

Checklist of What to Bring

Here is a list of what to bring for both you and your child on the day of their surgery or procedure.

Medical and ID information

- Healthcare information:** Insurance, pharmacy, and Health Savings Account (HSA) cards for you and your child.
- Photo ID:** Your valid photo identification, such as your driver's license, California ID, or passport. **If your child is 18 or older, they should also bring valid photo identification.**
- Medicine information:** A list of all medicines that your child takes regularly, including doses. This includes all prescribed and over-the-counter medicines.
- Allergy information:** A list of your child's allergies.

For your child

- Comfort items:** Your child's favorite toy, blanket, or comfort item. For example, your child can bring a music player, a handheld video game player, headphones, an iPad, smartphone, laptop, or DVD player. Please remember to bring chargers for these items.
- Clothing:** Have your child wear comfortable clothing like a sweatshirt, sweatpants, bathrobe, and underwear.
- For infants:** If your child is an infant, please bring breast milk or formula in a cooler for after the surgery or procedure.

Since your child can be susceptible to germs, please wash any cloth items you plan to bring from home including stuffed animals and blankets.

For caregivers

- Activity items:** Bring a phone, book, tablet, or an activity you can do while your child is in their surgery or procedure.
- Money:** Bring any money you need for food, gift shop, or other small items.
- Authorization:** If you would like to authorize a family member or friend to bring your child to their surgery or procedure, please print and complete this authorization form and have them bring it the day of the surgery or procedure:
 - [Authorization form in English](#)