Comprehensive Eating Disorders Program
Admission Criteria
Adolescents with eating disorders or malnutrition who meet any of these criteria may be candidates for inpatient treatment:

- **Bradycardia**: Pulse < 50 beats/minute at daytime, < 45 beats/minute at night
- **Hypotension**: BP < 90/45 mm Hg
- **Hypothermia**: T < 35.6°C / 96°F
- **Orthostasis** (from supine to standing position)
  - Pulse increase > 20 beats/minute
  - Systolic BP decrease > 20 mm Hg
  - Diastolic BP decrease > 10 mm Hg
- **Weight**: < 75% median body mass index (mBMI) for age and sex
- **EKG abnormalities** (e.g., prolonged QTc > 460 msec)
- **Electrolyte abnormalities**:
  - Phosphorus < 3.0 mg/dL
  - Potassium < 3.5 mmol/L
  - Magnesium < 1.8 mg/dL
- **Other acute medical events** (e.g., syncope, GI bleeding, severe dehydration, etc.)

Contact Information
During regular business hours, please call our intake coordinator: (650) 723-5511.
Evenings and weekends, contact the adolescent medicine attending physician on call through the page operator: (650) 723-6661.

Our locations
<table>
<thead>
<tr>
<th>Comprehensive Care Program Inpatient Unit</th>
<th>Child and Adolescent Psychiatry Outpatient Clinic</th>
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<tbody>
<tr>
<td>El Camino Hospital</td>
<td>401 Quarry Rd</td>
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<tr>
<td>2500 Grant Rd</td>
<td>Palo Alto, CA 94304</td>
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<tr>
<td>Tower C, 4th Floor</td>
<td>Eating Disorders Outpatient Clinic (San Francisco)</td>
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<tr>
<td>Mountain View, CA 94040</td>
<td>California Pacific Medical Center</td>
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<td></td>
<td>3700 California St</td>
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<td>Suite B555</td>
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<td>San Francisco, CA 94118</td>
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Adolescent Medicine Outpatient Clinic
1195 West Fremont Ave
2nd Floor
Sunnyvale, CA 94025

For more information about the Comprehensive Eating Disorders Program at Stanford Children’s Health, visit:
eatingdisorders.stanfordchildrens.org.