issues | 10 | Medically underserved, minority | Members | 5/17/18 |
| 26 | Focus Group | Host: Cañada College | Young adults | 5 | Low-income | Members | 5/9/18 |
| 27 | Focus Group | Host: Peninsula Conflict Resolution Center | Pacific Islanders | 10 | Minority | Members | 6/12/18 |

## Attachment 9: <br> Community Assets and Resources, Santa Clara County

Programs and resources available to meet identified community health needs are listed on the following pages, organized in two categories:

- Assets: Includes alliances, initiatives, campaigns, and general resources.
- Resources: Includes public/government services, school-based services, communitybased organization services, and clinical hospitals and clinic services.


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## General Resources

- 211 (United Way). A free, confidential referral and information service that helps people find local health and human services by web, phone, and text.
- Community Health Partnership
- FIRST 5 Santa Clara County (children 0-5)
- The Health Trust
- Listing of Santa Clara County programs and services
- Santa Clara County Public Health Department


## Community Health Needs <br> HEALTH CARE ACCESS <br> AND DELIVERY

## Health Care Facilities and Systems

- El Camino Hospital-Los Gatos
- El Camino Hospital-Mountain View
- Good Samaritan Hospital
- Kaiser Foundation Hospital-San Jose
- Kaiser Foundation Hospital-Santa Clara
- Lucile Packard Children's Hospital Stanford
- O'Connor Hospital
- Regional Medical Center of San Jose
- Saint Louise Regional Hospital
- Santa Clara Valley Health \& Hospital System
- Stanford Health Care
- VA Hospital Menlo Park (U.S. Department of Veterans Affairs)
- VA Palo Alto Health (U.S. Department of Veterans Affairs)


## Community Clinics

- Asian Americans for Community Involvement
- Cardinal Free Clinics
- Foothill Community Health Centers
- Gardner Health Services
- Indian Health Center
- Mar Monte Community Clinic
- MayView Community Health Centers
- Medical Respite Program
- Planned Parenthood Mar Monte
- Peninsula Healthcare Connection
- Ravenswood Family Health Center
- RotaCare Bay Area
- School Health Clinics of Santa Clara County


## Mobile Health Services

- Gardner Mobile Health Center
- Health Mobile (Dental)
- Lucile Packard Children's Hospital Teen Van
- Santa Clara Valley Homeless Health Care Program Van


## ECONOMIC STABILITY

Education, employment, and poverty.
See also Housing and Homelessness.

## Assets

- California Budget \& Policy Center
- Silicon Valley Leadership Group


## Resources

- Bay Area Legal Aid
- CalFresh
- CalWorks
- Catholic Charities
- Center for Employment Training (CET)
- City of San Jose employment resource center
- Community Service Agencies (Mountain View/Los Altos, Sunnyvale, West Valley)
- Connect Center CA (Pro-match and Nova job centers)
- Day Worker Center (Mountain View)
- Emergency Assistance Network of Santa Clara County
- Employment Development Department
- Occupational Training Institute
- Social Services Agency of Santa Clara County
- SparkPoint
- United Way Bay Area
- Veterans Administration employment center
- Women, Infants, and Children
(WIC) Nutrition Services
- Work 2 Future


## Food Resources

- The Food Connection
- Fresh Approach-mobile food pantry
- Hope's Corner
- Loaves and Fishes
- Meals on Wheels (the Health

Trust and Sourcewise)

- Santa Maria Urban Ministries
- St. Joseph's Cathedral
- St. Joseph's Family Center-food bank and hot meals (Gilroy)
- St. Vincent De Paul
- Salvation Army
- Second Harvest Food Bank
- Valley Verde


## HOUSING \& HOMELESSNESS

## Assets

- Abode Services-supportive housingcounty paying for success initiative for chronic homelessness
- "All the Way Home" Campaign to End Veteran Homelessness-City of San Jose, Santa Clara County and the Housing Authority have set a goal of housing all of the estimated 700 homeless veterans by 2017 (new)
- Catholic Charities
- Community plan to end homelessness in Santa Clara County
- Destination: Home
- MyHousing.org
- Palo Alto Housing Corporation
- Santa Clara County Housing Task Force
- Santa Clara County Housing Authority
- Santa Clara County Office of Supportive Housing
- VA Housing Initiative


