

Parent Mentor Learning Center Newsletter



Children's Health

Issue Four | November 2025



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Greetings from the Parent Mentor Learning Center! As you may recall, Stanford Children's received a grant to launch a Parent Mentor Learning Center. This Center builds on twelve years of work of the Parent Mentor Learning Collaborative, and opens up membership to all programs or persons interested in creating, or enhancing, a peer mentor program in a healthcare setting.

We have been working the last few months preparing for a January launch of the Parent Mentor Learning Center. The launch will provide information about peer mentorship through webinars and a range of program resources. In addition, we will launch a survey to help us understand the "lay-of-the-land" in parent mentorship and help to guide the work of the Learning Center.

If you haven't already, please contact us at pmlc@stanfordchildrens.org to be placed on our mailing list to receive the upcoming survey. If you would like to know more about the Learning Center, you can also use this email to schedule a time to chat with me or other staff on the project. **Learn more about our work:** pmlc.stanfordchildrens.org.



Staff Introductions



Nancy will be overseeing the content for the Parent Mentor Learning Center on the SMCH external website, as well as working on communications.

She has been a parent leader in the Department of Family-Centered Care at Stanford Medicine Children's Health since 2019. In this role, she leads three Family Advisory Councils—the Bass Center (Oncology/Hematology), Information Systems, and Patient Safety—and actively contributes to various hospital committees, ensuring the parent voice and perspective are represented. Nancy has a young adult son with hemophilia who has received care at SMCH since birth.

Check Out our New YouTube Channel!



We are thrilled to announce the launch of our new YouTube channel! Find us here:

www.youtube.com/@PMLC-StanfordChildrens.

We're starting with valuable Parent Mentor videos that we use for training our own Parent Mentors. This is just the beginning! We plan to upload many more videos soon to support our Learning Center. Subscribe today so you don't miss out on new content!

Featured Article



The fundamentals of a parental peer-to-peer support program in the NICU: a scoping review

This scoping review identifies the essential elements, including preferred content, organizational processes, and educational curriculum for designing effective parental peer-to-peer support programs in the NICU.

Article Link

Pascual, A., Wielenga, J. M., Ruhe, K., van Kaam, A. H., Denswil, J. M. (2024). The fundamentals of a parental peer-to-peer support program in the NICU: a scoping review. *Maternal Health, Neonatology and Perinatology*, 10(1), 19.



WINNING MOMENTS



Stanford Children's Parent Mentor program started in **1997** with two parent mentors in one service line. Since that time, the program has grown to **14** mentors in numerous service lines including neonatology, cardiology, oncology, nephrology, and aerodigestive. Mentors meet with parents in the hospital and clinics and provide an array of services: psychosocial support, navigational information and guidance on developing self-management skills. In the past two years mentors have provided services to over **3,074** families. These mentors are considered members of the medical team and are included in team meetings and medical rounds. More recently, mentor services have expanded to provide hospital-wide services to specific populations such as developmental disabilities, and soon, bereavement. This permits peer-to-peer support for underserved populations across the enterprise.

In **2021** Stanford Children's started a second mentor program called "Peer-to-Peer Educators" or P2P. These mentors round weekly on every unit to provide brief education to patients and families on patient safety topics such as hand hygiene, preventing infection, skin injuries and fall prevention. This innovative program supports clinical staff education and supports the development of parents as patient safety partners. P2P has briefed **8,580** families on patient safety topics in the last two years.

Do you have a winning moment you're excited about? Please email us, and we will be sure to include it in a future newsletter!



PMLC@StanfordChildrens.org



<https://pmlc.stanfordchildrens.org>



www.youtube.com/@PMLC-StanfordChildrens