

# 2019 Pediatric Orthopedic and Sports Medicine Conference: 'The Young Athlete Update'

March 2, 2019 • 7:30 am – 3:55 pm  
The Stanford Stadium Skybox  
Stanford • CA

A Continuing Medical Education Conference presented by the Department of Orthopedic Surgery at the Stanford University School of Medicine and Lucile Packard Children's Hospital Stanford  
Sponsored by the Stanford University School of Medicine



## Program & Faculty

*Program is subject to change. All faculty members are from Stanford University School of Medicine and Lucile Packard Children's Hospital Stanford*

- 7:30-8:00 am **Registration & Continental Breakfast**
- 8:00-8:05 am **Welcome**
- 8:05-8:30 am **Pediatric Knee Anatomy – Special Considerations for Athletes**  
Kevin Shea, MD  
Professor, Orthopedic Surgery  
Vice Chief of Pediatric Orthopedic Surgery for Research  
Director of Pediatric Sports Medicine  
Assistant Surgeon-in-Chief for Quality and Supply Chain Management  
*Course Director*
- 8:30-8:55 am **Scoliosis: A Primer for Pediatricians**  
James Policy, MD  
Clinical Assistant Professor, Orthopedic Surgery
- 8:55-9:10 am **Q & A**
- 9:10-9:35 am **Pediatric Fracture Management: Referral Decisions and Urgency**  
Scott A. Hoffinger, MD  
Clinical Professor, Orthopedic Surgery  
Vice Chief, Pediatric Orthopedics  
Director of Pediatric Orthopedic Outreach Development
- 9:35-10:00 am **Shoulder Trauma: Dislocations, Separations & Fractures**  
Charles M. Chan, MD  
Clinical Assistant Professor, Orthopedic Surgery
- 10:00-10:15 am **Q & A**
- 10:15-10:25 am **Break**
- 10:25-10:50 am **The Growth Plate and Pediatric Sports**  
James Gamble, MD  
Professor, Orthopedic Surgery

- 10:50-11:15 am **Snapping Hip: Causes and Concerns**  
Stephanie Pun, MD  
Clinical Assistant Professor, Orthopedic Surgery  
Director, Hip Preservation Program at Stanford Children's Health
- 11:15-11:30 am **Q & A**
- 11:30-12:30 pm **Lunch**
- 12:30-12:55 pm **Concussion: Recovery and Return to Play**  
Erin Grieb, MD  
Clinical Assistant Professor, Orthopedic Surgery
- 12:55-1:20 pm **Lower Extremity Injuries in Young Runners: The Role of the Motion Analysis Lab**  
Emily Kraus, MD  
Clinical Assistant Professor, Orthopedic Surgery
- 1:20-1:35 pm **Q & A**
- 1:35-2:00 pm **PPE: Making the Most of the Musculoskeletal Screen**  
Christine R. Boyd, MD  
Clinical Assistant Professor, Orthopedic Surgery  
*Course Director*
- 2:00-2:10 pm **Q & A**
- 2:10-2:25 pm **Transfer to Breakout Sessions**
- 2:25-3:05 pm **Breakout Sessions**  
**Session A: Upper Extremity Exam**  
**Session B: Lower Extremity Exam**
- 3:05-3:15 pm **Transfer to Breakout Sessions**
- 3:15-3:55 pm **Breakout Sessions**  
**Session A: Upper Extremity Exam**  
**Session B: Lower Extremity Exam**
- 3:55 pm **Adjourn**

**Faculty Disclosure:** The Stanford University School of Medicine adheres to ACCME Criteria, Standards and Policies regarding industry support of continuing medical education. Disclosure of faculty and their commercial relationships will be made prior to the activity.