## Resources

- American Vets Career Center
- Bill Wilson Center emergency shelter for youth
- Casa de Clara (Catholic volunteer groupservices to women and children in downtown San Jose including shelter, food, clothing, emotional support, and referrals for housing, employment, and counseling
- Catholic Charities Housingaffordable housing units
- Chinese Community Center of the Peninsula
- Community Services Agency emergency shelter
- Community Service Agency Homeless Prevention Services
- Destination: Home
- Downtown Streets Team
- Dress for Success-interview suits and job development
- EHC Life Builders Emergency Housing Consortium
- Foster youth group home providers
- Gilroy Compassion Center
- Goodwill Silicon Valley
- The Health Trust Housing for Health
- HomeFirst
- Hope Services-employment for adults with developmental disabilities
- Housing Opportunities for Persons with AIDS
- InnVision the Way Home
- Life Moves (Homeless Housing)
- Love Inc.
- New Directions
- New Hope House
- NOVA Workforce development
- Rebuilding Together (repairs to keep people in homes)
- Sacred Heart Community Services
- Sacred Heart Community Services emergency assistance
- St. Joseph emergency assistance
- Salvation Army
- Senior Housing Solutions
- Sunnyvale Community Serviceshousing and emergency assistance
- Unity Care-Foster youth housing
- Unity Care-foster youth employment assistance Community-Based Organizations-Employment
- West Valley Community Services emergency assistance


## NATURAL ENVIRONMENT

## Assets

- Acterra
- Audubon Society of Santa Clara County
- California League of Conservation Voters
- Canopy
- Committee for Green Foothills
- Midpeninsula Regional Open Space District
- Peninsula Open Space Trust
- San Francisquito Watershed Council
- The Santa Clara Valley Open Space Authority
- Sierra Club-Loma Prieta Chapter


## TRANSPORTATION \& TRAFFIC

## Assets

- Caltrain
- Santa Clara Valley Bicycle Coaltion
- Santa Clara Valley Transit Authority (VTA)
- Silicon Valley Leadership Group-Advocacy
- Silicon Valley Bicycle Coalition-Advocacy
- SPUR-Advocacy


## Resources

- Avenidas
- City Team Ministries
- Community Services Agency
- El Camino Hospital Roadrunners
- Heart of the Valley Escorted Transportation (nonprofit)
- Love Inc.
- Mountain View Community Shuttle
- Outreach \& Escort, Inc.
- Peninsula Family Services-Ways to Work


## BEHAVIORAL HEALTH

## Assets

- ASPIRE youth mental health program
- Corporation/El Centro de Bienestar
- Depression and Bipolar Support Alliance (DBSA)
- Gardner Family Care
- Gilroy Behavioral Health
- HEARD (Health Care Alliance for Response to Adolescent Depression)
- Hope Counseling Center Services
- NAMI
- Project Safety Net (Palo Alto) youth suicide prevention coalition
- South Bay Project Resource
- Susanna Farina, Behavorial Health Coordinator
- Susan Detrick, Manager
- Tobacco Free Coalition Santa Clara
- UJIMA Adult \& Family Services
- Young Adult Transition Team (same as La Plumas Mental Health)


