

FACT SHEET



Programs and Services

- Peer-to-Peer Family Navigation
- Parent Education Workshops
- Support Groups and Play Groups
- Connecting Families to Community Support Systems
- Community Outreach

Alameda County:

Family Resource Navigators (FRN)

291 Estudillo Ave.

San Leandro, CA 94577

Office: (510) 547-7322

Contact:

Program Manager-Tarassa Humphrey

tarassah@familyresourcenavigators.org

Mobile: (510)274-0552

Family Navigator-Rokia Keita

rokiatouk@familyresourcenavigators.org

Contra Costa County:

Care Parent Network (CPN)

1340 Arnold Dr., Ste 115

Martinez, CA 94553

Office: (925) 313-0999 x109

Contact:

Family Support Specialist-

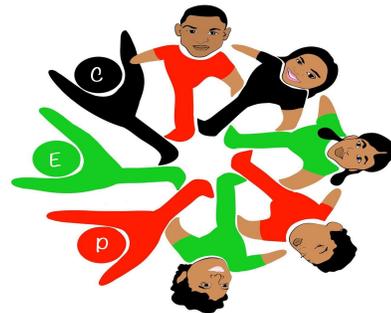
Cherese LeBlanc

cleblanc@careparentnetwork.org

Mobile: (510)480-2544

Mission

To Build Trust and Empower Families of children 0-21 with developmental disabilities (i.e. Regional Center eligible) who identify as African American in Alameda and Contra Costa counties.



COMMUNITY EMPOWERMENT PROJECT

Who We Are

The Community Empowerment Project is a new joint project of two peer parent agencies: Family Resource Navigators (FRN) and Care Parent Network (CPN) that began in March 2019. Our goal is to help eligible families who identify as African American find out about the Regional Center system and the services it can provide for children and families. We can help you with the application process, connect with related community services or advocate for more or different services. Our aim is to help you become the first and best advocate for your child and family, and help your child have equitable access to regional center services.