

Project ECHO™ Diabetes

What is Project ECHO™?

Project ECHO™ is a free, innovative tele-mentoring and tele-education "Hub-and-Spoke" outreach model that connects community providers or practices ("Spokes") to a multidisciplinary diabetes specialty team ("Hub").



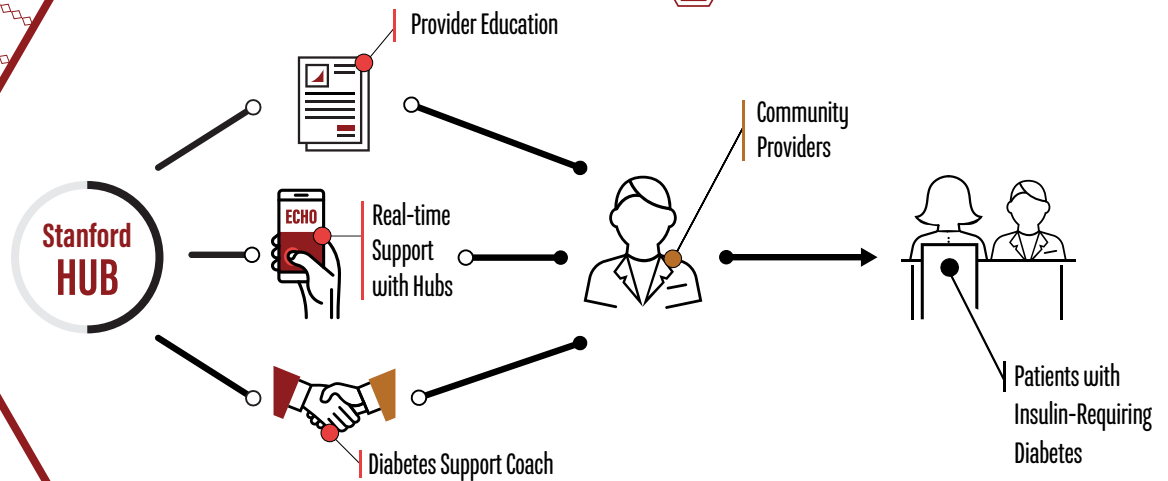
Project ECHO™ is a tele-mentoring and tele-education outreach model designed to address the needs of vulnerable populations by equipping **community practitioners and clinics** with the right knowledge, at the right place, at the right time.



Stanford University is amplifying a Project ECHO™ for Diabetes, a **program to support primary care providers and clinics improve outcomes in vulnerable adult and pediatric patients with insulin-requiring diabetes** who do not access routine specialty care.



ECHO AT-A-GLANCE



Benefits To Your Practice:

Quality Improvement: Focus on improvements in A1c and HEDIS/NCQA Comprehensive Diabetes Care Measures.

Knowledge: Weekly one-hour teleECHO clinic sessions to learn and to present challenging insulin-requiring diabetes cases to a multidisciplinary team.

Financial: No cost AMA CME credits for physicians; MOC Part 2 (ABP & ABIM); CE credits for Nurses, PAs, Dieticians. Sponsorship by Helmsley Charitable Trust to participate free of charge – including a small stipend for participation in evaluation.



Benefits To Your Community:

Health: Access to new treatments, improved care, and enhanced monitoring of outcomes.

Diabetes Support Coaches: Dedicated diabetes health coach to provide on-site and in-community social support to patients and practices.

Research: Patients are eligible for enrollment in research projects at Stanford University Hub.



 **Stanford** MEDICINE

How to Join Project ECHO Diabetes:

Contact the Stanford ECHO staff to become a "spoke" site for this initiative.

For more information, visit: <https://projectecho.stanfordchildrens.org>

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February 13, 2020

Subject: Project ECHO Diabetes- Accepting Applications for Winter 2021 and Fall 2021

Dear Community Partner,

I would like to invite you to join me in a community of practice that embraces an all-teach, all-learn approach to improving the care of underserved adult and pediatric patients with insulin-requiring diabetes who do not receive routine specialty diabetes care throughout the State of California.