## Resources

- Alum Rock Counseling Center
- Bay Area Children's Association (BACA)
- Bill Wilson Center
- Billy DeFrank LGBT Community Center
- CA Dept of Rehabilitation, San Jose District
- Caminar
- Casa de Clara
- Catholic Charities
- Chamberlain's Mental Health (Gilroy)
- Child Advocates of Silicon Valley
- Community Health Awareness Council (CHAC)
- Community Solutions
- Crestwood Behavioral Health
- Discovery Counseling Center (Morgan Hill)
- Eastern European Services Agency
- Eating Disorder Resource Center of Silicon Valley
- Ethnic Cultural Community Advisory Committees (ECCAC)
- Grace Community Center
- In-Home Supportive Services (IHSS)
- Jewish Family Services of Silicon Valley
- Josefa Chaboya de Narvaez Mental Health
- Law Foundation of Silicon Valley Mental Health Advocacy Project
- LGBT Youth Space Drop-In Center
- LifeMoves counseling
- Mekong Community Center
- Momentum for Mental Health
- Momentum-Alliance for Community Care
- NAMI (National Alliance on Mental IIIness
- Mental Health Urgent Care
- Parents Helping Parents
- Rebekah's Children's Services (Gilroy)
- Recovery Café
- San Jose Behavioral Health Hospital
- Santa Clara Valley Medical Center Sunnyvale Behavioral Health Center
- Services for Brain Injury
- Silicon Valley Independent Living Center (SVILC)
- Sourcewise
- Uplift Family Services
- YMCA Silicon Valley Project Cornerstone


## COGNITIVE DECLINE

Including dementia, Alzheimer's disease

## Assets

- Alzheimer's Association 24/7 Helpline
- Sourcewise Community Resource Solutions
- El Camino Hospital's Chinese Health Initiative, Asian Dementia Initiative and Latino Family Connections in partnership with the Alzheimer's Association
- Family Caregiver Alliance
- Respite and Research for Alzheimer's Disease
- Stanford/Veteran's Administration

Alzheimer's Research Center

- United Way 211


## Resources

- Adult day care and respite programs
- Avenidas Rose Kleiner Center
- Alzheimer's Activity Center
- Catholic Charities Senior Activity Centers (Daybreak)
- Alzheimer's Association of Northern California and Northern Nevada information
- Catholic Charities John XXIII MultiService Center Alzheimer's Program for Asian seniors and families


## COMMUNICABLE DISEASES

Hepatitis, pertussis, and tuberculosis

## Assets

- SCC Hepatitis B Free Initiative
- Vietnamese Reach for Health Coalition


## Resources

- Santa Clara County Needle Exchange Program
- Santa Clara County Pediatric TB Clinic
- Santa Clara County TB/Refugee Health Clinics School-Based Services


## DIABETES \& OBESITY

See Economic Stability for free food resources.

## Assets

- Bay Area Nutrition and Physical

Activity Collaborative (BANPAC)

- California WALKS Program
- Community Alliance with Family

Farmers (CAFF) Foundation

- Green Belt Alliance
- Pacific Institute
- Santa Clara County Diabetes Prevention Initiative
- Santa Clara County Office of Education's

Coordinated School Health Advisory Council

- Santa Clara County Office of Education's

Coordinated School Health Advisory Council

- Sunnyvale Collaborative
- YMCA National Diabetes Prevention Program


## Resources

- Asian Americans for Community

Involvement Clinic

- Boys and Girls Clubs of Silicon Valley
- Breathe CA
- Challenge Diabetes Program
- Children's Discovery Museum
- Choices for Children: 5 Keys for Child Care
- Community Service Agency Mountain View
- County of Santa Clara Parks and Recreation Department
- FIRST 5 Family Resource Centers
- Fit Kids Foundation
- Gardner Clinic
- Healthier Kids Foundation
- Kaiser Permanente Farmer's Markets (open to the community)
- Lucile Packard Children's Hospital

Pediatric Weight Control Program

- Playworks
- Project Access
- San Francisco Planning \& Urban Research (SPUR) Double Up Food Bucks
- Santa Clara County Public Health

Department Breastfeeding Program

- Silicon Valley HealthCorps
- Second Harvest Food Bank
- Somos Mayfair
- Sunnyvale Community Services
- THINKTogether
- Veggielution: Healthy Food Access and Engagement for Low-Income Families
- West Valley Community Services


## ORAL/DENTAL HEALTH

## Assets

- First Five-oral health education and referral services
- Santa Clara County Dental Society
- Women, Infants, and Children (WIC)


## Resources

- Children's Dental Center
- Foothill Community Health Center
- Head Start
- Health Mobile
- Healthier Kids Foundation
- Onsite Dental Foundation
- Superior Court of CA Santa Clara County


## Attachment 10: <br> Community Assets and Resources, San Mateo County

Programs and resources available to meet identified community health needs are listed on the following pages.

