

TRAIN™ Tool for Obstetrics: Postpartum

Transport	Car (Discharge)	BLS	ALS	SPC
Delivery	VD > 6 hours or CD > 48 hours	VD < 6 hours or CD < 48 hours	Complicated VD or CD	Medically complicated
Mobility	Ambulatory*	Ambulatory or Non-ambulatory	Ambulatory or Non- ambulatory	Non-ambulatory
Post Op	> 2 hours from non-CD surgery**	> 2 hours from CD < 2 hours from non-CD surgery	< 2 hours from CD	Medically complicated
Maternal Risk	Low	Low/Moderate	Moderate/High	High

(S) Specialized = must be accompanied by MD or Transport RN

* Modified Bromage Score 6 = Patient is able to perform a partial knee bend from standing

** If adult supervision is available for 24 hours