## Back-to-School with the Adult Congenital Heart Program



All ages are welcome.

Please share this invitation with your friends, family, and supporters.



Adult Congenital Heart Program The Adult Congenital Heart Program (ACHP) Patient & Family Advisory Council (PFAC) invites you to join us in-person or virtually at our Back-to-School seminar for a half day of learning and connection.

## WHEN AND WHERE

Saturday, July 19, 2025 8:30 a.m.–12:30 p.m.

**In-Person** Li Ka Shing Center 291 Campus Drive, Room LK120 Stanford, CA 94305 Available via Zoom

## **PROGRAM**

- 8:30 a.m. Registration and Breakfast
- 9:00 a.m. Opening Remarks
- 9:30 a.m. Educational Workshop: Leveraging Technology & Tools
- 10:30 a.m. Interactive Session: Strategies for Self-Care
- 11:30 a.m. Panel Discussion: Personal Stories & Best Practices
- 12:00 p.m. Closing Remarks

## REGISTER

Registration is required for in-person and virtual attendance. Zoom link to be emailed prior to the event. To register or for questions, please email **Lissette Tunchez** at **ltunchez@stanfordhealthcare.org** or **650-313-9721** by Friday, July 18.