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## Access to Health Care Resources <br> HEALTH CARE FACILITIES AND AGENCIES

In addition to assets and resources available to address specific health needs, the following health care facilities are available in the county. Many hospitals provide charity care and cover Medi-Cal shortfalls.

## Hospitals and Health Systems

Kaiser Foundation Hospital Redwood City
Kaiser Foundation Hospital South San Francisco
Lucile Packard Children's Hospital Stanford
Menlo Park Surgical Hospital
Mills Health Center
Mills-Peninsula Medical Center
Peninsula Healthcare District
San Mateo County Medical Center
Sequoia Healthcare District
Sequoia Hospital
Seton Medical Center/Seton Coastside
Stanford Health Care

## Clinics*

Arbor Free Clinic, Cardinal Free Clinics
Belle Air School Health Clinic
Clinic by the Bay
Daly City Youth Health Center
Lucile Packard Children's Hospital Stanford
Planned Parenthood

Ravenswood Family Health Center EPA
RotaCare Bay Area
Samaritan House Free Clinic
San Mateo Medical Center Clinics

Sequoia Teen Health Center/Sequoia High School
Student Health Clinic
*Does not include private health care services. Please utilize 2-1-1 for lists of those clinics.

## City/Region

Redwood City
South San Francisco
Palo Alto
Menlo Park
San Mateo
Burlingame

San Mateo

Redwood City
Daly City/Moss Beach
Palo Alto

## City/Region

Menlo Park
San Bruno
San Francisco
Daly City
Mobile Health Services
Multiple locations.
See: https://www.plannedparenthood.org/health-center?

Half Moon Bay and Daly City
San Mateo and Redwood City
Multiple locations;
see https://www.smchealth.org/smmc-guide-clinics
Redwood City
Belle Air School (San Bruno Park School District)

## OTHER GENERAL HEALTH CARE RESOURCES

. Health Benefits Resource Center

- Community Gatepath
- Community Health Education Programs
- See Hospitals and Health Systems
- Daly City Partnership Social Services
- Daly City Peninsula Partnership Collaborative, Healthy Aging Response Team
- Edgewood Center for Children and Families
- Family Caregiver Alliance (FCA)
- Get Healthy San Mateo County
- Get Up \& Go, escorted senior transportation
- The Latino Commission
- Kaiser Permanente Education Theater Program
- Mental Health Association of San Mateo County
- Mid-Peninsula Boys \& Girls Club
- Mission Hospice \& Home Care
- Northeast Medical Services (NEMS)
- Ombudsman Services of San Mateo County
- Pacifica Collaborative
- Pathways \& Home Health \& Hospice
- Peninsula Library System
- Puente de la Costa Sur
- Redi-wheels program
- San Mateo County Paratransit Coordinating Council
- San Mateo County Access and Care for Everyone (ACE) health plan
- San Mateo County Access to Care for Everyone Program Supports
- San Mateo Medical Association Community Service Foundation
- SCAN Foundation
- STEPS dues subsidy program