Persistently suboptimal outcomes for people with diabetes and a lack of access to subspecialty care mandates the development of innovative healthcare delivery models. In order to improve access to high quality care for underserved adult and pediatric communities with diabetes, Stanford University and the University of Florida Diabetes Institute (UFDI) partnered with [Project ECHO® \(Extension for Community Healthcare Outcomes\)](#) and successfully implemented an ECHO models in California and Florida targeting primary care providers managing patients with type 1 diabetes, ECHO T1D. The pilot demonstrated feasibility of an ECHO model for T1D and improved the ability of PCPs to manage patients with T1D. The pilot program filled beyond capacity reaching clinics in remote and medically underserved areas and was highly recommended among participating clinics. Given the success of the pilot, Stanford and the University of Florida are now preparing to focus on quality improvement and evaluate outcomes at the patient, provider, clinic and payer levels.

With the generous support of and in collaboration with The Leona M. and Harry B. Helmsley Charitable Trust, the initiative is now being expanded in scale to support additional clinics throughout California and Florida and in scope beyond T1D to support PCPs managing insulin-requiring T2D as well (ECHO Diabetes).

The goal of ECHO Diabetes is to increase the capacity of primary care providers (PCPs) and clinics to empower and safely and effectively manage underserved patients with insulin-requiring diabetes who do not receive routine specialty care. Project ECHO Diabetes is a tele-education and tele-mentoring collaborative that provides cutting edge knowledge and includes:

- Focus on HEDIS/NCQA outcomes, including improving A1c control and decreasing hospital admissions/readmissions
- No cost Continuing Medical Education/Continuing Education credits for providers
- Emphasis on quality improvement and dedicated time to discuss individual QI measures
- Opportunity for providers and clinics to do the right thing for their community
- Sponsorship for accepted clinics

ECHO Diabetes will utilize the innovative ECHO “hub-and-spoke” outreach model committed to addressing the needs of the most vulnerable populations by equipping community practitioners with the right knowledge, at the right place, at the right time. Through the use of technology, education and research, Project ECHO demonopolizes specialty knowledge and amplifies the capacity for primary care providers to provide best practice care to their patients. The model was developed out the University of New Mexico in 2003 for Hepatitis C and has since been expanded to over 70 complex conditions in over 400 global sites.

Stanford University will serve as the “Hub” site with a team of multispecialty experts (pediatric and adult endocrinologists, primary care provider, behavior health specialist, nurse/diabetes educator, social worker, adult education specialist) to work in partnership with “spoke” sites (community providers and clinics like yours). By creating a unique partnership between community healthcare providers and diabetes specialists, we will enrich and empower each other in practice and work collectively to enhance care for underserved patients with insulin-requiring diabetes.

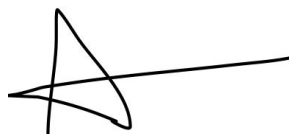
Project ECHO Diabetes is being sponsored by the Helmsley Charitable Trust, and we are accepting applications for community providers and clinics to join this initiative. Project ECHO Diabetes has cohorts beginning in February 2021 and August 2021.

Accepted clinics will meet weekly for the first 6 months and then every other week for the next 6 months during the lunch hour (Thursdays 12:15- 1:15 PM PT) via Zoom® video conferencing platform. Thanks to the generous support of the Helmsley Charitable Trust, there is no fee to spoke sites who apply. I welcome you to join our community of practice. I will be visiting potential “spoke” sites and hosting informational web sessions. If you would like to participate in an information session or meet, please email me at diabetesecho@stanford.edu.

To apply to join ECHO Diabetes, please complete brief application completing fields in link below:
https://stanforduniversity.qualtrics.com/jfe/form/SV_ag9Zd5rMh04rfFj

I do hope you can join us on this important mission. Not only will your participation in Project ECHO Diabetes make a difference in your practice and in the lives of the patients, it will be great fun for you and for us!

Sincerely,

A handwritten signature in black ink, appearing to be 'Nicolas Cuttriss', with a long horizontal line extending to the right.

Nicolas Cuttriss, MD, MPH, FAAP

Director Project ECHO Diabetes Clinic

Department of Pediatrics and Division of Endocrinology & Diabetes Stanford

University School of Medicine