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*A Continuing Medical Education Activity*

Lucile Packard Children's Hospital  
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725 Welch Road  
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## A Continuing Medical Education Activity

### STATEMENT OF NEED

This CME activity provides updates for pediatricians and family physicians who treat pediatric and adolescent athletes. This course will utilize expert lectures, hands-on workshops and challenging case demonstrations for the clinician to self-assess the technical implementation of their physical exam. Topics will include sports related concussion, when to return to play and casting and splinting workshops. The goal of the course is to increase knowledge, improve competence and performance in practice.

### TARGET AUDIENCE

This is a regional program designed to meet the educational needs of physicians specializing in family practice, primary care, orthopedics and sports medicine, and pediatrics, physician assistants, nurse practitioners, nurses, athletic trainers, and allied health professionals.

### LEARNING OBJECTIVES

At the conclusion of this activity, participants should be able to:

- Perform a comprehensive musculoskeletal screen for a pre-participation exam.
- Initiate appropriate treatment for sports-related concussion and determine when to return to play.
- Perform appropriate splint/cast techniques.
- Refer to sub-specialized pediatric orthopedic care for sport injuries when appropriate.

### ACCREDITATION AND DESIGNATION OF CREDIT

The Stanford University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Stanford University School of Medicine designates this live activity for a maximum of **6.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Nurses:** The California Board of Registered Nursing recognizes that Continuing Medical Education (CME) is acceptable for meeting RN continuing education requirements as long as the course is certified for **AMA PRA Category 1 Credits™** ([rn.ca.gov](http://rn.ca.gov)). Nurses will receive a Certificate of Participation following this activity that may be used for license renewal.

### COURSE CANCELLATION AND REFUND POLICY

Registration fees, less a **\$25** administrative charge, are refundable if written cancellation is received prior to **February 18, 2019**. No refunds will be given for cancellations received after this date or for conference non-attendance. We reserve the right to cancel or postpone any activity if necessary. In such case, full refund of registration fees will be given. We are not responsible for other costs incurred such as non-refundable airline tickets or hotel penalties.

### COMMERCIAL SUPPORT ACKNOWLEDGEMENT

This CME activity received no commercial support.

### REGISTRATION

#### 2019 Pediatric Orthopedic and Sports Medicine Conference: 'The Young Athlete Update'

The Stanford Stadium Skybox, 625 Nelson Road, Stanford, CA 94305

Register before **February 18, 2019** by completing this enrollment application or by registering online at [www.cme.stanfordchildrens.org](http://www.cme.stanfordchildrens.org). Cancellations received in writing before **February 18, 2019** will be refunded less a **\$25** administrative fee. No refunds will be made on cancellations received after that date. Onsite registration is subject to space availability.

#### PLEASE TYPE OR PRINT:

Name \_\_\_\_\_

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Street Address \_\_\_\_\_

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Business Phone \_\_\_\_\_ Fax \_\_\_\_\_

Email Address \_\_\_\_\_

Hospital/Professional Affiliation \_\_\_\_\_

Medical/Nursing License # (required for credit) \_\_\_\_\_

Special Needs \_\_\_\_\_

Include me on your mailing list for future educational activities.

#### REGISTRATION FEE:

Fees include tuition, course materials, breakfast and lunch.

- \$225 Physician    \$175 Nurse Practitioner/Nurse/Allied Health Professional  
 \$99 Athletic Trainer


**Credit Card** (Amex, Visa and MC only)

Register online at [www.cme.stanfordchildrens.org](http://www.cme.stanfordchildrens.org)

**Check** made payable to the Stanford Children's Health CME

**Please register and pay by credit card online or complete this form and mail with a check to:**

**Stanford Children's Health CME**  
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Email: [lpchcme@stanfordchildrens.org](mailto:lpchcme@stanfordchildrens.org)  
Contact: Marifin Besona, CME Coordinator

 Stanford University School of Medicine is committed to ensuring that its programs, services, goods and facilities are accessible to individuals with disabilities as specified under Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Amendments Act of 2008. If you have needs that require special accommodations, including dietary concerns, please contact the CME Conference Coordinator.

Register online at [www.cme.stanfordchildrens.org](http://www.cme.stanfordchildrens.org)