## Resources by Identified Health Need (List A)

| AGENCY OR ORGANIZATION | ARTHRITIS | ASTHMA | CANCER | MATERNAL \& INFANT HEALTH | UNINTENTIONAL INJURIES | ORAL HEALTH | INFECTIOUS DISEASES |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Northern California Arthritis Foundation |  |  |  |  |  |  |  |
| American Lung Association |  | - |  |  |  |  |  |
| Breathe California Smoking Cessation Classes |  | - |  |  |  |  |  |
| American Cancer Society |  |  | - |  |  |  |  |
| Bay Area Cancer Connections |  |  |  |  |  |  |  |
| Breast Cancer Connections, Gabriella Pastor Program |  |  | - |  |  |  |  |
| Colon Cancer Community Awareness campaign |  |  | - |  |  |  |  |
| Joy Luck Club |  |  | $\bullet$ |  |  |  |  |
| Relay For Life |  |  | - |  |  |  |  |
| Samaritan House |  |  |  |  |  |  |  |
| "Look Good, Feel Better" |  |  | $\bullet$ |  |  |  |  |


| AGENCY OR ORGANIZATION | ARTHRITIS | ASTHMA | CANCER | MATERNAL \& INFANT HEALTH | UNINTENTIONAL INJURIES | ORAL HEALTH | INFECTIOUS DISEASES |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| March of Dimes |  |  |  | - |  |  |  |
| Mid-Coastal California Prenatal Outreach Program |  |  |  | - |  |  |  |
| Preeclampsia Foundation |  |  |  | $\bullet$ |  |  |  |
| San Mateo County Health Department Nurse-Family Partnership program |  |  |  | $\bullet$ |  |  |  |
| San Mateo County Health Department Pre-to-3 Program |  |  |  | - |  |  |  |
| Sequoia Hospital Lactation Center |  |  |  | - |  |  |  |
| San Mateo County Fall Prevention Coalition |  |  |  |  | $\bullet$ |  |  |
| Sonrisas Dental Health Half Moon Bay and San Mateo |  |  |  |  |  | $\bullet$ |  |
| San Mateo County Oral Health Coalition |  |  |  |  |  | $\bullet$ |  |
| Health Connected |  |  |  |  |  |  | $\bullet$ |
| SF HepB FreeBay Area |  |  |  |  |  |  | $\bullet$ |

## Resources That Address Multiple Health Needs (List B)

| AGENCY OR ORGANIZATION | BEHAVIORAL HEALTH | COMMUNITY \& FAMILY SAFETY | $\begin{aligned} & \text { EMPLOYMENT/ } \\ & \text { FOOD } \\ & \text { INSECURITY } \end{aligned}$ | HOUSING/ <br> HOMELESSNESS | HEALTHY LIFESTYLES | HEART DISEASE/ STROKE |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 70 Strong | - |  |  |  | - |  |
| 12-step recovery programs | - |  |  |  | - |  |
| Acknowledge Alliance |  |  |  |  |  |  |
| African American Community Health Advisory Committee |  |  |  |  | - | - |
| ALICE: Filipino organization |  | - |  |  |  |  |
| American Board for Child Diabetics |  |  |  |  | - |  |
| Asian American Recovery Services | - | - |  |  |  |  |
| Boys \& Girls Clubs of North San Mateo County | - |  |  |  |  |  |
| Caminar | $\bullet$ |  |  |  |  |  |
| Catholic Charities |  |  |  |  |  |  |
| Cleo Eulau Center |  |  |  |  |  |  |


| AGENCY OR <br> ORGANIZATION | BEHAVIORAL HEALTH | COMMUNITY \& FAMILY SAFETY | ```EMPLOYMENT/ FOOD INSECURITY``` | HOUSING/ HOMELESSNESS | HEALTHY <br> LIFESTYLES | HEART DISEASE/ STROKE |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Coastside Adult Day Health Center | $\bullet$ |  |  |  |  |  |
| Coastside Hope |  |  | - | - |  |  |
| Community Overcoming Relationship Abuse (CORA) | $\bullet$ | $\bullet$ |  |  |  |  |
| Daly City Community Services Center |  |  | $\bullet$ | $\bullet$ |  |  |
| Daly City Peninsula Partnership Collaborative | $\bullet$ |  |  |  |  |  |
| Daly City Youth Health Center | $\bullet$ | $\bullet$ |  |  | - |  |
| Edgewood Center for Children \& Families | $\bullet$ | $\bullet$ | $\bullet$ |  |  |  |
| El Centro de Libertad | $\bullet$ | $\bullet$ |  |  |  |  |
| Elder Abuse Prevention Task Force |  | $\bullet$ |  |  |  |  |
| Freedom House | $\bullet$ |  |  |  |  |  |
| Friends for Youth |  |  |  |  |  |  |
| Health Right 360 San Mateo | $\bullet$ |  |  |  |  |  |


