

November 13, 2009

Dear Nephrology Family,

We are pleased to announce the Lucile Packard Children's Hospital Division of Nephrology's Chronic Kidney Disease Clinic. This clinic has been set up to provide specialized education and care regarding kidney disease. During your clinic visit, you will have the opportunity to meet with our nephrologists, your nurse, our kidney dietician, social worker, and child life specialist. Our goal is to individualize care to meet all of your child's special needs related to their kidney disease in one visit. There will be a focus on education to empower patients and families to make better informed choices about the clinical management of their chronic kidney disease. This specialized clinic will also coordinate services to help better prepare your child and family to preserve kidney function and to prepare for the need of dialysis and /or kidney transplant in the future.

You will also continue to see your primary nephrologist, as this clinic serves to compliment the care your child is currently receiving. The Chronic Kidney Disease clinic will give you the opportunity be introduced to our other nephrologists and staff who work in our program. Please allow for extra time at your visit to meet with our ancillary staff such as our dietician and nurse educators.

Please call your nurse to arrange for a visit to our new clinic. A lab slip will then be mailed to your home. Please have the lab work done one week prior to your visit. Please call or email your nurse to let her know where and when the lab work was done to avoid delays in obtaining lab results. To make the clinic visit as productive as possible, we would like to have the results prior to your visit so we can discuss them with you and make necessary changes to your child's medial regimen at your visit. If you have any questions about your upcoming visit, please call us.

Frequently Asked Questions:

Where is the CKD clinic?

It is in the same place as general nephrology clinic, [770 Welch Road Suite 300 Palo Alto, CA 94304](#). For appointments call Irene at [650-724-0353](tel:650-724-0353).

What can you expect at CKD clinic?

You will receive education about chronic kidney disease. Topics will include: Chronic Kidney Disease, Diet, Blood Pressure Control, Dialysis and Transplantation.

Will I see a new doctor?

Not usually. You will continue to see your regular nephrologist, as well as other doctors who are part of the Nephrology team. If you have a problem, the nurse will talk to your doctor. If any changes are made in your care, we'll make sure all of your doctors are involved.

What will you have to do?

The education is designed to teach you how to take care of yourself or your child. You must have labs done prior to each clinic visit. You may be asked to check blood pressure at home, keep a food diary and updated medication list. This will help us know how you are doing at home. If needed, we'll make changes to your treatment.

