

ELEPHANT POCKET PALS



The pocket pals are distributed and used by a wide variety of hospital departments at LPCH and loved by patients of all ages.

Elephants are made from 100% cotton fabric in solids or small check or print designs. All colors of fabric may be used. Ears, eyeballs and pupils are cut from complimentary colored felt. Tails are made from three 3" strands of medium weight polyester yarn or embroidery floss in complimentary colors.

A half-yard cut of 45" fabric will yield approximately 6 elephant bodies. All handmade items should be made in a clean, smoke-free, pet-free environment.

Directions: Wash, dry and iron cotton fabrics.

Cut: 2 body pieces from cotton

2 ears from felt

2 eyeballs from felt

2 pupils from felt

3 - 3" strands of yarn or floss (sewn together at ¼")

Stitch pupils to eyeballs using corresponding thread. Repeat with other pupil. Stitch eyeball to body using corresponding thread. Repeat with other eyeball. Pin felt ears to right sides of each side of elephant body.

With right sides together pin elephant bodies together, carefully inserting yarn or floss tail where indicated on pattern and carefully inserting Hearts & Hand label where indicated on pattern. Using ¼” seam, stitch elephant bodies together leaving an approximate 1”-2” opening on the underside of the elephant body. Clip curves. Turn right side out. Press, stuff with polyfill and hand stitch opening closed. Finished Elephants should be placed in small plastic bags bearing the Hearts and Hands seal.

As always, we encourage all handmade items to be made in a clean, smoke-free, pet-free environment. For questions, contact heartsandhandsaffiliate@lpfch.org.

<http://www.stanfordchildrens.org/en/volunteer/hearts-and-hands>



ELEPHANT POCKET PAL PATTERN