| AGENCY OR <br> ORGANIZATION | BEHAVIORAL HEALTH | COMMUNITY \& FAMILY SAFETY | ```EMPLOYMENT/ FOOD INSECURITY``` | HOUSING/ HOMELESSNESS | HEALTHY <br> LIFESTYLES | HEART DISEASE/ STROKE |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| HIP Housing |  |  |  | $\bullet$ |  |  |
| Home \& Hope |  |  |  |  |  |  |
| Latino Commission |  |  |  |  |  |  |
| LifeMoves | $\bullet$ | $\bullet$ | $\bullet$ | $\bullet$ |  |  |
| Mental Health Association of San Mateo County | $\bullet$ |  |  |  |  |  |
| National Alliance on Mental Illness/San Mateo County | $\bullet$ |  |  |  |  |  |
| Niroga Institute | $\bullet$ |  |  |  |  |  |
| North Fair Oaks Community Center |  |  | $\bullet$ | $\bullet$ |  |  |
| North Peninsula Food Pantry \& Dining Center of Daly City |  |  |  | $\bullet$ |  |  |
| Pacific Stroke Association |  |  |  |  | $\bullet$ | $\bullet$ |
| Pacifica Resource Center |  |  | $\bullet$ | $\bullet$ |  |  |
| Peace Development Fund |  | $\bullet$ |  |  |  |  |


| AGENCY OR ORGANIZATION | BEHAVIORAL HEALTH | COMMUNITY <br> \& FAMILY <br> SAFETY | ```EMPLOYMENT/ FOOD INSECURITY``` | HOUSING/ HOMELESSNESS | HEALTHY <br> LIFESTYLES | HEART DISEASE/ STROKE |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Peninsula Conflict Resolution Center |  | $\bullet$ |  |  | $\bullet$ |  |
| Peninsula Family Service | $\bullet$ |  |  |  |  |  |
| Peninsula Kidpower, Teenpower, Fullpower |  | $\bullet$ |  |  |  |  |
| Pre-to-3 Program |  |  |  |  | - |  |
| Puente dela Costa Sur |  |  | $\bullet$ | - |  |  |
| Pyramid Alternatives | $\bullet$ |  |  |  |  |  |
| Rape Trauma Services | $\bullet$ | $\bullet$ |  |  |  |  |
| Rebuilding Together Peninsula |  |  |  | $\bullet$ |  |  |
| SafeKids Coalition of Santa Clara and San Mateo Counties |  | $\bullet$ |  |  | $\bullet$ |  |
| Samaritan House | $\bullet$ |  | $\bullet$ | $\bullet$ | - |  |
| San Mateo County Human Trafficking Initiative |  | $\bullet$ |  |  |  |  |
| San Mateo Police Activities League |  |  |  |  | $\bullet$ |  |


| AGENCY OR ORGANIZATION | BEHAVIORAL HEALTH | COMMUNITY \& FAMILY SAFETY | ```EMPLOYMENT/ FOOD INSECURITY``` | HOUSING/ HOMELESSNESS | HEALTHY <br> LIFESTYLES | HEART DISEASE/ STROKE |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Second Careers <br> Employment Program |  |  | - |  |  |  |
| Second Harvest Food Bank |  |  | - |  |  |  |
| Sitike Counseling Center | $\bullet$ |  |  |  |  |  |
| StarVista | - |  |  |  |  |  |
| Streets Alive! Parks Alive! |  |  |  |  | - |  |
| Strong for Life |  |  |  |  | - |  |
| Via Heart Project |  |  |  |  |  | - |
| Women's Recovery Association |  |  |  |  |  |  |
| YMCA | $\bullet$ |  | $\bullet$ | - | - |  |
| Youth Mental Health First Aid Training | $\bullet$ |  |  |  |  |  |


