



Stanford Children's Health Special Care Nursery at Dignity Health Sequoia Hospital

Exceptional neonatology
care close to home



Stanford
Children's Health

Lucile Packard
Children's Hospital
Stanford



Dignity Health.
Sequoia Hospital



20+

years run by Stanford
Children's Health clinicians.

100%

Stanford Children's Health
doctors and nurses.



Welcome to the Stanford Children's Health Special Care Nursery at Dignity Health Sequoia Hospital, where we provide a wide range of intensive care services to newborns who require specialized care during the first weeks of life—all with the personal attention that your family deserves. The extension of our Neonatal Intensive Care Unit (NICU) services in the Redwood City community means that your baby can get top-quality care closer to home.

About the nursery

The Special Care Nursery is a six-bed, Level II Neonatal Intensive Care Unit (NICU) that's operated by Stanford Children's Health and located within the Sequoia Hospital Birth Center. This Level II designation means that we have the expertise and equipment to care for high-risk newborns, just like we do at the Intermediate Care Nursery at Lucile Packard Children's Hospital Stanford, the center of the Stanford Children's Health network.

We treat each patient and their loved ones as if they were our family, friends, and neighbors, and, as a community hospital, many of them are. Our care, delivered with genuine human kindness, sets us apart.

*—Jennifer Doran, Nurse Manager,
Maternal and Child Health, Dignity
Health Sequoia Hospital*

The best of both worlds

The Special Care Nursery has all of the latest technology that you would expect from a leading medical facility, but in a personalized community hospital setting. The nursery isn't just affiliated with Stanford Children's Health—it's entirely run and operated by doctors and nurses on the Packard Children's Hospital neonatology team. The small size and intimate nature of this NICU makes the experience calmer, quieter, and

cozier for families. The environment enhances parent-child bonding and allows the care team to focus on your baby's feeding and growth, in addition to taking care of other medical needs.

The care we received was more than just what was medically necessary. The four weeks we spent in the NICU [at Sequoia Hospital] were surprisingly magical, during a time that is meant to be scary, as we got to see our little one grow and thrive in a safe and loving environment.

Transferring to the Special Care Nursery at Sequoia Hospital

Infants may be transferred from the Packard Children's Hospital Level IV Neonatal Intensive Care Unit or Level II Intermediate Care Nursery if they meet certain criteria. The decision to transfer is made after a discussion between your family and your care team.

Babies in the Special Care Nursery may be treated for:

- Low birth weight and prematurity.
- Breathing problems.
- Suspected or confirmed infections.
- Newborn jaundice.
- Feeding difficulty.
- Low glucose.
- Temperature regulation problems.

Exceptional care for newborns

Care team. The Special Care Nursery team includes Stanford Children's Health neonatologists, pediatricians, and nurses; a pediatric ophthalmologist; a social worker; physical and occupational therapists; and developmental specialists. Lactation consultants, chaplains, and respiratory therapists with training in newborn care are available through Sequoia Hospital. The Packard Children's Hospital pharmacy provides all medications and specialized nutrition for your baby. Altogether, we provide a full spectrum of family-centered care at Sequoia Hospital.

The care team performs video consults with subspecialists at the Palo Alto campus as needed. For example, heart ultrasounds are examined by Packard Children's Hospital cardiologists via a tele-echo service, and subspecialists can come together with the nursery care team virtually for any related problems as needed.

Undivided attention. A dedicated newborn pediatrician or neonatologist is on-site 24/7. This physician's only responsibility is attending to newborns; he or she is not caring for patients in other units.

We had twin girls each with their own medical issue. Both were cared for in the NICU by a very capable team of nurses and doctors. They also constantly updated us on our babies' progress.

Family focus. The care team is known for making parents feel comfortable and cared for. As your baby recovers, the team's focus shifts to maximizing your baby's nutrition, growth, and development, as well as creating enhanced bonding opportunities for you and your baby. Sequoia Hospital's lactation consultant nurses support you during your stay and through the early weeks after you go home. We encourage you to partner with our health care and lactation teams to learn how to feed your baby, understand his or her cues, and give your baby any necessary medication.

Amenities. As parents, you get free valet parking and a private room to sleep in overnight with its own bathroom. There is also a dedicated room where parents can take breaks, read from our collection of parenting books, talk privately on the phone, or pump away from the bedside. We also make it easier for mothers to spend time with their babies by providing daily meal vouchers and a complimentary dinner before they go home.

The road home

The night before going home, you can take your baby into a private room on the unit to sleep in together. Parents often appreciate this dry run of being together overnight with the care team available if they need it. When the day to go home is in sight, you can take advantage of our car seat specialist to help you prepare safely for that first ride home. And if you need any other kinds of support as you prepare to leave, our social worker can help you connect with appropriate services.

I felt almost at home at the NICU at Sequoia Hospital. It is very welcoming, and each staff person there is truly invested in your baby, and they truly make you feel like they are family.

Stanford Children's Health Special Care Nursery at Dignity Health Sequoia Hospital

170 Alameda de las Pulgas
Redwood City, CA 94062
(650) 367-5654

stanfordchildrens.org

If you are interested in scheduling a tour of the Stanford Children's Health Special Care Nursery at Dignity Health Sequoia Hospital, contact us at (650) 367-5654.