

WELCOME TO THE SHORT STAY UNIT

What is the Short Stay Unit?

The Short Stay Unit at Lucile Packard Children's Hospital Stanford serves children who require a hospital setting to receive medical treatment or to recover from procedures. Most patients only stay in the unit for a short period of time. We are temporarily located on the 3rd floor of the West Building (PCU 380).

Important Phone Numbers and Unit hours

Short Stay Unit: **(650) 721-1880** Fax: (650) 497-8016

We are open: Monday-Friday, 24 hours a day. Saturdays, 7:00 am–7:30 pm

Scheduling phone number: **(650) 497-8502** M-F 8:00 am-4:30 pm

When you arrive, check into the Short Stay Unit. From there, we will check you in with admissions and print out an arm band for you.

Infusion patients

- Upon arrival, your height and weight will be measured
- In your room, we will check your temperature, heart rate, respiratory rate and blood pressure.
- We will let your provider know that you have arrived.
- An intravenous catheter (IV) will be placed. After the IV is placed, the medication will be ordered from the pharmacy. Pre infusion medications and or hydration may be given if needed

Recovery patients

- Recovery patients usually stay overnight, determined by your healthcare provider.
- Our goal in the recovery process may include pain management, advancing to a regular diet, and preparing you for a successful discharge home.

Observation patients

- Patients will stay in the Short Stay Unit while your medical team determines if you require an inpatient stay or until space becomes available on one of the inpatient units.

Parents and Caregivers

If your child is under the age of 18, we ask that one adult that can consent for medical decisions stay with your child at all times. Currently, 2 parents are allowed in the hospital during the day, 1 parent can stay overnight. Breastfed babies under 6 months can stay with their parents.

Visitors

Family members are welcome to visit, however, only 2 adults are allowed in the hospital at a time. Visiting hours are from 9am-9pm. No children visitors are allowed at this time.

Help prevent the spread of germs

Please wash your hands upon entering the unit and before leaving your room/unit. Hand Sanitizer is also readily available throughout the unit and rooms. There may be additional requirements if your child is under isolation precautions.

Food and refreshments

Parents and visitors may use our cafeteria. We provide in room food service for the patient only. Your nurse can provide coffee, tea, water, juice and other condiments and refreshments in the unit.

Where is the Cafeteria?

The Packard Harvest Café is located on the first floor of the Main hospital and is open everyday from 7am–7pm. Java Junction, which has coffee and grab & go items, are available from 7am--3am on the ground floor of the West building. The Stanford Market Square Café is located down the first floor hallway inside Stanford Hospital. Breastfeeding mothers are eligible for meal vouchers that can be redeemed from the nurses station.

Telephone and television

The black telephones in the rooms are available for outside calls. You can also use your cell phone. Each room has their own television which has movies, music and games. The television is controlled with the assigned keyboard in the room. Internet access is available and the free login is "StanfordChildrens"

Restrooms

Each room has its own shared bathroom. Family members are welcome to use these. There are other restrooms located outside of the unit near the elevators.

Parking Pass

You will receive a parking pass upon arrival. You can validate this for free parking at the front desk on the first floor.

ATM Machine

For your convenience, there is an ATM machine on the ground floor across from the Java Junction Cafe.

Child Life Specialists

Our Child Life Specialists are available to help your child and family cope with the challenges of hospitalization, illness, and disability. They are also able to provide activities or resources for your child while they are here. Ask them for more information on playroom hours and activities.

Family Resource Center/Library

Located on the ground floor on G20: Monday-Friday 9:00 am-5:00 pm

If you are unexpectedly staying overnight, the resource center has toiletries available. Also, they have complimentary beverages for families.

Computers are available for use, as well as the ability to print, fax, and scan documents. Call the family resource library at (650) 497-8102 to borrow books to read.

Outpatient Pharmacy

Located immediately to the left of the main entrance of the West building entrance.

To check if your prescription is ready, please call (650) 497-8289. Hours are Monday - Friday, 8am-7pm and Saturday and Sunday from 9am-4pm. The pharmacy is closed from 12pm-1pm

Couple other notes

- Please be respectful of others and our shared space and our need for a quiet environment. Please keep your voices down for all conversations.
- We ask that cell phones are not used in the hallways to make calls. You are welcome to use them in the rooms or outside the unit.
- Please refrain from wearing scented fragrances or lotions in the unit to help others who may have sensitivities or allergies.

We appreciate your feedback!

**Patient Relations (650) 498-HUGS 4847
at Lucile Packard Children's Hospital**