| AGENCY OR ORGANIZATION | BEHAVIORAL HEALTH | COMMUNITY <br> \& FAMILY <br> SAFETY | EMPLOYMENT/ FOOD INSECURITY | HOUSING/ HOMELESSNESS | HEALTHY <br> LIFESTYLES | HEART DISEASE/ STROKE |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Community/Senior Centers |  |  |  |  |  |  |
| Adaptive Physical Education Center (Redwood City) |  |  |  |  | $\bullet$ | $\bullet$ |
| Fair Oaks Adult Activity Center (Redwood City) |  |  |  |  | $\bullet$ | $\bullet$ |
| Little House Activity Center (Menlo Park) |  |  |  |  | $\bullet$ | $\bullet$ |
| San Carlos Adult Community Center |  |  |  |  | - | $\bullet$ |
| Twin Pines Senior \& Community Center (Belmont) |  |  |  |  | $\bullet$ | $\bullet$ |
| Veterans Memorial Senior Center (Redwood City) |  |  |  |  | $\bullet$ | $\bullet$ |

## Attachment 11: <br> IRS Checklist

Section $\S 1.501(r)(3)$ of the Internal Revenue Service code describes the requirements of the CHNA.

| FEDERAL REQUIREMENTS CHECKLIST | REGULATION <br> SECTION NUMBER | REPORT <br> REFERENCE |
| :--- | :--- | :--- |
| A.Activities Since Previous CHNA(s) | Section 2 |  |
| Describes the written comments received on the hospital's <br> most recently conducted CHNA and most recently adopted <br> implementation strategy. | (b)(5)(C) | Section 7 |
| Describes an evaluation of the impact of any actions that <br> were taken, since the hospital facility finished conducting its <br> immediately preceding CHNA, to address the significant health <br> needs identified in the hospital facility's prior CHNA(s). | (b)(6)(F) |  |

B. Process \& Methods Background Information

| Identifies any parties with whom the facility collaborated in <br> preparing the CHNA(s). | (b)(6)(F)(ii) | Section 4 |
| :--- | :--- | :--- |
| Identifies any third parties contracted to assist in conducting <br> a CHNA. | (b)(6)(F)(ii) | Section 4 |
| Defines the community it serves, which: <br> • Must take into account all patients without regard to <br> whether (or how much) they or their insurers pay for <br> care or whether they are eligible for assistance. | (b)(i) <br> (b)(3) <br> (b)(6)(i)(A) | Section 3 |
| May take into account all relevant circumstances <br> including the geographic area served by the hospital, <br> target population(s), and principal functions. |  | Section 3 |
| May not exclude medically underserved, low-income, or <br> minority populations who live in the geographic areas <br> from which the hospital draws its patients | Section 3 |  |
| Describes how the community was determined. | (b)(6)(i)(A) |  |
| Describes demographics and other descriptors of the hospital <br> service area. |  |  |

REGULATION SECTION NUMBER

REPORT REFERENCE

## Health Needs Data Collection

| Describes data and other information used in the assessment: | (b)(6)(ii) |  |
| :---: | :--- | :--- |
| a. Cites external source material (rather than describe the |  |  |
| method of collecting the data). | (b)(6)(F)(ii) | Attachments 1, 2, 3, |
| b.Describes methods of collecting and analyzing the data <br> and information. | (b)(6)(ii) | Section 5 |
| CHNA describes how it took into account input from persons <br> who represent the broad interests of the community it serves <br> in order to identify and prioritize health needs and identify <br> resources potentially available to address those health needs. | (b)(1)(iii) | (b)(5)(i) |

