

OWL POCKET PALS



The owls pocket pals are currently distributed to and used by the Emergency Department at LPCH and loved by patients of all ages.

Owls are made from 100% cotton fabric in solid colors and/or in various patterns of small prints or checks in all colors. Owls can also be made from fleece. The eyes, beak and talon/claws are cut from felt. Owls are stuffed with polyfill stuffing. A half-yard cut of 45" fabric should yield approximately 6 owl bodies. Single sheets of felt will yield many owl body parts. All handmade items should be made in a clean, smoke-free, pet-free environment.

Wash, dry and iron cotton fabric. Lay pattern on fabric. Cut 2 owl bodies. Cut 2 dark colored pupil pieces from felt. Cut 2 white eyeball pieces from felt. Cut one beak and one talon/claw piece from felt. Place pupils onto eyeballs and stitch in corresponding colored thread. Next, stitch eyeballs onto owl body. Stitch beak and talon onto owl body. With right sides together, pin owl bodies together. Carefully insert a Hearts and Hands

label to center bottom of owl body, behind the talon/claw so as to be seen only from the rear. Stitch body pieces together leaving a 1-1/2" opening at the center top of the owl. Clip curves. Turn right side out. Iron. Use a pointed tool to be sure that the points of the ears are fully expanded. Stuff the owl body with polyfill, starting with the ears. Stuff well but not overly firm. Hand stitch the opening closed. Finished owls should be placed in bags bearing the Hearts & Hands seal.

As always, we encourage all handmade items to be made in a clean, smoke-free, pet-free environment. For questions, contact

heartsandhandsaffiliate@lpfch.org.

<http://www.stanfordchildrens.org/en/volunteer/hearts-and-hands>



OWL POCKET PAL PATTERN

Opening

BEAK
CUT 1

CUT 2

H & H
LABEL

TALON/CLAW
CUT 1

EYEBALL
CUT 2

PUPIL
CUT 2

