

How to Use CHG Wipes

Preparing your child's skin is an important step the night before the surgery or procedure. This document will give you more information on using CHG wipes to help prepare your child's skin for the procedure.

Preparing the skin

You can help lower the risk of your child getting an infection from a surgery or procedure. One way is reducing the amount of bacteria, or germs, on your child's skin. To do this, you will clean your child's skin using special disposable wipes moistened with **2% chlorhexidine gluconate (CHG)** antiseptic solution, also called **CHG wipes**. Your child's clinic will give them to you before the surgery or procedure.

Things to know before using CHG wipes

Please follow these instructions for bathing and skincare the night before your child's surgery or procedure:

- Have clean, freshly washed bedsheets, towels, and pajamas for your child to use the night before their surgery or procedure.
- Do not shave any part of your child's body the day before or the day of their surgery or procedure.
- If you would like to warm the wipes before using them, please place the closed packet in a bowl of warm water at bathwater temperature.

Using CHG wipes

Please follow these instructions to clean your child's skin with CHG wipes:

1. The night before the surgery or procedure, shower or bathe your child with soap and warm water and wash their hair.
2. Dry your child with a clean towel.
3. Wait at least **1 hour** to let your child completely dry before applying the wipes. It is ok for your child to wear clean pajamas or a robe while waiting for their skin to dry.
4. Open the package of CHG wipes. Using clean scissors, cut off the end seal of the package and throw away the foam piece.
5. Wipe your child's skin, as shown in the pictures on the next page. Use one wipe for each skin area, as shown by the numbers in the diagram.

Do not use the wipe on your child's:

- Eyes.
- Ears.
- Mouth.
- Genitalia. Instead, wipe the groin area or the creases where the legs meet the body.
- Cuts or open areas of the skin.

After using CHG wipes

After using the CHG wipes, please follow the directions below:

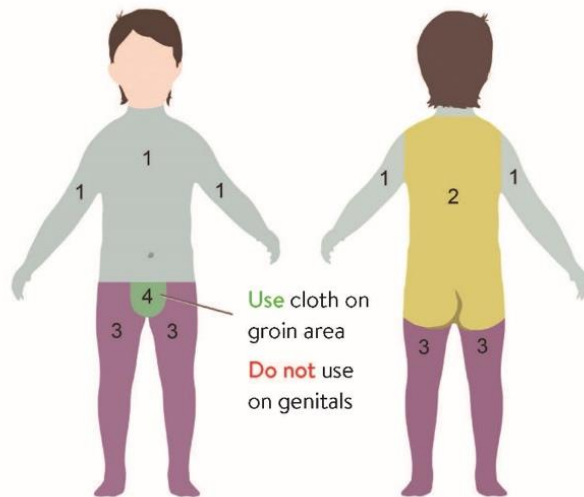
- Throw the wipes in a trash can.
- Let skin air-dry. Your child's skin will feel sticky until it is dry.
- Do not rinse CHG off the skin before the surgery or procedure.
- Do not have your child shower, bathe, or apply lotions, moisturizers, or other personal care products.
- Have your child put on clean pajamas and sleep on clean sheets.

How to use CHG wipes on your child

For children less than 22 pounds (<10kg)

Use the **1st cloth** on your child's chest, both arms, back and neck

Use the **2nd cloth** on both legs (back and front), the buttocks, and groin area



For children between 22 and 66 pounds (10-30kg)

Use the **1st cloth** on your child's chest, both arms, and neck

Use the **2nd cloth** on the back and buttocks

Use the **3rd cloth** on both legs (front and back)

Use the **4th cloth** on your child's groin area

For children more than 66 pounds (>30kg)

Use the **1st cloth** on your child's chest, both arms, and neck

Use the **2nd cloth** on the RIGHT leg

Use the **3rd cloth** on the LEFT leg

Use the **4th cloth** on the back

Use the **5th cloth** on the buttocks

Use the **6th cloth** on your child's groin area