REGULATION SECTION NUMBER

REPORT REFERENCE
C. CHNA Needs Description \& Prioritization

| Health needs of a community include requisites for the <br> improvement or maintenance of health status both in the <br> community at large and in particular parts of the community <br> (such as particular neighborhoods or populations experiencing <br> health disparities). | (b)(4) | Sections 5 and 6 |
| :--- | :--- | :--- |
| Prioritized description of significant health needs identified. | (b)(6)(i)(D) | Section 5 |
| Description of process and criteria used to identify certain <br> health needs as significant and prioritizing those significant <br> health needs. | (b)(6)(i)(D) | Section 5 |
| Description of the resources potentially available to <br> address the significant health needs (such as organizations, <br> facilities, and programs in the community, including those <br> of the hospital facility. | (b)(6)(E) | Attachments 9 and 10 |



Further IRS requirements available:

- $\S 1.501(r)-3(b)(i v)$ and (v): separate and joint CHNA reports
- §1.501(r)-3(d): requirements that apply to new hospital facilities, transferred or terminated hospital facilities, and newly acquired hospital facilities
- $\S 1.501(r)-3(a)(2)$ and (c): implementation strategy requirements


## (9) Lucile Packard <br> Children's Hospital Stanford


[^0]:    

[^1]:    Rates are per 100,000 population unless otherwise noted. *Indicates that the data combined Asian/Pacific Islander.

[^2]:    Rates are per 100,000 population unless otherwise noted. Note: No natural environment data are available by race/ethnicity.

[^3]:    Retrieved from Community Commons. Source: CARES, 2011.

[^4]:    Source: Santa Clara County Public Health Department, California Reportable Disease Information Exchange, 2017, data as of February 12, 2018, and are provisional.

[^5]:    Source: Santa Clara County Public Health Department, California Reportable Disease Information Exchange, 2017, data as of February 12, 2018, and are provisional.

[^6]:    2 Retrieved from kidsdata.org July 2018. Source: CHKS, 2015.

[^7]:    3 http://ask.chis.ucla.edu

[^8]:    Source: U.S. Census Bureau, County Business Patterns. Additional data analysis by CARES. 2016. Source geography: ZCTA.

[^9]:    Source: Santa Clara County Public Health Department, Birth Stastical Master File, 2006 - 2015; U.S. Census Bureau; 2010 Census, Tables PCT12, PCT12H, PCT12I, PCT12J, PCT12K, PCT12L, PCT12M (generated by Baath M. using American FactFinder, accessed June 20, 2017); Martin JA, Hamilton BE, Osterman MJK, et al. Births: Final data for 2015; National vital statistics report vol 66, no 1. Hyattsville, MD: National Center for Health Statistics. 2017.

[^10]:    4 Preterm Birth and Low Birth Weight. Child Health USA 2014. Available at: http://mchb.hrsa.gov/chusa14/health-status-behaviors/infants/preterm-birth-low-birth-weight.html. Accessed October 28, 2015.

[^11]:    Source: Santa Clara County Public Health Department, VRBIS, 2007-2016. Data as of 05/26/2017; U.S. Census Bureau; 2010 Census, Tables PCT12, PCT12H, PCT12I, PCT12J, PCT12K, PCT12L, PCT12M; generated by Baath M.; using American FactFinder; accessed June 20, 2017.

[^12]:    https://www.communitycommons.org/maps-data/

[^13]:    Blank cells indicate that data were unavailable. †Indicates that statistic represents Filipino population.

[^14]:    Blank cells indicate that data were unavailable. * Indicates that survey combined Asian/Pacific Is/ander.

[^15]:    Blank cells indicate that data were unavailable

[^16]:    Blank cells indicate that data were unavailable.

[^17]:    Blank cells indicate that data were unavailable

[^18]:    Blank cells indicate that data were unavailable

[^19]:    Blank cells indicate that data were unavailable

[^20]:    Blank cells indicate that data were unavailable. * Indicates that survey combined Asian/Pacific Islander. $\dagger$ Indicates that statistic represents Filipino population

[^21]:    Blank cells indicate that data were unavailable

[^22]:    Blank cells indicate that data were unavailable.

